

101st Punjab State Junior Athletics Championship 2026**Guru Nanak Stadium, Ludhiana**

18-08-2026

8/16/26 - 8/18/26

16th to 18th August 2026***Event # 101 BOYS U-20 5Km Race Walk*****FINALS**

% JUNIOR NATIONAL Q: 26:00.00

RESULTS OF FINALS

1	Ekamjot Singh.	1426	19/03/08	SANGRUR	22:45.60 %
2	Lovish .	612	22/10/07	JALANDHAR	24:27.08 %
3	Mohit Kumar.	378	08/06/08	FAZILKA	26:55.25
	Sameer ansari	822	01/01/08	LUDHIANA	DNS

Event # 120 GIRLS U-20 5Km Race Walk**FINALS**

% JUNIOR NATIONAL Q: 30:00.00

RESULTS OF FINALS

1	Sumanpreet Kaur..	1168	14/06/08	PATIALA	25:23.61 %
2	Harpreet kaur.	1074	07/07/08	MUKSTSAR	26:03.90 %
3	Sukhwinder Kaur	316	27/01/08	FAZILKA	27:27.35 %
4	Prabhjot Kaur...	1559	16/07/07	TARNTARAN	27:59.36 %
5	Shabnam ..	587	15/01/09	JALANDHAR	28:11.98 %
	Simranjeet Kaur.	1374	22/12/06	SANGRUR	DNS
	Sukhandeep Kaur	096	16/08/08	BARNALA	DNS

Event # 58 BOYS U-18 5Km Race Walk**FINALS**

% JUNIOR NATIONAL Q: 28:00.00

YOUTH QUALIFY: 28:00.00

RESULTS OF FINALS

1	Prabhjot Singh...	1343	09/12/09	ROPAR	21:47.66 %
2	Aryan ...	988	10/09/09	MANSA	24:13.33 %
3	Parminder Singh	909	08/07/10	LUDHIANA	24:51.77 %
4	Jobanpreet sing Singh	275	18/11/11	FATEHGARH SAHIB	25:21.92 %
5	Agamjot Singh	050	20/10/12	AMRITSAR	26:42.75 %
	Harpreet Singh	1229	01/11/10	PATIALA	DNF
	Paramvir Singh.	1255	02/10/09	PATIALA	DNF
	JASNOOR SINGH.	1428	02/08/09	SANGRUR	DNS
	Gursehajveer Si SIDHU	1397	30/11/09	SANGRUR	DNS

101st Punjab State Junior Athletics Championship 2026**Guru Nanak Stadium, Ludhiana**

18-08-2026

8/16/26 - 8/18/26

16th to 18th August 2026**Event # 69 GIRLS U-18 3Km Race Walk****FINALS**

% JUNIOR NATIONAL Q: 20:00.00

YOUTH QUALIFY: 20:00.00

RESULTS OF FINALS

1	Khushveer Kaur	145	14/07/10	BATHINDA	14:21.25 %
2	Harmanpreet Kaur.	601	21/01/10	JALANDHAR	15:57.99 %
3	Deepika .	1140	12/01/10	PATIALA	16:00.51 %
4	Harkirat Kaur	1152	06/01/09	PATIALA	17:50.13 %
5	Gurjot kaur Kaur	244	27/06/15	FATEHGARH SAHIB	19:30.63 %
6	prabhnoor kaur Kaur	251	25/09/13	FATEHGARH SAHIB	19:32.78 %
7	Jasmeen Kaur.	603	14/01/09	JALANDHAR	20:51.83
8	BALWINDER KAUR	008	16/11/10	AMRITSAR	21:38.06
9	Supreet Kaur.	401	14/03/10	FEROZPUR	21:38.59
	Tanishqdeep Kaur	1455	02/01/09	SAS NAGAR	DNF
	Gurleen Kaur.	019	25/10/08	AMRITSAR	DNS
	Gursimran Kaur	1151	17/07/09	PATIALA	DNS
	Lovepreet Kaur	147	29/09/09	BATHINDA	DNS

Event # 97 BOYS U-20 5000m Run**FINALS**

% JUNIOR NATIONAL Q: 15:10.00

RESULTS OF FINALS

1	GURPREET KAMBOJ	360	04/11/06	FAZILKA	15:04.78 %
2	Gurmeet Singh	386	02/02/07	FAZILKA	15:31.00
3	Gurpreet Singh	269	19/12/09	FATEHGARH SAHIB	16:03.01
4	Ankit Kumar.	860	03/12/07	LUDHIANA	17:41.73
5	Ramandeep Singh .	403	12/05/08	FEROZPUR	18:47.61
6	Amanpreet Singh	052	18/04/07	AMRITSAR	19:47.16
7	Souravpreet Singh	391	14/01/08	FAZILKA	19:51.65
8	Rahul Rana.	1395	08/11/06	SANGRUR	20:42.40
9	Jodha Singh	070	01/01/07	AMRITSAR	20:55.42
10	Pargat Singh	1510	24/09/07	SAS NAGAR	20:55.72
11	Rahul Kumar	455	02/08/07	GURDASPUR	20:59.11
12	Prabhjot Singh.....	1108	03/08/08	MUKSTSAR	21:17.40
13	sagar ..	617	19/09/07	JALANDHAR	22:02.20
	Vansh ..	443	26/01/07	GURDASPUR	DNF
	Nainpeet Singh	276	22/12/08	FATEHGARH SAHIB	DNF
	Balkar Singh	1402	07/10/06	SANGRUR	DNS
	DAVINDER SINGH	652	25/12/07	JALANDHAR	DNF
	Jaspreet Ram	381	10/10/07	FAZILKA	DNF
	Sumit Kumar	376	17/04/09	FAZILKA	DNF
	Lovepreet singh .	1185	11/11/06	PATIALA	DNF
	JASHANDEEP SIMGH	1611	10/06/07	AMRITSAR	DNF

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8/16/26 - 8/18/26

16th to 18th August 2026**Event # 116 GIRLS U-20 5000m Run****FINALS**

% JUNIOR NATIONAL Q: 18:50.00

RESULTS OF FINALS

1	Dimple Kumari	528	26/03/09	HOSHIARPUR	20:43.03
2	Rajbinder Kaur	1547	28/12/08	TARNTARAN	20:54.08
3	Karmjit Kaur	090	13/08/09	BARNALA	22:07.61
4	Reshmi Kumari	211	30/05/08	FARIDKOT	23:49.02
5	Channpreet Kaur	1148	04/12/08	PATIALA	24:05.36
6	Parjeen Kaur	1069	05/05/10	MUKSTSAR	25:14.41
7	Jagmeet Kaur	1068	09/12/09	MUKSTSAR	25:43.29
8	Lovepreet kaur Kaur	1363	07/10/06	SANGRUR	27:49.37
9	Simardeep Kaur	699	17/08/08	KAPURTHLA	29:33.60
	Sumanpreet Kaur	1372	10/04/07	SANGRUR	DNF
	Komal preet Kaur	1546	01/01/08	TARNTARAN	DNF
	Karamjeet Kaur	398	01/09/08	FEROZPUR	DNF
	Prachi Kumari	604	18/05/10	JALANDHAR	DNF
	Kajal Kajal	690	26/09/08	KAPURTHLA	DNF
	Rajni Kour	982	26/05/09	MANSA	DNS
	Arshdeep Kaur..	1375	20/12/06	SANGRUR	DNS
	Prabhjot Kaur...	1559	16/07/07	TARNTARAN	DNS
	Balpreet Kaur.	525	09/05/08	HOSHIARPUR	DNS
	Prabhjot Kaur..	1079	01/06/09	MUKSTSAR	DNS
	Kamni Kamni	1449	17/11/08	SAS NAGAR	DNS

Event # 126 GIRLS U-20 Hammer Throw**FINALS**

% JUNIOR NATIONAL Q: 39.00

RESULTS OF FINALS

1	Gurnoor Kaur	1064	11/20/07	MUKSTSAR	42.78m %
2	Khushdeep Kaur.	975	02/12/09	MANSA	42.30m %
3	MANNAT KAMBOJ	307	06/02/09	FAZILKA	41.17m %
4	Reetu Reetu	323	18/05/07	FAZILKA	38.37m
5	Damanpreet Kaur	010	28/10/07	AMRITSAR	38.25m
6	Ishwarjot Kaur	772	14/06/11	LUDHIANA	35.83m
7	Ekampreet kaur Sandhu	324	04/10/10	FAZILKA	35.10m
8	Samya .	298	28/10/11	FAZILKA	33.50m
9	Pooja Rani	320	18/09/07	FAZILKA	32.33m
10	Sukhandeep Kaur	096	16/08/08	BARNALA	29.23m
	Harmanpreet Kaur	427	10/08/08	GURDASPUR	DNS
	Sukhmanpreet Kaur..	1557	03/09/07	TARNTARAN	DNS
	Gurasees Kaur.	018	03/02/10	AMRITSAR	DNS

Event # 104 BOYS U-20 Pole Vault**FINALS**

% JUNIOR NATIONAL Q: 3.80

RESULTS OF FINALS

1	SUMIT .	340	25/11/07	FAZILKA	2.70m
2	Harpreet sharma	1044	26/06/09	MOGA	2.40m
	Karandeep Singh	484	05/12/08	GURDASPUR	DNS
	Maninder Kumar...	993	04/11/07	MANSA	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026***Event # 88 GIRLS U-18 IGHP LJ*****FINALS****RESULTS OF FINALS**

1	Chandni Tiwari	700	19/01/09	KAPURTHLA	4.83m
2	Harpreet Kaur...	1558	01/11/09	TARNTARAN	4.56m
3	Khushpreet Kaur....	795	14/11/09	LUDHIANA	4.29m
4	Gagandeep Kaur	139	26/12/08	BATHINDA	4.19m
5	TAMANNA DEVI	1061	08/03/10	MUKSTSAR	4.16m
6	Diljeet Kaur	1273	25/03/09	ROPAR	4.05m
7	Hargunpreet Kaur	012	03/02/10	AMRITSAR	3.69m
8	Gaganjeet Kaur	243	17/06/09	FATEHGARH SAHIB	3.60m
9	Arpita Arpita	688	21/10/10	KAPURTHLA	2.85m
	Jasmeen Kaur..	792	12/09/09	LUDHIANA	DNS
	Manya Aggarwal	756	07/09/10	LUDHIANA	DNS
	Ramanjeet Kaur	1367	27/11/08	SANGRUR	DNS
	Harman Jot	133	22/02/10	BATHINDA	DNS

Event # 145 GIRLS U-20 Hep Long Jump**FINALS****RESULTS OF FINALS**

1	Alfaz Kaur Grewal	303	12/09/07	FAZILKA	4.88m
2	Ishpreet Kaur	692	21/04/07	KAPURTHLA	4.21m
3	Prabhjot Kaur..	1079	01/06/09	MUKSTSAR	3.44m
	Arashdeep Kaur	691	01/01/08	KAPURTHLA	DNS
	Kajal .	1545	20/07/07	TARNTARAN	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026

Event # 42 BOYS U-16 60m IBPen 60 Dash

FINALS

RESULTS OF FINALS

1	Bikram Chaudhary	1295	11/28/10	ROPAR	7.40	
2	SMILEVEER SINGH	186	03/03/11	BATHINDA	7.69	
3	Manraj Singh..	1024	16/08/12	MANSA	7.70	
4	Yogesh Kumar	991	26/02/11	MANSA	7.76	
5	Rohanveer Singh	121	29/10/10	BARNALA	7.78	
6	Ranvijay Singh Singh	1511	18/10/10	SAS NAGAR	7.85	
7	Sehbaaz Singh	279	25/08/11	FATEHGARH SAHIB	7.91	
8	Prabhveer Singh	118	23/01/11	BARNALA	7.94	
9	Abhishek Pal	109	28/08/11	BARNALA	7.96	
10	WILLIAMJEET SINGH	1241	09/11/11	PATIALA	8.03	8.0
10	Saksham sharma	563	25/10/11	HOSHIARPUR	8.03	8.0
12	Abhijot Singh..	679	03/01/12	JALANDHAR	8.05	
13	Harsahib Singh Sidhu	266	19/10/11	FATEHGARH SAHIB	8.14	
14	Sehajpreet sing Sehaj	1573	17/12/10	TARNTARAN	8.26	
15	Gurwinder Singh..	1258	11/21/10	PATIALA	8.33	
16	Harkirat Singh	656	30/03/12	JALANDHAR	8.44	
17	Rahul Jayani	358	08/10/10	FAZILKA	8.47	
18	Vansh ...	707	09/12/10	KAPURTHLA	8.48	
19	Amres kumar	369	27/12/10	FAZILKA	8.54	8.5
19	Jiganesh Sharma	1310	08/12/10	ROPAR	8.54	8.5
21	Kirpal Kamboj	361	22/05/12	FAZILKA	8.57	
22	Harman Singh...	1025	03/12/11	MANSA	8.61	
23	Jagpreet Singh	1508	16/10/10	SAS NAGAR	8.67	
24	DANIAL .	024	26/01/11	AMRITSAR	8.88	
25	Prabhneet SINGH	1323	07/12/11	ROPAR	8.99	
26	Sehajpreet sing Singh	236	12/10/10	FARIDKOT	9.05	
27	Gurpreet Singh...	938	19/07/12	LUDHIANA	9.11	
28	Sukhjovan Singh	921	22/02/11	LUDHIANA	9.14	
29	Daksh Saini	643	12/06/12	JALANDHAR	9.20	
30	Ravinder Singh	235	10/08/11	FARIDKOT	9.27	
31	Harjot Singh.	1250	18/05/12	PATIALA	9.54	
32	Viyaan .	1473	18/06/12	SAS NAGAR	9.56	
	Sahibveer Singh .	614	28/12/11	JALANDHAR	DNS	
	Emaandeep Singh	1577	05/12/11	TARNTARAN	DNS	
	Prince Singh	277	06/06/12	FATEHGARH SAHIB	DNS	
	Gurnoor Singh gill	77	04/07/12	AMRITSAR	DNS	

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8/16/26 - 8/18/26

16th to 18th August 2026**Event # 48 GIRLS U-16 60m IGPen 60 Dash****FINALS****RESULTS OF FINALS**

1	Ishmeet kaur .	1443	05/10/11	SAS NAGAR	8.40	
2	Jannat Dua	591	02/11/11	JALANDHAR	8.47	
3	Gurnoor Kaur..	1376	06/27/12	SANGRUR	8.49	
4	REHMAT BATTH .	1352	05/08/11	SANGRUR	8.71	
5	Sargun Kaur	698	10/06/13	KAPURTHLA	8.78	
6	Pawanpreet Kaur	206	01/01/12	FARIDKOT	8.85	
7	Harmandeep Kaur	1066	10/03/11	MUKSTSAR	9.02	
8	Khushi .	293	13/11/10	FAZILKA	9.04	
9	Prabhjot Kaur.	209	25/07/11	FARIDKOT	9.08	9.0
9	Harnoor .	580	14/08/12	JALANDHAR	9.08	9.0
11	Ishmanjot Kaur	013	07/01/11	AMRITSAR	9.25	
12	Dilpreet Kaur.	1299	01/09/12	ROPAR	9.58	
13	Rupinder Kaur	151	10/09/11	BATHINDA	9.93	
14	Ekam kaur Deol	197	13/07/11	FARIDKOT	9.97	
15	Sehajpreet kaur Kaur	252	31/08/11	FATEHGARH SAHIB	10.03	
16	CHHAVI ..	755	15/11/11	LUDHIANA	10.26	
17	Harman Kaur	140	06/03/11	BATHINDA	10.52	
18	Kirna .	127	02/03/11	BATHINDA	11.05	
	Ravina Ravina	322	09/08/11	FAZILKA	DNS	

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Guru Nanak Stadium, Ludhiana

18-08-2026

8/16/26 - 8/18/26

16th to 18th August 2026

Event # 54 BOYS U-18 200m Run

PRELIMS

% JUNIOR NATIONAL Q: 23.60

YOUTH QUALIFY: 23.60

RESULTS OF PRELIMS

1	Jaganjot Singh	1230	01/10/09	PATIALA	22.62 %
2	Hardik Bawa	256	08/08/10	FATEHGARH SAHIB	22.66 %
3	Prabhjot Singh....	1439	26/12/09	SANGRUR	23.05 %
4	Jagjit Singh	657	26/04/09	JALANDHAR	23.16 %
5	Prabhdeep Singh	1008	29/10/08	MANSA	23.25 %
6	Damanpreet Singh	1403	26/02/09	SANGRUR	23.28 %
7	Jashanpreet Sin Malhi	223	18/03/09	FARIDKOT	23.38 %
8	Prabhjot Singh..	1261	25/08/09	PATIALA	23.41 %
9	TANISHQ KUNDAL	637	28/06/10	JALANDHAR	23.49 %
10	Partap Singh	665	10/01/09	JALANDHAR	23.78
11	Maninderdeep Singh	1582	23/02/10	TARNTARAN	23.81
12	Jasmanjot Singh	273	12/01/09	FATEHGARH SAHIB	23.86
13	Agam .	329	03/02/10	FAZILKA	23.87
14	SONU KUMAR ..	1601	05/04/09	SANGRUR	23.89
15	Vanshpreet sing Singh	1240	06/02/10	PATIALA	23.96
16	NAVIT KUMAR	375	30/03/09	FAZILKA	23.99
17	Naman Bhatia	828	21/03/09	LUDHIANA	24.00
18	BHAWANPREET SINGI	889	29/08/09	LUDHIANA	24.02
19	Amrit Kumar	713	06/07/09	KAPURTHLA	24.06
20	Ashish kumar	1301	10/09/09	ROPAR	24.11
21	Princepal Singh	1102	05/12/09	MUKSTSAR	24.17
22	Akash Kumar	1117	21/02/10	PATHANKOT	24.27
23	Armaan Singh.	1327	15/08/09	ROPAR	24.30
24	KARAMJEET SINGH	1004	16/11/08	MANSA	24.49
25	CHANDRA SHEKHAR	880	14/04/10	LUDHIANA	24.56
26	Harman Kumar	1203	29/05/09	PATIALA	24.63
27	MANDEEP KUMAR	373	11/09/09	FAZILKA	24.67
28	Sanjay Diwan	1197	16/07/10	PATIALA	24.92
29	MANAS KAMBOJ	362	05/01/10	FAZILKA	24.94
30	Tejbir Singh Chahl	448	08/01/09	GURDASPUR	24.95
31	Taranpreet sing Singh	497	01/09/10	GURDASPUR	24.96
32	Harnoor Singh	66	01/06/09	AMRITSAR	25.04
32	Manpreet Singh Manprece	43	10/01/09	AMRITSAR	25.06
33	Kuldeep Singh	1006	01/02/10	MANSA	25.06
35	Amtab singh Virk	1271	12/04/09	PATIALA	25.12
35	Yashpreet Singh	1243	02/08/09	PATIALA	25.10
36	Priyansh .	613	11/09/10	JALANDHAR	25.12
38	Harnoor Singh....	1264	11/01/09	PATIALA	25.17
39	Ripu Daman Singh	1585	01/02/10	TARNTARAN	25.19
40	Gobind Gobind	1484	21/02/09	SAS NAGAR	25.20
41	Anmol Singh.	499	27/12/09	GURDASPUR	25.29
42	arashdeep singh	384	08/07/10	FAZILKA	25.54
43	Gavi _Atwal	345	16/04/10	FAZILKA	25.69
43	Varish Garg	218	01/06/11	FARIDKOT	25.71
44	Parmeet Singh	664	25/11/08	JALANDHAR	25.71
46	Maninderpal Singh	390	01/06/09	FAZILKA	25.81
46	Amarjot Singh	649	07/12/08	JALANDHAR	25.78
47	Rohandeep Singh	491	21/04/10	GURDASPUR	25.81
49	Gurpuj singh	1226	11/09/10	PATIALA	25.84

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18-08-2026

8/16/26 - 8/18/26

16th to 18th August 2026

50	Anmol preet Singh	885	12/06/10	LUDHIANA	25.90
51	Inderpal singh Batth	407	22/10/09	FEROZPUR	25.96
52	Abhisek Singh	996	04/05/09	MANSA	26.18
53	Rajat Kumar	717	05/11/09	KAPURTHLA	26.21
54	Rohan Mehta	1121	21/09/09	PATHANKOT	26.39
55	Divyansh Walia	947	05/12/08	LUDHIANA	26.41
56	Amritpal singh Singh	053	16/11/08	AMRITSAR	26.57
57	Saimon Dang	549	05/07/09	HOSHIARPUR	27.15
58	DALVIR SINGH	891	19/05/09	LUDHIANA	27.69
59	Laksh Sharma	1128	16/10/08	PATHANKOT	28.31
60	GURPYAR SINGH	1602	05/26/10	BATHINDA	28.80
61	Vinesh Kumar	859	09/10/09	LUDHIANA	30.20
	Ramdeep Singh	667	10/10/09	JALANDHAR	DNS
	Prageet Bishnoi	347	29/03/10	FAZILKA	DNS
	Manjodh Singh	486	09/12/09	GURDASPUR	DNS
	Ravinder Singh.	283	03/02/10	FATEHGARH SAHIB	DNS
	Garnoor Singh	1317	12/20/08	ROPAR	DNS
	Emmanuel .	609	09/11/08	JALANDHAR	DNS
	Mitranjay Prashar	721	21/09/09	KAPURTHLA	DNS
	Gaurav Gupta	220	18/09/09	FARIDKOT	DNS
	Jashan Preet singh	639	11/01/10	JALANDHAR	DNS
	Yashpreet Singh.	1519	05/06/10	SAS NAGAR	DNS
	Manpreet Singh	662	01/10/08	JALANDHAR	DNS
	MANRAJ SINGH.	676	02/02/09	JALANDHAR	DNS
	JASHANDEEP SINGH..	684	11/12/08	JALANDHAR	DNS
	Mohit Kumar Dass	449	06/03/10	GURDASPUR	DNS
	ISHAAN VERMA	1269	12/07/10	PATIALA	DNS
	vijay vishal .	166	24/09/09	BATHINDA	DNS
	Jagatnoor Singh	904	27/10/09	LUDHIANA	DNS
	Udayvir Singh Bains	547	12/10/10	HOSHIARPUR	DNS
	Anivarya Sehgal	1495	05/04/09	SAS NAGAR	DNS
	PRANKUSH Garg	989	02/06/09	MANSA	DNS
	Divjoth Singh	893	17/02/10	LUDHIANA	DNS
	Aman .	1181	23/05/10	PATIALA	DNS
	Vishal .	1192	20/03/09	PATIALA	DNS
	Gurjot Singh..	934	06/11/09	LUDHIANA	DNS
	Yogesh Kumar.	1206	08/02/10	PATIALA	DNS
	Shiva Paswan	869	21/08/09	LUDHIANA	DNS
	Sukhbir Singh	494	19/10/09	GURDASPUR	DNS
	Gurman Singh	897	05/01/09	LUDHIANA	DNS
	SHARANDEEP .	818	01/01/09	LUDHIANA	DNS
	sehbaaz Singh.	741	06/05/09	KAPURTHLA	DNS
	Jashanpreet singh...	940	17/10/08	LUDHIANA	DNS
	Eknor singh Judge	631	08/04/09	JALANDHAR	DNS
	Vishal Singh	413	15/10/09	FEROZPUR	DNS
	Naman Kumar	454	19/12/08	GURDASPUR	DNS
	GAGANDEEP SINGH	471	28/07/10	GURDASPUR	DNS
	Harshandeep si Singh	479	30/08/09	GURDASPUR	DNS
	Gurratan Singh	898	13/10/08	LUDHIANA	DNS

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18-08-2026

8/16/26 - 8/18/26

16th to 18th August 2026

Event # 92 BOYS U-20 200m Run

PRELIMS

% JUNIOR NATIONAL Q: 23.00

RESULTS OF PRELIMS

1	Manmeet Singh...	1263	09/01/07	PATIALA	22.15 %
2	Ankit Kumar	632	18/06/07	JALANDHAR	22.18 %
3	Arshdeep Singh..	577	23/07/07	HOSHIARPUR	22.34 %
4	GURUVEER DITTA SIN	1227	19/03/08	PATIALA	22.45 %
5	Jatinder Singh	1412	21/11/07	SANGRUR	22.49 %
6	Varun Sharma	1499	04/12/06	SAS NAGAR	22.52 %
7	Gurwinder Singh....	1438	06/02/08	SANGRUR	22.68 %
8	Amandeep Mattu	718	31/01/07	KAPURTHLA	22.85 %
9	Sujal Bhardwaj	1109	08/05/07	PAP	22.91 %
10	Jashanpreet Singh	272	23/08/07	FATEHGARH SAHIB	22.92 %
11	Gurnoor Singh	62	07/28/07	AMRITSAR	22.99 %
12	parthpreet Singh	570	17/08/07	HOSHIARPUR	23.11
13	Jaskaran Singh4	1595	26/07/07	TARNTARAN	23.12
14	JATIN KUMAR	039	23/09/07	AMRITSAR	23.41
15	Adit Kumar	554	05/07/07	HOSHIARPUR	23.55
16	Rohit Soraya	505	02/06/08	GURDASPUR	23.67
17	Sehajpreet Singh...	1437	22/02/07	SANGRUR	23.74
18	Gurpreet Singh.	393	05/09/07	FAZILKA	23.78
19	Lovepreet Singh..	394	17/11/07	FAZILKA	23.93
20	Jugraj singh .	025	27/11/07	AMRITSAR	23.94
21	Livjot Singh	661	09/07/07	JALANDHAR	23.97
22	Armandeep Singh..	1590	26/10/07	TARNTARAN	24.00
23	GUNTASDEEP SINGH	059	14/12/07	AMRITSAR	24.10
24	Armaan Singh	728	15/05/08	KAPURTHLA	24.35
25	Satgur Singh	1418	20/08/08	SANGRUR	24.51
26	Gursharnpreet Singh	999	12/04/08	MANSA	24.62
26	Robinvir Singh	278	30/10/07	FATEHGARH SAHIB	24.70
27	Yuvraj Singh Mann	1572	02/03/08	TARNTARAN	24.70
29	Akamveer Singh	465	23/02/07	GURDASPUR	24.89
30	Harmanjit Singh Randhav	1244	21/06/08	PATIALA	24.97
31	Harkirat Singh..	1259	12/11/06	PATIALA	24.99
32	Amandeep Singh..	1021	23/02/08	MANSA	25.28
33	Parampartap sin Gogoani	839	27/12/07	LUDHIANA	25.41
34	Jagveer Singh	1231	30/06/08	PATIALA	25.57
35	Bikram Singh.	1245	03/10/07	PATIALA	25.82
36	Karandeep singh mehrok	1393	23/07/08	SANGRUR	25.99
37	Bhavjeet Singh Gill	834	01/06/07	LUDHIANA	26.16
38	Balwinder kumar Kumar	1119	27/01/07	PATHANKOT	27.96
	Gurjot singh Sidhu	1215	08/09/07	PATIALA	DNS
	Balkar Singh	1402	07/10/06	SANGRUR	DNS
	Ajay veer Singh	1399	27/01/08	SANGRUR	DNS
	Mannit Choudhary	1116	03/08/08	PATHANKOT	DNS
	kirtpal singh	1234	21/12/06	PATIALA	DNS
	Lovedeep Singh	1049	01/12/06	MOGA	DNS
	Khushpreet Singh	1005	30/04/08	MANSA	DNS
	Gurkamal singh Sandhu	1043	27/02/08	MOGA	DNS
	Rajveer Singh...	1522	10/07/08	SAS NAGAR	DNS
	Kamalpreet singh	1133	23/10/06	PATHANKOT	DNS
	Harman Singh..	935	15/09/07	LUDHIANA	DNS
	AMARJOT SINGH.	925	25/01/07	LUDHIANA	DNS

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Divyanshu Rawat	872	16/09/07	LUDHIANA	DNS
Sahil Pruthi	871	06/11/06	LUDHIANA	DNS
Mark Mark	863	25/04/07	LUDHIANA	DNS
Gurpreet Singh.....	1440	13/04/08	SANGRUR	DNS
Maninder Singh.	675	01/01/07	JALANDHAR	DNS
Hardiljot Malhi	862	21/09/06	LUDHIANA	DNS
Rudhar Partap Singh	1122	14/02/07	PATHANKOT	DNS
Harjap Singh.	674	23/06/08	JALANDHAR	DNS
Sohail Sohail	395	28/03/07	FAZILKA	DNS
Vishal Jeet	452	15/03/07	GURDASPUR	DNS
Sidharth .	544	21/06/08	HOSHIARPUR	DNS
Maahi Sandhal	559	21/09/07	HOSHIARPUR	DNS
Harinandan .	611	25/01/08	JALANDHAR	DNS
JUNED AHMAD	619	26/09/07	JALANDHAR	DNS
Jaskirit Singh Bali	620	19/03/08	JALANDHAR	DNS
Karanbir Singh Karan	036	31/07/08	AMRITSAR	DNS
Maninder Singh...	1435	13/02/08	SANGRUR	DNS
NAVDEEP SINGH SINC	181	08/04/08	BATHINDA	DNS
Jaspreet Thind	687	06/02/08	JALANDHAR	DNS
Kartik Sharma	877	14/07/07	LUDHIANA	DNS
Kulvir Singh	906	23/12/07	LUDHIANA	DNS
Gurjot singh Singh	654	25/07/07	JALANDHAR	DNS
Naveen Kumar	856	21/06/07	LUDHIANA	DNS
Lovepreet kl Singh	230	23/06/08	FARIDKOT	DNS
Samir Sandhu	645	21/06/07	JALANDHAR	DNS

Event # 80 BOYS U-18 IBHPLJ**FINALS****RESULTS OF FINALS**

1	Samreenjot Singh	671	01/01/09	JALANDHAR	5.63m
2	Randeep Singh	1583	27/12/08	TARNTARAN	5.55m
3	Sehijpal Singh	185	30/08/10	BATHINDA	5.44m
4	Arshdeep Singh.....	1266	29/01/09	PATIALA	5.18m
5	Gurbaksh Singh	114	01/11/08	BARNALA	5.17m
6	Prabhjot Singh	912	29/11/08	LUDHIANA	4.85m
7	Harmanpreet Singh..	1337	07/11/09	ROPAR	4.70m
8	Karan veer Singh	483	02/02/10	GURDASPUR	4.54m
9	Shivkaran Singh.	1431	26/10/08	SANGRUR	4.52m
10	Taksheel Sharma	647	12/09/10	JALANDHAR	4.22m
11	GAGANDEEP SINGH	471	28/07/10	GURDASPUR	3.96m
12	Khuabjeet Nard	1394	10/10/08	SANGRUR	3.74m
13	Lakhwinder luck Lucky	041	29/10/08	AMRITSAR	3.15m
	Pappu .	541	15/07/10	HOSHIARPUR	DNS
	Manpreet Singh.	1019	14/04/09	MANSA	DNS
	Jagseer Singh	1001	05/01/09	MANSA	DNS
	Akashdeep Singh	1500	27/06/10	SAS NAGAR	DNS
	Nishan Naunidh Sekhon	046	16/02/10	AMRITSAR	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026***Event # 107 BOYS U-20 Hammer Throw*****FINALS**

% JUNIOR NATIONAL Q: 60.00

RESULTS OF FINALS

1	Manjot Singh	907	17/12/08	LUDHIANA	68.56m %
2	Arshdeep Singh	054	29/04/08	AMRITSAR	64.85m %
3	Harbir Singh Aulakh	1038	10/12/07	MOGA	64.47m %
4	Taranjeet Singh Kaire	258	14/09/07	FATEHGARH SAHIB	58.89m
5	SUKHMAN SINGH	737	07/03/08	KAPURTHLA	58.00m
6	Harmanjeet sing .	254	06/06/07	FATEHGARH SAHIB	50.05m
7	Simranjeet Sing Kaire	257	14/09/07	FATEHGARH SAHIB	49.05m
8	Armanjot Singh Sidhu	1014	30/12/08	MANSA	48.90m
9	Karanveer singh .	1560	20/06/10	TARNTARAN	47.57m
10	Sukhman Chahal	348	19/12/09	FAZILKA	42.61m
11	Mehtab Singh Sandhu	110	18/12/10	BARNALA	40.60m
12	Farhan Farooqi	955	26/03/09	MALERKOTLA	37.64m
13	Ranvir Singh	120	19/04/10	BARNALA	26.90m
	Biranderpartap Singh	113	26/11/10	BARNALA	NM
	Gurjaap Singh gill	961	03/06/09	MALERKOTLA	NM
	Gurfateh Singh.	927	14/11/09	LUDHIANA	NM
	Avnoor Singh	1502	09/05/07	SAS NAGAR	NM
	Sanchit Kumar	1120	12/12/06	PATHANKOT	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026**Event # 65 GIRLS U-18 200m Run****PRELIMS**

% JUNIOR NATIONAL Q: 27.00

YOUTH QUALIFY: 27.00

RESULTS OF PRELIMS

1	Manmeet Kaur.	1164	11/03/09	PATIALA	26.33 %
2	Sehnoor Bawa	1355	03/21/10	SANGRUR	26.51 %
3	Aditi Lohia	1465	10/10/09	SAS NAGAR	26.79 %
4	Akalroop Kaur	766	13/05/09	LUDHIANA	27.26
5	KIRANDEEP KAUR..	1078	02/04/09	MUKSTSAR	27.73
6	Rajinder Kaur	1072	21/11/09	MUKSTSAR	27.98
7	Jasmeen kaur .	126	24/10/08	BATHINDA	28.07
8	Subhjit Kaur	787	14/02/09	LUDHIANA	28.15
9	Sazia Kamboj	308	11/10/09	FAZILKA	28.45
10	Khushdeep Kaur	203	12/10/10	FARIDKOT	29.69
11	Dilshobit Kaur	425	17/02/09	GURDASPUR	29.91
12	gurleen kaur .	001	21/12/08	AMRITSAR	30.32
13	Manjot Kaur	1364	02/09/10	SANGRUR	30.40
14	Savneet kaur Savneet kau	1081	10/08/09	MUKSTSAR	30.81
15	Priya .	195	03/01/10	FARIDKOT	30.90
16	Manmeet Kaur...	1169	18/12/08	PATIALA	31.41
17	Husandeep Kaur.	790	11/02/10	LUDHIANA	31.51
18	Manpreet Kaur.	791	08/09/09	LUDHIANA	31.83
19	Sanjna Sanjna	212	01/07/09	FARIDKOT	32.46
	Kashish .	1350	28/01/10	SANGRUR	DNS
	Jasmeen Kaur....	1170	31/12/09	PATIALA	DNS
	Gurasees Kaur .	418	24/11/09	GURDASPUR	DNS
	Hasreet kaur .	581	11/08/09	JALANDHAR	DNS
	Harpriya Kaur	969	18/01/11	MANSA	DNS
	Annu .	1138	26/10/09	PATIALA	DNS
	Ritika .	1142	28/08/10	PATIALA	DNS
	JASHANDEEP KAUR.	1555	02/20/10	TARNTARAN	DNS
	Manya Aggarwal	756	07/09/10	LUDHIANA	DNS
	Rajni Bala	1030	21/10/09	MOGA	DNS
	Mehtab Kaur	600	02/11/09	JALANDHAR	DNS
	VANSHIKA ..	1143	10/06/10	PATIALA	DNS
	Gurman Kaur.	1160	29/09/08	PATIALA	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026**Event # 111 GIRLS U-20 200m Run****PRELIMS**

% JUNIOR NATIONAL Q: 26.50

RESULTS OF PRELIMS

1	Sony Kaur	523	02/03/08	HOSHIARPUR	25.52 %
2	Supreet Kaur...	1463	25/01/07	SAS NAGAR	25.91 %
3	Jasmeen .	1597	07/21/08	JALANDHAR	26.21 %
4	Shubhneet Kaur	154	25/12/06	BATHINDA	26.79
5	Shamanpreet Kaur	153	21/07/08	BATHINDA	27.79
6	Suman kumari Suman Ku	102	02/04/08	BARNALA	28.00
7	Khushi Jassi	594	24/12/06	JALANDHAR	28.28
8	Jasmeen Kaur	430	01/04/07	GURDASPUR	29.38
9	Rehmat Preet Kaur	697	12/10/07	KAPURTHLA	35.35
	Bharti Kumari	1282	26/01/07	ROPAR	DNS
	Bharti Bharti	1356	17/01/07	SANGRUR	DNS
	Gurmandeep Kaur.	1161	13/04/08	PATIALA	DNS
	Akankshya Mishra	801	12/08/07	LUDHIANA	DNS
	JASPREET KAUR..	158	17/08/08	BATHINDA	DNS

Event # 135 BOYS U-20 110m Dec 110 Hurdles**FINALS****RESULTS OF FINALS**

1	Gursher singh Gill	035	13/09/07	AMRITSAR	15.55
2	Gur karam Singh	653	18/05/08	JALANDHAR	16.84
3	Jaspreet singh .	1389	13/12/07	SANGRUR	17.36
4	Arshdeep singh Bling	1390	04/06/08	SANGRUR	19.32
	Harshdeep Singh	068	29/12/07	AMRITSAR	DNS
	GURBAKSHDEEP SINC	228	08/01/07	FARIDKOT	DNF
	Pukhraj Singh Grewal	354	12/09/07	FAZILKA	DNS

Event # 123 GIRLS U-20 Pole Vault**FINALS**

% JUNIOR NATIONAL Q: 2.80

RESULTS OF FINALS

1	Shukriya Shukriya	1082	22/05/09	MUKSTSAR	2.30m
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16th to 18th August 2026

Event # 43 BOYS U-16 80m IBPen 80 Hurdle

FINALS

RESULTS OF FINALS

1	Bikram Chaudhary	1295	11/28/10	ROPAR	11.44
2	Rohanveer Singh	121	29/10/10	BARNALA	12.07
3	Saksham sharma	563	25/10/11	HOSHIARPUR	12.67
4	Sehbaaz Singh	279	25/08/11	FATEHGARH SAHIB	12.90
5	Ranvijay Singh Singh	1511	18/10/10	SAS NAGAR	13.05
6	Manraj Singh..	1024	16/08/12	MANSA	13.08
7	SMILEVEER SINGH	186	03/03/11	BATHINDA	13.18
8	Sehajpreet sing Sehaj	1573	17/12/10	TARNTARAN	13.36
9	Abhijot Singh..	679	03/01/12	JALANDHAR	13.86
10	Yogesh Kumar	991	26/02/11	MANSA	14.06
11	Kirpal Kamboj	361	22/05/12	FAZILKA	15.00
12	Gurwinder Singh..	1258	11/21/10	PATIALA	15.13
13	WILLIAMJEET SINGH	1241	09/11/11	PATIALA	15.76
14	Abhishek Pal	109	28/08/11	BARNALA	15.92
15	Prabhveer Singh	118	23/01/11	BARNALA	16.21
16	Harsahib Singh Sidhu	266	19/10/11	FATEHGARH SAHIB	16.33
17	Jagpreet Singh	1508	16/10/10	SAS NAGAR	16.40
18	Viyaan .	1473	18/06/12	SAS NAGAR	16.45
18	Jiganesh Sharma	1310	08/12/10	ROPAR	16.45
20	Gurpreet Singh...	938	19/07/12	LUDHIANA	16.90
21	Rahul Jayani	358	08/10/10	FAZILKA	16.98
22	Harman Singh...	1025	03/12/11	MANSA	17.06
23	Harkirat Singh	656	30/03/12	JALANDHAR	17.18
24	Sukhjovan Singh	921	22/02/11	LUDHIANA	17.32
25	Harjot Singh.	1250	18/05/12	PATIALA	17.50
26	DANIAL .	024	26/01/11	AMRITSAR	17.59
27	Sehajpreet sing Singh	236	12/10/10	FARIDKOT	17.77
28	Ravinder Singh	235	10/08/11	FARIDKOT	17.86
29	Prince Singh	277	06/06/12	FATEHGARH SAHIB	19.87
	Vansh ...	707	09/12/10	KAPURTHLA	DNS
	Daksh Saini	643	12/06/12	JALANDHAR	DNF
	Prabhneet SINGH	1323	07/12/11	ROPAR	DNS
	Sahibveer Singh .	614	28/12/11	JALANDHAR	DNS
	Amres kumar	369	27/12/10	FAZILKA	DNS
	Gurnoor Singh gill	77	04/07/12	AMRITSAR	DNS
	Emaandeep Singh	1577	05/12/11	TARNTARAN	DNS

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16th to 18th August 2026***Event # 49 GIRLS U-16 80m IGPen 80 Hurdle*****FINALS****RESULTS OF FINALS**

1	Ishmeet kaur .	1443	05/10/11	SAS NAGAR	13.07
2	Jannat Dua	591	02/11/11	JALANDHAR	13.88
3	Ishmanjot Kaur	013	07/01/11	AMRITSAR	14.38
4	Harmandeep Kaur	1066	10/03/11	MUKSTSAR	15.27
5	Khushi .	293	13/11/10	FAZILKA	15.31
6	REHMAT BATTH .	1352	05/08/11	SANGRUR	15.37
7	Gurnoor Kaur..	1376	06/27/12	SANGRUR	15.47
8	Sargun Kaur	698	10/06/13	KAPURTHLA	16.25
9	Dilpreet Kaur.	1299	01/09/12	ROPAR	16.79
10	Pawanpreet Kaur	206	01/01/12	FARIDKOT	16.99
11	Prabhjot Kaur.	209	25/07/11	FARIDKOT	17.36
12	Sehajpreet kaur Kaur	252	31/08/11	FATEHGARH SAHIB	17.66
13	Harnoor .	580	14/08/12	JALANDHAR	18.65
	Kirna .	127	02/03/11	BATHINDA	DNS
	Ravina Ravina	322	09/08/11	FAZILKA	DNS
	CHHAVI ..	755	15/11/11	LUDHIANA	DNS
	Harman Kaur	140	06/03/11	BATHINDA	DNS
	Ekam kaur Deol	197	13/07/11	FARIDKOT	SCR
	Rupinder Kaur	151	10/09/11	BATHINDA	DNS

Event # 136 BOYS U-20 Dec Discus Th**FINALS****RESULTS OF FINALS**

1	Arshdeep singh Bling	1390	04/06/08	SANGRUR	31.45m
2	Gur karam Singh	653	18/05/08	JALANDHAR	30.39m
3	Gursher singh Gill	035	13/09/07	AMRITSAR	27.08m
4	GURBAKSHDEEP SINC	228	08/01/07	FARIDKOT	22.69m
5	Harshdeep Singh	068	29/12/07	AMRITSAR	21.55m
6	Jaspreet singh .	1389	13/12/07	SANGRUR	15.70m
	Pukhraj Singh Grewal	354	12/09/07	FAZILKA	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026

Event # 29 BOYS U-16 80m Hurdles

FINALS

% JUNIOR NATIONAL Q: 12.00

RESULTS OF FINALS

1	DILPREET DHILLON	108	05/09/11	BARNALA	10.49 %
2	Bikram Chaudhary	1295	11/28/10	ROPAR	11.19 %
3	Rohanveer Singh	121	29/10/10	BARNALA	11.46 %
4	Armaan .	334	23/10/10	FAZILKA	11.65 %
5	Udayveer Singh	1421	15/02/12	SANGRUR	11.70 %
6	Saksham sharma	563	25/10/11	HOSHIARPUR	12.25
7	Divansh Suman	1544	18/11/10	SBS NAGAR	12.63
8	saiman masih	458	17/12/10	GURDASPUR	12.67
9	tanush kumar kumar	434	06/01/12	GURDASPUR	12.94
10	Ishnoor Chawla	830	28/12/10	LUDHIANA	13.35
11	Mehtab Singh.	282	14/11/10	FATEHGARH SAHIB	13.48
12	Manraj Singh	569	13/02/12	HOSHIARPUR	14.12
13	Yuvraj Singh Kaler	1568	11/05/11	TARNTARAN	14.34
14	Binay Kataria	1537	19/09/11	SBS NAGAR	14.68
15	Harshil Kakkar	847	03/10/10	LUDHIANA	14.69
16	Ripanjit Singh	1584	26/02/12	TARNTARAN	14.94
17	Rashmeet Singh	1512	23/01/11	SAS NAGAR	15.06
18	Mankirat Singh Garcha	833	22/12/11	LUDHIANA	15.16
19	Jasraj Singh	1581	10/12/10	TARNTARAN	15.32
20	Deepak Kumar.	1491	19/08/12	SAS NAGAR	15.48
21	Daksh Prajapati	1210	14/09/11	PATIALA	15.68
22	Sukhjovan Singh	921	22/02/11	LUDHIANA	16.06
23	Harman Singh.	930	18/09/10	LUDHIANA	16.25
24	Viyaan .	1473	18/06/12	SAS NAGAR	16.43
25	Vishav .	441	25/10/10	GURDASPUR	16.45
26	Dilraj Singh.	1589	20/09/11	TARNTARAN	17.70
27	Kirpal Kamboj	361	22/05/12	FAZILKA	19.99
	Arihant Sharma	876	14/08/12	LUDHIANA	DNS
	Yuvraj Singh...	079	31/01/11	AMRITSAR	DNF
	NAITIK YADAV	747	01/01/11	KAPURTHLA	DNS
	Ranvijay Singh Singh	1511	18/10/10	SAS NAGAR	DNS
	Kartik Miglani	719	06/02/12	KAPURTHLA	DNS
	Sehbaaz Singh	279	25/08/11	FATEHGARH SAHIB	DNS
	Aniket Kumar	853	12/01/11	LUDHIANA	DNF
	Mayank .	337	28/04/13	FAZILKA	DNF
	Ekamveer Singh.	1247	14/11/10	PATIALA	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026**Event # 36 GIRLS U-16 80m Hurdles****FINALS**

% JUNIOR NATIONAL Q: 13.50

RESULTS OF FINALS

1	SAMREET KAUR	152	01/04/12	BATHINDA	12.64 %
2	Ishmeet kaur .	1443	05/10/11	SAS NAGAR	12.76 %
3	Jaskaranpreet Kaur	246	04/12/10	FATEHGARH SAHIB	12.88 %
4	Bhupinder Kaur	089	06/12/10	BARNALA	13.26 %
5	RAHMATDEEP KAUR	1071	19/09/12	MUKSTSAR	14.60
6	Gurleen Kaur..	526	24/01/11	HOSHIARPUR	15.18
7	Japneet Kaur	1274	05/03/12	ROPAR	15.37
8	Jasmeen Kaur.....	1570	11/19/10	TARNTARAN	16.75
9	Peehu .	004	22/07/12	AMRITSAR	16.79
10	Prabhleen Kaur..	793	19/08/12	LUDHIANA	16.90
11	Mansirat kaur .	1351	02/08/12	SANGRUR	17.25
12	Manvi .	003	24/11/12	AMRITSAR	18.46
13	Sharnagat Kaur Cheema	951	24/07/12	MALERKOTLA	18.77
14	ROSHNI CHAURASIYA	757	30/09/11	LUDHIANA	18.80
15	Ekamjot kaur Brar	196	11/03/12	FARIDKOT	18.96
16	Navkiran Kaur	205	12/12/13	FARIDKOT	20.80
	Tanveerjot Kaur	1554	13/09/11	TARNTARAN	DNF
	Anushka Sharma	807	08/12/11	LUDHIANA	DNF
	Jaskirat Kaur	143	31/10/10	BATHINDA	DNS

Event # 137 BOYS U-20 Dec Pole Vault**FINALS****RESULTS OF FINALS**

Pukhraj Singh Grewal	354	12/09/07	FAZILKA	NM
GURBAKSHDEEP SINC	228	08/01/07	FARIDKOT	NM
Arshdeep singh Bling	1390	04/06/08	SANGRUR	NM
Jaspreet singh .	1389	13/12/07	SANGRUR	NM
Harshdeep Singh	068	29/12/07	AMRITSAR	NM
Gursher singh Gill	035	13/09/07	AMRITSAR	NM
Gur karam Singh	653	18/05/08	JALANDHAR	NM

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Event # 44 BOYS U-16 IBPen LJ

FINALS

RESULTS OF FINALS

1	SMILEVEER SINGH	186	03/03/11	BATHINDA	4.40m
2	Yogesh Kumar	991	26/02/11	MANSA	4.18m
3	Bikram Chaudhary	1295	11/28/10	ROPAR	4.02m
4	Ranvijay Singh Singh	1511	18/10/10	SAS NAGAR	4.00m
4	Sehbaaz Singh	279	25/08/11	FATEHGARH SAHIB	4.00m
6	Saksham sharma	563	25/10/11	HOSHIARPUR	3.94m
7	Manraj Singh..	1024	16/08/12	MANSA	3.89m
8	Harsahib Singh Sidhu	266	19/10/11	FATEHGARH SAHIB	3.88m
9	Rohanveer Singh	121	29/10/10	BARNALA	3.86m
10	Sehajpreet sing Sehaj	1573	17/12/10	TARNTARAN	3.84m
11	Gurwinder Singh..	1258	11/21/10	PATIALA	3.75m
12	Kirpal Kamboj	361	22/05/12	FAZILKA	3.74m
12	WILLIAMJEET SINGH	1241	09/11/11	PATIALA	3.74m
14	Vansh ...	707	09/12/10	KAPURTHLA	3.65m
15	Jagpreet Singh	1508	16/10/10	SAS NAGAR	3.64m
16	Abhishek Pal	109	28/08/11	BARNALA	3.63m
17	Rahul Jayani	358	08/10/10	FAZILKA	3.60m
18	Prince Singh	277	06/06/12	FATEHGARH SAHIB	3.54m
19	Abhijot Singh..	679	03/01/12	JALANDHAR	3.48m
20	Prabhneet SINGH	1323	07/12/11	ROPAR	3.41m
21	DANIAL .	024	26/01/11	AMRITSAR	3.37m
22	Harman Singh...	1025	03/12/11	MANSA	3.35m
23	Sukhjovan Singh	921	22/02/11	LUDHIANA	3.33m
24	Ravinder Singh	235	10/08/11	FARIDKOT	3.28m
25	Harjot Singh.	1250	18/05/12	PATIALA	3.27m
26	Prabhveer Singh	118	23/01/11	BARNALA	3.26m
27	Viyaan .	1473	18/06/12	SAS NAGAR	3.25m
28	Harkirat Singh	656	30/03/12	JALANDHAR	3.21m
29	Gurpreet Singh...	938	19/07/12	LUDHIANA	3.13m
30	Sehajpreet sing Singh	236	12/10/10	FARIDKOT	3.02m
31	Jiganesh Sharma	1310	08/12/10	ROPAR	3.00m
	Daksh Saini	643	12/06/12	JALANDHAR	DNS
	Emaandeep Singh	1577	05/12/11	TARNTARAN	DNS
	Sahibveer Singh .	614	28/12/11	JALANDHAR	DNS
	Gurnoor Singh gill	77	04/07/12	AMRITSAR	DNS
	Amres kumar	369	27/12/10	FAZILKA	DNS

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16th to 18th August 2026***Event # 89 GIRLS U-18 IGHP JT*****FINALS****RESULTS OF FINALS**

1	Diljeet Kaur	1273	25/03/09	ROPAR	27.30m
2	Chandni Tiwari	700	19/01/09	KAPURTHLA	24.35m
3	Harpreet Kaur...	1558	01/11/09	TARNTARAN	22.23m
4	Khushpreet Kaur....	795	14/11/09	LUDHIANA	21.55m
5	Gagandeep Kaur	139	26/12/08	BATHINDA	18.70m
6	TAMANNA DEVI	1061	08/03/10	MUKSTSAR	18.60m
7	Gaganjeet Kaur	243	17/06/09	FATEHGARH SAHIB	18.15m
8	Arpita Arpita	688	21/10/10	KAPURTHLA	16.35m
9	Hargunpreet Kaur	012	03/02/10	AMRITSAR	12.40m
	Harman Jot	133	22/02/10	BATHINDA	DNS
	Jasmeen Kaur..	792	12/09/09	LUDHIANA	DNS
	Manya Aggarwal	756	07/09/10	LUDHIANA	DNS
	Ramanjeet Kaur	1367	27/11/08	SANGRUR	DNS

Event # 146 GIRLS U-20 Hep Javelin T**FINALS****RESULTS OF FINALS**

1	Alfaz Kaur Grewal	303	12/09/07	FAZILKA	31.30m
2	Ishpreet Kaur	692	21/04/07	KAPURTHLA	21.15m
3	Prabhjot Kaur..	1079	01/06/09	MUKSTSAR	15.98m
	Arashdeep Kaur	691	01/01/08	KAPURTHLA	DNS
	Kajal .	1545	20/07/07	TARNTARAN	DNS

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16th to 18th August 2026

Event # 94 BOYS U-20 800m Run

FINALS

% JUNIOR NATIONAL Q: 1:55.00

RESULTS OF FINALS

1	Dishant Kumar	372	27/09/07	FAZILKA	1:56.60
2	Jashandeep Singh..	193	01/12/06	BATHINDA	1:56.91
3	Arun Kaithwar	552	25/01/07	HOSHIARPUR	1:57.12
4	Sukhbir Singh Bhatti	033	27/03/08	AMRITSAR	1:57.63
5	Sudhakar Singh	920	05/09/07	LUDHIANA	1:59.01
6	Prabhnoor Singh Gill	550	24/08/07	HOSHIARPUR	1:59.66
7	Jasdeep Singh	1002	01/11/07	MANSA	2:01.49
8	Saksham Singh	918	03/01/08	LUDHIANA	2:02.27
9	Sumit Yadav	949	15/06/07	LUDHIANA	2:02.77
10	sandeep singh	1239	07/06/07	PATIALA	2:05.66
11	Ramandeep Singh	1009	01/06/08	MANSA	2:05.80
12	SAHIL KUMAR	456	08/10/07	GURDASPUR	2:10.10
13	Akashdeep Singh Singh	1220	22/11/06	PATIALA	2:11.63
14	HARMANPREET SINGH	502	05/11/08	GURDASPUR	2:13.12
15	SAHIBJEET SINGH	1603	12/17/07	SANGRUR	2:13.97
16	Bhavith Singh	651	09/10/08	JALANDHAR	2:15.46
17	Shubam .	406	10/03/08	FEROZPUR	2:18.95
18	DILPREET SINGH LOH	861	21/08/08	LUDHIANA	2:24.44
19	Sashakat Sashakat	1126	02/08/07	PATHANKOT	2:25.48
20	Karanvir Singh..	682	05/08/07	JALANDHAR	2:31.27
21	Jasnoor Singh	1097	07/19/08	MUKSTSAR	3:06.49
	Kawalveer Singh	1233	17/11/07	PATIALA	DNS
	Pawanjot Singh	911	04/03/08	LUDHIANA	DNS
	Mohandeep Singh	1101	07/09/08	MUKSTSAR	DNS
	SOHAN RAM	1087	28/02/08	MUKSTSAR	DNS
	Pintu Kumar	1489	18/03/08	SAS NAGAR	DNS
	Yaduraj Chouhan	710	09/08/08	KAPURTHLA	DNS
	Daljit singh .	1036	07/03/07	MOGA	DNF
	Anmol Masih	457	03/04/08	GURDASPUR	DNF
	Preet Kumar	857	08/11/09	LUDHIANA	DNF
	Sonu Kumar	261	15/11/06	FATEHGARH SAHIB	DNF
	ANSH MEHTA	866	10/02/08	LUDHIANA	DNF
	Mantej Singh .	540	07/03/08	HOSHIARPUR	DNS

Event # 113 GIRLS U-20 800m Run

FINALS

% JUNIOR NATIONAL Q: 2:20

RESULTS OF FINALS

1	Harpreet Kaur	967	04/11/06	MANSA	2:17.73
2	Raavi Bajwa	005	09/09/10	AMRITSAR	2:23.13
3	Kajal Bala	1057	01/01/08	MUKSTSAR	2:59.67
4	Harpreet. Kaur	968	12/07/08	MANSA	2:59.93
5	Mansi Joshi	198	25/01/08	FARIDKOT	3:11.31
	Mehardeep kaur	1155	18/08/07	PATIALA	DNF
	Mehakdeep Kaur	779	25/07/08	LUDHIANA	DNF
	Palakdeep kaur Kaur	431	18/01/09	GURDASPUR	DNF
	Diya Rana	1284	27/06/08	ROPAR	DNS
	Rajni Kaur	150	17/04/08	BATHINDA	DNF

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Event # 56 BOYS U-18 1000m Run

FINALS

% JUNIOR NATIONAL Q: 2:50.00

YOUTH QUALIFY: 2:50.00

RESULTS OF FINALS

1	Gaurav Kumar	633	03/01/10	JALANDHAR	2:31.24 %
2	Jaskaran Singh2	1441	15/03/09	SANGRUR	2:33.15 %
3	Dilpreet Singh.	1516	28/11/08	SAS NAGAR	2:34.25 %
4	Vijay Kumar	173	15/12/08	BATHINDA	2:37.66 %
5	Avadeshjit Singh	1401	09/12/09	SANGRUR	2:39.69 %
6	Prabhnoor Singh Dhaliwa	170	13/06/09	BATHINDA	2:39.78 %
7	Ikbali Singh	1580	31/01/09	TARNTARAN	2:41.30 %
8	Gurkirpal Singh Bal	030	26/12/08	AMRITSAR	2:42.78 %
9	Raushan Kumar .	1534	06/05/10	SBS NAGAR	2:44.48 %
10	Amminder singh .	163	24/03/10	BATHINDA	2:44.81 %
11	Anuraj Singh	886	15/02/10	LUDHIANA	2:44.82 %
12	Gurfatehpreet s .	813	28/07/10	LUDHIANA	2:44.92 %
13	Ankit Minhas	556	16/01/09	HOSHIARPUR	2:47.14 %
14	Manjot Singh...	1436	07/01/10	SANGRUR	2:47.49 %
15	UTKARSH SAYAL	1600	08/10/09	LUDHIANA	2:47.52 %
16	Gurjot Singh.	574	11/10/10	HOSHIARPUR	2:48.93 %
17	ROHIT .	1188	25/07/09	PATIALA	2:49.09 %
18	Aditya Kumar jha	636	07/08/10	JALANDHAR	2:49.34 %
19	Sukhmanpreet Singh	1587	01/22/09	TARNTARAN	2:51.48
20	Armaan singh .	105	15/09/09	BARNALA	2:52.15
21	Kunal ..	1194	24/06/09	PATIALA	2:53.66
22	Ishan Chib	831	18/12/09	LUDHIANA	2:54.69
23	Naman Kumar	454	19/12/08	GURDASPUR	2:56.47
24	Abhinav Sharma	875	17/05/09	LUDHIANA	2:57.15
25	Gurpuj singh	1226	11/09/10	PATIALA	2:58.44
26	GOVIND SAINI	1307	01/01/09	ROPAR	2:58.46
27	Japanpreet Singh	1320	02/07/09	ROPAR	2:58.95
28	VARUN ..	1290	14/08/09	ROPAR	2:59.91
29	Aman .	1181	23/05/10	PATIALA	3:00.52
30	Eklavya Kumar	714	09/09/09	KAPURTHLA	3:00.65
31	Ekamveer singh Dhaliwal	107	11/04/09	BARNALA	3:00.68
32	Sukhviri Singh	922	28/01/09	LUDHIANA	3:02.13
33	Gurwinder Singh...	1434	21/11/09	SANGRUR	3:02.24
34	Saleem .	543	07/08/10	HOSHIARPUR	3:02.80
35	DALBIR SINGH	1130	20/01/10	PATHANKOT	3:04.34
36	Avinash Avinash	709	25/05/09	KAPURTHLA	3:04.88
37	kulrajdeep singh	389	02/07/10	FAZILKA	3:07.05
38	Harmandeep sing Singh	115	30/05/10	BARNALA	3:07.56
39	Karandeep singh Saini	558	22/03/10	HOSHIARPUR	3:08.47
40	Sagar Sharma	723	19/12/09	KAPURTHLA	3:09.94
41	Vinay singh Vinay singh	1028	22/09/10	MANSA	3:11.29
42	Sukhman Singh.	932	24/03/10	LUDHIANA	3:15.28
43	Mohammad Haqkani	844	05/08/09	LUDHIANA	3:15.44
44	Navdeep Singh.	576	02/01/10	HOSHIARPUR	3:15.75
45	Lakhwinder luck Lucky	041	29/10/08	AMRITSAR	3:20.18
46	Akashdeep Singh..	1334	11/09/10	ROPAR	3:21.18
47	DILJIT SINGH	467	05/03/09	GURDASPUR	3:22.91
48	Avneet Singh Virk	1541	17/02/09	SBS NAGAR	3:25.29
49	Sagar .	404	29/07/10	FEROZPUR	3:26.01

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50	TARANBIR SINGH	076	15/11/09	AMRITSAR	3:28.39
51	Ritik Singh	669	04/12/08	JALANDHAR	3:43.54
52	Sunny .	1190	17/02/10	PATIALA	3:45.66
53	Jashan Sharma	1538	02/09/09	SBS NAGAR	3:51.51
	Ankur .	1182	17/08/09	PATIALA	DNS
	Humraz Singh Deol	924	08/07/09	LUDHIANA	DNS
	Pappu .	541	15/07/10	HOSHIARPUR	DNS
	Amandeep .	536	21/05/09	HOSHIARPUR	DNS
	Gurpinder Singh	1047	10/09/09	MOGA	DNS
	Koman Deepsingh	954	30/06/10	MALERKOTLA	DNS
	Husandeep Singh	1096	11/02/10	MUKSTSAR	DNS
	Amardeep Singh	1575	28/08/10	TARNTARAN	DNS
	Vikram Kumar	262	27/12/09	FATEHGARH SAHIB	DNF
	Akaldeepsingh Rehal	959	07/02/11	MALERKOTLA	DNS
	Gurjot singh ..	1193	24/04/11	PATIALA	DNS
	Harmanpreet Singh..	1337	07/11/09	ROPAR	DNS
	Sehijpal Singh	185	30/08/10	BATHINDA	DNS
	LOVEPREET SINGH	180	21/08/09	BATHINDA	DNS
	Sahil Paswan	720	15/08/09	KAPURTHLA	DNF
	Satnam singh.	1020	25/08/10	MANSA	DNF
	Gurnoor Monga	1086	05/13/09	MUKSTSAR	DNF
	AJIT SINGH	051	30/05/09	AMRITSAR	DNF
	Harinder Singh	1095	29/09/08	MUKSTSAR	DNF
	Japjit Singh	732	03/09/10	KAPURTHLA	DNS
	Bhavya Sharma	265	01/09/10	FATEHGARH SAHIB	DNF
	Sarwan Singh	182	29/09/09	BATHINDA	DNS
	Gursehajveer Si SIDHU	1397	30/11/09	SANGRUR	DNF
	Abhimanyu .	608	02/06/09	JALANDHAR	DNF
	Nitish Kumar	1488	13/12/08	SAS NAGAR	DNF
	Harekam singh Dhanoa	1296	13/07/10	ROPAR	DNF
	Karan veer Singh	483	02/02/10	GURDASPUR	DNF
	Manpreet Singh.	1019	14/04/09	MANSA	DNF

Event # 81 BOYS U-18 IBHP JT**FINALS****RESULTS OF FINALS**

1	Prabhjot Singh	912	29/11/08	LUDHIANA	38.25m
2	Harmanpreet Singh..	1337	07/11/09	ROPAR	27.24m
3	Gurbaksh Singh	114	01/11/08	BARNALA	25.27m
4	Shivkaran Singh.	1431	26/10/08	SANGRUR	24.92m
5	Randeep Singh	1583	27/12/08	TARNTARAN	24.82m
6	GAGANDEEP SINGH	471	28/07/10	GURDASPUR	23.93m
7	Sehijpal Singh	185	30/08/10	BATHINDA	23.77m
8	Arshdeep Singh.....	1266	29/01/09	PATIALA	22.90m
9	Samreenjot Singh	671	01/01/09	JALANDHAR	20.70m
10	Taksheel Sharma	647	12/09/10	JALANDHAR	17.73m
11	Karan veer Singh	483	02/02/10	GURDASPUR	17.57m
12	Khuabjeet Nard	1394	10/10/08	SANGRUR	12.51m
	Akashdeep Singh	1500	27/06/10	SAS NAGAR	DNS
	Nishan Naunidh Sekhon	046	16/02/10	AMRITSAR	DNS
	Jagseer Singh	1001	05/01/09	MANSA	DNS
	Manpreet Singh.	1019	14/04/09	MANSA	DNS
	Lakhwinder luck Lucky	041	29/10/08	AMRITSAR	DNS
	Pappu .	541	15/07/10	HOSHIARPUR	DNS

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16th to 18th August 2026**Event # 50 GIRLS U-16 IGPen LJ****FINALS****RESULTS OF FINALS**

1	Ishmeet kaur .	1443	05/10/11	SAS NAGAR	3.80m
2	Jannat Dua	591	02/11/11	JALANDHAR	3.59m
3	Ishmanjot Kaur	013	07/01/11	AMRITSAR	3.58m
4	Pawanpreet Kaur	206	01/01/12	FARIDKOT	3.43m
4	Harnoor .	580	14/08/12	JALANDHAR	3.43m
4	REHMAT BATTH .	1352	05/08/11	SANGRUR	3.43m
7	Harmandeep Kaur	1066	10/03/11	MUKSTSAR	3.38m
8	Prabhjot Kaur.	209	25/07/11	FARIDKOT	3.36m
9	Dilpreet Kaur.	1299	01/09/12	ROPAR	3.33m
10	Sargun Kaur	698	10/06/13	KAPURTHLA	3.32m
11	Gurnoor Kaur..	1376	06/27/12	SANGRUR	3.30m
12	Sehajpreet kaur Kaur	252	31/08/11	FATEHGARH SAHIB	3.02m
13	Rupinder Kaur	151	10/09/11	BATHINDA	2.92m
14	Ekam kaur Deol	197	13/07/11	FARIDKOT	2.84m
15	Khushi .	293	13/11/10	FAZILKA	2.83m
16	Kirna .	127	02/03/11	BATHINDA	2.69m
17	CHHAVI ..	755	15/11/11	LUDHIANA	2.58m
18	Harman Kaur	140	06/03/11	BATHINDA	2.55m
	Ravina Ravina	322	09/08/11	FAZILKA	DNS

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16th to 18th August 2026

Event # 67 GIRLS U-18 1000m Run

FINALS

% JUNIOR NATIONAL Q: 3:10.00

YOUTH QUALIFY: 3:10.00

RESULTS OF FINALS

1	Simran kaur .	754	22/03/10	LUDHIANA	3:05.96 %
2	Himanshi .	288	07/03/09	FAZILKA	3:08.99 %
3	Amanat Sidhu	808	01/01/09	LUDHIANA	3:16.92
4	Khushpreet Kaur	091	09/07/09	BARNALA	3:19.50
5	Mehakdeep kaur Kaur	972	07/10/09	MANSA	3:20.43
6	Radhika Rawat	1176	23/01/10	PATIALA	3:20.67
7	Jiya ..	515	26/02/09	HOSHIARPUR	3:22.36
8	Ramanjeet Kaur	1367	27/11/08	SANGRUR	3:28.76
9	JASHANDEEP KAUR	1361	29/08/10	SANGRUR	3:29.31
10	Ananya Sharma	531	14/08/10	HOSHIARPUR	3:29.71
11	gurnoor kaur....	1380	09/18/12	SANGRUR	3:29.83
12	Navjot Kaur	092	13/02/09	BARNALA	3:36.42
13	Vanshika .	514	23/06/09	HOSHIARPUR	3:37.73
14	Ekta Rani	984	14/08/09	MANSA	3:43.01
15	Ishita .	962	30/05/10	MANSA	3:43.05
16	Radhika ..	1448	13/08/09	SAS NAGAR	3:44.40
17	Jaspreet Kaur	014	16/11/08	AMRITSAR	3:46.83
18	Prabhdeep Kaur	15	07/03/10	AMRITSAR	3:50.34
19	Kiran Kiran	798	05/01/10	LUDHIANA	3:54.40
20	Neetu Rani	985	15/09/10	MANSA	3:55.19
21	Sukhmandeep Kaur	017	24/07/09	AMRITSAR	3:57.26
22	Khushdeep Kaur	203	12/10/10	FARIDKOT	3:57.53
23	Priya .	195	03/01/10	FARIDKOT	4:02.45
24	Khushpreet Kaur.	099	15/09/10	BARNALA	4:04.78
25	Prabhjot Kaur	093	12/12/09	BARNALA	4:14.02
26	Tanishqdeep Kaur	1455	02/01/09	SAS NAGAR	4:35.06
	Jasmeen Kaur..	792	12/09/09	LUDHIANA	DNS
	VEERANGNA .	1110	05/06/11	PATHANKOT	DNS
	Simranjot kaur .	1353	28/12/09	SANGRUR	DNF
	Diljeet Kaur	1273	25/03/09	ROPAR	DNS
	Jaskirat Kaur.	602	14/12/09	JALANDHAR	DNF
	Angelina Dutt	592	18/06/09	JALANDHAR	DNF
	EMAN KAUR	138	22/10/09	BATHINDA	DNS
	AKASHDEEP KAUR	134	16/12/09	BATHINDA	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026**Event # 105 BOYS U-20 Triple Jump****FINALS**

% JUNIOR NATIONAL Q: 14.50

RESULTS OF FINALS

1	Akarshit Partap Singh	881	18/01/07	LUDHIANA	15.37m %
2	Daksh Bishnoi	346	09/03/07	FAZILKA	15.18m %
3	Jagmail Singh	1411	16/10/07	SANGRUR	14.27m
4	Aarav Khera	1085	04/04/10	MUKSTSAR	14.17m
5	Karanbir Single	685	24/12/06	JALANDHAR	13.80m
6	Gurshan Singh	1578	30/12/09	TARNTARAN	13.51m
7	Jatin Gautam	353	10/07/09	FAZILKA	13.22m
8	AMIT .	332	25/11/07	FAZILKA	11.35m
	KAMALDEEP SINGH	1003	26/11/07	MANSA	NM
	Akashdeep singh Brar	215	22/07/08	FARIDKOT	DNS
	Rajveer Singh...	1522	10/07/08	SAS NAGAR	DNS
	Abhinav .	1285	01/09/10	ROPAR	DNS

Event # 138 BOYS U-20 Dec Javelin T**FINALS****RESULTS OF FINALS**

1	Gursher singh Gill	035	13/09/07	AMRITSAR	47.90m
2	Gur karam Singh	653	18/05/08	JALANDHAR	36.88m
3	Arshdeep singh Bling	1390	04/06/08	SANGRUR	29.87m
4	Harshdeep Singh	068	29/12/07	AMRITSAR	29.25m
5	Jaspreet singh .	1389	13/12/07	SANGRUR	26.36m
6	GURBAKSHDEEP SINC	228	08/01/07	FARIDKOT	16.75m
	Pukhraj Singh Grewal	354	12/09/07	FAZILKA	DNS

Event # 82 BOYS U-18 1000m IBHP 1000 Run**FINALS****RESULTS OF FINALS**

1	Randeep Singh	1583	27/12/08	TARNTARAN	2:46.01
2	Sehijpal Singh	185	30/08/10	BATHINDA	2:46.46
3	Harmanpreet Singh..	1337	07/11/09	ROPAR	3:03.91
4	Gurbaksh Singh	114	01/11/08	BARNALA	3:08.86
5	Prabhjot Singh	912	29/11/08	LUDHIANA	3:19.92
6	Taksheel Sharma	647	12/09/10	JALANDHAR	3:20.91
7	Arshdeep Singh.....	1266	29/01/09	PATIALA	3:25.29
8	Shivkaran Singh.	1431	26/10/08	SANGRUR	3:27.00
9	Samreenjot Singh	671	01/01/09	JALANDHAR	3:45.17
10	GAGANDEEP SINGH	471	28/07/10	GURDASPUR	4:12.70
	Akashdeep Singh	1500	27/06/10	SAS NAGAR	DNS
	Khuabjeet Nard	1394	10/10/08	SANGRUR	DNS
	Pappu .	541	15/07/10	HOSHIARPUR	DNS
	Lakhwinder luck Lucky	041	29/10/08	AMRITSAR	DNS
	Manpreet Singh.	1019	14/04/09	MANSA	DNS
	Jagseer Singh	1001	05/01/09	MANSA	DNS
	Nishan Naunidh Sekhon	046	16/02/10	AMRITSAR	DNS
	Karan veer Singh	483	02/02/10	GURDASPUR	DNS

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8/16/26 - 8/18/26

16th to 18th August 2026**Event # 90 GIRLS U-18 1000m IGHP 1000 Run****FINALS****RESULTS OF FINALS**

1	TAMANNA DEVI	1061	08/03/10	MUKSTSAR	3:20.94
2	Hargunpreet Kaur	012	03/02/10	AMRITSAR	3:27.64
3	Harpreet Kaur...	1558	01/11/09	TARNTARAN	3:28.00
4	Chandni Tiwari	700	19/01/09	KAPURTHLA	3:30.93
5	Gagandeep Kaur	139	26/12/08	BATHINDA	3:39.53
6	Diljeet Kaur	1273	25/03/09	ROPAR	3:40.28
7	Gaganjeet Kaur	243	17/06/09	FATEHGARH SAHIB	4:13.36
8	Khushpreet Kaur....	795	14/11/09	LUDHIANA	4:13.67
9	Arpita Arpita	688	21/10/10	KAPURTHLA	5:17.97
	Ramanjeet Kaur	1367	27/11/08	SANGRUR	DNS
	Manya Aggarwal	756	07/09/10	LUDHIANA	DNS
	Harman Jot	133	22/02/10	BATHINDA	DNS
	Jasmeen Kaur..	792	12/09/09	LUDHIANA	DNS

Event # 147 GIRLS U-20 800m Hep 800 Run**FINALS****RESULTS OF FINALS**

1	Alfaz Kaur Grewal	303	12/09/07	FAZILKA	2:46.13
2	Prabhjot Kaur..	1079	01/06/09	MUKSTSAR	2:58.06
3	Ishpreet Kaur	692	21/04/07	KAPURTHLA	2:59.79
	Arashdeep Kaur	691	01/01/08	KAPURTHLA	DNS
	Kajal .	1545	20/07/07	TARNTARAN	DNS

Event # 54 BOYS U-18 200m Run**FINALS**

% JUNIOR NATIONAL Q: 23.60

YOUTH QUALIFY: 23.60

RESULTS OF FINALS

1	Hardik Bawa	256	08/08/10	FATEHGARH SAHIB	22.14 %
2	Jaganjot Singh	1230	01/10/09	PATIALA	22.30 %
3	Prabhjot Singh....	1439	26/12/09	SANGRUR	22.90 %
4	Damanpreet Singh	1403	26/02/09	SANGRUR	23.02 %
5	Jagjit Singh	657	26/04/09	JALANDHAR	23.10 %
6	Jashanpreet Sin Malhi	223	18/03/09	FARIDKOT	23.21 %
7	Prabhdeep Singh	1008	29/10/08	MANSA	23.33 %
	Prabhjot Singh..	1261	25/08/09	PATIALA	DNF

Event # 92 BOYS U-20 200m Run**FINALS**

% JUNIOR NATIONAL Q: 23.00

RESULTS OF FINALS

1	Jatinder Singh	1412	21/11/07	SANGRUR	21.92 %
2	Arshdeep Singh..	577	23/07/07	HOSHIARPUR	22.00 %
3	Varun Sharma	1499	04/12/06	SAS NAGAR	22.10 %
4	Ankit Kumar	632	18/06/07	JALANDHAR	22.13 %
5	Manmeet Singh...	1263	09/01/07	PATIALA	22.14 %
6	GURUVEER DITTA SIN	1227	19/03/08	PATIALA	22.44 %
7	Amandeep Mattu	718	31/01/07	KAPURTHLA	22.88 %
	Gurwinder Singh....	1438	06/02/08	SANGRUR	DNS

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16th to 18th August 2026**Event # 65 GIRLS U-18 200m Run****FINALS**

% JUNIOR NATIONAL Q: 27.00

YOUTH QUALIFY: 27.00

RESULTS OF FINALS

1	Sehnoor Bawa	1355	03/21/10	SANGRUR	25.32 %
2	Manmeet Kaur.	1164	11/03/09	PATIALA	26.27 %
3	Aditi Lohia	1465	10/10/09	SAS NAGAR	26.59 %
4	Akalroop Kaur	766	13/05/09	LUDHIANA	26.82 %
5	KIRANDEEP KAUR..	1078	02/04/09	MUKSTSAR	27.68
6	Rajinder Kaur	1072	21/11/09	MUKSTSAR	28.11
7	Jasmeen kaur .	126	24/10/08	BATHINDA	28.63
	Subhjot Kaur	787	14/02/09	LUDHIANA	DNS

Event # 111 GIRLS U-20 200m Run**FINALS**

% JUNIOR NATIONAL Q: 26.50

RESULTS OF FINALS

1	Sony Kaur	523	02/03/08	HOSHIARPUR	24.89 %
2	Supreet Kaur...	1463	25/01/07	SAS NAGAR	25.60 %
3	Jasmeen .	1597	07/21/08	JALANDHAR	26.21 %
4	Shubhneet Kaur	154	25/12/06	BATHINDA	26.89
5	Shamanpreet Kaur	153	21/07/08	BATHINDA	27.66
6	Khushi Jassi	594	24/12/06	JALANDHAR	27.89
7	Suman kumari Suman Ku	102	02/04/08	BARNALA	28.08
8	Jasmeen Kaur	430	01/04/07	GURDASPUR	29.43

Event # 124 GIRLS U-20 Triple Jump**FINALS**

% JUNIOR NATIONAL Q: 11.60

RESULTS OF FINALS

1	Manpreet Kaur	599	02/04/08	JALANDHAR	11.66m %
2	Japroop Kaur	429	02/02/08	GURDASPUR	10.49m
3	Nazia .	296	17/07/08	FAZILKA	10.26m
4	Parneet Kaur...	981	07/11/07	MANSA	9.61m
5	Anmolpreet Kaur	596	03/03/09	JALANDHAR	9.52m
	Manmeet Kaur....	1171	18/12/08	PATIALA	DNS

Event # 139 BOYS U-20 1500m Dec 1500 Run**FINALS****RESULTS OF FINALS**

1	Jaspreet singh .	1389	13/12/07	SANGRUR	5:02.45
2	GURBAKSHDEEP SINC	228	08/01/07	FARIDKOT	5:05.96
3	Gursher singh Gill	035	13/09/07	AMRITSAR	5:34.11
4	Arshdeep singh Bling	1390	04/06/08	SANGRUR	5:36.92
5	Gur karam Singh	653	18/05/08	JALANDHAR	5:44.62
	Pukhraj Singh Grewal	354	12/09/07	FAZILKA	DNS
	Harshdeep Singh	068	29/12/07	AMRITSAR	DNS

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8/16/26 - 8/18/26

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Event # 99 BOYS U-20 400m Hurdles

FINALS

% JUNIOR NATIONAL Q: 55.00

RESULTS OF FINALS

1	Jashanpreet Singh....	1591	10/01/08	TARNTARAN	54.79 %
2	Lovejot Kumar	1571	15/07/07	TARNTARAN	55.97
3	Jaspreet Singh..	1432	03/11/07	SANGRUR	56.23
4	Balraj Singh	112	25/02/07	BARNALA	56.51
5	Ekamveer singh Singh	1404	24/01/09	SANGRUR	57.66
6	Ranveer Bassi	826	09/02/07	LUDHIANA	58.00
7	GURINDER SINGH	1318	06/11/07	ROPAR	59.95
8	Pintu Kumar	1489	18/03/08	SAS NAGAR	1:04.99
9	Tanveer Singh.	1518	02/02/08	SAS NAGAR	1:27.89
	Raman Singh	1415	25/08/08	SANGRUR	DNS
	Amanat singh Sidhu	648	16/02/08	JALANDHAR	DNS
	Anmol Kaushal	037	03/10/07	AMRITSAR	DNS
	Jaspreet singh .	1389	13/12/07	SANGRUR	DNS

Event # 118 GIRLS U-20 400m Hurdles

FINALS

% JUNIOR NATIONAL Q: 1:07.00

RESULTS OF FINALS

1	Nandni Tiwari	701	23/03/07	KAPURTHLA	1:10.16
2	Parneet Kaur..	980	18/12/07	MANSA	1:10.78
3	Jashanpreet Kaur	1362	25/03/10	SANGRUR	1:13.66
4	Harman Kamboj	306	13/11/06	FAZILKA	1:17.73
5	Mamta .	129	20/06/09	BATHINDA	1:22.07
	Ramandeep Kaur.	1076	08/03/11	MUKSTSAR	DNS
	Nazia .	296	17/07/08	FAZILKA	DNF

Event # 100 BOYS U-20 3000m Steeplechase

FINALS

% JUNIOR NATIONAL Q: 10:10.00

RESULTS OF FINALS

1	Bikram Singh	1222	07/01/07	PATIALA	9:10.11 %
2	Shivraj Anand	546	17/11/08	HOSHIARPUR	9:57.70 %
3	Ranjot Singh	668	10/06/08	JALANDHAR	11:02.95
4	Gurkirpal Singh	896	29/06/08	LUDHIANA	12:51.78
	Lekh Bahadur	444	03/10/06	GURDASPUR	DNF
	Kamaljeet Singh	481	28/02/07	GURDASPUR	DNF
	Bhavit Singh	651	09/10/08	JALANDHAR	DNF
	Sujal Sujal	080	07/02/09	AMRITSAR	DNF
	Nawab .	1084	23/01/08	MUKSTSAR	DNF
	Bhavya Sharma	265	01/09/10	FATEHGARH SAHIB	DNF

Event # 119 GIRLS U-20 3000m Steeplechase

FINALS

% JUNIOR NATIONAL Q: 13:30.00

RESULTS OF FINALS

1	Komal preet Kaur	1546	01/01/08	TARNTARAN	15:09.96
2	Tanveer kaur .	513	24/05/09	HOSHIARPUR	16:30.52
3	Mansi Joshi	198	25/01/08	FARIDKOT	17:21.27
	Ramandeep Kaur.	1076	08/03/11	MUKSTSAR	DNF