



INDIAN ATHLETICS SERIES - 9

FINAL RESULTS



13th June 2026



**Ludhiana,
Punjab**

Indian Athletics Series - 9
Guru Nanak Stadium, Ludhiana, Punjab
13th -14th June 2026

13-06-2026

6/13/26 - 6/14/26

Event # 1 MENS 100m Run

NR:GURINDERVIR SINGH Ranchi 10.09 23/05/2026

Heat 1

1	VIGNESH A	315	04/07/96	MADHYA PRADESH	1.9m/s nw	10.53
2	CHETAN SOLANKI	135	15/08/01	ARMY	1.9m/s nw	10.93
3	ADITYA RAJ SINGH	591	20/02/03	UTTARKHAND	1.9m/s nw	10.94
4	UMESH SHARMA	369	06/11/01	PUNJAB	1.9m/s nw	11.34
5	NISHANT .	514	15/10/96	UTTAR PRADESH	1.9m/s nw	11.35
6	RAHUL GHOSH	332	29/03/97	MANIPUR	1.9m/s nw	11.90
	AKASHDEEP SINGH.	425	15/05/95	PUNJAB		DNS

Heat 2

1	NIRBHAY NATH TIWARI	547	23/03/03	UTTAR PRADESH	+1.9m/s n	10.65
2	SURTOJ SINGH SIDHU	423	10/06/03	PUNJAB	+1.9m/s n	10.81
3	ADARSH KUMAR SINGH	366	14/12/04	PUNJAB	+1.9m/s n	11.12
4	BIJITH K	161	23/10/01	CISF	+1.9m/s n	11.24
5	RITIK MALIK	184	10/11/01	DELHI	+1.9m/s n	11.31
	AVINASH KUMAR	260	16/10/02	HARYANA		DO
	IDUL HUSSAIN	137	26/07/05	ASSAM		DNS

Heat 3

1	SAURABH RAJESH NAITAN	328	23/03/01	MAHARASHTRA	2.4m/s nw	10.47
2	NARENDER .	167	21/10/04	DELHI	2.4m/s nw	10.71
	10.703					
3	AMATY SHARMA	188	09/04/06	DELHI	2.4m/s nw	10.71
	10.707					
4	SANJAY SHARMA	559	26/07/00	UTTAR PRADESH	2.4m/s nw	10.78
5	GURSHAN SINGH	600	18/06/00	UTTARKHAND	2.4m/s nw	10.81
6	GURPREET SINGH	382	22/01/03	PUNJAB	2.4m/s nw	10.83
	ARSHAD AHMAD KHAN	307	14/08/98	KARNATAKA		DNS

Heat 4

1	MANINDER SINGH	419	01/01/07	PUNJAB	0.7m/s ne	10.85
2	YATEESH CHAUHAN	317	10/07/03	MADHYA PRADESH	0.7m/s ne	10.96
3	LAKHVEER SINGH	394	13/01/03	PUNJAB	0.7m/s ne	11.16
4	AARYAN YADAV	430	05/09/04	PUNJAB	0.7m/s ne	11.28
5	ANIRUDHA SINGH NARUK	484	19/11/02	RAJASTHAN	0.7m/s ne	11.48
6	AJIT CHAUHAN	112	19/09/99	ALL INDIA POLICE	0.7m/s ne	11.50
	HARMANPREET SINGH	385	19/01/97	PUNJAB		DNS

Heat 5

1	JAI PARKASH	270	10/04/98	HARYANA	+0.1m/s e	10.86
2	PANKAJ VERMA	291	20/11/02	HARYANA	+0.1m/s e	10.91
3	RAMAN TOMAR	572	26/09/02	UTTAR PRADESH	+0.1m/s e	11.07
4	PARAS .	294	24/06/98	HIMACHAL PRADESH	+0.1m/s e	11.09
5	JATINDER SINGH	392	24/08/91	PUNJAB	+0.1m/s e	11.27
	MANJEET SINGH	288	21/08/01	HARYANA		DO
	SHAINKY .	230	10/11/02	HARYANA		DO



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Heat 6

1	MOHIT .	355	02/12/03	PUNJAB	+0.5m/s e	10.93
2	RAGHAV KALIA	362	08/09/05	PUNJAB	+0.5m/s e	11.15
3	SHIVAM MEENA	589	21/11/01	UTTARKHAND	+0.5m/s e	11.21
4	NITESH .	223	31/12/01	HARYANA	+0.5m/s e	11.38
5	HIMANSHU RAWAT	592	04/12/03	UTTARKHAND	+0.5m/s e	11.45
6	MANDEEP SINGH RATHOR	421	04/05/98	PUNJAB	+0.5m/s e	11.51
	AADITYA TOMAR	571	14/03/03	UTTAR PRADESH		DNS

Heat 7

1	RUSHIPRASAD DESAI	322	26/05/05	MAHARASHTRA	-0.3m/s se	10.54
2	GURJOT SINGH	381	25/07/07	PUNJAB	-0.3m/s se	11.04
3	SHARUP KHAN	457	10/12/01	RAJASTHAN	-0.3m/s se	11.05
4	RAMANDEEP SINGH	404	01/07/98	PUNJAB	-0.3m/s se	11.17
5	ANUP KUMAR SHUKLA	545	18/07/00	UTTAR PRADESH	-0.3m/s se	11.27
6	DEEPAK CHAUDHARY .	527	10/11/00	UTTAR PRADESH	-0.3m/s se	11.73
7	MOHIT KUMAR	460	29/05/02	RAJASTHAN	-0.3m/s se	12.03
	HARSHEHBAZ SINGH BHU	413	06/12/00	PUNJAB		DNS

Heat 8

1	HARJIT SINGH	104	28/08/97	AIR FORCE	+1.3m/s n	10.33
2	ABHAY SINGH	495	15/06/06	RELIANCE	+1.3m/s n	10.45
3	NUZRAT .	224	22/11/99	HARYANA	+1.3m/s n	10.52
4	LOVE SINGH	336	27/11/99	NAVY	+1.3m/s n	10.76
5	ARYAN JAGDISH KADAM	324	02/01/04	MAHARASHTRA	+1.3m/s n	10.82
6	AYUSH RAIKHY	103	17/12/02	AIR FORCE	+1.3m/s n	11.36
	ADESH GARSA	453	07/12/00	RAJASTHAN		DNS
	BALKISHAN .	124	07/01/02	ARMY		DNS

Event # 2 MENS 200m Run

NR:ANIMESH KUJUR GUMI 20.32 31/05/2025

Heat 1

1	GURMEET SINGH	562	12/01/99	UTTAR PRADESH	+2.1m/s n	22.21
2	SAHIL YADAV	158	30/10/04	CHHATTISGARH	+2.1m/s n	22.26
3	KAILASH SINGH	285	25/12/05	HARYANA	+2.1m/s n	22.72
4	AJAY SINGH LOHKNA	568	01/07/03	UTTAR PRADESH	+2.1m/s n	23.06
5	RAVIKANT YADAV	299	02/02/04	JAMMU AND KASHMIR	+2.1m/s n	23.27
	HARSHEHBAZ SINGH BHU	413	06/12/00	PUNJAB		DO
	ANKIT ..	239	03/05/99	HARYANA		DNS

Heat 2

1	MOHIT .	355	02/12/03	PUNJAB	1.1m/s nw	22.29
2	TARIK .	172	21/07/99	DELHI	1.1m/s nw	22.70
3	ADITYA .	437	13/01/03	RAJASTHAN	1.1m/s nw	22.74
4	TARA CHAND	450	20/08/05	RAJASTHAN	1.1m/s nw	23.69
5	KARNAIL SINGH	287	13/08/04	HARYANA	1.1m/s nw	24.15
6	AJAY KUMAR	535	04/07/02	UTTAR PRADESH	1.1m/s nw	25.54
	VIKASH KUMAR	127	28/10/00	ARMY		DNS



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Heat 3

1	SHEKHER TOMER	574	04/10/98	UTTAR PRADESH	+0.7m/s n	21.85
2	YATEESH CHAUHAN	317	10/07/03	MADHYA PRADESH	+0.7m/s n	22.06
3	DHARMBIR DHARMBIR	252	10/12/90	HARYANA	+0.7m/s n	22.07
4	DEEPAK KAUSHIK	254	23/12/02	HARYANA	+0.7m/s n	22.27
5	NAVJYOT SINGH	602	01/01/01	UTTARKHAND	+0.7m/s n	22.38
6	ROHIT SINGH	142	20/09/04	BSF	+0.7m/s n	22.65
7	GURPREET SINGH SINGH	424	10/09/91	PUNJAB	+0.7m/s n	23.61

Heat 4

1	AJAY KHADE	325	20/04/04	MAHARASHTRA	-0.8m/s ne	21.50
2	AMIT AMIT	243	09/05/95	HARYANA	-0.8m/s ne	22.60
3	ARMAN .	508	08/01/06	UTTAR PRADESH	-0.8m/s ne	22.62
4	ANIRUDHA SINGH NARUK	484	19/11/02	RAJASTHAN	-0.8m/s ne	23.53
	ASHUTOSH .	509	05/02/05	UTTAR PRADESH		DNF
	RAVINDER PASWAN PASW.	552	01/07/02	UTTAR PRADESH		DNF
	MANINDER SINGH	395	22/08/02	PUNJAB		DNS

Heat 5

1	ABHIDEV M MURUGAN PI	128	12/08/03	ARMY	+1.5m/s n	21.51
2	RAJA BABU	246	01/11/04	HARYANA	+1.5m/s n	21.61
3	PRINCE .	225	24/12/01	HARYANA	+1.5m/s n	21.87
4	JANGSHER SINGH	284	24/04/94	HARYANA	+1.5m/s n	22.82
	KUNAL KUMAR	182	24/12/04	DELHI		DO
	KARAN KUMAR	300	31/12/04	JHARKHAND		DNS
	SACHIN PILWAN	272	16/09/01	HARYANA		DNS

Heat 6

1	ABHAY SINGH	495	15/06/06	RELIANCE	+0.8m/s n	20.82
2	JISHNU PRASAD P K	314	18/10/98	KERALA	+0.8m/s n	20.91
3	ARYAN JAGDISH KADAM	324	02/01/04	MAHARASHTRA	+0.8m/s n	21.55
4	LOVE SINGH	336	27/11/99	NAVY	+0.8m/s n	21.87
5	LAKSHAY .	512	18/12/04	UTTAR PRADESH	+0.8m/s n	22.04
6	KAPIL KHOKRAN	179	13/01/02	DELHI	+0.8m/s n	23.09
	ANIMESH KUJUR	349	02/06/03	ODISHA		DNS
	ADESH GARSA	453	07/12/00	RAJASTHAN		DNS

Event # 3 MENS 400m Run

NR:Vishal T K Ranchi 44.98 23/05/2026

Heat 1

1	SURESH PUNIYA	473	10/05/99	RAJASTHAN		48.54
2	DEEP SAINI	557	25/12/05	UTTAR PRADESH		52.01
3	VISHAVPARTAP SINGH BIL	414	10/11/04	PUNJAB		52.46
4	KULDEEP KUMAR	540	02/07/03	UTTAR PRADESH		52.63
	YUVRAJ SINGH	196	27/08/02	DELHI		DO
	ANAND KUMAR BANSAL	262	24/09/98	HARYANA		DNF
	MOHIT .	513	01/07/03	UTTAR PRADESH		DNF

Heat 2

1	RAMAN DAGAR	249	28/04/05	HARYANA		48.04
2	KAUSHAL KUMAR	539	06/06/03	UTTAR PRADESH		50.82
3	SAWAN RATHEE	274	18/12/02	HARYANA		51.02
4	MANOJ KUMAR	365	03/10/02	PUNJAB		51.76
5	BHAVESH KUMAR	459	02/12/03	RAJASTHAN		58.92
	DILAWAR SINGH	281	03/06/04	HARYANA		DNF
	ANSHUL .	108	04/04/04	ALL INDIA POLICE		DNS



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Heat 3

1	JASHANPREET SINGH.	427	04/07/00	PUNJAB	47.55
2	HARPREET GILL	360	19/12/97	PUNJAB	47.89
3	LAVISH SHARMA	117	25/12/02	ALL INDIA POLICE	49.71
4	ASHUTOSH PANWAR	590	09/02/03	UTTARKHAND	50.19
5	MOHAK MANAV DAS	301	28/09/05	JHARKHAND	50.56
6	ANKUSH ..	240	03/12/99	HARYANA	51.57
	BANTY SINGH	280	19/05/00	HARYANA	DO

T.R. 17.2.3

Heat 4

1	SUBHASH CHANDRA BISH	451	15/10/98	RAJASTHAN	49.61
2	ASHISH PHOGAT	271	15/10/02	HARYANA	52.32
3	ANIKET SINGH	561	12/08/02	UTTAR PRADESH	53.04
	TARIK .	172	21/07/99	DELHI	DNF
	YOGINDER CHANDILA	248	20/09/02	HARYANA	DNF
	ADITYA .	437	13/01/03	RAJASTHAN	DNF
	RAHUL KUMAR GITHALA	465	31/10/03	RAJASTHAN	DNS
	VIKASH KUMAR	127	28/10/00	ARMY	DNS

Heat 5

1	SURAJ .	171	21/12/04	DELHI	48.24
2	JAINABAJ .	217	01/01/00	HARYANA	49.01
3	MONU .	166	10/06/06	DELHI	51.95
	SHIVANG MISHRA	116	25/05/01	ALL INDIA POLICE	DO
	AMAN ..	238	28/11/99	HARYANA	DNF
	GAURAV ..	241	02/02/04	HARYANA	DNS
	PANKAJ .	111	15/10/02	ALL INDIA POLICE	DNS
	VISHWVEER SINGH	566	01/01/96	UTTAR PRADESH	DNS

T.R. 17.2.3

Heat 6

1	VIKRANT PANCHAL	269	30/01/00	HARYANA	46.09
2	RITIK CHAUDHARY	160	05/08/02	CISF	47.51
3	PRAKHAR SHARMA	598	01/09/99	UTTARKHAND	47.82
4	HARDEEP KUMAR	364	27/06/03	PUNJAB	49.03
5	JAGMEET SINGH	388	28/12/96	PUNJAB	49.16
6	DEEPAK ROHILLA	276	08/02/03	HARYANA	49.66
	MANINDER SINGH	395	22/08/02	PUNJAB	DNF
	TARANDEEP SINGH	409	13/07/05	PUNJAB	DNS

Event # 4 MENS 800m Run

NR:MOHAMMED AFSAL P Poznan 1:44.93 05/07/2025

Heat 1

1	AKASHDEEP SINGH	372	02/02/04	PUNJAB	1:55.27
2	ANKIT .	107	12/05/05	ALL INDIA POLICE	1:55.30
3	GURMAN SINGH	335	27/08/97	NAVY	1:55.38
4	HIMANSHU YADAV	198	05/07/99	DELHI	1:55.46
5	PARMESH KUMAR	146	05/10/92	CHANDIGARH	1:57.41
6	DEEPAK CHAUDHARY	525	17/03/00	UTTAR PRADESH	1:57.54
7	SUNDAR SINGH	603	28/02/05	UTTARKHAND	2:11.29



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13th -14th June 2026**Heat 2**

1	SHIVA TOMAR	573	22/03/05	UTTAR PRADESH	1:51.94
2	PRIYANSHU .	515	09/02/03	UTTAR PRADESH	1:53.56
3	ASHRITH M S	309	29/05/01	KARNATAKA	1:54.34
4	NAVEEN KUMAR	157	22/02/99	CHHATTISGARH	1:55.68
5	AARAV MALIK	546	08/02/05	UTTAR PRADESH	1:58.92
	PRINCE BHULLAR	522	11/12/04	UTTAR PRADESH	DNF
	ANKIT MALIK	266	10/11/02	HARYANA	DNF

Heat 3

1	ASHU .	165	08/04/01	DELHI	1:56.21
2	SANKET SANKET	278	18/09/05	HARYANA	1:56.45
3	AYUSH KUMAR	587	23/03/99	UTTARKHAND	1:56.54
4	SUDHANSHU KUMAR	588	06/08/98	UTTARKHAND	1:56.77
5	ASHISH KHARB	255	13/02/06	HARYANA	1:57.63
	MOHIT MANGAT	367	01/12/05	PUNJAB	DNS

Heat 4

1	SATYAM CHAUHAN	529	10/08/99	UTTAR PRADESH	1:54.67
2	AKHIL K A	313	04/06/00	KERALA	1:55.59
3	SUMIT KHARAB	126	18/12/02	ARMY	1:55.84
4	PRAVESH ROSHWAL	593	01/09/01	UTTARKHAND	1:58.67
5	ANUJ KUSHWAHA	318	15-07-03	MADHYA PRADESH	2:05.33
	IRFAN .	110	21/04/03	ALL INDIA POLICE	DNF
	SAHIL KHAN	456	07/11/05	RAJASTHAN	DNS

Heat 5

1	MOHAMMED AFSAL P	101	03/02/96	AIR FORCE	1:47.00
2	SALMAN FAROOKH	113	16/04/02	ALL INDIA POLICE	1:48.23
3	PRABHJOT SINGH	401	22/11/02	PUNJAB	2:03.94
4	SUKHJINDER SINGH .	411	18/03/02	PUNJAB	2:09.96
	ANU KUMAR	586	02-11-02	UTTARKHAND	DNF
	BASANT CHAUHAN	145	31/08/01	CHANDIGARH	DNF

Event # 5 MENS 1500m Run

NR:Jinson Johnson Berlin 3:35.24 01/09/2019

Heat 1

1	AMIT KUMAR	258	22/05/04	HARYANA	3:52.74
2	CHANDERPAL MAIYA	469	14/03/03	RAJASTHAN	3:54.83
3	SANDIP VIKRAM JOYASHI	331	17/06/01	MAHARASHTRA	3:57.69
4	RAVI .	227	21/08/99	HARYANA	4:03.06
5	RAJESH MANMYA	471	13/07/01	RAJASTHAN	4:03.45
6	ISMAIL .	216	01/01/05	HARYANA	4:08.15
7	KHETA RAM	474	17/03/05	RAJASTHAN	4:08.95
8	SHIVAM KUMAR	183	24/02/03	DELHI	4:16.61
	SHIVAM SHARMA	296	11/10/02	HIMACHAL PRADESH	DNS
	GAMBHIR SINGH	477	02/02/03	RAJASTHAN	DNS
	AMAN .	123	27/11/96	ARMY	DNS
	HARPREET SINGH	132	11/08/04	ARMY	DNS

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Heat 2

1	NAVDEEP .	221	20/09/03	HARYANA		3:52.09
2	AJAY ..	237	12/08/03	HARYANA		3:52.22
3	ISLAMUDDIN .	215	03/06/05	HARYANA		3:52.56
4	MANPREET SINGH SANDH	134	04/02/99	ARMY		3:52.65
5	AJEET .	438	10/06/03	RAJASTHAN		3:52.93
6	MOHAN .	219	05/06/97	HARYANA		4:00.27
7	ARSHRAJ SINGH	302	22/11/04	JHARKHAND		4:03.05
8	BHOOPENDRA SINGH	118	07/08/02	ALL INDIA POLICE		4:13.75
	HARSH .	213	12/01/02	HARYANA		DNF
	PRINCE KUMAR	114	25/02/00	ALL INDIA POLICE		DNF
	VIKASH .	234	01/01/04	HARYANA		DNS
	VINAYAK PRATAP SINGH I	554	20/09/04	UTTAR PRADESH		DNS
	SONU .	446	14/02/98	RAJASTHAN		DNS

Event # 6 MENS 110m Hurdles

NR:Tejas Ashok Shirse Jyvaskyla 13.41 22/05/2024

Heat 1

1	PANKAJ PAL SAHU	368	01/10/03	PUNJAB	-1.0m/s ne	14.65
2	SHUBHAM RAWAT	187	24/08/04	DELHI	-1.0m/s ne	14.77
3	BALRAM SHARMA	131	05/06/04	ARMY	-1.0m/s ne	14.85
4	MUKUL .	443	25/12/04	RAJASTHAN	-1.0m/s ne	15.23
5	SHIVAM SINGH	564	01/07/04	UTTAR PRADESH	-1.0m/s ne	16.91
	SEHAJDEEP SINGH	406	25/02/06	PUNJAB		DO
	ABHISHEK YADAV	292	05/07/02	HARYANA		DNF

Heat 2

1	TEJAS ASHOK SHIRSE	605	04/06/02	RELIANCE	+1.6m/s n	13.27 #
2	KRISHIK M	493	16/10/03	RELIANCE	+1.6m/s n	13.55
3	MADHVENDRA SINGH SHI	487	30/10/03	RAJASTHAN	+1.6m/s n	14.00
4	HARMANJEET SINGH	192	20/04/02	DELHI	+1.6m/s n	14.42
5	SHIVDARSHAN .	231	27/10/02	HARYANA	+1.6m/s n	14.65
6	TARUNDEEP SINGH BHATI	105	06/09/94	AIR FORCE	+1.6m/s n	15.01
7	SACHIN KUMAR	115	02/01/92	ALL INDIA POLICE	+1.6m/s n	15.48
	PREM KUMAR	499	23/08/90	TAMIL NADU		DNS



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Event # 7 MENS 3000m Steeplechase

NR:Avinash Sable Paris 8:09.91 07/07/2024

1	BALKISHAN .	209	09/11/98	HARYANA	8:49.36
2	SHUBHAM SHRIDHAR BH ^A	330	17/06/00	MAHARASHTRA	9:03.73
3	PRINCE RAJ MISHRA	432	01/03/99	RAILWAY SPORTS	9:06.28
4	SHANKAR LAL SWAMI	263	05/07/96	HARYANA	9:06.43
5	JUJHAR SINGH	478	18/09/04	RAJASTHAN	9:07.42
6	ASHISH PAL	549	28/01/04	UTTAR PRADESH	9:08.56
7	DEEPAK BISHNOI	449	01/03/06	RAJASTHAN	9:08.71
8	PURAN RAI	130	28/02/95	ARMY	9:09.65
9	RITESH KUMAR	261	18/08/04	HARYANA	9:11.48
10	RAJ KUMAR	543	09/11/04	UTTAR PRADESH	9:16.96
11	SACHIN KUMAR	544	05/06/03	UTTAR PRADESH	9:20.06
12	ANUPAM .	507	02/04/05	UTTAR PRADESH	9:23.85
13	VIKASH RAY	138	20/12/02	BIHAR	9:25.26
14	HRITIK BALYAN	519	31/10/02	UTTAR PRADESH	10:06.33
15	SURJEET SINGH	565	25/07/98	UTTAR PRADESH	10:06.36
	VIKASH DALAL	250	25/10/00	HARYANA	DNF
	ANSHIT TOMAR	136	18/02/05	ARMY	DNF
	ATUL POONIA	472	01/10/00	RAJASTHAN	DNF
	VIKRAM SINGH	321	03/07/96	MADHYA PRADESH	DNS
	DHARMENDER .	109	14/08/03	ALL INDIA POLICE	DNS
	NARESH KUMAR MALI	466	08/06/04	RAJASTHAN	DNS



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Event # 8 MENS High Jump

HEIGHTS: 1.90, 1.95, 2.00, 2.05, 2.10, 2.15, 2.20, 2.25

NR:Tejaswin Shankar Lubbock 2.29 27/04/2018

1	RAM NARESH	129	26/03/04	ARMY		2.00m
	O O O XXX					
1	ROBANPREET SINGH	405	05/08/05	PUNJAB		2.00m
	O --- O XXX					
1	ADARSHPREET SINGH	371	15/10/02	PUNJAB		2.00m
	O O O XXX					
4	ANUJ KUMAR	259	02/03/05	HARYANA		2.00m
	XO O XO XXX					
5	HIMANSHU YADAV	488	03/09/03	RAJASTHAN		1.95m
	XXO O XXX					
6	ARNAV TYAGI	575	12/06/03	UTTAR PRADESH		1.95m
	O XXO XXX					
7	SAHILJOT SINGH GILL	418	11/04/06	PUNJAB		1.90m
	XXO XXX					

Event # 9 MENS Triple Jump

NR:Praveen Chithravel Kochi 17.37 24/04/2025

1	KARTHIK U	106	03/06/93	AIR FORCE	-0.5m/s	16.52m
	15.29, 15.57, 14.67, 16.21, 16.37, 16.52					
2	ABDULLA ABOOBACKER	312	17/01/96	KERALA	-0.8m/s	16.50m
	15.95, 16.01, 16.27, -, 16.50, F					
3	ASHOK KUMAR	458	30/01/01	RAJASTHAN	+0.6m/s	14.54m
	14.11, 14.13, 14.39, 14.10, 14.22, 14.54					
4	RADHE SHYAM	320	28/01/99	MADHYA PRADESH	-0.8m/s	14.48m
	13.96, 14.14, 14.30, 14.24, 14.48, F					
5	AJAY .	202	17/09/00	HARYANA	-1.3m/s	14.39m
	13.87, 14.39, F, 13.95, 13.95, 13.60					
6	GURBIR SINGH	380	23/01/03	PUNJAB	+1.2m/s	14.32m
	14.01, 13.93, 14.32, F, F, F					
7	JAS KARAN SINGH	363	26/06/03	PUNJAB	-1.2m/s	13.70m
	13.60, F, F, 13.69, F, 13.70					
8	ANKUSH .	205	09/06/99	HARYANA	+0.9m/s	13.59m
	F, F, 13.59, F, F, 13.09					
9	JASKARAN SINGH	391	09/03/98	PUNJAB	-2.2m/s	13.23m
	F, 13.23, -					
	HIMANSHU YADAV	120	16/12/97	ALL INDIA POLICE		NM
	F, -, -					



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Event # 10 MENS Shot Put

#NR: T.SINGH TOOR BHUBANESWAR 21.77 19/06/2023

1	TAJINDERPAL TOOR	429	13/11/94	PUNJAB	20.72m
		19.98, 20.29, 20.18, F, 19.90, 20.72			
2	KARANVEER SINGH	393	24/07/97	PUNJAB	19.73m
		18.29, 19.21, F, F, 19.73, F			
3	DHANVEER SINGH	334	28/12/02	NAVY	18.60m
		F, 17.90, F, 18.60, F, 18.25			
4	ANIKET .	582	05/11/01	UTTARKHAND	18.09m
		16.84, 17.76, F, F, 17.66, 18.09			
5	SAHIB SINGH	194	05/11/00	DELHI	17.79m
		17.46, F, F, 17.21, 17.31, 17.79			
6	SANYAM .	229	05/10/03	HARYANA	17.75m
		17.75, F, 17.16, 17.75, F, F			
7	ANURAG SINGH KALER	434	24/07/05	RAILWAY SPORTS	17.69m
		17.05, 17.45, 17.63, 17.35, F, 17.69			
8	ATUL .	489	17/01/05	RELIANCE	17.27m
		16.75, 17.23, 17.27, F, F, F			
9	PRABHKIRPAL SINGH	402	12/07/97	PUNJAB	17.19m
		17.08, F, 17.19			
10	DEVINDER SINGH	378	30/10/92	PUNJAB	16.73m
		15.62, 16.43, 16.73			
11	SHAKTI SINGH RATHORE	486	07/02/89	RAJASTHAN	16.64m
		F, 16.55, 16.64			
12	RAMCHANDRA MALI	470	01/12/00	RAJASTHAN	16.63m
		15.69, 14.90, 15.64, 16.27, 16.63, 16.22			
13	ADHISH GHILDIYAL	584	21/05/02	UTTARKHAND	16.24m
		F, F, 15.96, F, 16.24, F			
14	NARESH ANTIL	102	20/03/91	AIR FORCE	16.21m
		16.21, 16.08, -, -, -, -			
15	MANKIRAT SINGH	397	26/05/98	PUNJAB	16.19m
		16.19, F, 15.18, -, -, -			
16	SARTHAK SINGH	346	01/01/06	NCOE PATIALA	16.02m
		16.02, F, F			
17	SOURABH VIJ	197	14/06/87	DELHI	15.96m
		15.96, F, -, -, -, -			
18	VISHAL CHECHI	176	11/06/05	DELHI	15.67m
		14.65, 15.67, 14.91, 14.96, 15.28, 15.35			
19	HARDIK SINGH	283	02/10/02	HARYANA	15.65m
		15.45, F, 15.65, 15.28, F, 15.42			
20	LUCKY DHIMAN	531	25/12/02	UTTAR PRADESH	15.24m
		15.24, 14.44, 14.99			
21	BHAVISH RANA	186	16/02/05	DELHI	14.66m
		14.16, F, F, 11.88, 13.86, 14.66			
22	YOGESH SANDAL	595	30/11/03	UTTARKHAND	14.19m
		13.96, F, 14.19, -, -, -			
23	RUDRA PANDEY	551	01/07/03	UTTAR PRADESH	12.61m
		F, F, 12.61, -, -, -			
24	KARAN SINGH	286	04/04/02	HARYANA	11.80m
		11.45, 11.80, 11.74, -, -, -			
	ARJUN .	206	13/10/02	HARYANA	NM
		F, F, F, -, -, -			
	ANKIT YADAV	577	15/12/05	UTTAR PRADESH	NM
		F, F, F			
	KARTIK .	218	09/06/05	HARYANA	DNS
	NAVDEEP SINGH	399	24/06/96	PUNJAB	DNS



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S KUMARAN .	498	23/08/03	TAMIL NADU	DNS
VIKASH .	173	12/02/03	DELHI	DNS

Event # 11 MENS Discus Throw

NR:Vikas Gowda Norman 66.28 22/04/2012

1	KIRPAL SINGH	152	19/05/92	CHANDIGARH	56.94m
		56.70, 56.78, 56.94			
2	ABHIMANYU ABHIMANYU	303	18/12/01	JSW	56.01m
		X, 56.01, X			
3	ARJUN .	164	01/07/93	DELHI	55.46m
		54.61, 55.45, 54.14, 54.27, 55.28, 55.46			
4	NIRBHAY SINGH	345	20/11/96	NCOE PATIALA	54.38m
5	IKRAM ALI KHAN	316	01/07/01	MADHYA PRADESH	53.06m
6	DEEPAK YADAV	119	12/02/01	ALL INDIA POLICE	53.02m
7	BHANU SHARMA	475	19/10/96	RAJASTHAN	52.34m
8	DEVANSH JAGGA	491	09/12/06	RELIANCE	51.27m
9	PULKIT CHOUDHARY	530	10/10/02	UTTAR PRADESH	51.00m
10	ANURAG PATEL	553	29/11/03	UTTAR PRADESH	50.82m
11	HARNOOR SINGH SANDHU	422	08/09/02	PUNJAB	50.75m
12	PRATEEK MAAN	265	04/05/01	HARYANA	50.63m
13	RAMAN .	144	28/12/05	CHANDIGARH	50.59m
14	ASHISH KUMAR	536	11/09/02	UTTAR PRADESH	50.51m
15	SAHIL DESWAL	251	10/06/99	HARYANA	50.31m
16	DEEPAK CHOUDHARY	340	15/01/06	NCOE PATIALA	50.20m
17	AMIT KUMAR	180	17/04/98	DELHI	49.82m
18	ADARSH MALIK	147	07/11/02	CHANDIGARH	49.71m
19	ABHINAV VAISHNAV	435	05/07/02	RAILWAY SPORTS	49.64m
20	TANISHO .	339	20/02/06	NCOE PATIALA	49.29m
21	HARENDRA SINGH	141	20/04/02	BSF	48.95m
22	TANVIR SINGH	408	13/12/05	PUNJAB	48.85m
23	PRINCE .	431	08/04/02	RAILWAY SPORTS	48.78m
24	ARVIND SHARMA	189	30/11/03	DELHI	48.27m
25	VIPIN YADAV	199	08/02/03	DELHI	47.80m
26	ROHIT KUMAR	463	29/09/00	RAJASTHAN	47.61m
27	DIGVIJAY SINGH CHAUDH	567	02/11/01	UTTAR PRADESH	46.91m
28	ADITYA SHARMA	279	02/10/04	HARYANA	46.53m
29	SACHIN SUHAG	290	11/11/96	HARYANA	46.27m
30	HARPREET SINGH	387	18/07/93	PUNJAB	46.25m
31	SAHIL .	169	01/10/05	DELHI	46.15m
32	JASHANPREET SINGH	390	13/01/04	PUNJAB	46.08m
33	ANSHU RAI	555	03/08/89	LIC SPORTS	44.86m
34	HIMANSHU CHAUHAN	528	10/02/04	UTTAR PRADESH	44.07m
35	RIYANSH GHILDIAL	585	02/01/05	UTTARKHAND	43.41m
36	JAIDEEP SINGH	389	05/01/99	PUNJAB	42.21m
	RISHABH .	228	03/12/04	HARYANA	DNS
	UJJAWAL CHOUDHARY	304	24/03/06	JSW	DNS
	VIJAY SINGH	481	09/09/03	RAJASTHAN	DNS
	JAGJEET SINGH	352	09/08/80	ONGC	DNS
	SHYAM CHAUDHARY	139	25/12/03	BSF	DNS



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Event # 13 MENS Javelin Throw

NR:Neeraj Chopra Doha 90.23 16/05/2025

1	ROHIT YADAV	581	06/06/01	UTTAR PRADESH	83.76m
		83.76, 80.93, 77.25, 81.05, -, 80.73			
2	YASHVIR SINGH	482	22/10/01	RAJASTHAN	82.93m
		81.43, F, F, 76.84, 78.30, 82.93			
3	SHIVAM LOHAKARE	326	14/09/04	MAHARASHTRA	80.52m
		74.77, 80.16, F, 79.45, 80.52, F			
4	ARSHDEEP SINGH.	426	05/04/99	PUNJAB	80.15m
		77.33, 80.15, F, F, 78.29, 77.38			
5	SAHIL SILWAL	494	17/12/00	RELIANCE	76.11m
		74.52, 71.74, F, 69.60, 72.62, 76.11			
6	DIPANSHU SHARMA	433	25/04/06	RAILWAY SPORTS	76.09m
		70.71, 73.50, 69.95, 66.92, 70.39, 76.09			
7	ANAND SINGH	496	03/03/04	RELIANCE	76.09m
		74.62, F, 74.15, 76.09, 75.12, 74.15			
8	VIKASH SHARMA	599	23/04/03	UTTARKHAND	73.53m
		69.02, 71.06, 71.22, 69.22, 69.24, 73.53			
9	KISHORE KUMAR JENA	350	06/09/95	ODISHA	69.70m
		F, F, 69.70, -, -, -			
10	KANISHKAR T	503	30/01/06	TAMIL NADU	68.78m
		67.90, 68.78, 68.03, F, 66.63, 67.51			
11	HARISH KUMAR	162	30/10/96	CISF	68.29m
		65.47, 68.29, 65.34, -, -, -			
12	LAKSHAY SINGH	193	15/09/03	DELHI	66.00m
		65.72, 66.00, F, F, F, F			
13	RISHABH NEHRA	548	10/12/99	UTTAR PRADESH	65.67m
		65.67, F, 64.95, -, -, -			
14	YASHRAJ .	235	26/03/03	HARYANA	65.63m
		F, 65.63, 63.40, -, -, -			
15	GAURAV KUMAR	181	28/12/04	DELHI	65.37m
		F, 62.43, F, 65.37, F, 65.23			
16	SUNNY CHAUDHARY	526	19/06/99	UTTAR PRADESH	65.12m
		65.12, 63.40, 62.43, 63.36, 63.59, 62.80			
17	PRAVESH KUMAR	542	27/05/04	UTTAR PRADESH	62.34m
		F, 62.19, 58.98, 60.53, F, 62.34			
18	ADITYA PATHAK	319	02/02/06	MADHYA PRADESH	61.39m
		F, 61.33, 57.36, 61.39, F, F			
19	LAVIT KUMAR	541	16/03/04	UTTAR PRADESH	59.24m
		55.95, 57.54, 59.24, F, 56.20, F			
20	NITISH SINGH	400	06/06/02	PUNJAB	58.59m
		F, F, 58.59, -			
21	LOVEPREET SINGH MANE	420	19/12/03	PUNJAB	29.37m
		29.37, -, -			
	SACHIN YADAV	121	25/10/99	ALL INDIA POLICE	DNS
	JAYANT SIROHI	569	31/10/04	UTTAR PRADESH	DNS
	AKASH BHATI	521	28/09/96	UTTAR PRADESH	DNS
	MOHIT ..	242	04/07/01	HARYANA	DNS



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Event # 14 MENS 10000m Race Walk

NR:Sandeep Kumar Birmingham 38:49.21 07/08/2022

1	NITIN GUPTA	533	01/01/08	UTTAR PRADESH	39:57.74
2	GAURAV KUMAR	537	14/03/02	UTTAR PRADESH	43:43.48
3	RITIK KUMAR	462	15/09/05	RAJASTHAN	45:06.07
4	OM PRAKASH K	501	21/08/03	TAMIL NADU	47:47.99
	ROHIT KUMAR BHAIRA	337	28/08/07	NCOE BANGALORE	DNS
	ANIL KUMAR	140	05/04/88	BSF	DNS
	AKSHDEEP SINGH	373	22/11/99	PUNJAB	DNS
	FARMAN ALI	517	08/06/01	UTTAR PRADESH	DNS
	HARDEEP .	212	22/09/98	HARYANA	DNS



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Event # 15 WOMENS 100m Run

NR:DUTEE CHAND PATIALA 11.17 21/06/2021

Heat 1

1	KANISHKA MANCHANDA	893	23/10/05	UTTARKHAND	+3.5m/s n	12.01
2	ANSHIKA SHARMA	723	11/12/08	CHANDIGARH	+3.5m/s n	12.19
3	KASHISH CHOMAL	839	19/10/02	RAJASTHAN	+3.5m/s n	12.28
4	AARTI AGROIYA	771	26/12/02	HARYANA	+3.5m/s n	12.49
5	GURPREET KAUR	876	10/01/05	UTTAR PRADESH	+3.5m/s n	12.57
6	DEEPSHIKHA .	864	07/10/00	UTTAR PRADESH	+3.5m/s n	12.96
	TAMASHREE MISHRA	896	18/05/03	WEST BENGAL		DNS

Heat 2

1	SAMRITI JAMWAL	779	04/12/03	HIMACHAL PRADESH	2.3m/s ne	12.09
2	ANSHU .	750	06/06/01	HARYANA	2.3m/s ne	12.45
3	RITU BANGARI	731	02/11/05	DELHI	2.3m/s ne	12.69
4	JYOTI .	729	01/11/03	DELHI	2.3m/s ne	12.92
5	VISHAKHA .	871	13/02/01	UTTAR PRADESH	2.3m/s ne	13.49
	DIMPLE MANDORA	848	13/07/02	RAJASTHAN		DNS
	DONA DHAKED	843	08/05/04	RAJASTHAN		DNS

Heat 3

1	JILNA M V	709	28/12/97	ALL INDIA POLICE	+1.4m/s n	11.68
2	SAKSHI CHAMPALAL CHA	857	18/01/05	RELIANCE	+1.4m/s n	11.97
3	RIYA CHAUHAN	735	02/02/02	DELHI	+1.4m/s n	12.03
4	CHARU SHOUKEEN	740	30/11/98	DELHI	+1.4m/s n	12.12
5	SIMRAN KAUR BEDI	738	07/01/93	DELHI	+1.4m/s n	12.22
6	TEENA PAREEK	849	04/04/02	RAJASTHAN	+1.4m/s n	12.33
7	SHUBHAM .	765	09/03/00	HARYANA	+1.4m/s n	12.57
	PUJA KOLEYPANDIT	895	31/07/94	WEST BENGAL		DNS

Event # 16 WOMENS 200m Run

NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

Heat 1

1	SAMRITI JAMWAL	779	04/12/03	HIMACHAL PRADESH	+0.1m/s e	24.73
2	VANDANA .	837	09/05/03	RAJASTHAN	+0.1m/s e	25.57
3	ARCHANA SHARMA	885	10/09/04	UTTAR PRADESH	+0.1m/s e	25.66
4	DOLI .	865	31/05/05	UTTAR PRADESH	+0.1m/s e	25.87
5	PRIYA .	730	27/12/02	DELHI	+0.1m/s e	26.05
6	STUTI .	804	01/05/06	PUNJAB	+0.1m/s e	26.55

Heat 2

1	RISHITA KAUR	845	16/11/02	RAJASTHAN	-1.9m/s ne	24.68
2	SHEETAL CHOUHAN	841	05/04/02	RAJASTHAN	-1.9m/s ne	25.18
3	CHARU SHOUKEEN	740	30/11/98	DELHI	-1.9m/s ne	25.22
4	CHAARVI POOJARI	792	18/11/02	MAHARASHTRA	-1.9m/s ne	25.25
	DONA DHAKED	843	08/05/04	RAJASTHAN		DNS
	DIMPLE MANDORA	848	13/07/02	RAJASTHAN		DNS



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Heat 3

1	UNNATHI BOLLANDA	785	05/06/05	KARNATAKA	+1.8m/s n	23.66
2	JILNA M V	709	28/12/97	ALL INDIA POLICE	+1.8m/s n	23.76
3	SAKSHI CHAMPALAL CHA	857	18/01/05	RELIANCE	+1.8m/s n	24.37
4	TEENA PAREEK	849	04/04/02	RAJASTHAN	+1.8m/s n	24.74
5	PRIYANKA SIKARWAR	713	01/08/03	ALL INDIA POLICE	+1.8m/s n	24.83
6	MADHUMITA DEB	726	04/01/02	CISF	+1.8m/s n	25.04

Event # 17 WOMENS 400m Run

NR:Hima Das Jakarta 50.79 26/08/2018

Heat 1

1	BALJIT KAUR	811	10/12/00	PUNJAB		56.16
2	KIRANPAL KAUR	705	02/05/92	ALL INDIA POLICE		56.61
3	RAMA TANWAR	855	08/07/03	RAJASTHAN		56.88
4	ANJLI .	748	05/09/05	HARYANA		1:00.01
5	STUTI .	804	01/05/06	PUNJAB		1:00.19
	RISHITA KAUR	845	16/11/02	RAJASTHAN		DNS

Heat 2

1	TANIYA KEWAT	724	22/05/08	CHHATTISGARH		59.45
2	ROOPA ROOPA	884	01/12/01	UTTAR PRADESH		59.73
3	PRIYA .	730	27/12/02	DELHI		1:00.09
4	KUMARI YOGESH	714	21/07/95	ALL INDIA POLICE		1:00.14
	KAVITA KANWAR	844	05/07/02	RAJASTHAN		DNS
	KAJAL .	866	27/06/04	UTTAR PRADESH		DNS

Heat 3

1	KIRAN PAHAL	827	05/08/00	RAILWAY SPORTS		52.89
2	MANISHA .	755	24/05/02	HARYANA		54.23
3	GEETA .	831	02/01/02	RAJASTHAN		55.00
4	HIMANSHI MALIK	773	22/04/02	HARYANA		55.36
5	ANCHAL RANI	775	19/06/05	HARYANA		55.40
6	AKSHI MALIK	822	01/06/04	PUNJAB		56.64
7	RAMANDEEP KAUR	818	20/12/03	PUNJAB		57.94
	PRIYA THAKUR	780	11/09/00	HIMACHAL PRADESH		DNS

Event # 18 WOMENS 800m Run

NR:TINTU LUKA SPLIT 1:59.17 04/09/2010

1	HARMILAN BAINS	720	23/07/98	CHANDIGARH		2:16.88
2	SHIVANI HUDDA	703	07/08/97	ALL INDIA POLICE		2:17.65
3	AMANDEEP KAUR	809	09/07/03	PUNJAB		2:18.54
4	NITISHA .	832	08/08/02	RAJASTHAN		2:18.58
5	RUHI BOHRA	732	07/04/04	DELHI		2:20.32
6	RADHA CHAUDHARY	734	02/02/01	DELHI		2:33.15



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Event # 19 WOMENS 1500m Run

NR:Deeksha . Los Angeles 4:04.78 11/05/2024

1	LILI DAS	892	18/03/98	UTTARKHAND		4:20.77
2	PRAGATI .	759	05/11/05	HARYANA		4:31.35
3	ANJALI .	863	23/12/04	UTTAR PRADESH		4:42.85
4	SHILPA .	836	15/05/01	RAJASTHAN		4:49.16
	ANISHA PATEL	880	15/07/02	UTTAR PRADESH		DNS
	AKANKSHA GAIKWAD	788	28/07/02	MAHARASHTRA		DNS

Event # 20 WOMENS 100m Hurdles

NR:Jyothi Yarraji Jyvaskyla 12.78 22/05/2024

1	PRAGYAN PRASANTI SAHNI	803	19/12/99	ODISHA	+1.6m/s n	13.35
2	GURDEEP KAUR	813	02/06/01	PUNJAB	+1.6m/s n	14.42
3	RITWIK SINGH	886	11/12/98	UTTAR PRADESH	+1.6m/s n	14.69
4	SUMAN DEEP KAUR	701	10/04/94	ALL INDIA POLICE	+1.6m/s n	15.03

Event # 21 WOMENS 3000m Steeplechase

NR:Parul Chaudhary Gumi 9:12.46 30/05/2025

1	SALONI .	835	10/09/01	RAJASTHAN		11:06.00
2	SHREYA .	869	30/07/03	UTTAR PRADESH		11:38.03
3	SHAILI DHAMA	702	10/02/99	ALL INDIA POLICE		11:38.19
4	ANJALI .	891	10/03/99	UTTARKHAND		11:38.29
5	KUMARI PARRU	850	15/09/03	RAJASTHAN		11:38.38
6	KHUSHBU GUPTA	874	07/11/98	UTTAR PRADESH		11:38.98
7	MANJU AJAY YADAV	786	20/12/02	MADHYA PRADESH		11:55.58
8	ANKITA .	749	27/05/04	HARYANA		12:03.25
9	CHANCHAL .	751	06/06/02	HARYANA		12:11.86
10	PADMINI DAS	716	01/05/03	ASSAM		12:27.15



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