



***PUNJAB ATHLETICS  
ASSOCIATION  
ANNUAL  
COMPETITION  
CALENDAR 2026***

**Punjab Athletics Association**  
**Annual Event Calander 2026 (Updated Feb 2026)**

| <b>Sr. No.</b> | <b>Event Name</b>  | <b>Date</b>            | <b>Location</b>       |
|----------------|--|------------------------|-----------------------|
| 1              | 1st Punjab State Sprints Competition 2026,<br>(Selection for National Relay Competition) | 2nd March 2026         | Ludhiana              |
| 2              | Punjab State Senior & U-20 Athletics Meet<br>2026  | 21st-22nd March 2026   | Sangrur               |
| 3              | 101st Punjab State Senior Athletics<br>Championship 2026                                 | 4th - 5th June 2026    | Ludhiana              |
| 4              | 5th State Javelin day Competition  | 7th August 2026        | Jalandhar             |
| 5              | 101st Punjab State Junior Athletics<br>Championship 2026                                 | 16th - 18th Aug. 2026  | TBD                   |
| 6              | Open Punjab State Athletics Championship<br>2026   | 19th - 20th Sept. 2026 | Ludhiana              |
| 7              | Punjab State Super Junior Athletics<br>Championship 2026                                 | 15th - 16th Nov. 2026  | Mohali/Ropar          |
| 8              | 61st Punjab Cross Country Championship<br>2026   | 13th Dec. 2026         | Malerkotla/Hoshiarpur |

