



65TH NATIONAL INTER STATE SENIOR ATHLETICS CHAMPIONSHIPS 2026

COMPETITION SCHEDULE & EVENT BIB LIST



24-28 June 2026



Bhubaneswar

65th National Inter State Senior Athletics Championships 2026

Kalinga Stadium, Bhubaneswar - 24 to 28 June

Competition Schedule Version 1.2 as on 20.06.2026

Event No	Time	Event	Specifications	Gender	Progression	Round
24.06.2026 -DAY-1 -FORENOON						
101	05:30	5000m		Men		Final 1
102	06:30	100m		Men		Decathlon 1
103	07:30	Long Jump		Men		Decathlon 2
104	08:30	Shot Put	7.260kg	Men		Decathlon 3
24.06.2026 DAY-1, AFTERNOON						
105	16:30	Pole Vault		Men		Final 2
106	16:40	High Jump		Men		Decathlon 4
107	17:25	100m Hurdles	0.838m	Women	2 Heats, 3Q+2q for Final	Round 1
108	17:55	Triple Jump		Women		Final 3
109	18:00	400m		Men		Decathlon 5
110	18:20	Hammer Throw	4.000kg	Women		Final 4
111	18:20	800m		Men	3 Heats, 2Q+2q for Final	Round 1
112	18:50	800m		Women	2 Heats, 3Q+2q for Final	Round 1
113	19:20	5000m		Women		Final 5
114	19:55	100m Hurdles	0.838m	Women		Final 6
<i>MC1</i>	<i>20:05</i>	<i>5000m</i>		<i>Men</i>		<i>Medal Ceremony 1</i>
<i>MC2</i>	<i>20:12</i>	<i>Pole Vault</i>		<i>Men</i>		<i>Medal Ceremony 2</i>
<i>MC3</i>	<i>20:19</i>	<i>Triple Jump</i>		<i>Women</i>		<i>Medal Ceremony 3</i>
<i>MC4</i>	<i>20:26</i>	<i>Hammer Throw</i>		<i>Women</i>		<i>Medal Ceremony 4</i>
<i>MC5</i>	<i>20:33</i>	<i>5000m</i>		<i>Women</i>		<i>Medal Ceremony 5</i>
<i>MC6</i>	<i>20:40</i>	<i>100m Hurdles</i>		<i>Women</i>		<i>Medal Ceremony 6</i>
25.06.2026-DAY-2 FORENOON						
201	05:15	Half Marathon RW		Men		Final 7
202	07:30	110m Hurdles	1.067m	Men		Decathlon 6
203	08:00	Discus Throw	2.000kg	Men		Decathlon 7
204	09:40	Pole Vault		Men		Decathlon 8
25.06.2026 DAY-2 AFTERNOON						
205	16:30	Javelin Throw	800gm	Men		Decathlon 9
206	16:45	Pole Vault		Women		Final 8
207	17:10	200m		Women	3 Heats, 2Q+2q for Final	Round 1
208	17:35	200m		Men	3 Heats, 2Q+2q for Final	Round 1
209	18:10	110m Hurdles	1.067m	Men	2 Heats, 3Q+2q for Final	Round 1
210	18:20	Discus Throw	2.000kg	Men		Final 9
211	18:30	Shot Put	4.000kg	Women		Final 10
212	18:40	800m		Women		Final 11
213	18:50	800m		Men		Final 12
214	19:05	1500m		Men		Decathlon 10/Final 13
215	19:20	200m		Women		Final 14
216	19:30	200m		Men		Final 15
<i>MC7</i>	<i>19:40</i>	<i>Half Marathon RW</i>		<i>Men</i>		<i>Medal Ceremony 7</i>
<i>MC8</i>	<i>19:47</i>	<i>200m</i>		<i>Women</i>		<i>Medal Ceremony 8</i>
<i>MC9</i>	<i>19:54</i>	<i>200m</i>		<i>Men</i>		<i>Medal Ceremony 9</i>
<i>MC10</i>	<i>21:01</i>	<i>800m</i>		<i>Women</i>		<i>Medal Ceremony 10</i>
<i>MC11</i>	<i>20:08</i>	<i>800m</i>		<i>Men</i>		<i>Medal Ceremony 11</i>
<i>MC12</i>	<i>20:15</i>	<i>Discus Throw</i>		<i>Men</i>		<i>Medal Ceremony 12</i>



MC13	20:22	Shot Put		Women		Medal Ceremony 13
MC14	20:29	Pole Vault		Women		Medal Ceremony 14
MC15	20:36	Decathlon		Men		Medal Ceremony 15
26.06.2026 -DAY-3 FORENOON						
301	05:15	Half Marathon RW		Women		Final 16
302	08:00	4 X 400m Mixed Relay		Mixed	2 Heats, 3Q+2q for Final	Round 1
26.06.2026 DAY-3 AFTERNOON						
303	16:40	Hammer Throw	7.260kg	Men		Final 17
304	17:20	110m Hurdles	1.067m	Men		Final 18
305	17:35	1500m		Men	2 Heats, 6Q for Final	Round 1
306	18:00	Discus Throw	1.000kg	Women		Final 19
307	18:05	4 X 400m Mixed Relay		Mixed		Final 20
308	18:10	Triple Jump		Men		Final 21
309	18:25	4 X 100m Relay		Women		Final 22
310	18:35	4 X 100m Relay		Men		Final 23
311	19:00	400m Hurdles	0.914m	Men	2 Heats, 3Q+2q for Final	Round 1
312	19:30	400m Hurdles	0.838m	Women	2 Heats, 3Q+2q for Final	Round 1
MC16	19:40	Half Marathon RW		Women		Medal Ceremony 16
MC17	19:47	Hammer Throw		Men		Medal Ceremony 17
MC18	19:54	110m Hurdles		Men		Medal Ceremony 18
MC19	20:01	Discus Throw		Women		Medal Ceremony 19
MC20	20:08	Triple Jump		Men		Medal Ceremony 20
MC21	20:15	4 X 100m Relay		Women		Medal Ceremony 21
MC22	20:22	4 X 100m Relay		Men		Medal Ceremony 22
MC23	20:29	4 X 400m Mixed Relay		Mixed		Medal Ceremony 23
27.06.2026-DAY-4 FORENOON						
401	07:20	100m Hurdles	0.838m	Women		Heptathlon 1
402	07:40	100m		Women	4 Heats, 3Q+4q for S F	Round 1
403	08:00	High Jump		Women		Heptathlon 2
404	08:10	100m		Men	4 Heats, 3Q+4q for S F	Round 1
27.06.2026 DAY-4 AFTERNOON						
405	16:00	400m Hurdles	0.914m	Men		Final 24
406	16:15	Shot Put	4.000kg	Women		Heptathlon 3
407	16:20	400m Hurdles	0.762m	Women		Final 25
408	16:45	100m		Women	2 SF, 3Q+2q For Final	Semi Final
409	17:00	100m		Men	2 SF, 3Q+2q For Final	Semi Final
410	17:10	High Jump		Men		Final 26
411	17:20	Javelin Throw	600gm	Women		Final 27
412	17:30	400m		Men	4 Heats, 3Q+4q for S F	Round 1
413	18:00	400m		Women	4 Heats, 3Q+4q for S F	Round 1
414	18:05	Shot Put	7.260kg	Men		Final 28
415	18:10	Long Jump		Women		Final 29
416	18:30	1500m		Men		Final 30
417	18:40	1500m		Women		Final 31
418	19:00	200m		Women		Heptathlon 4
419	19:20	100m		Men		Final 32
420	19:30	100m		Women		Final 33
MC24	19:40	400m Hurdles		Men		Medal Ceremony 24
MC25	19:47	400m Hurdles		Women		Medal Ceremony 25
MC26	19:54	Javelin Throw		Women		Medal Ceremony 26
MC27	20:01	Shot Put		Men		Medal Ceremony 27



MC28	20:08	Long Jump		Women		Medal Ceremony 28
MC29	20:15	1500m		Men		Medal Ceremony 29
MC30	20:22	1500m		Women		Medal Ceremony 30
MC31	20:29	High Jump		Men		Medal Ceremony 31
MC32	20:36	100m		Men		Medal Ceremony 32
MC33	20:43	100m		Women		Medal Ceremony 33
28.06.2026 DAY-5 FORENOON						
501	05:30	10000m		Women		Final 34
502	07:00	Long Jump		Women		Heptathlon 5
503	07:40	400m		Women	2 SF, 3Q+2q For Final	Semi Final
504	08:00	400m		Men	2 SF, 3Q+2q For Final	Semi Final
505	08:30	Javelin Throw	600gm	Women		Heptathlon 6
28.06.2026 DAY-5 AFTERNOON						
506	17:00	High Jump		Women		Final 35
507	17:50	Javelin Throw	800gm	Men		Final 36
508	18:00	Long Jump		Men		Final 37
509	18:10	400m		Men		Final 38
510	18:20	400m		Women		Final 39
511	18:30	800m		Women		Heptathlon 7/Final 40
512	18:45	3000 SC	0.914m	Men		Final 41
513	19:00	3000 SC	0.762m	Women		Final 42
514	19:20	4X400m Relay		Women		Final 43
515	19:30	4X400m Relay		Men		Final 44
516	19:45	10000m		Men		Final 45
MC34	19:50	10000m		Women		Medal Ceremony 34
MC35	19:57	400m		Men		Medal Ceremony 35
MC36	20:04	400m		Women		Medal Ceremony 36
MC37	20:11	Heptathlon		Women		Medal Ceremony 37
MC38	20:18	High Jump		Women		Medal Ceremony 38
MC39	20:25	Javelin Throw		Men		Medal Ceremony 39
MC40	20:32	Long Jump		Men		Medal Ceremony 40
MC41	20:39	3000 SC		Men		Medal Ceremony 41
MC42	20:46	3000 SC		Women		Medal Ceremony 42
MC43	20:53	10000m		Men		Medal Ceremony 43
MC44	21:00	4X400m Relay		Women		Medal Ceremony 44
MC45	21:07	4X400m Relay		Men		Medal Ceremony 45

Note:

Team Managers meeting will be held on 23rd June 2026 at 1700hrs at Tennis Auditorium, Kalinga Stadium, Bhubaneswar

The Schedule is subject to change if required

Competition Director



athleticsindia.com

Event # 1 MENS 100m Run**PRELIM**

NR:Gurindervir Singh Ranchi 10.09 23/05/2026

MR:S. Tamilarasu . Chennai 10.22 2025

1	PAL SINGH	101	10/11/00	ANDHRA PRADESH	---	---
2	VIBHASKAR KUMAR	106	15/02/04	BIHAR	---	---
3	NARENDER .	118	21/10/04	DELHI	---	---
4	RAHUL SOLANKI	136	30/11/00	GUJARAT	---	---
5	NUZRAT .	146	22/11/99	HARYANA	---	---
6	PRINCE .	147	24/12/01	HARYANA	---	---
7	ROHIT .	149	08/03/00	HARYANA	---	---
8	ARYAN .	189	28/11/03	KARNATAKA	---	---
9	MANIKANTA H H	197	29/11/01	KARNATAKA	---	---
10	MUKUNDAN .	219	30/11/00	KERALA	---	---
11	MANEESH M	226	06/02/93	KERALA	---	---
12	HALVI S VIJ	237	16/05/04	KERALA	---	---
13	VIGNESH A	245	04/07/96	MADHYA PRADESH	---	---
14	SUMIT PATEL	256	03/08/04	MADHYA PRADESH	---	---
15	RAHUL SHARMA	259	12/12/01	MADHYA PRADESH	---	---
16	RUSHIPRASAD DESAI	275	26/05/05	MAHARASHTRA	---	---
17	PRANAV GURAV	280	03/07/01	MAHARASHTRA	---	---
18	LAUKIK MELGE	285	10/04/05	MAHARASHTRA	---	---
19	RAHUL GHOSH	299	29/03/97	MANIPUR	---	---
20	LALU PRASAD BHOI	303	21/09/03	ODISHA	---	---
21	DONDAPATI MRUTY JAY	306	12/01/05	ODISHA	---	---
22	ANIMESH KUJUR	309	02/06/03	ODISHA	---	---
23	AMIYA MALLICK	315	14/11/92	ODISHA (wc)	---	---
24	HARJIT .	316	28/08/97	PUNJAB	---	---
25	LOVE PREET SINGH	337	27/11/99	PUNJAB	---	---
26	GOURAV YADAV	365	17/08/07	RAJASTHAN	---	---
27	RAGUL KUMAR G	379	22/03/00	TAMIL NADU	---	---
28	SAM VASANTH S	401	12/04/05	TAMIL NADU	---	---
29	TAMIL ARASU S	402	20/05/02	TAMIL NADU	---	---
30	KAIF AHMAD KHAN MO	412	10/11/06	TELANGANA	---	---
31	NIRBHAY NATH TIWARI	428	23/03/03	UTTAR PRADESH	---	---
32	ARIJIT RANA	454	14/04/04	WEST BENGAL	---	---

Event # 2 MENS 200m Run**PRELIM**

NR:ANIMESH KUJUR GUMI 20.32 31/05/2025

MR:ANIMESH KUJUR Chennai 20.63 2025

1	IDUL HUSSAIN	104	26/07/05	ASSAM	---	---
2	RAJAT RAJ	109	23/10/05	BIHAR	---	---
3	PRINCE .	147	24/12/01	HARYANA	---	---
4	ROHIT .	149	08/03/00	HARYANA	---	---
5	RAJA BABU	155	01/11/04	HARYANA	---	---
6	JISHNU PRASAD P K	232	18/10/98	KERALA	---	---
7	VIGNESH A	245	04/07/96	MADHYA PRADESH	---	---
8	SUMIT PATEL	256	03/08/04	MADHYA PRADESH	---	---
9	BRAJESH SINGH	263	04/07/04	MADHYA PRADESH	---	---
10	MUKUL ANANT BHOIR	271	28/02/99	MAHARASHTRA	---	---
11	ARYAN KADAM	281	02/01/04	MAHARASHTRA	---	---
12	AJAY KHADE	282	20/04/04	MAHARASHTRA	---	---
13	DONDAPATI MRUTY JAY	306	12/01/05	ODISHA	---	---
14	ANIMESH KUJUR	309	02/06/03	ODISHA	---	---
15	MAHENDRA SANTA	314	25/05/05	ODISHA	---	---



6/24/26 - 6/28/26

24th-28th June 2026.

Event # 2 MENS 200m Run continued... REG

16	RAGUL KUMAR G	379	22/03/00	TAMIL NADU	---	---
17	J.GOKUL PANDIYAN	391	04/01/06	TAMIL NADU	---	---
18	SHEKHER TOMER	438	04/10/98	UTTAR PRADESH	---	---

Event # 3 MENS 400m Run**PRELIM**

NR:Vishal T K Ranchi 44.98 23/05/2026

MR:T.K. Vishal Chennai 45.12 2025

1	SETU MISHRA	107	12/06/05	BIHAR	---	---
2	HUZAIFA QAISAR	108	29/11/04	BIHAR	---	---
3	TUSHAR MANNA	127	03/10/01	DELHI	---	---
4	DEEPAK KAUSHIK	162	23/12/02	HARYANA	---	---
5	MOHIT KUMAR	165	01/09/97	HARYANA	---	---
6	VIKRANT PANCHAL	167	30/01/00	HARYANA	---	---
7	MIJO KURIAN	201	16/07/95	KARNATAKA	---	---
8	THEERTHESH SHETTY	212	31/03/02	KARNATAKA	---	---
9	NIHAL JOEL W	214	13/07/00	KARNATAKA	---	---
10	MANU T S .	217	17/10/01	KERALA	---	---
11	RINCE .	220	31/08/02	KERALA	---	---
12	SARAN SHAJI	238	06/01/03	KERALA	---	---
13	MOHAMMED ASHFAQ	241	26/06/07	KERALA (wc)	---	---
14	RANJEET SIKARWAR	260	28/12/06	MADHYA PRADESH	---	---
15	BRAJESH SINGH	263	04/07/04	MADHYA PRADESH	---	---
16	SHUBHAM DATTATRAY	273	29/07/96	MAHARASHTRA	---	---
17	SACHIN NANHE	288	05/05/98	MAHARASHTRA	---	---
18	MALAYA BARIK	302	01/04/06	ODISHA	---	---
19	ASTIK PRADHAN	313	23/04/06	ODISHA	---	---
20	HARPREET GILL	320	19/12/97	PUNJAB	---	---
21	TARANDEEP SINGH	339	13/07/05	PUNJAB	---	---
22	DHARMVEER CHOUDHA	350	05/02/01	RAJASTHAN	---	---
23	RAKESH KUMAR BAJIYA	354	21/07/05	RAJASTHAN	---	---
24	SURESH PUNIYA	356	10/05/99	RAJASTHAN	---	---
25	AJAY D	378	01/11/02	TAMIL NADU	---	---
26	RAJESH RAMESH	398	28/03/99	TAMIL NADU	---	---
27	VISHAL TK	406	17/12/03	TAMIL NADU	---	---
28	BARATH S	409	10/08/03	TAMIL NADU (wc)	---	---
29	HIMANSHU .	413	02/02/00	UTTAR PRADESH	---	---
30	JAY KUMAR	423	10/06/06	UTTAR PRADESH	---	---
31	SAHIL MALIK	450	19/04/06	UTTRAKHAND	---	---
32	SUBHAS DAS	452	23/01/02	WEST BENGAL	---	---

Event # 4 MENS 800m Run**PRELIM**

NR:MOHAMMED AFSAL P POZNAN 1:44.93 05/07/2025

MR:JINSON JOHNSON GUWAHATI 1:45.65 2018

1	MOGALI VENKATRAM R	102	09/07/07	ANDHRA PRADESH	---	---
2	ASHU .	116	08/04/01	DELHI	---	---
3	ANANT GAUTAM	122	31/08/02	DELHI	---	---
4	SOMNATH CHAUHAN	156	02/02/04	HARYANA	---	---
5	AMAN KUMAR	163	06/06/01	HARYANA	---	---
6	KRISHAN KUMAR	164	12/10/97	HARYANA	---	---
7	TUSHAR BHEKANE	195	25/08/03	KARNATAKA	---	---
8	KAMALAKANNAN SUND	213	25/11/02	KARNATAKA	---	---
9	SALMAN FAROOKH	222	16/04/02	KERALA	---	---
10	RIJOY J	223	21/12/03	KERALA	---	---
11	MOHAMMED P	231	03/02/96	KERALA	---	---



Event # 4 MENS 800m Run continued... REG

12	PRATHAMESH DEORE	274	27/10/02	MAHARASHTRA	---	---
13	PRAKASH GADADE	277	31/07/02	MAHARASHTRA	---	---
14	SATYAJEET PUJARI	291	07/07/03	MAHARASHTRA	---	---
15	JAGDISH .	342	08/08/96	RAJASTHAN	---	---
16	SHAKEEL .	346	17/04/05	RAJASTHAN	---	---
17	MAYANK YADAV	366	02/08/06	RAJASTHAN	---	---
18	PRADEEP SENTHILKUM	403	12/05/03	TAMIL NADU	---	---
19	VINOD KUMAR BANOTH	410	16/12/05	TELANGANA	---	---
20	SHYAM MILAN BIND	416	05/08/04	UTTAR PRADESH	---	---
21	AMAN KUMAR.	427	20/10/99	UTTAR PRADESH	---	---
22	ANU KUMAR	449	02/11/02	UTTRAKHAND	---	---

Event # 5 MENS 1500m Run

FINAL

NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019

MR:BAHADUR PRASAD CHENNAI 3:40.10 1995

1	MOGALI VENKATRAM R	102	09/07/07	ANDHRA PRADESH	---	---
2	RAHUL .	119	01/12/96	DELHI	---	---
3	SHAILABH .	120	11/09/05	DELHI	---	---
4	PRAKASH KUMAR	125	12/01/01	DELHI	---	---
5	SAKIR .	150	05/10/05	HARYANA	---	---
6	KRISHAN KUMAR	164	12/10/97	HARYANA	---	---
7	VIVEK PAL	185	10/03/06	JHARKHAND	---	---
8	KALYAN JR	199	09/02/06	KARNATAKA	---	---
9	VAIBHAV PATIL	206	27/02/02	KARNATAKA	---	---
10	NABEEL SAHI M P	228	20/08/99	KERALA	---	---
11	SUNIL DAWAR	248	02/08/01	MADHYA PRADESH	---	---
12	RITESH OHRE	255	31/12/03	MADHYA PRADESH	---	---
13	ARJUN WASKALE	267	03/07/03	MADHYA PRADESH	---	---
14	PRAKASH GADADE	277	31/07/02	MAHARASHTRA	---	---
15	SONU .	347	14/02/98	RAJASTHAN	---	---
16	RAHUL BALODA	348	05/06/99	RAJASTHAN	---	---
17	GAMBHIR SINGH	362	02/02/03	RAJASTHAN	---	---
18	YOGESWAR R	394	18/04/06	TAMIL NADU	---	---
19	YOONUS SHAH	431	10/05/01	UTTAR PRADESH	---	---
20	GULVEER SINGH	435	01-06-199	UTTAR PRADESH	---	---
21	SHIVA TOMAR	437	22/03/05	UTTAR PRADESH	---	---
22	MANPREET SANDHU	451	04/02/99	UTTRAKHAND	---	---

Event # 6 MENS 5000m Run

FINAL

NR:GULVEER SINGH Westwood 13:03.93 23/05/2026

MR:GULVEER SINGH PANCHKULA 13:34.67 2024

1	VIPIN .	112	12/06/03	CHANDIGARH	---	---
2	RAVI GULIA	114	25/10/01	CHHATTISGARH	---	---
3	SAURABH KUMAR	126	02/07/02	DELHI	---	---
4	GAURAV MATHUR	128	19/09/99	DELHI	---	---
5	SANDEEP SINGH	132	07/03/99	GOA	---	---
6	AJAY .	138	12/08/03	HARYANA	---	---
7	SHIVAJI PARASHU MADA	203	02/05/04	KARNATAKA	---	---
8	ONKAR PANHALKAR	204	14/08/03	KARNATAKA	---	---
9	VIKAS KUMAR BIND	246	11/01/06	MADHYA PRADESH	---	---
10	VINOD SINGH	265	20/07/05	MADHYA PRADESH	---	---
11	RAHUL YADAV	268	01/12/04	MADHYA PRADESH	---	---
12	MRUNAL SARODE	294	18/11/03	MAHARASHTRA	---	---
13	HARMANJOT SINGH	332	10/10/95	PUNJAB	---	---



Event # 6 MENS 5000m Run continued..REG

14	ABHISHEK PAL	429	15/07/97	UTTAR PRADESH	---	---
15	GULVEER SINGH	435	01-06-199	UTTAR PRADESH	---	---
16	DEEPAK BHATT	444	14/09/00	UTTRAKHAND	---	---

Event # 7 MENS 10000m Run

FINAL

NR:G.SINGH SAN JUAN CAPISTRANO 27:00.22 29/03/2025

MR:KARTIK KUMAR BHUBANESWAR 29:01.84 2023

1	RAVI GULIA	114	25/10/01	CHHATTISGARH	---	---
2	GAURAV MATHUR	128	19/09/99	DELHI	---	---
3	HARISH .	144	09/06/99	HARYANA	---	---
4	SHUBHAM SINDHU	172	13/11/95	HARYANA	---	---
5	SHAILESH KUSHWAHA	202	05/02/06	KARNATAKA	---	---
6	SHIVAJI PARASHU MADA	203	02/05/04	KARNATAKA	---	---
7	ONKAR PANHALKAR	204	14/08/03	KARNATAKA	---	---
8	VIKAS KUMAR BIND	246	11/01/06	MADHYA PRADESH	---	---
9	GURMEET SINGH	264	20/07/04	MADHYA PRADESH	---	---
10	VINOD SINGH	265	20/07/05	MADHYA PRADESH	---	---
11	SAHIL SAGAR	322	05/11/00	PUNJAB	---	---
12	HARMANJOT SINGH	332	10/10/95	PUNJAB	---	---
13	LOVEPREET SINGH	338	13/01/99	PUNJAB	---	---
14	MANAV SHARMA	358	03/07/03	RAJASTHAN	---	---
15	SATISH KUMAR VERMA	426	02/08/04	UTTAR PRADESH	---	---
16	ABHISHEK PAL	429	15/07/97	UTTAR PRADESH	---	---
17	DEEPAK BHATT	444	14/09/00	UTTRAKHAND	---	---

Event # 8 MENS 110m Hurdles

PRELIM

NR:TEJAS ASHOK SHIRSE Ludhiana 13.27 13/06/2026

MR:TEJAS ASHOK SHIRSE PANCHKULA 13.54 2024

1	HARMANJEET SINGH	131	20/04/02	DELHI	---	---
2	SHIVDARSHAN .	152	27/10/02	HARYANA	---	---
3	KRISHIK. M .	190	16/10/03	KARNATAKA	---	---
4	MUHAMMED .	218	01/06/02	KERALA	---	---
5	SHAHUL S	236	24/11/06	KERALA	---	---
6	VIKASH KUMAR PATHAK	257	05/07/97	MADHYA PRADESH	---	---
7	SAHIL GEDAM	279	24/11/01	MAHARASHTRA	---	---
8	TEJAS SHIRSE	296	04/06/02	MAHARASHTRA	---	---
9	DAKSH SUMERPUR OSW	297	11/06/04	MAHARASHTRA	---	---
10	MADHVENDRA SHEKHA	360	30-10-200	RAJASTHAN	---	---
11	A. GRACESON JEEVA	384	05/04/03	TAMIL NADU	---	---
12	RATHISH PANDIDURAI	390	11/06/04	TAMIL NADU	---	---
13	MANAV R	392	07/06/00	TAMIL NADU	---	---

Event # 9 MENS 400m Hurdles

PRELIM

NR:A DHARUN PATIALA 48.80 16/03/2019

MR:YASHAS PALAKSHA BHUBANESWAR 49.37 2023

1	KARTHIK YARRAVARAPU	103	01/04/04	ANDHRA PRADESH	---	---
2	MURAD SIRMAN	135	10/09/05	GUJARAT	---	---
3	YASHAS .	194	08/12/01	KARNATAKA	---	---
4	ARYAN PRAJWAL KASHY	200	03/03/04	KARNATAKA	---	---
5	PRANAM DEVENDRA SH	211	21/04/99	KARNATAKA	---	---
6	JABIR PALLIYALIL	233	08/06/96	KERALA	---	---
7	NIKHIL BHARDWAJ	319	24/05/96	PUNJAB	---	---
8	VIGNESH B	376	08/06/05	TAMIL NADU	---	---
9	MAGENDRAN S	400	17/08/01	TAMIL NADU	---	---



65th National Inter State Senior Athletics Championship

21-06-2026

Kalinga Stadium, Bhubaneswar (Odisha)

6/24/26 - 6/28/26

24th-28th June 2026.

Event # 9 MENS 400m Hurdles continued

10	SANTHOSH T	405	01/01/98	TAMIL NADU	---	---
11	SUBHAS DAS	452	23/01/02	WEST BENGAL	---	---

Event # 10 MENS 3000m Steeplechase

FINAL

NR:AVINASH SABLE PARIS 8:09.91 07/07/2024

MR:AVINASH SABLE LUCKNOW 8:31.75 2024

1	PRINCE RAJ MISHRA	110	01/03/99	BIHAR	---	---
2	BALKISHAN .	142	09/11/98	HARYANA	---	---
3	NAVEEN DAGAR	157	20/01/88	HARYANA	---	---
4	SUMIT RATHEE	169	22/09/06	HARYANA	---	---
5	SHUBHAM BHANDARE	270	17/06/00	MAHARASHTRA	---	---
6	SHUBHAM DAPAKE	272	21/02/03	MAHARASHTRA	---	---
7	PURAN RAI	370	28/02/95	SIKKIM	---	---
8	VINAYAK PRATAP DHAN	419	20/09/04	UTTAR PRADESH	---	---
9	SHARUK KHAN	421	25/07/06	UTTAR PRADESH	---	---
10	ASHISH PAL	430	28/01/04	UTTAR PRADESH	---	---

Event # 11 MENS High Jump

FINAL

NR:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

MR:B CHETHAN GUWAHATI 2.25 2018

1	AKASH .	139	10/03/01	HARYANA	---	---
2	SUDEEP .	192	29/04/04	KARNATAKA	---	---
3	JESSE SANDESH	208	22/10/95	KARNATAKA	---	---
4	JOMON JOY	224	19/10/03	KERALA	---	---
5	AROMAL .	216	13/09/98	KERALA	---	---
6	ADITYANSH SINGH	262	05/12/05	MADHYA PRADESH	---	---
7	SARVESH KUSHARE	283	17/06/95	MAHARASHTRA	---	---
8	DHAIRYSHIL GAYAKWA	278	10/02/03	MAHARASHTRA	---	---
9	SWADHIN KUMAR MAJH	310	10/04/00	ODISHA	---	---
10	BASANT .	341	07/01/07	RAJASTHAN	---	---
11	AADARSH RAM	397	27/09/97	TAMIL NADU	---	---

Event # 12 MENS Pole Vault

FINAL

NR:Kuldeep Kumar Ranchi 5.45 24/05/2026

MR:M. Gowtham . Chennai 5.20 2025

1	P. SUBASH CHANDRAN	196	06/03/03	KARNATAKA	---	---
2	BINEESH JACOB	198	17/03/86	KARNATAKA	---	---
3	RAJ MEENA	254	18/06/02	MADHYA PRADESH	---	---
4	KULDEEP KUMAR	252	12/03/05	MADHYA PRADESH	---	---
5	DEV MEENA	253	07/05/05	MADHYA PRADESH	---	---
6	ROHIT PATIL	289	07/04/00	MAHARASHTRA	---	---
7	SOHAN RAM	357	05/07/97	RAJASTHAN	---	---
8	RAMRATAN .	345	01/05/05	RAJASTHAN	---	---
9	RAMBEER .	344	30/06/96	RAJASTHAN	---	---
10	KAVINRAJA S	399	26/06/06	TAMIL NADU	---	---
11	REEGAN G	380	08/08/01	TAMIL NADU	---	---
12	M.GOWTHAM .	372	25/09/02	TAMIL NADU	---	---
13	AVNEESH KUMAR	422	01/07/01	UTTAR PRADESH	---	---

Event # 13 MENS Long Jump

FINAL

NR:JESWIN ALDRIN BELLARY 8.42 02/03/2023

MR:SREESHANKAR MBHUBANESWAR 8.41 2023

1	SUNNY .	105	13/07/01	BIHAR	---	---
2	MOHD SAZID	170	10/02/06	HARYANA	---	---



Event # 13 MENS Long Jump continued.R. EG

3	AVINASH .	141	16/10/02	HARYANA	—	—
4	BHUPENDER SINGH	173	13/11/01	HARYANA	—	—
5	ARYA S	207	31/12/01	KARNATAKA	—	—
6	PURUSHOTHAM .	191	12/11/01	KARNATAKA	—	—
7	LOKESH SATHYANATHA	209	21/12/99	KARNATAKA	—	—
8	VINOTH YUVARAJ	240	26/09/94	KERALA	—	—
9	SREESHANKAR M	227	27/03/99	KERALA	—	—
10	KRISHNA SHARMA	258	02/08/99	MADHYA PRADESH	—	—
11	SARUN PAYASINGH	312	09/07/00	ODISHA	—	—
12	LAKHVEER SINGH	336	13/01/03	PUNJAB	—	—
13	PRADEEP .	343	03/02/99	RAJASTHAN	—	—
14	JITHIN R.C	395	11/12/07	TAMIL NADU	—	—
15	JESWIN ALDRIN	375	24/12/01	TAMIL NADU	—	—
16	DAVID P	389	17/03/02	TAMIL NADU	—	—
17	SHAHNAVAZ KHAN	420	02/02/08	UTTAR PRADESH	—	—
18	RAJAT .	414	12/09/04	UTTAR PRADESH	—	—
19	AMITRA GHOSH	453	05/08/03	WEST BENGAL	—	—

Event # 14 MENS Triple Jump

FINAL

NR:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023

MR:PRAVEEN CHITHRAVEL CHENNAI 17.18 2022

1	VISHAL BAHADUR	177	09/05/03	JHARKHAND	—	—
2	KARTHIK U	239	03/06/93	KERALA	—	—
3	ABDULLA .	215	17/01/96	KERALA	—	—
4	JAY SHAH	295	11/10/97	MAHARASHTRA	—	—
5	PRAVEEN CHITHRAVEL	377	05/06/01	TAMIL NADU	—	—
6	MOHANRAJ J	383	26/06/01	TAMIL NADU	—	—
7	GAILEY VENISTER	407	31/01/00	TAMIL NADU	—	—
8	SELVA PRABHU	408	28/12/04	TAMIL NADU (wc)	—	—
9	PRADEEP KUMAR	424	20/01/04	UTTAR PRADESH	—	—

Event # 15 MENS Shot Put

FINAL

NR:T.SINGH TOOR BHUBANESHWAR 21.77 19/06/2023

MR:TAJINDERPAL SINGH TOOR BHUBANESHWAR 21.77 2023

1	SANYAM .	151	05/10/03	HARYANA	—	—
2	ATUL .	140	17/01/05	HARYANA	—	—
3	PRAJWAL SHETTY	210	24/03/01	KARNATAKA	—	—
4	SAMARDEEP GILL	250	03/01/01	MADHYA PRADESH	—	—
5	RAHUL AIR	269	06/04/94	MAHARASHTRA	—	—
6	TAJINDERPAL TOOR	340	13/11/94	PUNJAB	—	—
7	KARANVEER SINGH	335	24/07/97	PUNJAB	—	—
8	DHANVEER SINGH	330	28/12/02	PUNJAB	—	—
9	S.SRI KUMARAN	385	23/08/03	TAMIL NADU	—	—
10	BALAJI .	371	26/09/00	TAMIL NADU	—	—
11	RAVI KUMAR	425	06/05/92	UTTAR PRADESH	—	—
12	ANIKET .	443	05/11/01	UTTRAKHAND	—	—
13	ADHISH GHILDIYAL	448	21/05/02	UTTRAKHAND	—	—

Event # 16 MENS Discus Throw

FINAL

NR:VIKAS GOWDA NORMAN 66.28 12/04/2012

MR:KIRPAL SINGH CHENNAI 60.31 2022

1	VARUN SINGH	111	10/11/02	BIHAR	—	—
2	KIRPAL SINGH	113	19/05/92	CHANDIGARH	—	—
3	AMIT KUMAR	124	17/04/98	DELHI	—	—



Event # 16 MENS Discus Throw continuE.G

4	ARJUN .	115	01/07/93	DELHI	---	---
5	ARVIND SHARMA	130	30/11/03	DELHI	---	---
6	RITIK .	148	06/07/06	HARYANA	---	---
7	ABHIMANYU ABHIMAN	154	18/12/01	HARYANA	---	---
8	NIRBHAY SINGH	175	20/11/96	HARYANA	---	---
9	RAMANAND SINGH	186	02/10/02	JHARKHAND	---	---
10	IKRAM KHAN	251	01/07/01	MADHYA PRADESH	---	---
11	HARENDRA .	243	20/04/02	MADHYA PRADESH	---	---
12	SATISH DESHMUKH	276	08/08/01	MAHARASHTRA	---	---
13	DEEPAK CHOUDHARY	349	15/01/06	RAJASTHAN	---	---
14	ROHIT KUMAR	353	29/09/00	RAJASTHAN	---	---
15	ABHINAV VAISHNAV	364	05/07/02	RAJASTHAN	---	---
16	P. SURYA PRAKAS .	373	25/09/02	TAMIL NADU	---	---
17	DIGVIJAY SINGH CHAUD	417	02/11/01	UTTAR PRADESH	---	---
18	DHARAMRAJ YADAV	440	26/01/91	UTTAR PRADESH	---	---
19	PULKIT CHOUDHARY	418	10/10/02	UTTAR PRADESH	---	---

Event # 17 MENS Hammer Throw

FINAL

NR:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

MR:NIRAJ KUMAR HYDERABAD 70.73 2016

1	DEVANG .	117	20/12/03	DELHI	---	---
2	ASHISH JAKHAR	161	05/01/99	HARYANA	---	---
3	AMIT PUNDIR	168	05/05/04	HARYANA	---	---
4	MUKUL .	244	13/11/01	MADHYA PRADESH	---	---
5	DAMNEET SINGH	329	10/03/00	PUNJAB	---	---
6	ARVIND SINGH	328	23/11/02	PUNJAB	---	---
7	PRAVEEN KUMAR	352	14/12/00	RAJASTHAN	---	---
8	SHANKAR NAGARAJAN	388	11/07/91	TAMIL NADU	---	---
9	SACHIN YADAV	442	30/12/01	UTTAR PRADESH	---	---
10	MOHAMMAD SHAHBAN	432	16/04/04	UTTAR PRADESH	---	---
11	ARNAV YADAV	439	10/08/01	UTTAR PRADESH	---	---

Event # 18 MENS Javelin Throw

FINAL

NR:NEERAJ CHOPRA DOHA 90.23 16/05/2025

MR:MANU DP CHENNAI 84.35 2022

1	ABHISHEK DRALL	121	11/05/98	DELHI	---	---
2	SAHIL SILWAL	171	17/12/00	HARYANA	---	---
3	ADITYA .	137	22/10/06	HARYANA	---	---
4	SHASHANK PATIL	205	10/10/04	KARNATAKA	---	---
5	BIBIN ANTONY	221	04/05/94	KERALA	---	---
6	SHIVAM LOHAKARE	284	14/09/04	MAHARASHTRA	---	---
7	UTTAM PATIL	290	01/11/98	MAHARASHTRA	---	---
8	KISHORE JENA	307	06/09/95	ODISHA	---	---
9	ARSHDEEP SINGH	326	05/04/99	PUNJAB	---	---
10	YASHVIR SINGH	363	22/10/01	RAJASTHAN	---	---
11	VIPUL YADAV	369	28/06/03	RAJASTHAN	---	---
12	KANISHKAR T	404	30/01/06	TAMIL NADU	---	---
13	ROHIT YADAV	441	06/06/01	UTTAR PRADESH	---	---
14	DIPANSHU SHARMA	433	25/04/06	UTTAR PRADESH	---	---
15	ANAND SINGH	434	03/03/04	UTTAR PRADESH	---	---

Event # 19 MENS H.Marathon Race Walk

FINAL

NR:Sahil . CHANDIGARH 1:25.48 30/01/2024

1	DEEPAK GURJAR	123	15/03/03	DELHI	---	---
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Kalinga Stadium, Bhubaneswar (Odisha)

6/24/26 - 6/28/26

24th-28th June 2026.

2	VIJAY VISHWAKARMA	133	11/10/99	GOA	---	---
3	HARDEEP .	143	22/09/98	HARYANA	---	---
4	RAHUL ..	153	07/01/00	HARYANA	---	---
5	SHIVAM GAHARWAR	249	13/01/94	MADHYA PRADESH	---	---
6	VISHVENDRA SINGH	266	10/07/02	MADHYA PRADESH	---	---
7	NINGTHOUKHONGJA .	298	01/03/02	MANIPUR	---	---
8	KHANGEMBAM PILOT SI	300	28/02/02	MANIPUR	---	---
9	SAHIL .	318	09/04/02	PUNJAB	---	---
10	AKSHDEEP SINGH	324	22/11/99	PUNJAB	---	---
11	ARSHPREET SINGH	327	22/11/00	PUNJAB	---	---
12	AMIT GURJAR	351	01/05/03	RAJASTHAN	---	---
13	MUKESH NITHARWAL	355	04/06/00	RAJASTHAN	---	---
14	VIKASH YADAV	368	25/10/00	RAJASTHAN	---	---
15	SERVIN .	374	26/11/99	TAMIL NADU	---	---
16	RESHAM MIDHUN	411	06/12/87	TELANGANA	---	---
17	PARAMJEET BISHT	445	03/03/02	UTTRAKHAND	---	---
18	SACHIN BOHRA	446	22/03/03	UTTRAKHAND	---	---
19	ANSHUL DHOUDIYAL	447	30/06/04	UTTRAKHAND	---	---

Event # 20 MENS 4x100m Relay**FINAL**

NR:NATIONAL TEAM CHANDIGARH 38.69 30/04/2025

MR:Odisha TEAM CHENNAI 39.52 2025

1	HARYANA A	6094		HARYANA	---	---
2	JHARKHAND B	6095		JHARKHAND	---	---
3	KERALA C	6096		KERALA	---	---
4	MADHYA PRADESH D	6097		MADHYA PRADESH	---	---
5	MAHARASHTRA E	6098		MAHARASHTRA	---	---
6	ODISHA F	6099		ODISHA	---	---
7	PUNJAB G	6100		PUNJAB	---	---
8	TAMIL NADU H	6101		TAMIL NADU	---	---

Event # 21 MENS 4x400m Relay**FINAL**

NR:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023

MR:TAMIL NADU TEAM BHUBANESWAR 3:06.75 2023

1	HARYANA A	6102		HARYANA	---	---
2	JHARKHAND B	6103		JHARKHAND	---	---
3	KARNATAKA C	6104		KARNATAKA	---	---
4	KERALA D	6105		KERALA	---	---
5	ODISHA E	6106		ODISHA	---	---
6	PUNJAB F	6107		PUNJAB	---	---
7	TAMIL NADU G	6108		TAMIL NADU	---	---

Event # 22 WOMENS 100m Run**PRELIM**

NR:DUTEE CHAND PATIALA 11.17 21/06/2021

MR:DUTEE CHAND GUWAHATI 11.29 2018

1	SWATHI RONGALI	507	07/08/00	ANDHRA PRADESH	---	---
2	SHATAKSHI RAI	510	30/05/02	BIHAR	---	---
3	SANJANA .	515	25/03/06	DELHI	---	---
4	SIMRAN BEDI	516	07/01/93	DELHI	---	---
5	CHARU SHOUKEEN	522	30/11/98	DELHI	---	---
6	NANCY .	541	12/12/07	HARYANA	---	---
7	TAMANNA .	549	29/09/04	HARYANA	---	---
8	HIMASHREE ROY	560	15/03/95	HARYANA	---	---
9	UNNATHI BOLLANDA	580	05/06/05	KARNATAKA	---	---
10	PRAKRUTHI ROOPA RAO	593	19/11/02	KARNATAKA	---	---



Event # 22 WOMENS 100m Run continued E.G

11	DANESHWARI T	596	14/08/00	KARNATAKA	
12	SNEHA S.S	597	27-03-199	KARNATAKA (WC)	
13	FATEMA BEGAM	602	15/08/99	KERALA	
14	AMANIKA H	607	06/05/06	KERALA	
15	JILNA M V	611	28/12/97	KERALA	
16	HEERAL JOHRI	631	01/06/06	MADHYA PRADESH	
17	HARITA BHADRA	636	06/06/03	MAHARASHTRA	
18	DIVYANGI LANDE	641	16/04/07	MAHARASHTRA	
19	SUDESHNA SHIVANKAR	647	09/09/03	MAHARASHTRA	
20	SRABANI NANDA	657	07/05/91	ODISHA	
21	MARYMUKTA SORENG	661	01/11/04	ODISHA	
22	MOUSUMI ROY UTTAM R	664	30/01/01	ODISHA	
23	KIRUTHIKA .	694	27/02/04	TAMIL NADU	
24	SUBA DHARSINI S	703	10/11/05	TAMIL NADU	
25	GIRIDHARANI RAVIKUM	720	07/07/01	TAMIL NADU	
26	ABINAYA RAJARAJAN	728	21-11-200	TAMIL NADU (wc)	
27	NITHYA GANDHE	730	10/11/99	TELANGANA	
28	PRIYANKA SIKARWAR	754	01/08/03	UTTAR PRADESH	

Event # 23 WOMENS 200m Run

PRELIM

NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

MR:HIMA DAS GUWAHATI 23.10 2018

1	SWATHI RONGALI	507	07/08/00	ANDHRA PRADESH	
2	JYOTHI YARRAJI	508	28/08/99	ANDHRA PRADESH	
3	PRIYA .	514	27/12/02	DELHI	
4	SANJANA .	515	25/03/06	DELHI	
5	NANCY .	541	12/12/07	HARYANA	
6	KIRAN PAHAL	557	05/08/00	HARYANA	
7	SAMRITI JAMWAL	564	04/12/03	HIMACHAL PRADESH	
8	V SUDHEEKSHA .	577	28/04/05	KARNATAKA	
9	UNNATHI BOLLANDA	580	05/06/05	KARNATAKA	
10	PRAKRUTHI ROOPA RAO	593	19/11/02	KARNATAKA	
11	FATEMA BEGAM	602	15/08/99	KERALA	
12	JILNA M V	611	28/12/97	KERALA	
13	SREENA NARAYANANKU	613	17/02/05	KERALA	
14	HEERAL JOHRI	631	01/06/06	MADHYA PRADESH	
15	HARITA BHADRA	636	06/06/03	MAHARASHTRA	
16	SUDESHNA SHIVANKAR	647	09/09/03	MAHARASHTRA	
17	SRABANI NANDA	657	07/05/91	ODISHA	
18	MOUSUMI ROY UTTAM R	664	30/01/01	ODISHA	
19	RISHITA KAUR	687	16/11/02	RAJASTHAN	
20	SAI SANYUKTHA D	702	10/11/05	TAMIL NADU	
21	PRIYANKA SIKARWAR	754	01/08/03	UTTAR PRADESH	

Event # 24 WOMENS 400m Run

PRELIM

NR:HIMA DAS JAKARTA 50.79 26/08/2018

MR:KIRAN PAHAL PANCHKULA 50.92 2024

1	KUNJA RAJITHA	505	01/01/03	ANDHRA PRADESH	
2	DEVYANIBA ZALA	531	15/03/02	GUJARAT	
3	HIMANSHI MALIK	555	22/04/02	HARYANA	
4	KIRAN PAHAL	557	05/08/00	HARYANA	
5	ANCHAL RANI	558	19/06/05	HARYANA	
6	PRIYA THAKUR	566	11/09/00	HIMACHAL PRADESH	
7	VIJAYAKUMARI GK	584	05/08/96	KARNATAKA	



Event # 24 WOMENS 400m Run continued

8	PRIYA MOHAN	587	15/03/03	KARNATAKA	---	---
9	POOVAMMA RAJU	592	05/05/90	KARNATAKA	---	---
10	GOWRINANDANA .	600	26/03/02	KERALA	---	---
11	ANSA BABU	601	09/04/98	KERALA	---	---
12	SANDRA MOL SABU	617	08/07/05	KERALA	---	---
13	ANANKHA B A .	622	29-03-200	KERALA (wc)	---	---
14	JISNA MATHEW	623	07-01-199	KERALA (wc)	---	---
15	SHIVKANYA MUKATI	633	01/03/04	MADHYA PRADESH	---	---
16	AISHWARYA MISHRA	642	16/08/97	MAHARASHTRA	---	---
17	SHRAVANI SANGLE	646	16/11/05	MAHARASHTRA	---	---
18	SUKHI BASKEY	651	02/11/02	ODISHA	---	---
19	KIRANPAL KAUR	670	02/05/92	PUNJAB	---	---
20	RASHDEEP KAUR	672	01/02/02	PUNJAB	---	---
21	GEETA .	677	02/01/02	RAJASTHAN	---	---
22	RISHITA KAUR	687	16/11/02	RAJASTHAN	---	---
23	RAMA TANWAR	693	08/07/03	RAJASTHAN	---	---
24	OLIMBA STEFFI .	695	15/02/02	TAMIL NADU	---	---
25	SUBHA VENKATESAN	727	31/08/99	TAMIL NADU	---	---
26	PRAVALIKA NARIMALLA	731	21/08/05	TELANGANA	---	---
27	PRACHI .	737	20/12/96	UTTAR PRADESH	---	---
28	KUMARI SALONI NAGAR	745	22/12/04	UTTAR PRADESH	---	---
29	NEERU PAHTAK	746	27/01/07	UTTAR PRADESH	---	---
30	NOFISA KHATUN	771	17/06/05	WEST BENGAL	---	---

Event # 25 WOMENS 800m Run

FINAL

NR:TINTU LUKA SPLIT 1:59.17 04/09/2010

MR:K.C. ROSA KUTTY BANGALORE 2:00.49 1997

1	HARMILAN BAINS	511	23/07/98	CHANDIGARH	---	---
2	THOTA SANKEERTANA	512	17/07/03	CHHATTISGARH	---	---
3	LAXITA SANDILEA	530	13/02/05	GUJARAT	---	---
4	POOJA .	543	17/06/02	HARYANA	---	---
5	PRISCILLA DANIEL	604	01/07/02	KERALA	---	---
6	PREETI YADAV	635	30/08/04	MADHYA PRADESH	---	---
7	HUIDROM DEVI	650	01-02-200	MANIPUR	---	---
8	DIPTIRANI SAHOO	658	18/03/02	ODISHA	---	---
9	GOWTHAMI JAYARAMA	709	22/05/99	TAMIL NADU	---	---
10	ANSLIN M	713	10/09/06	TAMIL NADU	---	---
11	SHIVANI HUDDA	743	07/08/97	UTTAR PRADESH	---	---
12	PRATEEKSHA YADAV	760	30/06/05	UTTAR PRADESH	---	---
13	LILI DAS	766	18/03/98	UTTRAKHAND	---	---

Event # 26 WOMENS 1500m Run

FINAL

NR:DEEKSHA . LOS ANGELES 4:04.78 11/05/2024

MR:DEEKSHA . BHUBANESWAR 4:06.07 2023

1	HARMILAN BAINS	511	23/07/98	CHANDIGARH	---	---
2	THOTA SANKEERTANA	512	17/07/03	CHHATTISGARH	---	---
3	ANJU .	533	13/11/04	HARYANA	---	---
4	POOJA .	543	17/06/02	HARYANA	---	---
5	NIKITA SHARMA	565	04/07/01	HIMACHAL PRADESH	---	---
6	PRIYANKA C	581	02/01/04	KARNATAKA	---	---
7	KOMAL JAGADALE	639	26/01/99	MAHARASHTRA	---	---
8	PARUL CHAUDHARY	739	15-04-199	UTTAR PRADESH	---	---
9	ANKITA .	761	05/02/02	UTTRAKHAND	---	---
10	LILI DAS	766	18/03/98	UTTRAKHAND	---	---



Event # 26 WOMENS 1500m Run continued.**Event # 27 WOMENS 5000m Run**

FINAL

NR:PARUL CHAUDHARY Nice 15:04.26 06/05/2023

MR:Seema

1	ANKITABEN GAVIT	528	23/07/05	GUJARAT	---	---
2	BHARTI .	534	01/01/97	HARYANA	---	---
3	MUSKAN .	540	10/06/08	HARYANA	---	---
4	SEEMA .	563	10/01/01	HIMACHAL PRADESH	---	---
5	SANGHAMITRA MAHATA	572	25/12/04	JHARKHAND	---	---
6	RAVINA GAYAKWAD	637	10/10/04	MAHARASHTRA	---	---
7	SANJIVANI JADHAV	638	12/07/96	MAHARASHTRA	---	---
8	AARTI PAWARA	644	05/03/04	MAHARASHTRA	---	---
9	CHATRU .	676	05/07/01	RAJASTHAN	---	---
10	SUNITA DEVI	741	12/04/05	UTTAR PRADESH	---	---

Event # 28 WOMENS 10000m Run

FINAL

NR:PREEJA SREEDHARAN GUANGZHOU 31:50.47 21/11/2010

MR:PREEJA SREEDHARAN PATIALA 32:36.53 2010

1	BHARTI .	534	01/01/97	HARYANA	---	---
2	SEEMA .	563	10/01/01	HIMACHAL PRADESH	---	---
3	REEBA GEORGE	606	07/08/96	KERALA	---	---
4	RAVINA GAYAKWAD	637	10/10/04	MAHARASHTRA	---	---
5	SANJIVANI JADHAV	638	12/07/96	MAHARASHTRA	---	---
6	AARTI PAWARA	644	05/03/04	MAHARASHTRA	---	---
7	CHATRU .	676	05/07/01	RAJASTHAN	---	---
8	SHILPA .	682	15/05/01	RAJASTHAN	---	---
9	PRIYA KUMAWAT	688	17/12/01	RAJASTHAN	---	---
10	KM MAMTA .	735	15/07/01	UTTAR PRADESH	---	---
11	MAMATA PAL	747	15/07/03	UTTAR PRADESH	---	---
12	REENA PATEL	748	15/04/99	UTTAR PRADESH	---	---
13	BHAGIRATHI .	762	06/09/01	UTTRAKHAND	---	---
14	SONIYA .	765	25/07/00	UTTRAKHAND	---	---
15	SHAMPA GAIN	770	06/06/00	WEST BENGAL	---	---

Event # 29 WOMENS 100m Hurdles

PRELIM

NR:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

MR:JYOTHI YARRAJI BHUBANESWAR 12.92 2023

1	JYOTHI YARRAJI	508	28/08/99	ANDHRA PRADESH	---	---
2	SHREEYA RAJESH	591	15/05/05	KARNATAKA	---	---
3	ANJALI C	603	27/07/00	KERALA	---	---
4	SOUMYA VARGHESE	621	13/10/96	KERALA	---	---
5	PRANJALI PATIL	643	23/01/03	MAHARASHTRA	---	---
6	PRAGYAN PRASANT SAH	659	19/12/99	ODISHA	---	---
7	SABITA TOPPO	663	06/04/05	ODISHA	---	---
8	AKSCHIDA .S	696	02/10/04	TAMIL NADU	---	---
9	NANDHINI K	711	13/07/99	TAMIL NADU	---	---
10	YAMINI KARTHIKEYAN	712	28/09/06	TAMIL NADU	---	---
11	NAMAYI RUCHITHA .	729	05/05/04	TELANGANA	---	---
12	AERROLLA PRANATHI	732	17/11/06	TELANGANA	---	---
13	PUJA KOLEYPANDIT	772	31/07/94	WEST BENGAL	---	---

Event # 30 WOMENS 400m Hurdles

FINAL

NR:P.T USHA LOS ANGELES 55.42 08/08/1984

MR:VITHYA RAMRAJ BHUBANESWAR 56.01 2023



Event # 30 WOMENS 400m Hurdles

FINAL

NR:P.T USHA LOS ANGELES 55.42 08/08/1984

MR:VITHYA RAMRAJ BHUBANESWAR 56.01 2023

1	HIMANSHI .	513	02/09/05	DELHI	---	---
2	SINCHAL .	576	05/02/01	KARNATAKA	---	---
3	SHRAVANI BHATE	579	15/08/03	KARNATAKA	---	---
4	MEGHA MUNAVALLIMAT	588	19/05/01	KARNATAKA	---	---
5	DELNA PHILIP	614	17/05/01	KERALA	---	---
6	ANU R	615	20/04/93	KERALA	---	---
7	ANN TOMY	620	25/02/02	KERALA	---	---
8	ANUSHKA KUMBHAR	640	04/05/05	MAHARASHTRA	---	---
9	SHRAVANI SANGLE	646	16/11/05	MAHARASHTRA	---	---
10	GURDEEP KAUR	669	02/06/01	PUNJAB	---	---
11	RAMANDEEP KAUR	671	20/12/03	PUNJAB	---	---
12	ASWINI R	716	24/08/04	TAMIL NADU	---	---
13	HARSHITHA R	717	21/06/05	TAMIL NADU	---	---
14	R VITHYA RAMRAJ	718	20/09/98	TAMIL NADU	---	---
15	GUDIYA .	734	14/09/98	UTTAR PRADESH	---	---
16	ADITI BANERJEE	769	11/08/03	WEST BENGAL	---	---

Event # 31 WOMENS 3000m Steeplechase

FINAL

NR:PARUL CHAUDHARY GUMI 9:12.46 30/05/2025

MR:PARUL CHAUDHARY BHUBANESWAR 9:34.23 2023

1	MANEESHA .	625	04/12/01	MADHYA PRADESH	---	---
2	EKTA DEY	630	21/09/05	MADHYA PRADESH	---	---
3	SUSMITA TIGGA	662	25/12/03	ODISHA	---	---
4	NIKITA .	681	11/11/04	RAJASTHAN	---	---
5	KUMARI PARRU	689	15/09/03	RAJASTHAN	---	---
6	PARUL CHAUDHARY	739	15-04-199	UTTAR PRADESH	---	---
7	KHUSHBU GUPTA	742	07/11/98	UTTAR PRADESH	---	---
8	ANKITA .	761	05/02/02	UTTRAKHAND	---	---

Event # 32 WOMENS High Jump

FINAL

NR:Pooja . Hong Kong 1.93 29/05/2026

MR:SAHANA KUMARI HYDERABAD 1.92 2012

1	PAYAL JAMOD	529	21/12/03	GUJARAT	---	---
2	RUBINA YADAV	561	14/01/01	HARYANA	---	---
3	POOJA -	532	21-02-200	HARYANA	---	---
4	JONIKA PAHAL	556	21/01/04	HARYANA	---	---
5	SUPRIYA B	578	11/03/01	KARNATAKA	---	---
6	PALLAVI PATIL	590	12/09/02	KARNATAKA	---	---
7	ABHINAYA SHETTY	595	16/06/99	KARNATAKA	---	---
8	ATHIRA SOMARAJ	619	26/10/98	KERALA	---	---
9	MAHEK NASRIN DAYAN	653	27/02/06	ODISHA	---	---
10	SAHANA B	701	21/02/03	TAMIL NADU	---	---
11	KEVINAA ANNAVI	699	23/03/02	TAMIL NADU	---	---
12	G.GIJI GEORGE STEPHEN	707	30/12/00	TAMIL NADU	---	---
13	KHYATI MATHUR	744	02/09/03	UTTAR PRADESH	---	---
14	REET RATHOR	752	10/06/06	UTTAR PRADESH	---	---
15	MANSHI .	736	03/09/02	UTTAR PRADESH	---	---

Event # 33 WOMENS Pole Vault

FINAL

NR:Baranica Elangovan Bhubaneswar 4.23 03/05/2026

MR:PAVITHRA VENKATESH BHUBANESWAR 4.10 2023



65th National Inter State Senior Athletics Championship

21-06-2026

Kalinga Stadium, Bhubaneswar (Odisha)

6/24/26 - 6/28/26

24th-28th June 2026.

Event # 33 WOMENS Pole Vault**FINAL**

NR:Baranica Elangovan Bhubaneswar 4.23 03/05/2026

MR:PAVITHRA VENKATESH BHUBANESWAR 4.10 2023

1	KRISHNA RACHAN	504	24/05/94	ANDHRA PRADESH	_____
2	SHABNAM .	547	03/12/03	HARYANA	_____
3	VANSHIKA GHANGHAS	553	08/10/05	HARYANA	_____
4	SINDHUSHREE G	582	23/10/00	KARNATAKA	_____
5	MARIYA JAISON	585	23/09/97	KARNATAKA	_____
6	BLESSY .	599	21/10/01	KERALA	_____
7	AKSHAYA M	610	21/04/03	KERALA	_____
8	NITIKA AKARE	627	31/12/05	MADHYA PRADESH	_____
9	BABITA PATEL	634	12/08/00	MADHYA PRADESH	_____
10	BAJE NAGAMMA RAVIN	645	11/08/03	MAHARASHTRA	_____
11	KARTHIKA V	725	21/11/05	TAMIL NADU	_____
12	BARANICA ELANGOVAN	706	03/02/97	TAMIL NADU	_____

Event # 34 WOMENS Long Jump**FINAL**

NR:ANJU B.GEORGE ATHENS 6.83 27/08/2004

MR:MAYOOKHA JOHNY BANGALORE 6.63 2011

1	KUSUMA RAVADA	506	15/09/01	ANDHRA PRADESH	_____
2	BHAVANI YADAV BHAGA	502	19/12/98	ANDHRA PRADESH	_____
3	SHRIDEVIKA .V.S .	575	14/07/00	KARNATAKA	_____
4	PAVANA NAGARAJ	589	07/11/05	KARNATAKA	_____
5	DEESHA GANAPATHY	583	16/08/05	KARNATAKA	_____
6	ANCY SOJAN E	605	01/03/01	KERALA	_____
7	ABHIRAMI M	609	27/03/03	KERALA	_____
8	MUBASSINA MOHAMME	624	22/02/06	LAKSHADWEEP	_____
9	MANISHA MEREL	656	05/07/01	ODISHA	_____
10	PRIYA RATHORE	690	25/06/98	RAJASTHAN	_____
11	SHERIN A	698	24/02/00	TAMIL NADU	_____
12	ABINAYA SRI A	697	30/10/04	TAMIL NADU	_____
13	SHAILI SINGH	756	07/01/04	UTTAR PRADESH	_____
14	DEEPANSHI SINGH	755	03/04/01	UTTAR PRADESH	_____

Event # 35 WOMENS Triple Jump**FINAL**

NR:MAYOOKHA JOHNY KOBE 14.11 09/07/2011

MR:MAYOOKHA JOHNY LUCKNOW 13.72 2014

1	MALLALA ANUSHA	501	10/07/02	ANDHRA PRADESH	_____
2	BHUMIKA K N	586	06/11/05	KARNATAKA	_____
3	JENIMOL JOY	608	29/12/95	KERALA	_____
4	JANICE TRESSA REGI	616	21/02/06	KERALA	_____
5	ALEENA T SAJI	618	12/03/02	KERALA	_____
6	NIMISHA DAYMA	629	15/05/03	MADHYA PRADESH	_____
7	MARTINA LAKRA	632	20/08/01	MADHYA PRADESH	_____
8	MARYMUKTA SORENG	661	01/11/04	ODISHA	_____
9	NIHARIKA VASHISHT	675	17/10/95	PUNJAB	_____
10	ARSHDEEP KAUR	668	02/11/99	PUNJAB	_____
11	SADHANA RAVI	719	16/12/07	TAMIL NADU	_____
12	LASHA ILANGO	708	18/06/99	TAMIL NADU	_____
13	BABISHA P	714	26/12/01	TAMIL NADU	_____
14	AKANKSHA .	733	05/08/04	UTTAR PRADESH	_____
15	BHAIRABI ROY	773	02/02/95	WEST BENGAL	_____

Event # 36 WOMENS Shot Put**FINAL**

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FINAL**Event # 36 WOMENS Shot Put**

NR:ABHA KHATUA BHUBANESWAR 18.41 13/05/2024

MR:MANPREET KAUR CHENNAI 18.06 2022

1	SRISHTI VIG	523	15/07/95	DELHI	—	—
2	SHIKSHA .	548	12/12/02	HARYANA	—	—
3	REKHA .	545	02-02-200	HARYANA	—	—
4	YOGITA .	550	01/11/00	HARYANA	—	—
5	MANPREET KAUR	554	06/07/90	HARYANA	—	—
6	SUMAN SHARMA	692	18/11/00	RAJASTHAN	—	—
7	KACHNAR CHAUDHARY	684	17/05/99	RAJASTHAN	—	—
8	KRISHNA JAYASANKAR	710	10/11/02	TAMIL NADU	—	—
9	VIDHI .	738	27/12/04	UTTAR PRADESH	—	—

FINAL**Event # 37 WOMENS Discus Throw**

NR:KAMALPREET KAUR PATIALA 66.59 21/06/2021

MR:SEEMA PUNIA PATIALA 63.72 2021

1	BHAVANA YADAV	525	09/04/99	DELHI	—	—
2	ANUSHA YADAV	524	15/04/03	DELHI	—	—
3	NIDHI .	542	03/01/97	HARYANA	—	—
4	SEEMA .	546	25/02/99	HARYANA	—	—
5	SANYA YADAV	562	09/08/03	HARYANA	—	—
6	SALMI KISPOTTA	655	13/01/99	ODISHA	—	—
7	A.SHALU REKHANA	721	13/08/02	TAMIL NADU	—	—
8	NEETIKA VERMA	758	04/03/01	UTTAR PRADESH	—	—

FINAL**Event # 38 WOMENS Hammer Throw**

NR:SARITA SINGH PATIALA 65.25 01/06/2017

MR:RACHNA . BHUBANESWAR 65.03 2023

1	RENUKA YADAV	526	24/12/05	DELHI	—	—
2	HARSHITA SEHRAWAT	521	01/04/03	DELHI	—	—
3	PRATIBHA .	626	21/05/03	MADHYA PRADESH	—	—
4	DIVYA SHANDILYA	660	05/07/98	ODISHA	—	—
5	MANPREET KAUR.	673	19/08/98	PUNJAB	—	—
6	KULVINDER .	679	15/02/98	RAJASTHAN	—	—
7	LAXMI SHARMA	691	14/08/05	RAJASTHAN	—	—
8	VINOTHINI DURAIMANI	704	26/03/02	TAMIL NADU	—	—
9	NITHYA B	700	17/10/03	TAMIL NADU	—	—
10	TANYA CHAUDHARY	740	21/09/03	UTTAR PRADESH	—	—
11	ANUSHKA YADAV	759	04/05/08	UTTAR PRADESH	—	—

FINAL**Event # 39 WOMENS Javelin Throw**

NR:ANNU RANI JAMSHEDPUR 63.82 08/05/2022

MR:ANNU RANI PATIALA 62.83 2021

1	RASHMI K	503	24/11/93	ANDHRA PRADESH	—	—
2	ANJANI KUMARI	509	01/01/00	BIHAR	—	—
3	DIKSHA DWIVEDI	527	24/06/01	GUJARAT	—	—
4	SHILPA RANI	559	15/06/96	HARYANA	—	—
5	JYOTI .	537	01/04/02	HARYANA	—	—
6	DEEPIKA .	535	21/11/05	HARYANA	—	—
7	KARISHMA SANIL	594	04/06/00	KARNATAKA	—	—
8	SRISHTI SINGH	649	02/01/05	MAHARASHTRA	—	—
9	VERSHA .	666	05/01/06	PUNJAB	—	—
10	MANPREET KAUR GURJ	667	26/05/99	PUNJAB	—	—
11	SANJANA CHOUDHARY	685	09/07/99	RAJASTHAN	—	—



Event # 39 WOMENS Javelin Throw continued...

12	UMA CHOUDHARY	686	04/10/99	RAJASTHAN	---	---
13	SHAKSHI SHARMA	753	09/02/02	UTTAR PRADESH	---	---
14	ANNU RANI	751	29/08/92	UTTAR PRADESH	---	---

Event # 40 WOMENS H.Marathon Race Walk

FINAL

NR:Ravina . Chandigarh 1:39.15 22/02/2026

1	INDU .	536	12/02/04	HARYANA	---	---
2	RAVINA .	544	21/05/97	HARYANA	---	---
3	SEJAL ANIL SINGH	648	12/08/03	MAHARASHTRA	---	---
4	MANJU RANI	674	22/03/99	PUNJAB	---	---
5	KAMLA .	678	15/08/99	RAJASTHAN	---	---
6	RESHMA PATEL	749	15/09/04	UTTAR PRADESH	---	---
7	MUNITA PRAJAPATI	750	15/01/02	UTTAR PRADESH	---	---
8	PAYAL .	763	05/05/99	UTTRAKHAND	---	---
9	SHALINI .	764	08/10/02	UTTRAKHAND	---	---
10	MANSI NEGI	768	03/05/03	UTTRAKHAND	---	---

Event # 41 WOMENS 4x100m Relay

PRELIM

NR:NATIONAL TEAM PATIALA 43.37 21/06/2021

MR:T.STATE TEAM Chennai

1	DELHI A	6109		DELHI	---	---
2	JHARKHAND B	6110		JHARKHAND	---	---
3	KARNATAKA C	6111		KARNATAKA	---	---
4	KERALA D	6112		KERALA	---	---
5	MAHARASHTRA E	6113		MAHARASHTRA	---	---
6	ODISHA F	6114		ODISHA	---	---
7	TAMIL NADU G	6115		TAMIL NADU	---	---

Event # 42 WOMENS 4x400m Relay

FINAL

NR:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

MR:KARNATAKA STATE TEAM GUWAHATI 3:35.32 2018

1	DELHI A	6116		DELHI	---	---
2	HARYANA B	6117		HARYANA	---	---
3	KARNATAKA C	6118		KARNATAKA	---	---
4	KERALA D	6119		KERALA	---	---
5	PUNJAB E	6120		PUNJAB	---	---
6	TAMIL NADU F	6121		TAMIL NADU	---	---

Event # 44 WOMENS 100m Hep Hurdles

FINAL

1	KIRTI ISHARWAL	519	20/12/02	DELHI	---	---
2	KHUSHI .	538	26/11/02	HARYANA	---	---
3	POOJA ..	551	09/03/03	HARYANA	---	---
4	RITIKA GAUR	552	22/06/03	HARYANA	---	---
5	RAKSHITHA .	574	17/06/02	KARNATAKA	---	---
6	ANAMIKA K A .	598	21/01/04	KERALA	---	---
7	JASMINE MATHACHAN	612	23/08/06	KERALA	---	---
8	RIYA CHOUBEY	628	14/08/04	MADHYA PRADESH	---	---
9	PURNIMA HEMBRAM	654	10/07/93	ODISHA	---	---
10	NEETA KUMARI .	680	22/01/03	RAJASTHAN	---	---
11	SONU BHALOTHIA	683	30/11/96	RAJASTHAN	---	---
12	DEEPIKA S	722	09/04/02	TAMIL NADU	---	---
13	RATHIDHARSHINI S	723	25/12/05	TAMIL NADU	---	---
14	MAGUDEESHWARI SIVA	724	21/06/05	TAMIL NADU	---	---
15	DOLY SONKER	757	10/07/03	UTTAR PRADESH	---	---



65th National Inter State Senior Athletics Championship

21-06-2026

Kalinga Stadium, Bhubaneswar (Odisha)

6/24/26 - 6/28/26

24th-28th June 2026.

Event # 44 WOMENS 100m Hep Hurdles & Continued...

16 ISHA NEGI 767 15/07/03 UTTRAKHAND

Event # 52 MENS 100m Dec Dash

FINAL

1	HARDIK SEJWAL	129	29/01/02	DELHI
2	JAYESH RATHVA	134	18/02/04	GUJARAT
3	KAMAL DHANKHAR	159	13/10/98	HARYANA
4	ROHIT KUMAR	166	25/12/01	HARYANA
5	CHAMANJOT SINGH	174	16/04/01	HARYANA
6	TRILOK .	193	22/02/03	KARNATAKA
7	GOKUL K R	225	29/11/99	KERALA
8	THOWFEEQ N	230	20/12/03	KERALA
9	GOKUL S	235	17/12/96	KERALA
10	AMOLAK .	242	10/04/96	MADHYA PRADESH
11	KUSHAL MOHITE	286	02/04/03	MAHARASHTRA
12	ROHIT ROMAN	293	05/07/99	MAHARASHTRA
13	JASHBIR NAYAK	311	03/04/02	ODISHA
14	YAMAN DEEP SHARMA	359	10/03/99	RAJASTHAN
15	MAGRAJ SINGH SHEKHA	361	05-10-199	RAJASTHAN
16	NEERAJ YADAV	367	28/08/97	RAJASTHAN
17	JOHN PAUL J	382	22/10/99	TAMIL NADU
18	SUDHARSAN M	387	25/06/01	TAMIL NADU
19	MANOJKUMAR R	393	16/05/05	TAMIL NADU
20	USAID .	415	19/03/02	UTTAR PRADESH
21	KAMAL SINGH	436	08/12/98	UTTAR PRADESH

Event # 62 MIXED 4x400m Relay

PRELIM

NR:NATIONAL TEAM BANGKOK 3:14.12 20/05/2024

MR:KERALA STATE TEAM PANCHKULA 3:18.49 2024

1	HARYANA A	6122	HARYANA
2	JHARKHAND B	6123	JHARKHAND
3	KARNATAKA C	6124	KARNATAKA
4	KERALA D	6125	KERALA
5	MADHYA PRADESH E	6126	MADHYA PRADESH
6	MAHARASHTRA F	6127	MAHARASHTRA
7	ODISHA G	6128	ODISHA
8	PUNJAB H	6129	PUNJAB
9	RAJASTHAN I	6130	RAJASTHAN
10	TAMIL NADU J	6131	TAMIL NADU
11	UTTAR PRADESH K	6132	UTTAR PRADESH



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