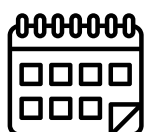




65TH NATIONAL INTER STATE SENIOR ATHLETICS CHAMPIONSHIPS 2026

DAY 1 RESULT



24-28 June 2026



Bhubaneswar

65th National Inter State Senior Athletics Championship

Kalinga Stadium, Bhubaneswar (Odisha)

24-06-2026

6/24/26 - 6/28/26

24th-28th June 2026.

Event # 6 MENS 5000m Run

& ASIANG. Q.: 13:39.18

NR:GULVEER SINGH Westwood 13:03.93 23/05/2026

% MR:GULVEER SINGH PANCHKULA 13:34.67 2024

1	GULVEER SINGH	435	01/06/98	UTTAR PRADESH	13:52.92
2	ABHISHEK PAL	429	15/07/97	UTTAR PRADESH	13:54.18
3	HARMANJOT SINGH	332	10/10/95	PUNJAB	13:54.60
4	SHIVAJI PARASHU MADAP	203	02/05/04	KARNATAKA	13:57.58
5	GAURAV MATHUR	128	19/09/99	DELHI	14:08.15
6	AJAY .	138	12/08/03	HARYANA	14:08.61
7	VINOD SINGH	265	20/07/05	MADHYA PRADESH	14:10.48
8	VIPIN .	112	12/06/03	CHANDIGARH	14:15.95
9	VIKAS KUMAR BIND	246	11/01/06	MADHYA PRADESH	14:25.82
10	RAVI GULIA	114	25/10/01	CHHATTISGARH	14:41.16
11	SAURABH KUMAR	126	02/07/02	DELHI	14:42.26
	SANDEEP SINGH	132	07/03/99	GOA	DNF
	MRUNAL SARODE	294	18/11/03	MAHARASHTRA	DNF
	DEEPAK BHATT	444	14/09/00	UTTRAKHAND	DNF
	RAHUL YADAV	268	01/12/04	MADHYA PRADESH	DNS

Event # 12 MENS Pole Vault**HEIGHTS: 4.50, 4.70, 4.80, 4.90, 5.00, 5.05, 5.10, 5.15, 5.20, 5.25, 5.30, 5.35, 5.40, 5.46, 5.50, 5.60, 5.70, 5.80
5.90, 6.00**

& ASIANG. Q.: 5.45

NR:Kuldeep Kumar Ranchi 5.45 24/05/2026

% MR:M. Gowtham . Chennai 5.20 2025

1	DEV MEENA	253	07/05/05	MADHYA PRADESH	5.46m &#%
				--- --- --- --- XO --- O --- O --- --- XO --- XXO	
2	REEGAN G	380	08/08/01	TAMIL NADU	5.30m %
				--- --- --- O --- --- XO --- XO --- XO --- XXX	
3	KULDEEP KUMAR	252	12/03/05	MADHYA PRADESH	5.20m %
				--- --- --- O --- --- XXO --- XXO --- --- XXX	
4	M.GOWTHAM .	372	25/09/02	TAMIL NADU	5.15m
				--- --- --- O --- O --- O --- XXX	
5	AVNEESH KUMAR	422	01/07/01	UTTAR PRADESH	5.00m
				--- XO XO O O --- XXX	
6	RAMRATAN .	345	01/05/05	RAJASTHAN	5.00m
				--- --- XXO X-- XO --- XXX	
7	ROHIT PATIL	289	07/04/00	MAHARASHTRA	4.70m
				O XO XXX	
8	RAJ MEENA	254	18/06/02	MADHYA PRADESH	4.50m
				XXO XXX	
	SOHAN RAM	357	05/07/97	RAJASTHAN	NM
				XXX	
	P. SUBASH CHANDRAN	196	06/03/03	KARNATAKA	NM
				X-- XX	
	KAVINRAJA S	399	26/06/06	TAMIL NADU	NM
				--- --- --- --- XXX	
	RAMBEER .	344	30/06/96	RAJASTHAN	NM
				--- --- --- XXX	
	BINEESH JACOB	198	17/03/86	KARNATAKA	NM


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Event # 29 WOMENS 100m Hurdles

& ASIAN G. Q.: 13.34

NR: JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

% MR: JYOTHI YARRAJI BHUBANESWAR 12.92 2023

RESULTS OF FINALS

1	JYOTHI YARRAJI	508	28/08/99	ANDHRA PRADESH	1.0m/s nw	12.99 &
2	NANDHINI K	711	13/07/99	TAMIL NADU	1.0m/s nw	13.22 &
3	PRAGYAN PRASANT SAHU	659	19/12/99	ODISHA	1.0m/s nw	13.48
4	SABITA TOPPO	663	06/04/05	ODISHA	1.0m/s nw	13.78
5	SHREEYA RAJESH	591	15/05/05	KARNATAKA	1.0m/s nw	13.79
6	PRANJALI PATIL	643	23/01/03	MAHARASHTRA	1.0m/s nw	14.05
7	YAMINI KARTHIKEYAN	712	28/09/06	TAMIL NADU	1.0m/s nw	14.20
	ANJALI C	603	27/07/00	KERALA		DNF

RESULTS OF PRELIMS Heat 1

1	JYOTHI YARRAJI	508	28/08/99	ANDHRA PRADESH	+0.0m/s e	13.14 &
2	SHREEYA RAJESH	591	15/05/05	KARNATAKA	+0.0m/s e	13.70
3	YAMINI KARTHIKEYAN	712	28/09/06	TAMIL NADU	+0.0m/s e	13.93
4	SABITA TOPPO	663	06/04/05	ODISHA	+0.0m/s e	13.96
5	AKSCHIDA .S	696	02/10/04	TAMIL NADU	+0.0m/s e	14.28
6	AERROLLA PRANATHI	732	17/11/06	TELANGANA	+0.0m/s e	14.70
7	SOUMYA VARGHESE	621	13/10/96	KERALA	+0.0m/s e	15.97

RESULTS OF PRELIMS Heat 2

1	NANDHINI K	711	13/07/99	TAMIL NADU	-0.4m/s se	13.24 &
2	PRAGYAN PRASANT SAHU	659	19/12/99	ODISHA	-0.4m/s se	13.45
3	ANJALI C	603	27/07/00	KERALA	-0.4m/s se	13.58
4	PRANJALI PATIL	643	23/01/03	MAHARASHTRA	-0.4m/s se	14.20
5	PUJA KOLEYPANDIT	772	31/07/94	WEST BENGAL	-0.4m/s se	14.36
6	NAMAYI RUCHITHA .	729	05/05/04	TELANGANA	-0.4m/s se	14.70



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Event # 35 WOMENS Triple Jump

& ASIAN G. Q.: 13.34

NR:MAYOOKHA JOHNY KOBE 14.11 09/07/2011

% MR:MAYOOKHA JOHNY LUCKNOW 13.72 2014

1	I.ASHA ILANGO	708	18/06/99	TAMIL NADU	-0.3m/s	13.89m &%
	13.67, F, 13.59, F, 13.89, 13.69					
2	NIHARIKA VASHISHT	675	17/10/95	PUNJAB	+0.8m/s	13.22m
	13.18, 13.17, 13.20, F, 13.22, 13.12					
3	MALLALA ANUSHA	501	10/07/02	ANDHRA PRADESH	+0.4m/s	13.13m
	13.13, 12.95, 11.97, 12.70, 12.97, F					
4	NIMISHA DAYMA	629	15/05/03	MADHYA PRADESH	+0.8m/s	12.99m
	12.51, 12.54, 12.79, 12.64, 12.99, 12.92					
5	ALEENA T SAJI	618	12/03/02	KERALA	-0.4m/s	12.90m
	12.60, 12.56, 12.76, 12.79, 12.90, 12.84					
6	MARYMUKTA SORENG	661	01/11/04	ODISHA	+2.4m/s	12.73m
	F, 12.60, 12.49, F, 12.53, 12.73					
7	JANICE TRESSA REGI	616	21/02/06	KERALA	+0.1m/s	12.61m
	F, 12.45, 12.50, 12.54, F, 12.61					
8	ARSHDEEP KAUR	668	02/11/99	PUNJAB	+1.2m/s	12.55m
	12.32, 12.25, 12.25, 12.55, F, 12.37					
9	SADHANA RAVI	719	16/12/07	TAMIL NADU	+0.6m/s	12.20m
	F, 12.20, F					
10	MARTINA LAKRA	632	20/08/01	MADHYA PRADESH	+2.0m/s	12.12m
	11.64, 11.96, 12.12					
11	BHUMIKA K N	586	06/11/05	KARNATAKA	-0.5m/s	12.11m
	12.02, F, 12.11					
12	JENIMOL JOY	608	29/12/95	KERALA	+0.1m/s	12.07m
	12.07, F, -					
13	BABISHA P	714	26/12/01	TAMIL NADU	+1.1m/s	12.06m
	F, F, 12.06					
14	AKANKSHA .	733	05/08/04	UTTAR PRADESH	+0.4m/s	12.00m
	11.86, F, 12.00					
15	BHAIRABI ROY	773	02/02/95	WEST BENGAL	-0.7m/s	11.76m
	F, 11.33, 11.76					



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Event # 38 WOMENS Hammer Throw

& ASIAN G. Q.: 61.72

NR:SARITA SINGH PATIALA 65.25 01/06/2017

% MR:RACHNA . BHUBANESWAR 65.03 2023

1	ANUSHKA YADAV	759	04/05/08	UTTAR PRADESH	67.02m &#%
	62.07, 65.64, 64.81, 61.89, F, 67.02				
2	TANYA CHAUDHARY	740	21/09/03	UTTAR PRADESH	61.70m
	59.83, 60.92, 59.74, 61.32, 61.40, 61.70				
3	HARSHITA SEHRAWAT	521	01/04/03	DELHI	60.92m
	59.01, 60.92, 57.75, 59.77, 58.81, 60.87				
4	MANPREET KAUR.	673	19/08/98	PUNJAB	60.14m
	58.00, 59.32, F, 57.19, 59.34, 60.14				
5	KULVINDER .	679	15/02/98	RAJASTHAN	57.61m
	F, 56.15, F, 57.61, F, F				
6	DIVYA SHANDILYA	660	05/07/98	ODISHA	56.59m
	54.78, F, 54.54, 56.59, F, 56.44				
7	PRATIBHA .	626	21/05/03	MADHYA PRADESH	56.04m
	50.14, 56.04, F, 54.57, F, 54.17				
8	LAXMI SHARMA	691	14/08/05	RAJASTHAN	55.74m
	51.34, 54.25, 54.63, 55.74, 52.93, 53.05				
9	NITHYA B	700	17/10/03	TAMIL NADU	53.05m
	50.88, 53.05, 50.85				
10	VINOTHINI DURAIMANIC	704	26/03/02	TAMIL NADU	47.83m
	46.87, 47.83, F				
11	RENUKA YADAV	526	24/12/05	DELHI	45.54m
	F, F, 45.54				

Event # 4 MENS 800m Run

& ASIAN G. Q.: 1:48.80

NR:MOHAMMED AFSAL P POZNAN 1:44.93 05/07/2025

% MR:JINSON JOHNSON GUWAHATI 1:45.65 2018

RESULTS OF PRELIMS Heat 1

1	MOGALI VENKATRAM RE	102	09/07/07	ANDHRA PRADESH	1:47.46 &
2	PRATHAMESH DEORE	274	27/10/02	MAHARASHTRA	1:47.79 &
3	SHAKEEL .	346	17/04/05	RAJASTHAN	1:48.44 &
4	KAMALAKANNAN SUNDA	213	25/11/02	KARNATAKA	1:48.46 &
5	SALMAN FAROOKH	222	16/04/02	KERALA	1:48.78 &
6	AMAN KUMAR	163	06/06/01	HARYANA	1:49.89
7	ANANT GAUTAM	122	31/08/02	DELHI	1:52.39

RESULTS OF PRELIMS Heat 2

1	KRISHAN KUMAR	164	12/10/97	HARYANA	1:47.57 &
2	SATYAJEET PUJARI	291	07/07/03	MAHARASHTRA	1:47.68 &
3	AMAN KUMAR.	427	20/10/99	UTTAR PRADESH	1:47.75 &
4	JAGDISH .	342	08/08/96	RAJASTHAN	1:48.75 &
5	TUSHAR BHEKANE	195	25/08/03	KARNATAKA	1:49.88
6	ANU KUMAR	449	02/11/02	UTTRAKHAND	1:51.37
7	RIJOY J	223	21/12/03	KERALA	1:51.65



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24th-28th June 2026.**RESULTS OF PRELIMS Heat 3**

1	MOHAMMED P	231	03/02/96	KERALA	1:47.49 &
2	PRAKASH GADADE	277	31/07/02	MAHARASHTRA	1:47.57 &
3	VINOD KUMAR BANOTH	410	16/12/05	TELANGANA	1:47.66 &
4	MAYANK YADAV	366	02/08/06	RAJASTHAN	1:48.27 &
5	PRADEEP SENTHILKUMAR	403	12/05/03	TAMIL NADU	1:48.29 &
6	SOMNATH CHAUHAN	156	02/02/04	HARYANA	1:48.39 &
7	SHYAM MILAN BIND	416	05/08/04	UTTAR PRADESH	1:48.93
8	ASHU .	116	08/04/01	DELHI	1:49.99

Event # 25 WOMENS 800m Run

& ASIAN G. Q.: 2:05.21

NR:TINTU LUKA SPLIT 1:59.17 04/09/2010

% MR:K.C. ROSA KUTTY BANGALORE 2:00.49 1997

RESULTS OF PRELIMS Heat 1

1	LILI DAS	766	18/03/98	UTTRAKHAND	2:08.08
2	GOWTHAMI JAYARAMAN	709	22/05/99	TAMIL NADU	2:08.25
3	HUIDROM DEVI	650	01/02/04	MANIPUR	2:08.54
4	LAXITA SANDILEA	530	13/02/05	GUJARAT	2:16.78
	HARMILAN BAINS	511	23/07/98	CHANDIGARH	DNF
	SHIVANI HUDDA	743	07/08/97	UTTAR PRADESH	DNS

RESULTS OF PRELIMS Heat 2

1	THOTA SANKEERTANA	512	17/07/03	CHHATTISGARH	2:08.05
2	POOJA .	543	17/06/02	HARYANA	2:08.06
3	PRATEEKSHA YADAV	760	30/06/05	UTTAR PRADESH	2:08.20
4	PRISCILLA DANIEL	604	01/07/02	KERALA	2:08.30
5	PREETI YADAV	635	30/08/04	MADHYA PRADESH	2:08.52
6	DIPTIRANI SAHOO	658	18/03/02	ODISHA	2:11.87
7	ANSLIN M	713	10/09/06	TAMIL NADU	2:15.49

Event # 27 WOMENS 5000m Run

& ASIAN G. Q.: 15:36.58

NR:PARUL CHAUDHARY Nice 15:04.26 06/05/2023

% MR:Seema

1	SEEMA .	563	10/01/01	HIMACHAL PRADESH	16:11.04
2	BHARTI .	534	01/01/97	HARYANA	16:17.10
3	RAVINA GAYAKWAD	637	10/10/04	MAHARASHTRA	16:32.92
4	CHATRU .	676	05/07/01	RAJASTHAN	16:56.53
5	MUSKAN .	540	10/06/08	HARYANA	17:05.82
6	AARTI PAWARA	644	05/03/04	MAHARASHTRA	17:21.73
7	SANGHAMITRA MAHATA	572	25/12/04	JHARKHAND	17:30.51
	SANJIVANI JADHAV	638	12/07/96	MAHARASHTRA	DNF
	SUNITA DEVI	741	12/04/05	UTTAR PRADESH	DNS
	ANKITABEN GAVIT	528	23/07/05	GUJARAT	DNS



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Event # 51 MENS Decathlon

NR: T.SHANKAR Ranc 8057 25/05/2026
MR: BHARTINDER SINGH 7658 2011

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	THOWFEEQ N (230) KERALA	3855	10.98 865	6.94 799	11.84 597	1.95 758	49.54 836	3855	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
2	KUSHAL MOHITE MAHARASHTRA	3750	11.13 832	6.84 776	11.70 588	1.98 785	51.00 769	3750	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
3	GOKUL K R (225) KERALA	3719	11.11 836	7.17 854	10.80 534	1.83 653	49.40 842	3719	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
4	JASHBIR NAYAK (ODISHA	3696	11.31 793	6.55 709	12.62 644	1.98 785	51.10 765	3696	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
5	YAMAN DEEP SHA RAJASTHAN	3687	11.29 797	6.95 802	11.36 568	1.92 731	50.56 789	3687	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
6	USAID . (415) UTTAR PRADESH	3584	11.26 804	6.49 695	11.42 571	1.86 679	49.57 835	3584	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
7	CHAMANJOT SING HARYANA	3536	11.52 748	6.69 741	13.28 684	1.74 577	50.63 786	3536	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
8	GOKUL S (235) KERALA	3505	11.47 759	6.75 755	12.22 620	1.74 577	50.45 794	3505	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
9	KAMAL DHANKH HARYANA	3478	11.70 711	6.26 644	13.49 697	1.86 679	51.49 747	3478	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
10	JOHN PAUL J (382) TAMIL NADU	3469	11.23 810	6.40 675	10.62 523	1.83 653	50.15 808	3469	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
11	ROHIT ROMAN (29) MAHARASHTRA	3409	11.37 780	6.43 682	11.60 582	1.74 577	50.59 788	3409	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
12	AMOLAK . (242) MADHYA PRADE	3320	11.73 705	6.56 711	10.34 506	1.89 705	52.73 693	3320	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
13	ROHIT KUMAR (16) HARYANA	3109	11.68 715	5.95 576	11.22 559	1.74 577	53.00 682	3109	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
14	TRILOK . (193) KARNATAKA	3033	12.10 631	6.12 613	10.57 520	1.86 679	55.23 590	3033	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
15	HARDIK SEJWAL (DELHI	2814	12.55 547	5.80 544	11.92 602	1.80 627	57.71 494	2814	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	NEERAJ YADAV (36) RAJASTHAN	0	DNS 0	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	SUDHARSAN M (38) TAMIL NADU	0	DQ 0	6.39 673	9.82 475	1.86 679	DNS 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	JAYESH RATHVA (GUJARAT	0	DNS 0	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	KAMAL SINGH (43) UTTAR PRADESH	0	12.28 597	6.19 628	11.79 594	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	MAGRAJ SINGH S RAJASTHAN	0	DNS 0	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	MANOJKUMAR R TAMIL NADU	0	11.11 836	6.48 693	10.95 543	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	