

CWG Schedule 2026

Athletics

MONDAY 27 JULY

EDF Scotstoun Stadium

P = Preliminary QF = Quarter-Final SF = Semi-Final F = Final MC = Medal Ceremony

Session 1

10:00 - 13:30

Round Gender Event

P	M	Men's 400m Hurdles Round 1
P	M	Men's Long Jump Qualifying Round - Group A
P	M	Men's 100m Round 1
P	M	Men's Long Jump Qualifying Round - Group B
P	M	Men's 110m Hurdles Round 1
P	W	Women's Hammer Throw Qualifying Round
P	W	Women's 100m Round 1
P	W	Women's T38 100m Round 1

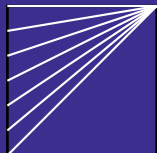
Session 2

18:30 - 22:00

Round Gender Event

F	W	Women's Shot Put F57 Final
F	M	Men's High Jump Final
P	W	Women's 800m Round 1
F	W	Women's T38 100m Final
F	M	Men's Hammer Throw Final
F	W	Women's 10,000m Final
MC	W	Women's T38 100m Medal Ceremony
F	M	Men's 3000m Steeplechase Final
F	M	Men's 1500m T20 Final
MC	W	Women's 10,000m Medal Ceremony
F	M	Men's T38 100m Final
MC	W	Women's Shot Put F57 Medal Ceremony
MC	M	Men's 3000m Steeplechase Medal Ceremony
F	M	Men's 110m Hurdles Final
MC	M	Men's 1500m T20 Medal Ceremony





CWG Schedule 2026

Athletics

TUESDAY 28 JULY

EDF Scotstoun Stadium

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Session 3

10:00 - 12:30

Round Gender Event

F	W	Women's Heptathlon 100m Hurdles
P	W	Women's 400m Round 1
F	W	Women's Heptathlon High Jump
P	M	Men's 800m Round 1
P	M	Men's 400m Round 1

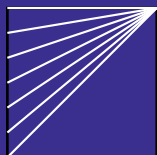
Session 4

18:30 - 22:00

Round Gender Event

MC	M	Men's Hammer Throw Medal Ceremony
MC	M	Men's T38 100m Medal Ceremony
MC	M	Men's High Jump Medal Ceremony
MC	M	Men's 110m Hurdles Medal Ceremony
F	W	Women's Heptathlon Shot Put
F	W	Women's High Jump Final
SF	M	Men's 100m Semi-Finals
SF	W	Women's 100m Semi-Finals
F	W	Women's Hammer Throw Final
F	W	Women's Heptathlon 200m
F	M	Men's T20 Long Jump Final
F	W	Men's 10,000m Final
MC	W	Women's High Jump Medal Ceremony
F	M	Men's 100m Final
MC	M	Men's 10,000m Medal Ceremony
F	W	Women's 100m Final
MC	W	Women's Hammer Throw Medal Ceremony
MC	M	Men's T20 Long Jump Medal Ceremony





CWG Schedule 2026

Athletics

WEDNESDAY 29 JULY

EDF Scotstoun Stadium

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Session 5

10:00 - 13:00

Round Gender Event

F	W	Women's Heptathlon Long Jump
P	W	Women's 200m Round 1
P	M	Men's Shot Put Qualifying Round - Group A & B
P	M	Men's One Mile Round 1
P	M	Men's 200m Round 1
P	W	Women's Heptathlon Javelin Throw
P	M	Men's 100m T12 Round 1
P	W	Women's 400m Hurdles Round 1

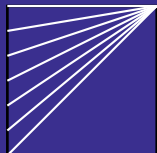
Session 6

18:30 - 22:00

Round Gender Event

MC	M	Men's 100m Medal Ceremony
MC	W	Women's 100m Medal Ceremony
F	W	Women's Discus Throw F42-44/61-64 Final
F	W	Women's 1500m T54 Final
F	M	Men's Long Jump Final
SF	M	Men's 400m Hurdles Semi-Finals
SF	W	Women's 800m Semi-Finals
F	W	Women's Shot Put Final
F	M	Men's 100m T47 Final
F	M	Men's Discus Throw F42-44/61-64 Final
MC	W	Women's Discus Throw F42-44/61-64 Medal Ceremony
MC	W	Women's 1500m T54 Medal Ceremony
F	W	Women's Heptathlon 800m - Final
MC	M	Men's 100m T47 Medal Ceremony
F	W	Women's 3000m Steeplechase Final
MC	M	Men's Long Jump Medal Ceremony
MC	W	Women's Shot Put Medal Ceremony





CWG Schedule 2026

Athletics

THURSDAY 30 JULY

EDF Scotstoun Stadium

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Session 7

10:00 - 13:30

Round Gender Event

F	M	Men's Decathlon 100m
F	M	Men's Decathlon Long Jump
P	M	Men's Javelin Throw Qualifying Round
P	W	Women's 100m Hurdles Round 1
P	W	Women's One Mile Round 1
P	W	Men's Triple Jump Qualifying Round - Group A & B
F	M	Men's Decathlon Shot Put
P	W	Women's 400m Semi-Finals
P	M	Men's 400m Semi-Finals

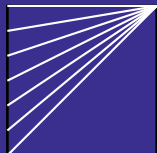
Session 8

18:30 - 22:00

Round Gender Event

MC	M	Men's Discus Throw F42-44/61-64 Medal Ceremony
MC	W	Women's Heptathlon Medal Ceremony
MC	W	Women's 3000m Steeplechase Medal Ceremony
F	M	Men's Shot Put Final
SF	M	Men's 200m Semi-Finals
F	M	Men's Decathlon High Jump
F	W	Women's Triple Jump Final
F	W	Women's 100m T47 Final
F	M	Men's 100m T12 Final
SF	W	Women's 200m Semi-Finals
MC	W	Women's 100m T47 Medal Ceremony
MC	M	Men's 100m T12 Medal Ceremony
F	W	Women's Discus Throw Final
SF	M	Men's 800m Semi-Finals
F	M	Men's Decathlon 400m
MC	M	Men's Shot Put Medal Ceremony
F	W	Women's 5000m Final
MC	W	Women's Triple Jump Medal Ceremony
F	W	Women's 100m Hurdles Final





CWG Schedule 2026

Athletics

FRIDAY 31 JULY

EDF Scotstoun Stadium

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Session 9

10:00 - 13:45

Round Gender Event

F	M	Men's Decathlon 110m Hurdles
P	W	Women's Long Jump Qualifying Round - Group A
F	M	Men's Decathlon Discus Throw
P	X	Mixed 4x400m Relay Heats
P	W	Women's Long Jump Qualifying Round - Group B
P	W	Women's 200m T38 Round 1
P	W	Women's 400m T54 Round 1
F	M	Men's Decathlon Pole Vault

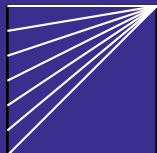
Session 10

18:30 - 22:15

Round Gender Event

MC	W	Women's 100m Hurdles Medal Ceremony
MC	W	Women's Discus Throw Medal Ceremony
MC	W	Women's 5000m Medal Ceremony
F	M	Men's Decathlon Javelin Throw
F	M	Men's 10,000m Race Walk Final
F	W	Women's Pole Vault Final
F	W	Women's Long Jump T38 Final
F	M	Men's Javelin Throw Final
F	W	Women's 800m Final
F	M	Men's Decathlon 1500m
MC	M	Men's 10,000m Race Walk Medal Ceremony
F	W	Women's 400m Hurdles Final
F	M	Men's 400m Hurdles Final
MC	W	Women's 800m Medal Ceremony
F	M	Men's 200m Final
MC	M	Men's Decathlon Medal Ceremony
MC	W	Women's 400m Hurdles Medal Ceremony
F	W	Women's 200m Final
MC	M	Men's 400m Hurdles Medal Ceremony
MC	W	Women's Pole Vault Medal Ceremony
MC	M	Men's 200m Medal Ceremony
MC	W	Women's 200m Medal Ceremony





CWG Schedule 2026

Athletics

SATURDAY 1 AUGUST

EDF Scotstoun Stadium

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Session 11

10:00 - 13:45

Round Gender Event

F	M	Men's Shot Put F57 Final
F	M	Men's Triple Jump Final
F	M	Men's 1500m T54 Final
F	W	Women's 10,000m Race Walk Final
MC	M	Men's Javelin Throw Medal Ceremony
MC	W	Women's Long Jump T38 Medal Ceremony
F	M	Men's Discus Throw Final
F	M	Men's 400m Final
MC	M	Men's 1500m T54 Medal Ceremony
MC	W	Women's 10,000m Race Walk Medal Ceremony
F	W	Women's 400m Final
MC	M	Men's Triple Jump Medal Ceremony
P	W	Women's 4x100m Relay Round 1
P	M	Men's 4x100m Relay Round 1
MC	M	Men's 400m Medal Ceremony
MC	W	Women's 400m Medal Ceremony
F	W	Women's 200m T38 Final
MC	M	Men's Discus Throw Medal Ceremony
MC	M	Men's Shot Put F57 Medal Ceremony

Session 12

18:30 - 22:30

Round Gender Event

F	M	Men's Pole Vault Final
F	W	Women's Long Jump Final
MC	W	Women's 200m T38 Medal Ceremony
F	W	Women's 400m T54 Final
F	W	Women's Javelin Throw Final
F	M	Men's 5000m Final
MC	W	Women's 400m T54 Medal Ceremony
F	M	Men's 4x100m Relay Final
F	W	Women's 4x100m Relay Final
MC	M	Men's 5000m Medal Ceremony
F	M	Men's 800m Final
F	M	Men's One Mile Final
MC	M	Men's 4x100m Relay Medal Ceremony
MC	W	Women's 4x100m Relay Medal Ceremony
F	X	Mixed 4x400m Relay Final
MC	M	Men's 800m Medal Ceremony
MC	M	Men's One Mile Medal Ceremony
F	W	Women's One Mile Final
MC	M	Men's Pole Vault Medal Ceremony
MC	W	Women's Long Jump Medal Ceremony
MC	W	Women's Javelin Throw Medal Ceremony
MC	W	Women's One Mile Medal Ceremony
MC	X	Mixed 4x400m Relay Medal Ceremony

