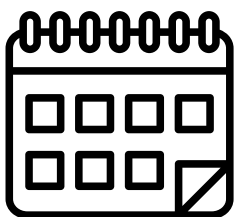




INDIAN ATHLETICS

SERIES - 8

COMPETITION SCHEDULE



7th june 2026



***Pune,
maharashtra***



INDIAN ATHLETICS SERIES - 8

VENUE: AIPT, Pune , Date: 7th June 2026

TENTATIVE SCHEDULE (ver 1.0, dated 13/05/2026)

Sr. No.	Time	Event	Specifications	Group	Round
101	06:00	10000m		Men	Final
102	06:35	10000m		Women	Final
103	07:30	110m Hurdles	0.991m	Junior Men	Final A
104	07:40	110m Hurdles	0.991m	Junior Men	Final B
105	07:45	Triple Jump		Women	Final
106	07:50	110m Hurdles	0.991m	Junior Men	Final C
107	07:50	Discus Throw	1.000kg	Women	Final
108	08:10	110m Hurdles	1.067m	Men	Final A
109	08:15	Shot Put	4.000kg	Junior Women	Final
110	08:20	110m Hurdles	1.067m	Men	Final B
111	08:30	110m Hurdles	1.067m	Men	Final C
112	08:30	High Jump		Men	Final
113	08:50	100m Hurdles	0.838m	Women	Final A
114	09:00	100m Hurdles	0.838m	Women	Final B
115	09:00	Triple Jump		Men	Final
116	09:05	Discus Throw	2.000kg	Men	Final
117	09:10	100m Hurdles	0.838m	Women	Final C
118	09:20	100m Hurdles	0.838m	Junior Women	Final A
119	09:30	100m Hurdles	0.838m	Junior Women	Final B
120	09:50	400m		Junior Women	Final A
121	09:55	400m		Junior Women	Final B
122	10:00	400m		Junior Women	Final C
123	10:00	Shot Put	4.000kg	Women	Final
124	10:05	400m		Women	Final A
125	10:10	400m		Women	Final B
126	10:15	400m		Women	Final C
127	10:25	400m		Junior Men	Final A
128	10:30	400m		Junior Men	Final B
129	10:35	400m		Junior Men	Final C
130	10:40	400m		Men	Final A
131	10:45	400m		Men	Final B
132	10:50	400m		Men	Final C
133	10:55	400m		Men	Final D
134	11:00	Long Jump		Women	Final
135	11:00	Javelin Throw	800g	Junior Men	Final
BREAK					
136	13:30	Javelin Throw	600g	Women	Final
137	14:00	Long Jump		Men	Final A
138	14:40	100m		Junior Women	Final A
139	14:45	100m		Junior Women	Final B
140	14:50	100m		Junior Women	Final C
141	14:55	Shot Put	7.260kg	Men	Final
142	15:00	100m		Women	Final A



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143	15:05	100m		Women	Final B
144	15:10	100m		Women	Final C
145	15:15	100m		Women	Final D
146	15:20	High Jump		Women	Final
147	15:25	100m		Junior Men	Final A
148	15:30	100m		Junior Men	Final B
149	15:35	100m		Junior Men	Final C
150	15:40	Javelin Throw	800g	Men	Final
151	15:45	100m		Men	Final A
152	15:50	100m		Men	Final B
153	15:55	100m		Men	Final C
154	16:00	100m		Men	Final D
155	16:00	Long Jump		Men	Final B
156	16:05	100m		Men	Final E
157	16:10	100m		Men	Final F
158	16:30	800m		Junior Women	Final A
159	16:40	800m		Junior Women	Final B
160	16:50	800m		Women	Final A
161	17:00	800m		Women	Final B
162	17:20	1500m		Junior Men	Final
163	17:30	1500m		Men	Final

Progression of Heights & Practice Heights in Vertical Jumps

High Jump	Progression of heights	Practice Heights
Jr Men	1.75m - 5 cm -2.00m - 3 cm -2.12m -2 cm	1.75m & 1.90m
Jr Women	1.35m -5 cm - 1.60m - 3cm - 1.72 - 2cm	1.40m & 1.70m
Men	1.90m -5 cm - 2.10m - 3 cm - 2.19m - 2cm	1.90m & 2.10m
Women	1.35m - 5cm - 1.60m - 4cm - 1.68m - 3cm - 1.74m - 2cm	1.40m & 1.70m

Call Room Reporting Time

Track Events	30 minutes prior to the Scheduled Time
Hurdles Races	40 minutes prior to the Scheduled Time
High Jump	70 minutes prior to the Scheduled Time
Other Field Events	50 minutes prior to the Scheduled Time

Age verification for Junior athletes will be done at the venue on 6th June 2026 from 10:00am onwards



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