



***65TH NATIONAL INTER  
STATE SENIOR ATHLETICS  
CHAMPIONSHIPS 2026***

***COMPETITION SCHEDULE***



**24-28 June 2026**



**Bhubaneswar**

**65th National Inter State Senior Athletics Championships 2026****Kalinga Stadium, Bhubaneswar - 24 to 28 June****Competition Schedule Version 1.3 as on 15.05.2026**

Event No	Time	Event	Specifications	Gender	Round
<b>24.06.2026 -DAY-1 -FORENOON</b>					
101	0530hrs	5000m		Men	Final 1
102	0630hrs	100m		Men	Decathlon 1
103	0645hrs	200m		Women	Round 1
104	0710hrs	200m		Men	Round 1
105	0725hrs	Long Jump		Men	Decathlon 2
106	0830hrs	Shot Put	7.260kg	Men	Decathlon 3
<b>24.06.2026 DAY-1, AFTERNOON</b>					
107	1630hrs	Pole Vault		Men	Final 2
108	1640hrs	High Jump		Men	Decathlon 4
109	1700hrs	Hammer Throw	4.000kg	Women	Final 3
110	1720hrs	200m		Women	Semi Final
111	1745hrs	200m		Men	Semi Final
112	1755hrs	Triple Jump		Women	Final 4
113	1810hrs	400m		Men	Decathlon 5
114	1820hrs	800m		Men	Round 1
115	1850hrs	800m		Women	Round 1
116	1920hrs	200m		Women	Final 5
117	1930hrs	200m		Men	Final 6
118	1940hrs	5000m		Women	Final 7
<b>25.06.2026-DAY-2 FORENOON</b>					
201	0530hrs	Half Marathon RW		Men	Final 14
202	0730hrs	110m Hurdles	1.067m	Men	Decathlon 6
203	0800hrs	High Jump		Men	Qualification A & B
204	0810hrs	Long Jump		Women	Qualification A & B
205	0815hrs	Discus Throw	2.000kg	Men	Decathlon 7
206	0920hrs	Pole Vault		Men	Decathlon 8
<b>25.06.2026 DAY-2 AFTERNOON</b>					
207	1630hrs	Pole Vault		Women	Final 8
208	1705hrs	Javelin Throw	800gm	Men	Decathlon 9
209	1715hrs	Shot Put	4.000kg	Women	Final 9
210	1730hrs	110m Hurdles	1.067m	Men	Round 1
211	1800hrs	100m Hurdles	0.838m	Women	Round 1
212	1810hrs	Discus Throw	2.000kg	Men	Final 10
213	1830hrs	800m		Women	Final 11
214	1840hrs	800m		Men	Final 12
215	1850hrs	1500m		Men	Decathlon 10/Final 13
216	1910hrs	4 X 100m Relay		Women	Round 1
217	1930hrs	4 X 100m Relay		Men	Round 1
218	1950hrs	4 X 400m Mixed Relay		Men & Women	Round 1



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26.06.2026 -DAY-3 FORENOON					
301	0530hrs	Half Marathon RW		Women	Final 15
302	0800hrs	Long Jump		Men	Qualification A & B
303	0805hrs	Shot Put	7.260kg	Men	Qualification A & B
26.06.2026 DAY-3 AFTERNOON					
304	1640hrs	Hammer Throw	7.260kg	Men	Final 16
305	1810hrs	Triple Jump		Men	Final 17
306	1820hrs	110m Hurdles	1.067m	Men	Final 18
307	1845hrs	100m Hurdles	0.838m	Women	Final 19
308	1900hrs	1500m		Men	Round 1
309	1910hrs	Discus Throw	1.000kg	Women	Final 20
310	1930hrs	4 X 100m Relay		Women	Final 21
311	1940hrs	4 X 100m Relay		Men	Final 22
312	1955hrs	4 X 400m Mixed Relay		Men & Women	Final 23
27.06.2026-DAY-4 FORENOON					
401	0720hrs	100m Hurdles	0.838m	Women	Heptathlon 1
402	0800hrs	Javelin Throw	800gm	Men	Qualification Round- A
403	0805hrs	400m		Women	Round 1
404	0810hrs	High Jump		Women	Heptathlon 2
405	0820hrs	400m		Men	Round 1
406	0850hrs	100m		Men	Round 1
407	0910hrs	Javelin Throw	800gm	Men	Qualification Round -B
408	0915hrs	100m		Women	Round 1
409	0935hrs	400m Hurdles	0.914m	Men	Round 1
410	0950hrs	400m Hurdles	0.838m	Women	Round 1
27.06.2026 DAY-4 AFTERNOON					
410	1655hrs	400m Hurdles	0.914m	Men	Final 24
411	1700hrs	Shot Put	4.000kg	Women	Heptathlon 3
412	1710hrs	High Jump		Men	Final 25
413	1715hrs	400m Hurdles	0.762m	Women	Final 26
414	1720hrs	Javelin Throw	600gm	Women	Final 27
415	1730hrs	100m		Women	Semi Final
416	1750hrs	100m		Men	Semi Final
417	1805hrs	Shot Put	7.260kg	Men	Final 28
418	1810hrs	400m		Women	Semi Final
419	1825hrs	Long Jump		Women	Final 29
420	1830hrs	400m		Men	Semi Final
421	1850hrs	1500m		Men	Final 30
422	1900hrs	1500m		Women	Final 31
423	1910hrs	200m		Women	Heptathlon 4
424	1920hrs	4X400m Relay		Men	Round 1
425	1930hrs	4X400m Relay		Women	Round 1
28.06.2026 DAY-5 FORENOON					
501	0530hrs	10000m		Women	Final 32
502	0715hrs	Long Jump		Women	Heptathlon 5
503	0900hrs	Javelin Throw	600gm	Women	Heptathlon 6



**28.06.2026 DAY-5 AFTERNOON**

504	1700hrs	High Jump		Women	Final 33
505	1735hrs	100m		Men	Final 34
506	1745hrs	100m		Women	Final 35
507	1750hrs	Javelin Throw	800gm	Men	Final 36
508	1800hrs	400m		Men	Final 37
509	1810hrs	400m		Women	Final 38
510	1820hrs	Long Jump		Men	Final 39
511	1830hrs	800m		Women	Heptathlon 7/Final 40
512	1840hrs	3000 SC	0.914m	Men	Final 41
513	1900hrs	3000 SC	0.762m	Women	Final 42
514	1920hrs	4X400m Relay		Women	Final 43
515	1930hrs	4X400m Relay		Men	Final 44
516	1940hrs	10000m		Men	Final 45

