



**ATHLETICS FEDERATION OF INDIA**

**64<sup>th</sup> NATIONAL OPEN ATHLETICS  
CHAMPIONSHIPS 2025**

Organized by

**Jharkhand Athletics Association**

 **27<sup>th</sup> – 30<sup>th</sup>  
September 2025**

 **Ranchi,  
Jharkhand**



# Results Only Finals



**HSBC**



Indian Oil Corporation Limited

**64th National Open Athletics Championships 2025**

Birsra Munda Stadium, Ranchi (Jharkhand)

30-09-2025

9/27/25 - 9/30/25

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**Event # 1 MENS 100m Run**

# NR:ANIMESH KUJUR VARI 10.18 05/07/2025

% MR:MANIKANTA H BENGALURU 10.23 2023

**RESULTS OF FINALS**

1	MANIKANTA H H	677	29/11/01	SSCB	-0.6m/s s	<b>10.19</b> %
2	PRANAV GURAV	426	03/07/01	MAHARASHTRA	-0.6m/s s	<b>10.31</b>
3	HARSH RAUT	692	17/04/05	SSCB	-0.6m/s s	<b>10.38</b>
4	TAMIL ARASU S	598	20/05/02	RAILWAY SPORTS	-0.6m/s s	<b>10.41</b>
5	AMLAN BORGOHAIN	549	25/04/98	RAILWAY SPORTS	-0.6m/s s	<b>10.43</b>
6	RAGUL KUMAR G	739	22/03/00	TAMIL NADU	-0.6m/s s	<b>10.46</b>
7	YERNENA RAO	167	02/08/00	CHHATTISGARH	-0.6m/s s	<b>10.54</b>
8	LALU PRASAD BHOI	547	21/09/03	RAILWAY SPORTS	-0.6m/s s	<b>10.57</b>

**Event # 2 MENS 200m Run**

# NR:ANIMESH KUJUR GUMI 20.32 31/05/2025

% MR:B. NITHIN BENGALURU 20.66 2024

**RESULTS OF FINALS**

1	SANDEEP SINGH.	703	30/10/97	SSCB	1.7m/s sw	<b>20.95</b>
2	ABHIN DEVADIGA	555	15/08/01	RAILWAY SPORTS	1.7m/s sw	<b>21.20</b>
3	PRASANNAKUMAR V MA	341	06/03/03	KARNATAKA	1.7m/s sw	<b>21.28</b>
4	SHUBHAM .	254	29/08/01	HARYANA	1.7m/s sw	<b>21.42</b>
5	HARJIT .	659	28/08/97	SSCB	1.7m/s sw	<b>21.44</b>
6	DONDAPATI MRUTY JAYAI	455	12/01/05	ODISHA	1.7m/s sw	<b>21.47</b>
7	JISHNU PRASAD P K	125	18/10/98	ALL INDIA POLICE	1.7m/s sw	<b>21.55</b>
	AMLAN BORGOHAIN	549	25/04/98	RAILWAY SPORTS		<b>DNS</b>

**Event # 3 MENS 400m Run**

# NR:VISHAL TK CHENNAI 45.12 21/08/2025

% MR:AROKYA RAJIV KOLKATA 45.70 2015

**RESULTS OF FINALS**

1	RAJESH RAMESH	595	28/03/99	RAILWAY SPORTS		<b>45.75</b>
2	SANTHOSH T	704	01/01/98	SSCB		<b>46.05</b>
3	RASHID .	391	08/01/01	MADHYA PRADESH		<b>46.23</b>
4	NOAH TOM	705	13/11/94	SSCB		<b>46.67</b>
5	NIHAL JOEL W	357	13/07/00	KARNATAKA		<b>47.13</b>
6	TARANDEEP SINGH	513	13/07/05	PUNJAB		<b>47.22</b>
7	ARUL RAJALINGAM	691	13/03/00	SSCB		<b>48.35</b>
	THEERTHESH SHETTY	606	31/03/02	RAILWAY SPORTS		<b>DO</b>

T.R. 17.2.3

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**Event # 4 MENS 800m Run**

# NR:MOHAMMED AFSAL P POZNAN 1:44.93 05/07/2025

% MR:GHAMANDA RAM HYDERABAD 1:46.67 2005

**RESULTS OF FINALS**

1	PRAKASH GADADE	674	31/07/02	SSCB	1:50.01
2	SATYAJEET PUJARI	868	07/07/03	MAHARASHTRA	1:50.34
3	BASANT CHAUHAN	164	31/08/01	CHANDIGARH	1:50.48
4	SALMAN FAROOKH	369	16/04/02	KERALA	1:50.63
5	HARSH .	242	10/01/01	HARYANA	1:51.37
6	RIJOY J	562	21/12/03	RAILWAY SPORTS	1:51.41
7	SHYAM MILAN BIND	548	05/08/04	RAILWAY SPORTS	1:51.82
	MOHAMMED P	687	03/02/96	SSCB	DNS

**Event # 5 MENS 1500m Run**

# NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019

% MR:CHATHOLI HAMZA JAMSHEDPUR 3:39.90 2007

**RESULTS OF FINALS**

1	SUNIL DAWAR	673	02/08/01	SSCB	3:46.27
2	ARJUN WASKALE	418	03/07/03	MADHYA PRADESH	3:46.70
3	RITESH OHRE	579	31/12/03	RAILWAY SPORTS	3:47.39
4	NABEEL SAHI M P	372	20/08/99	KERALA	3:47.81
5	AMIT KUMAR.	274	22/05/04	HARYANA	3:47.93
6	ANKIT MALIK	277	22/08/02	HARYANA	3:49.44
7	RAHUL BALODA	669	05/06/99	SSCB	3:51.57
8	JAGDISH .	661	08/08/96	SSCB	3:54.00
9	MOGALI VENKATRAM REJ	147	09/07/07	ANDHRA PRADESH	3:54.36
10	PUSHPENDRA SING RATHC	643	18/06/97	RAJASTHAN	3:55.26
11	HARSHDEEP SINGH	508	28/09/01	PUNJAB	3:57.97
12	VIJAY GURJAR	632	13/03/04	RAJASTHAN	3:58.92

**Event # 6 MENS 5000m Run**

# NR:GULVEER SINGH NIIGATA 13:11.82 28/09/2024

% MR:GULVEER SINGH BENGALURU 13:54.70 2024

1	PRINCE KUMAR	118	25/02/00	ALL INDIA POLICE	14:06.57
2	SUNIL DAWAR	673	02/08/01	SSCB	14:14.88
3	ABHISHEK ABHISHEK	538	15/07/97	RAILWAY SPORTS	14:19.16
4	ANKIT .	236	01/12/01	HARYANA	14:19.46
5	RAMPAL RAMPAL	642	25/03/02	RAJASTHAN	14:22.82
6	ROHIT KUMAR	682	07/01/01	SSCB	14:26.64
7	SHADAB PATHAN	688	23/10/01	SSCB	14:26.80
8	BITTU .	239	11/11/01	HARYANA	14:27.61
9	LOKESH CHAUDHARY	550	01/07/99	RAILWAY SPORTS	14:35.05
10	ONKAR PANHALKAR	346	14/08/03	KARNATAKA	14:35.75
11	PRASHANT CHOUDH .	776	26/12/03	UTTAR PRADESH	14:38.20
12	DEEPAK KUMAR THAKUR	302	10/02/00	JHARKHAND	14:47.09
13	KIRAN MATRE	428	05/08/01	MAHARASHTRA	14:55.59
14	RAJAN MAHATO	155	02/02/04	BIHAR	15:29.82
	GAURAV .	895	17/10/04	UTTAR PRADESH	DNF
	SHIVAJI PARASHU .	327	02/05/04	KARNATAKA	DNF
	MRUNAL SARODE	869	18/11/03	MAHARASHTRA	DNS
	RAHUL ..	261	10/09/02	HARYANA	DNS

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**Event # 7 MENS 10000m Run**

#NR:G.SINGH SAN JUAN CAPISTRANO 27:00.22 29/03/2025

% MR:SHIVNATH SINGH JALANDHAR 28:58.10 1978

1	PRINCE KUMAR	118	25/02/00	ALL INDIA POLICE	30:25.15
2	ABHISHEK ABHISHEK	538	15/07/97	RAILWAY SPORTS	30:27.83
3	SAWAN BARWAL	670	18/02/98	SSCB	30:29.33
4	DHARMENDER ..	667	20/07/99	SSCB	30:35.62
5	AAVKASH .	232	12/11/04	HARYANA	30:36.53
6	VINAY .	256	22/11/03	HARYANA	30:36.70
7	PANKAJ KUMAR	802	24/07/03	UTTAR PRADESH	30:39.39
8	MUKESH KUMAR	888	10/11/03	RAJASTHAN	30:39.82
9	SUNIL .	447	05/12/02	MANIPUR	30:41.86
10	SHADAB PATHAN	688	23/10/01	SSCB	30:49.66
11	SANDEEP SINGH	193	07/03/99	GOA	31:09.94
12	KRIPASHANKAR YADAV	453	11/05/05	MANIPUR	31:20.75
13	YOGESH GURJAR	891	02/06/05	RAJASTHAN	31:32.29
14	CHAITANYA RUPNAR	435	23/04/03	MAHARASHTRA	31:34.16
15	SHIVAJI PARASHU .	327	02/05/04	KARNATAKA	32:16.08
16	SURESH KUMAR	470	01/07/91	ONGC	33:22.97
	INDRAJEET PATEL	472	15/01/94	ONGC	DNF
	PAWAN KUMAR	181	10/04/04	DELHI	DNF
	ONKAR PANHALKAR	346	14/08/03	KARNATAKA	DNF
	SHIVAM .	781	09/07/03	UTTAR PRADESH	DNS
	RAVI PAL	807	01/07/01	UTTAR PRADESH	DNS

**Event # 8 MENS 110m Hurdles**

# NR:TEJAS ASHOK SHIRSE JYVASKYLA 13.41 22/05/2024

% MR:TEJAS ASHOK SHIRSE BENGALURU 13.67 2023

**RESULTS OF FINALS**

1	MANAV R	590	07/06/00	RAILWAY SPORTS	.5m/s nw	13.97
2	KRISHIK. M .	321	16/10/03	KARNATAKA	.5m/s nw	14.02
3	DHANUSH ADITHAN G	737	30/09/01	TAMIL NADU	.5m/s nw	14.39
4	SHINTOMON C B	368	28/05/02	KERALA	.5m/s nw	14.40
5	RITHIK .	721	20/05/05	TAMIL NADU	.5m/s nw	14.61
	MUHAMMED .	662	01/06/02	SSCB		DNF
	RATHISH PANDIDURAI	584	11/06/04	RAILWAY SPORTS		DNF
	NISHANTHRAJA G	559	12/04/01	RAILWAY SPORTS		DNF

**Event # 9 MENS 400m Hurdles**

# NR:A DHARUN PATIALA 48.80 16/03/2019

% MR:M.P. JABIR RANCHI 49.41 2019

**RESULTS OF FINALS**

1	RUCHIT MORI	198	24/08/01	GUJARAT	50.47
2	KARNA BAG	542	10/07/04	RAILWAY SPORTS	51.20
3	RAKSHITH NAIK	345	29/08/04	KARNATAKA	51.29
4	HARDEEP .	480	27/06/03	PUNJAB	51.36
5	SATHISH K	680	01/09/94	SSCB	51.67
6	ARYAN PRAJWAL KASHYA	340	03/03/04	KARNATAKA	51.68
7	SHAKTI SINGH SHAKTI SII	645	11/01/00	RAJASTHAN	51.94
8	MANOOP M .	532	22/08/01	RAILWAY SPORTS	54.64

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**27-30 September 2025****Event # 10 MENS 3000m Steeplechase**

# NR:AVINASH SABLE PARIS 8:09.91 07/07/2024

% MR:AVINASH SABLE BHUBANESWAR 8:29.80 2018

1	VIKRAM SINGH	702	03/07/96	SSCB	<b>8:38.91</b>
2	ROHIT VERMA	710	20/10/98	SSCB	<b>8:39.69</b>
3	RAJKUMAR .	663	12/12/99	SSCB	<b>8:44.66</b>
4	SUNIL JINABHAI	567	26/12/02	RAILWAY SPORTS	<b>8:51.87</b>
5	RITESH KUMAR	272	18/08/04	HARYANA	<b>8:52.04</b>
6	SOHEL BEG	840	05/06/05	UTTRAKHAND	<b>8:54.98</b>
7	SHUBHAM BHANDARE	419	17/06/00	MAHARASHTRA	<b>8:57.16</b>
8	HEMANT .	243	08/11/01	HARYANA	<b>9:01.18</b>
9	ANUPAM .	774	02/04/05	UTTAR PRADESH	<b>9:02.30</b>
10	JUJHAR SINGH	649	18/09/04	RAJASTHAN	<b>9:08.20</b>
11	HRITIK BALYAN	110	31/10/02	ALL INDIA POLICE	<b>9:10.15</b>
12	ATUL POONIA	587	01/10/00	RAILWAY SPORTS	<b>9:14.73</b>
13	BENJAMIN BABU	365	31/01/01	KERALA	<b>9:17.54</b>
14	DHARMENDER .	240	14/08/03	HARYANA	<b>9:20.46</b>
15	VIKAS KUMAR	883	08/12/04	RAJASTHAN	<b>9:23.03</b>
16	PRINCE .	149	01/11/99	BIHAR	<b>9:23.21</b>
	ASHISH PAL	806	28/01/04	UTTAR PRADESH	<b>DNF</b>
	SHARUK KHAN	797	25/07/06	UTTAR PRADESH	<b>DNF</b>
	NAGARAJ DIVATE	335	15/08/99	KARNATAKA	<b>DNF</b>
	DHULADEV GHAGARE	424	22/02/03	MAHARASHTRA	<b>DNF</b>
	AJEET PAL	408	30/12/04	MADHYA PRADESH	<b>DNF</b>
	PRINCE RAJ MISHRA	593	01/03/99	RAILWAY SPORTS	<b>DNF</b>
	NARESH MALI	631	08/06/04	RAJASTHAN	<b>DNF</b>
	SUMIT KUMAR	403	07/04/00	MADHYA PRADESH	<b>DNF</b>

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**Event # 11 MENS High Jump****HEIGHTS: 1.95, 2.00, 2.05, 2.10, 2.14, 2.18, 2.21, 2.24, 2.26, 2.28, 2.30, 2.32**

# NR:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

% MR:SARVESH ANIL KHUSHARE RANCHI 2.26 2019

1	ROHIT ..	536	08/03/00	RAILWAY SPORTS	2.18m
	O O O O O XO XXX				
2	AADARSH RAM	594	27/09/97	RAILWAY SPORTS	2.18m
	--- --- --- XO O XO XXX				
3	SWADHIN KUMAR MAJHI	458	10/04/00	ODISHA	2.14m
	--- --- O O O XXX				
3	AROMAL .	361	13/09/98	KERALA	2.14m
	--- O O O O XXX				
5	SUDEEP .	328	29/04/04	KARNATAKA	2.10m
	O O O O XXX				
6	BASANT .	656	07/01/07	SSCB	2.10m
	O O XO O XXX				
7	MD ALI	849	16/01/03	WEST BENGAL	2.05m
	--- O O XXX				
8	ABHAY GURAV	676	03/05/00	SSCB	2.05m
	XO XO XO XXX				
9	DHAIRYSHIL GAYAKWAD	423	10/02/03	MAHARASHTRA	2.05m
	XO O XXO XXX				
10	ABINESH A	728	15/05/02	TAMIL NADU	2.00m
	O O XXX				
11	KAUSTUBHA JAISWAL	400	28/01/00	MADHYA PRADESH	2.00m
	XO XO XXX				
12	AKASH .	235	10/03/01	HARYANA	2.00m
	O XXO XXX				
	JESSE SANDESH	601	22/10/95	RAILWAY SPORTS	NM
	--- --- X-- XX				
	SARVESH KUSHARE	683	17/06/95	SSCB	DNS
	DNS				

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**Event # 12 MENS Pole Vault**

**HEIGHTS: 4.30, 4.50, 4.70, 4.80, 4.90, 5.00, 5.10, 5.15, 5.20, 5.25, 5.30, 5.35, 5.40, 5.45, 5.50, 5.55, 5.60, 5.65  
5.70, 5.75, 5.80, 5.85, 5.90**

#NR:D.MEENA Bochum-Wattenscheid 5.40 25/07/2025

%MR:P.KANHIYA Bengaluru

1	M.GOWTHAM .	531	25/09/02	RAILWAY SPORTS	<b>5.10m</b>
		---			XO O O XXX
2	RAMBEER .	664	30/06/96	SSCB	<b>5.10m</b>
		---			O --- XXO O --- XXX
3	DEV MEENA	405	07/05/05	MADHYA PRADESH	<b>5.10m</b>
		---			O O XO --- XXX
3	SIVA S	694	05/06/96	SSCB	<b>5.10m</b>
		---			O --- O XO XXX
5	KULDEEP KUMAR	800	12/03/05	UTTAR PRADESH	<b>5.00m</b>
		---			XO O O X-- XX
6	KAMAL LOGANATHAN	746	02/03/03	TAMIL NADU	<b>5.00m</b>
		---			XO O XO XXX
7	JESSAN .	362	03/01/98	KERALA	<b>4.90m</b>
		---			X-- O O XXX
8	GOKUL .	658	15/02/97	SSCB	<b>4.90m</b>
		---			XO XO XO XXX
9	REEGAN G	740	08/08/01	TAMIL NADU	<b>4.90m</b>
		---			XXO XXX
10	A.GNANA A. GNANA SONE	537	02/03/01	RAILWAY SPORTS	<b>4.80m</b>
		---			O O O XXX
11	P. SUBASH CHANDRAN	332	06/03/03	KARNATAKA	<b>4.80m</b>
		---			O O XO XXX
12	RAMRATAN .	624	01/05/05	RAJASTHAN	<b>4.80m</b>
		---			XO XXO XXX
12	ANSHU PATEL	411	03/05/05	MADHYA PRADESH	<b>4.80m</b>
		---			XO XXO XXX
12	NARENDRA SINGH	650	29/07/03	RAJASTHAN	<b>4.80m</b>
		---			XO O XXO XXX
15	ROHIT PATIL	433	07/04/00	MAHARASHTRA	<b>4.70m</b>
		---			O XXX
16	NEERAJ .	775	10/05/03	UTTAR PRADESH	<b>4.50m</b>
		---			O XXX
17	UTTAM .	255	15/11/00	HARYANA	<b>4.50m</b>
		XXO			O XXX
18	SOHAN RAM	641	05/07/97	RAJASTHAN	<b>4.30m</b>
		O			XXX
	THANGAVASANTH MURUGAN	124	18/06/93	ALL INDIA POLICE	<b>DNS</b>
		DNS			
	KAVINRAJA S	762	26/06/06	TAMIL NADU	<b>DNS</b>
		DNS			
	TANUJ KUMAR	273	27/12/03	HARYANA	<b>DNS</b>
		DNS			
	AVNEESH KUMAR	798	01/07/01	UTTAR PRADESH	<b>DNS</b>
		DNS			
	BINEESH JACOB	563	17/03/86	RAILWAY SPORTS	<b>DNS</b>
		DNS			

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**27-30 September 2025****Event # 13 MENS Long Jump**

# NR:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR:M. Sreeshankar BHUBANESWAR 8.20 2018

**RESULTS OF FINALS**

1	MOHD SAZID	282	10/02/06	HARYANA	-0.6m/s	<b>7.78m</b>
		7.58, 7.69, 7.78, F, 7.73, F				
2	SARUN PAYASINGH	464	09/07/00	ODISHA	-0.4m/s	<b>7.77m</b>
		7.48, F, 7.29, 7.51, 7.77, -				
3	BHUPENDER SINGH	609	13/11/01	RAILWAY SPORTS	-0.4m/s	<b>7.58m</b>
		7.29, 7.30, 7.44, 7.33, 7.58, F				
4	SARAN .	722	26/12/00	TAMIL NADU	+0.0m/s	<b>7.52m</b>
		6.85, 6.63, 7.15, 7.52, 7.28, 7.49				
5	ARYA S	351	31/12/01	KARNATAKA	+0.5m/s	<b>7.50m</b>
		7.21, 7.20, 7.15, 7.10, 7.21, 7.50				
6	SWAMINATHAN R	591	07/04/96	RAILWAY SPORTS	-0.1m/s	<b>7.42m</b>
		F, F, 7.33, F, 7.42, 7.24				
7	VINOTH YUVARAJ	713	26/09/94	SSCB	+0.0m/s	<b>7.39m</b>
		F, F, 7.39, F, 7.36, F				
8	ARYAN CHOUDHARY	114	13/01/04	ALL INDIA POLICE	-0.4m/s	<b>7.27m</b>
		7.21, 7.27, 6.27, F, 7.21, 7.24				
9	MOHAMMED MUHASSIN	375	06/08/05	KERALA	-1.6m/s	<b>7.08m</b>
		7.08, F, F				
10	LAKHVEER SINGH	510	13/01/03	PUNJAB	+0.0m/s	<b>7.08m</b>
		7.03, F, 7.08				
	ARAVINTH E	736	30/06/00	TAMIL NADU		<b>NM</b>
		F, F, F				
	DIGVIJAY SINGH	504	07/11/03	PUNJAB		<b>NM</b>
		F, F, F				

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**27-30 September 2025****Event # 14 MENS Triple Jump**

# NR:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023

% MR:Renjith Maheshwary Kochi 16.97 2010

1	DINESH.V . 15.74, 15.96, 16.15, 15.88, 16.17, 16.27	719	03/05/97	TAMIL NADU	+0.3m/s	<b>16.27m</b>
2	SEBASTIAN V S F, 15.90, F, 16.21, 16.13, 16.25	709	04/10/03	SSCB	+1.7m/s	<b>16.25m</b>
3	KARTHIK U 15.11, 13.50, 15.69, 16.07, 15.87, 15.81	707	03/06/93	SSCB	+0.6m/s	<b>16.07m</b>
4	VISHAL BAHADUR 15.21, F, 15.44, 15.79, 16.02, 15.80	299	09/05/03	JHARKHAND	+1.9m/s	<b>16.02m</b>
5	GAILEY VENISTER 15.70, 15.92, 15.83, 14.49, 15.65, 15.85	616	31/01/00	RAILWAY SPORTS	-0.4m/s	<b>15.92m</b>
6	VIMAL THAMIZHCHELVAN 15.16, 15.61, F, 15.62, 15.85, F	382	25/03/96	KERALA	+0.2m/s	<b>15.85m</b>
7	PRADEEP KUMAR. 15.12, F, 15.27, 15.40, 15.25, 15.21	803	20/01/04	UTTAR PRADESH	+1.3m/s	<b>15.40m</b>
8	JAY SHAH 15.34, 15.29, 15.31, 14.39, 15.14, F	437	11/10/97	MAHARASHTRA	-0.8m/s	<b>15.34m</b>
9	ADITYA RAJ 14.55, 14.30, 14.90	160	22/03/05	BIHAR	-0.2m/s	<b>14.90m</b>
10	VISHAL KUMAR 14.63, F, 14.58	301	12/12/03	JHARKHAND	+0.1m/s	<b>14.63m</b>
11	YUVA RAJ . 14.50, F, F	723	31/07/01	TAMIL NADU	+0.3m/s	<b>14.50m</b>
12	SONU KUMAR F, F, 14.07	120	21/01/99	ALL INDIA POLICE	-0.4m/s	<b>14.07m</b>
	ARPINDER SINGH F, -, -	475	30/12/92	ONGC		<b>NM</b>
	AKASH VARGHESE F, F, F	615	13/08/01	RAILWAY SPORTS		<b>NM</b>
	AUSHAL DONI F, F, F	735	21/09/99	TAMIL NADU		<b>NM</b>
	PUNEET KUMAR F, -, -	681	02/02/94	SSCB		<b>NM</b>
	OMKAR SHIDRUK DNS	439	26/09/03	MAHARASHTRA		<b>DNS</b>

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**Event # 15 MENS Shot Put**

#NR:T.SINGH TOOR BHUBANESHWAR 21.77 19/06/2023

% MR:TAJINDERPAL SINGH TOOR RANCHI 20.92 2019

**RESULTS OF FINALS**

1	SAMARDEEP GILL F, 18.78, 18.92, 19.36, 19.14, 19.79	398	03/01/01	MADHYA PRADESH	<b>19.79m</b>
2	TAJINDERPAL TOOR 18.82, F, 18.39, 19.13, 18.94, 19.32	515	13/11/94	PUNJAB	<b>19.32m</b>
3	RAVI KUMAR 16.18, 17.28, 17.84, 18.23, 17.64, 18.15	119	06/05/92	ALL INDIA POLICE	<b>18.23m</b>
4	KARANVEER SINGH F, 15.84, 17.95, 18.14, F, 17.49	509	24/07/97	PUNJAB	<b>18.14m</b>
5	ANIKET . 17.59, 17.35, 17.49, 18.05, 17.95, F	838	05/11/01	UTTRAKHAND	<b>18.05m</b>
6	PRABHKIRPAL SINGH 17.80, 17.98, 17.23, F, F, 17.80	512	12/07/97	PUNJAB	<b>17.98m</b>
7	ARYAN TYAGI 17.36, 17.96, 17.65, 17.87, 17.80, 17.73	706	14/08/01	SSCB	<b>17.96m</b>
8	SHIVAM CHOUDHARY 17.40, F, 16.35, 16.73, F, 15.81	790	25/08/97	UTTAR PRADESH	<b>17.40m</b>
9	AKASH GREHWAL 16.38, 16.49, 16.54	793	01/09/01	UTTAR PRADESH	<b>16.54m</b>
10	ARJUN .. 16.49, 16.54, 16.11	163	13/10/02	CHANDIGARH	<b>16.54m</b>
11	SANA CHAUDHARY . F, 16.11, 16.47	778	24/12/01	UTTAR PRADESH	<b>16.47m</b>
12	ADHISH GHILDIYAL 15.68, F, F	842	21/05/02	UTTRAKHAND	<b>15.68m</b>

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**27-30 September 2025****Event # 16 MENS Discus Throw**

# NR:VIKAS GOWDA NORMAN 66.28 12/04/2012

% MR:ANIL KUMAR BENGALURU 60.07 2003

**RESULTS OF FINALS**

1	KIRPAL SINGH	476	19/05/92	ONGC	<b>56.33m</b>
		55.85, 55.52, 56.33, 55.62, F, 54.14			
2	NIRBHAY SINGH	285	20/11/96	HARYANA	<b>54.95m</b>
		54.95, F, F, F, 51.90, 51.60			
3	DHARAMRAJ YADAV	711	26/01/91	SSCB	<b>54.89m</b>
		F, 54.89, F, 53.81, F, 54.82			
4	NAGENDRA NAIK	344	18/11/02	KARNATAKA	<b>54.86m</b>
		53.56, 52.94, 53.26, F, 54.86, 48.36			
5	PRADEEP KUMAR	571	01/04/01	RAILWAY SPORTS	<b>53.35m</b>
		48.32, 52.96, F, F, 51.71, 53.35			
6	MOHAMMED SAQLAI .	322	30/03/00	KARNATAKA	<b>53.13m</b>
		53.13, 49.40, F, F, F, F			
7	ARJUN ...	175	01/07/93	DELHI	<b>52.98m</b>
		51.71, 52.85, 52.47, F, 52.74, 52.98			
8	BHANU SHARMA	647	19/10/96	RAJASTHAN	<b>51.84m</b>
		51.78, F, 51.84, 50.99, F, F			
9	PRATEEK MAAN	276	04/05/01	HARYANA	<b>51.04m</b>
		F, 50.40, 51.04			
10	ALEX THANKACHAN	613	21/03/00	RAILWAY SPORTS	<b>49.77m</b>
		46.66, 48.62, 49.77			
11	HARENDRA .	390	20/04/02	MADHYA PRADESH	<b>49.52m</b>
		F, 49.52, F			
12	OINAM SINGH	452	22/01/02	MANIPUR	<b>48.26m</b>
		47.74, 48.26, F			

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**27-30 September 2025****Event # 17 MENS Hammer Throw**

# NR:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

% MR:Pramod Kumar Tiwari Chennai

**RESULTS OF FINALS**

1	DAMNEET SINGH	503	10/03/00	PUNJAB	<b>68.71m</b>
	F, 65.32, 67.41, 68.34, F, 68.71				
2	ASHISH JAKHAR	678	05/01/99	SSCB	<b>66.37m</b>
	64.19, F, 65.16, 66.37, F, 64.30				
3	MOHAMMAD SHAHBAN	696	16/04/04	SSCB	<b>65.59m</b>
	62.86, 61.55, 65.59, 65.24, 64.97, F				
4	PRAVEEN KUMAR	572	14/12/00	RAILWAY SPORTS	<b>64.52m</b>
	F, 64.03, 61.80, 64.52, 63.44, F				
5	TARANVEER SINGH	701	01/10/96	SSCB	<b>64.38m</b>
	F, 61.90, 63.14, 63.57, 64.38, 61.15				
6	GURDEV .	479	14/08/01	PUNJAB	<b>62.12m</b>
	60.46, 57.17, 62.12, F, F, 59.95				
7	VISHAL CHOUDHARY	791	10/12/01	UTTAR PRADESH	<b>60.53m</b>
	57.87, F, 59.90, 60.53, F, 60.31				
8	JAI CHAND .	881	08/07/01	RAJASTHAN	<b>59.45m</b>
	59.45, F, 54.58, 54.45, 56.83, 57.14				
9	DEVANG .	529	20/12/03	RAILWAY SPORTS	<b>59.21m</b>
	56.10, 58.24, 59.21				
10	MUKUL .	107	13/11/01	ALL INDIA POLICE	<b>57.19m</b>
	57.19, F, F				
11	CHIRAG YADAV	190	18/12/99	DELHI	<b>56.63m</b>
	54.50, 56.63, F				
12	GAURAV ..	260	12/02/96	HARYANA	<b>55.38m</b>
	50.51, 55.38, F				

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**Event # 18 MENS Javelin Throw**

# NR:NEERAJ CHOPRA DOHA 90.23 16/05/2025

% MR:MANU DP BENGALURU 82.06 2023

**RESULTS OF FINALS**

1	RISHABH NEHRA	804	10/12/99	UTTAR PRADESH	<b>80.12m</b>
	72.26, 76.19, 80.12, F, 70.46, F				
2	UTTAM PATIL	689	01/11/98	SSCB	<b>78.01m</b>
	75.72, 77.65, F, 76.11, 78.01, 72.78				
3	SHIVAM LOHAKARE	684	14/09/04	SSCB	<b>77.98m</b>
	F, 76.58, 77.98, F, F, F				
4	YASHVIR SINGH	610	22/10/01	RAILWAY SPORTS	<b>77.66m</b>
	75.84, 76.10, 77.66, 76.63, 77.22, 74.86				
5	SAHIL SILWAL	607	17/12/00	RAILWAY SPORTS	<b>76.94m</b>
	72.79, 74.01, F, F, 76.94, 73.22				
6	ANAND SINGH	699	03/03/04	SSCB	<b>76.31m</b>
	74.78, 73.31, 76.31, 73.55, 72.77, 70.84				
7	JAIDEEP .	244	12/03/96	HARYANA	<b>75.13m</b>
	66.37, 69.93, 72.69, 71.06, 75.13, 71.55				
8	VIKRANT MALICK	460	02/01/96	ODISHA	<b>73.48m</b>
	73.48, 70.89, 71.53, F, F, F				
9	ADITYA .	234	22/10/06	HARYANA	<b>72.15m</b>
	72.15, 70.53, 71.38				
10	UTSAV TANWAR	651	25/04/03	RAJASTHAN	<b>71.28m</b>
	69.78, F, 71.28				
11	VISHESH TIWARI	832	20/09/04	UTTAR PRADESH	<b>70.80m</b>
	70.80, 63.79, 67.59				
12	BIBIN ANTONY	364	04/05/94	KERALA	<b>70.78m</b>
	70.78, F, F				

**Event # 19 MENS 20Km Race Walk**

# NR:AKSHDEEP SINGH CHANDIGARH 1:19.38 30/01/2024

% MR:BABUBHAI PANUCHA Jamshedpur

1	NITIN GUPTA	745	01/01/08	SSCB	<b>1:24:22.98</b>
2	PARAMJEET BISHT	841	03/03/02	UTTRAKHAND	<b>1:25:10.43</b>
3	AMANJOT SINGH	698	19/03/99	SSCB	<b>1:26:27.14</b>
4	RAHUL .	250	07/01/00	HARYANA	<b>1:27:32.66</b>
5	VISHVENDRA SINGH	417	10/07/02	MADHYA PRADESH	<b>1:27:46.55</b>
6	BILIN GEORGE ANTO	561	09/11/04	RAILWAY SPORTS	<b>1:28:00.24</b>
7	KHANGEMBAM .	446	28/02/02	MANIPUR	<b>1:28:01.76</b>
8	PARAMDEEP MOR	279	11/12/01	HARYANA	<b>1:29:11.64</b>
9	SAHIL .	665	09/04/02	SSCB	<b>1:29:17.54</b>
10	GAURAV KUMAR	799	14/03/02	UTTAR PRADESH	<b>1:30:24.14</b>
11	SARVJEET PATEL	812	08/06/02	UTTAR PRADESH	<b>1:30:38.21</b>
12	SUNIL KUMAR	121	15/05/88	ALL INDIA POLICE	<b>1:32:39.28</b>
13	NEERAJ CHAURASIYA	551	06/07/00	RAILWAY SPORTS	<b>1:34:02.52</b>
	AKSHDEEP SINGH	502	22/11/99	PUNJAB	<b>DNF</b>
	DEEPAK GURJAR	892	15/03/03	RAJASTHAN	<b>DNF</b>
	HARDEEP .	241	22/09/98	HARYANA	<b>DNF</b>
	EKNATH TURAMBEKAR	614	08/01/98	RAILWAY SPORTS	<b>DNF</b>
	KHOR JING HONG	859	08/02/05	MALAYSIA	<b>DNS</b>

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**Event # 20 MENS 4x100m Relay**

# NR:NATIONAL TEAM CHANDIGARH 38.69 30/04/2025

% MR:TAMIL NADU TEAM BENGALURU 39.42 2023

**RESULTS OF FINALS**

1	RAILWAY SPORTS H			RAILWAY SPORTS			<b>39.44</b>
	547 LALU PRASAD BHOI	21-09-2003		541 SIVA B	13-10-1994		
	598 TAMIL ARASU S	20-05-2002		549 AMLAN BORGOHAIN	25-04-1998		
2	SSCB I			SSCB			<b>39.81</b>
	697 MOHAMED SHAN P	30-01-2004		692 HARSH RAUT	17-04-2005		
	677 MANIKANTA H H	29-11-2001		659 HARJIT .	28-08-1997		
3	ODISHA F			ODISHA			<b>39.89</b>
	464 SARUN PAYASINGH	09-07-2000		455 D JAYARAM	12-01-2005		
	465 ABHINASH SAHU	23-03-2000		459 AMIYA MALLICK	14-11-1992		
4	MAHARASHTRA E			MAHARASHTRA			<b>40.06</b>
	437 JAY SHAH	11-10-1997		430 SAURABH NAITAM	23-03-2001		
	432 NIKHIL PATIL	21-06-2002		426 PRANAV GURAV	03-07-2001		
5	PUNJAB G			PUNJAB			<b>40.66</b>
	501 VARUN SHARMA	04-12-2006		486 J DHILLON	16-07-2006		
	507 HARMANPREET SINGH	19-01-1997		511 LOVE PREET SINGH	27-11-1999		
6	JHARKHAND C			JHARKHAND			<b>41.19</b>
	300 SADANAND KUMAR	05-10-2003		311 SHIV KUMAR SOREN	23-01-2005		
	309 RAM SANGA	12-03-2003		298 ARSHNAN ALI	27-04-2002		
7	HARYANA B			HARYANA			<b>41.30</b>
	263 RAJA BABU	01-11-2004		254 SHUBHAM .	29-08-2001		
	268 DHARMBIR DHARMBIR	10-12-1990		237 ASHISH .	31-12-2001		
8	KARNATAKA D			KARNATAKA			<b>42.51</b>
	353 NEHAL SAGAR	05-04-2002		341 P MANNUR	06-03-2003		
	321 KRISHIK. M .	16-10-2003		319 ARYAN .	28-11-2003		

**Event # 21 MENS 4x400m Relay**

# NR:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023

% MR:Services Team TEAM KOLKATA 3:06.63 2015

1	RAILWAY SPORTS E			RAILWAY SPORTS			<b>3:06.35</b> %
	599 KAVEN S.K	20-11-2001		606 THEERTHESH SHETTY	31-03-2002		
	583 VIKRANT PANCHAL	30-01-2000		595 RAJESH RAMESH	28-03-1999		
2	SSCB F			SSCB			<b>3:06.81</b>
	691 ARUL RAJALINGAM	13-03-2000		660 HIMANSHU .	02-02-2000		
	704 SANTHOSH T	01-01-1998		705 NOAH TOM	13-11-1994		
3	TAMIL NADU G			TAMIL NADU			<b>3:09.09</b>
	761 JAGATHISH S	19-03-2001		765 YOKESH T	05-01-2000		
	738 MITRESH G	23-03-2005		729 SURAJ A	20-12-2003		
4	KARNATAKA B			KARNATAKA			<b>3:10.89</b>
	340 A KASHYAPA	03-03-2004		320 BALAKRISHNA .	29-01-2003		
	345 RAKSHITH NAIK	29-08-2004		339 RIHAN H	21-12-2005		
	PUNJAB D			PUNJAB			<b>DO</b>
	513 TARANDEEP SINGH	13-07-2005			T.R. 17.2.3		
	480 HARDEEP .	27-06-2003		486 J DHILLON	16-07-2006		
	ALL INDIA POLICE A			488 HARPREET GILL	19-12-1997		
	123 SHIVANG MISHRA	25-05-2001			T.R. 17.2.3		
	108 PANKAJ .	15-10-2002		133 LAVISH SHARMA	25-12-2002		
	ODISHA C			135 JAGMEET SINGH	28-12-1996		
	466 BHIMA SARDAR	27-12-2003					<b>DNF</b>
	463 H PANIGRAHI	03-03-2002		461 DAYANIDHI MUNDA	02-06-2004		
				454 MALAYA BARIK	01-04-2006		

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**Event # 22 WOMENS 100m Run**

# NR:DUTEE CHAND PATIALA 11.17 21/06/2021

% MR:DUTEE CHAND RANCHI 11.22 2019

**RESULTS OF FINALS**

1	SNEHA S.S	352	27/03/98	KARNATAKA	+1.9m/s n	<b>11.62</b>
2	SUDESHNA SHIVANKAR	441	09/09/03	MAHARASHTRA	+1.9m/s n	<b>11.64</b>
3	ABINAYA RAJARAJAN	756	21/11/06	TAMIL NADU	+1.9m/s n	<b>11.67</b>
4	NITHYA GANDHE	560	10/11/99	RAILWAY SPORTS	+1.9m/s n	<b>11.71</b>
5	JILNA M V	373	28/12/97	KERALA	+1.9m/s n	<b>11.74</b>
	11.734					
6	TAMANNA .	229	29/09/04	HARYANA	+1.9m/s n	<b>11.74</b>
	11.739					
7	SAKSHI CHAVAN	194	18/01/05	GUJARAT	+1.9m/s n	<b>11.85</b>
8	V SUDHEEKSHA	354	28/04/05	KARNATAKA	+1.9m/s n	<b>12.04</b>

**Event # 23 WOMENS 200m Run**

# NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

% MR:Saraswati Saha New Delhi

**RESULTS OF FINALS**

1	SAKSHI CHAVAN	194	18/01/05	GUJARAT	-0.5m/s se	<b>23.78</b>
2	NEERU PAHTAK	805	27/01/07	UTTAR PRADESH	-0.5m/s se	<b>23.87</b>
3	SIMRAN KAUR	497	01/08/98	PUNJAB	-0.5m/s se	<b>24.41</b>
4	ANGEL SILVIA M	747	12/08/02	TAMIL NADU	-0.5m/s se	<b>24.44</b>
5	SONIA .	228	05/01/01	HARYANA	-0.5m/s se	<b>24.61</b>
	DHESIKHA V	767	20/06/06	TAMIL NADU		<b>DNS</b>
	SHIVANI SAINI	819	17/01/04	UTTAR PRADESH		<b>DQ</b>
					T.R. 17.3.3	
	TAMANNA .	229	29/09/04	HARYANA		<b>DQ</b>
					T.R. 17.3.3	

**Event # 24 WOMENS 400m Run**

# NR:HIMA DAS JAKARTA 50.79 26/08/2018

% MR:Anjali

**RESULTS OF FINALS**

1	NEERU PAHTAK	805	27/01/07	UTTAR PRADESH		<b>52.85</b>
2	OLIMBA STEFFI .	521	15/02/02	RAILWAY SPORTS		<b>53.75</b>
3	PRIYA MOHAN	342	15/03/03	KARNATAKA		<b>54.04</b>
4	POOVAMMA RAJU	474	05/05/90	ONGC		<b>54.10</b>
5	ANANKHA B A .	359	29/03/01	KERALA		<b>54.38</b>
6	MANISHA KUMARI	292	21/11/00	HIMACHALPRADESH		<b>54.61</b>
	54.602					
7	RASHDEEP KAUR	496	01/02/02	PUNJAB		<b>54.61</b>
	54.608					
8	PRACHI .	524	20/12/96	RAILWAY SPORTS		<b>56.74</b>

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**Event # 25 WOMENS 800m Run**

# NR:TINTU LUKA SPLIT 1:59.17 04/09/2010

% MR:Tintu Lukka Kolkata

1	POOJA .	523	17/06/02	RAILWAY SPORTS	<b>2:03.16</b>
2	LILI DAS	553	18/03/98	RAILWAY SPORTS	<b>2:04.15</b>
3	AMANDEEP KAUR	490	09/07/03	PUNJAB	<b>2:04.78</b>
4	THOTA SANKEERTANA	168	17/07/03	CHHATTISGARH	<b>2:06.84</b>
5	PHUL KUMARI	153	12/05/05	BIHAR	<b>2:08.96</b>
6	PAYAL .	221	16/11/05	HARYANA	<b>2:09.31</b>
7	GOWTHAMI JAYARAMAN	742	22/05/99	TAMIL NADU	<b>2:10.80</b>
8	LAXMIPRIYA KISAN	456	10/04/05	ODISHA	<b>2:12.03</b>
9	RADHA CHAUDHARY	177	02/02/01	DELHI	<b>2:16.50</b>
	HUIDROM DEVI	449	01/02/04	MANIPUR	<b>DNF</b>

**Event # 26 WOMENS 1500m Run**

# NR:DEEKSHA . LOS ANGELES 4:04.78 11/05/2024

%MR:H.Warangal

1	LILI DAS	553	18/03/98	RAILWAY SPORTS	<b>4:15.59</b>
2	SANJANA SINGH	283	23/12/06	HARYANA	<b>4:15.89</b>
3	KAJAL KANWADE	196	26/01/01	GUJARAT	<b>4:17.97</b>
4	AMANDEEP KAUR	490	09/07/03	PUNJAB	<b>4:25.12</b>
5	NIKITA SHARMA	293	04/07/01	HIMACHALPRADESH	<b>4:25.98</b>
6	KM DEEKSHA	554	01/01/99	RAILWAY SPORTS	<b>4:31.30</b>
7	ANJU .	204	13/11/04	HARYANA	<b>4:35.71</b>
8	PHUL KUMARI	153	12/05/05	BIHAR	<b>4:45.17</b>
	RADHA CHAUDHARY	177	02/02/01	DELHI	<b>DNF</b>
	CHANDA .	517	16/08/01	RAILWAY SPORTS	<b>DNS</b>

**Event # 27 WOMENS 5000m Run**

# NR:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR:O.P.

1	SEEMA ...	290	10/01/01	HIMACHALPRADESH	<b>16:01.27</b>
2	SANJANA SINGH	283	23/12/06	HARYANA	<b>16:03.23</b>
3	KAJAL KANWADE	196	26/01/01	GUJARAT	<b>16:21.88</b>
4	RAVINA GAYAKWAD	422	10/10/04	MAHARASHTRA	<b>16:49.00</b>
5	NIRMALA .	620	15/07/02	RAJASTHAN	<b>16:56.83</b>
6	POOJA ...	625	07/01/00	RAJASTHAN	<b>17:23.21</b>
7	RENU SINGH	608	03/12/04	RAILWAY SPORTS	<b>17:32.90</b>
8	KAVITA YADAV	894	08/11/98	UTTAR PRADESH	<b>17:37.64</b>
9	CHANDRA SHARMA	654	22/01/98	SIKKIM	<b>17:56.20</b>
	NANDANI GUPTA	795	04/11/97	UTTAR PRADESH	<b>DNF</b>
	REENU .	104	15/02/97	ALL INDIA POLICE	<b>DNS</b>

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**Event # 28 WOMENS 10000m Run**

#NR:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010

% MR:Kavita

1	RAVINA GAYAKWAD	422	10/10/04	MAHARASHTRA	35:30.16
2	BASANTI KUMARI	573	10/01/02	RAILWAY SPORTS	35:40.42
3	SONIYA .	837	25/07/00	UTTRAKHAND	36:13.79
4	RENU SINGH	608	03/12/04	RAILWAY SPORTS	36:48.05
5	ANKITA .	205	04/10/01	HARYANA	36:48.30
6	MUNNI .	520	16/07/98	RAILWAY SPORTS	36:48.50
7	REEBA GEORGE	370	07/08/96	KERALA	36:48.62
8	KAVITA .	212	16/12/98	HARYANA	36:53.17
9	LATHA D	734	20/06/02	TAMIL NADU	37:41.81
10	ANJU MURUKAN	376	04/03/99	KERALA	37:43.27
11	THEJASWI NL .	318	31/05/96	KARNATAKA	37:46.10
12	CHANDRA SHARMA	654	22/01/98	SIKKIM	37:57.55
13	SUSHILA PRAJAPAT	640	06/04/05	RAJASTHAN	39:06.22
14	MARIPELLI UMA	773	09/09/04	TELANGANA	41:18.04
	NANDANI GUPTA	795	04/11/97	UTTAR PRADESH	DNF
	POOJA HARIJAN	875	07/07/94	RAJASTHAN	DNF
	RAMNI PATEL	409	14/02/02	MADHYA PRADESH	DNS
	NIRMALA .	620	15/07/02	RAJASTHAN	DNS
	YASHI SACHAN	817	15/10/02	UTTAR PRADESH	DNS
	PRACHI PADIYAR	407	18/12/03	MADHYA PRADESH	DNS

**Event # 29 WOMENS 100m Hurdles**

# NR:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

% MR:JYOTHI YARRAJI Bengaluru

**RESULTS OF FINALS**

1	NANDHINI K	743	13/07/99	TAMIL NADU	-1.3m/s s	13.57
2	MOUMITA MONDAL	576	09/12/01	RAILWAY SPORTS	-1.3m/s s	13.84
3	SHREEYA RAJESH	349	15/05/05	KARNATAKA	-1.3m/s s	13.91
4	ANJALI C	366	27/07/00	KERALA	-1.3m/s s	13.92
5	PRANJALI PATIL	586	23/01/03	RAILWAY SPORTS	-1.3m/s s	13.98
6	S. SRIRESHMA .	717	04/05/01	TAMIL NADU	-1.3m/s s	14.17
7	SABITA TOPPO	138	06/04/05	ALL INDIA POLICE	-1.3m/s s	14.34
8	NAMAYI RUCHITHA .	771	05/05/04	TELANGANA	-1.3m/s s	14.45

**Event # 30 WOMENS 400m Hurdles**

# NR:P.T USHA LOS ANGELES 55.42 08/08/1984

% MR:VITHYA RAMRAJ Bengaluru

**RESULTS OF FINALS**

1	OLIMBA STEFFI .	521	15/02/02	RAILWAY SPORTS	58.93
2	NEHA DHABALE	556	06/08/03	RAILWAY SPORTS	1:00.06
3	DEEKSHITA RAMAK GOW	338	28/04/03	KARNATAKA	1:00.19
4	HARSHITHA R	752	21/06/05	TAMIL NADU	1:00.58
5	MEGHA MUNAVALLIMATH	343	19/05/01	KARNATAKA	1:01.15
6	MOUMI JANA	853	23/08/04	WEST BENGAL	1:01.36
	RAMANDEEP KAUR.	499	20/12/03	PUNJAB	DNF
	PRAJNA .	314	25/07/01	KARNATAKA	DQ

T.R. 22.6.1

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**Event # 31 WOMENS 3000m Steeplechase**

# NR:PARUL CHAUDHARY GUMI 9:12.46 30/05/2025

% MR:Lalita

1	ANKITA ..	533	05/02/02	RAILWAY SPORTS	<b>10:01.74</b>
2	KOMAL JAGADALE	564	26/01/99	RAILWAY SPORTS	<b>10:14.34</b>
3	REBI PAL	582	12/12/01	RAILWAY SPORTS	<b>10:37.26</b>
4	ANUPRIYA M	748	10/05/97	TAMIL NADU	<b>10:47.40</b>
5	SHAHEEN DHARWAD	334	01/06/99	KARNATAKA	<b>10:55.03</b>
6	SUSMITA TIGGA	137	25/12/03	ALL INDIA POLICE	<b>10:57.34</b>
7	KHUSHBU GUPTA	794	07/11/98	UTTAR PRADESH	<b>11:00.18</b>
8	MANEESHA .	387	04/12/01	MADHYA PRADESH	<b>11:18.20</b>
	PRITI LAMBA	275	18/12/95	HARYANA	<b>DNF</b>
	SMITHA D.R.	333	09/12/00	KARNATAKA	<b>DNS</b>

**Event # 32 WOMENS High Jump**

**HEIGHTS: 1.55, 1.60, 1.65, 1.69, 1.73, 1.76, 1.79, 1.82, 1.85, 1.88, 1.91, 1.94, 1.97, 2.00, 2.03, 2.06, 2.09, 2.12  
2.15, 2.18, 2.21, 2.24, 2.27, 2.30**

# NR:SAHANA KUMARI HYDERABAD 1.92 23/06/2012

% MR:SAHANA KUMARI Chennai

1	GOBIKA K .	715	06/08/02	TAMIL NADU	<b>1.79m</b>
	---	---	---	XO O XO XXX	
2	SUPRIYA B	540	11/03/01	RAILWAY SPORTS	<b>1.73m</b>
	---	---	O ---	O XXX	
3	REET RATHOR	816	10/06/06	UTTAR PRADESH	<b>1.73m</b>
	O O O XO O	XXX			
4	MANSHI .	519	03/09/02	RAILWAY SPORTS	<b>1.73m</b>
	---	O O O XO	XXX		
5	KEVINAA ANNAVI	730	23/03/02	TAMIL NADU	<b>1.73m</b>
	---	O O O XXO	XXX		
6	REKHA ..	258	24/01/99	HARYANA	<b>1.69m</b>
	---	O O XO	XXX		
7	ATHIRA SOMARAJ	136	26/10/98	ALL INDIA POLICE	<b>1.69m</b>
	O O XO XO	XXX			
8	PALLAVI PATIL	585	12/09/02	RAILWAY SPORTS	<b>1.65m</b>
	---	---	O ---	XXX	
9	ATHIRA MOHANAN CM	406	05/12/98	MADHYA PRADESH	<b>1.60m</b>
	XO XO	XXX			
	MOHUR MUKHERJEE	855	13/11/06	WEST BENGAL	<b>DNS</b>
	DNS				
	SAHANA B	731	21/02/03	TAMIL NADU	<b>DNS</b>
	DNS				

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**Event # 33 WOMENS Pole Vault****HEIGHTS: 3.00, 3.20, 3.40, 3.60, 3.70, 3.80, 3.90, 4.00, 4.05, 4.10, 4.15, 4.20, 4.25, 4.30**

# NR:ROSY MEENA PAULRAJ BENGALURU 4.21 15/10/2022

% MR:Rosy Meena Paulraj Bengaluru 4.21 2022

1	BARANICA ELANGO VAN	557	03/02/97	RAILWAY SPORTS	<b>4.10m</b>
				---	---
2	MARIYA JAISON	565	23/09/97	RAILWAY SPORTS	<b>4.05m</b>
				---	---
3	KRISHNA RACHAN	592	24/05/94	RAILWAY SPORTS	<b>3.90m</b>
				---	---
4	KARTHIKA V	768	21/11/05	TAMIL NADU	<b>3.80m</b>
				---	---
5	BLESSY .	867	21/10/01	KERALA	<b>3.70m</b>
				---	---
5	RESHMA RAVEENDRAN	130	20/02/96	ALL INDIA POLICE	<b>3.70m</b>
				---	---
7	NISHA BANU ABDULLA	329	24/01/97	KARNATAKA	<b>3.60m</b>
				---	---
8	V.DHARSHINI VIJAYAKUM	770	26/11/03	TAMIL NADU	<b>3.40m</b>
				---	---
8	RAJNI ..	257	12/03/04	HARYANA	<b>3.40m</b>
				---	---
10	CHUKI BIRDA	627	07/06/07	RAJASTHAN	<b>3.40m</b>
				---	---
11	NIDHI .	219	20/02/04	HARYANA	<b>3.20m</b>
				---	---
	SATHYA TAMILARASAN	766	05/02/01	TAMIL NADU	<b>NM</b>
				---	---
	ARCHANA SINGH	821	15/07/01	UTTAR PRADESH	<b>DNS</b>
				---	---
	KM MAHI PATEL	809	01/01/98	UTTAR PRADESH	<b>DNS</b>
				---	---
	BHAVYA JAIN	399	23/03/05	MADHYA PRADESH	<b>DNS</b>
				---	---

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**27-30 September 2025****Event # 34 WOMENS Long Jump**

# NR:ANJU B.GEORGE ATHENS 6.83 27/08/2004

% MR:Anju B. George New Delhi

1	BHAVANI YADAV BHAGAV	545	19/12/98	RAILWAY SPORTS	+0.5m/s	<b>6.13m</b>
	F, 5.79, 6.06, 6.13, F, F					
2	BHAIRABI ROY	597	02/02/95	RAILWAY SPORTS	+0.3m/s	<b>6.07m</b>
	6.03, F, F, 5.90, 6.07, 6.00					
3	SHERIN A	727	24/02/00	TAMIL NADU	+0.9m/s	<b>6.07m</b>
	5.85, 6.00, 5.82, F, 5.75, 6.07					
4	DEEPANSHI SINGH	822	03/04/01	UTTAR PRADESH	-1.0m/s	<b>6.02m</b>
	5.94, 6.02, F, 5.99, 5.78, 5.96					
5	SHRIDEVIKA .V.S .	317	14/07/00	KARNATAKA	+1.1m/s	<b>5.97m</b>
	5.86, 5.77, 5.82, F, 5.91, 5.97					
6	TARANIKA TETA	169	15/11/05	CHHATTISGARH	-0.2m/s	<b>5.90m</b>
	5.54, 5.90, F, F, F, 5.66					
7	SHIWANGI DUBEY	792	03/08/98	UTTAR PRADESH	+0.0m/s	<b>5.83m</b>
	5.53, 5.66, 5.83, 5.73, 5.71, 5.74					
8	ABINAYA SRI A	726	30/10/04	TAMIL NADU	-0.2m/s	<b>5.76m</b>
	5.76, F, 5.60, 5.33, 5.68, F					
9	PARIKSHA .	220	23/12/05	HARYANA	-0.9m/s	<b>5.61m</b>
	5.49, 5.61, F					
10	RINTU MATHEW	374	27/05/92	KERALA	-1.0m/s	<b>5.57m</b>
	F, 5.33, 5.57					
11	PRIYA RATHORE	129	25/06/98	ALL INDIA POLICE	+0.3m/s	<b>5.42m</b>
	5.29, 5.42, 5.22					
12	ATHIRA MOHANAN CM	406	05/12/98	MADHYA PRADESH	-0.2m/s	<b>5.38m</b>
	5.38, F, 5.37					
13	NIDHI ...	783	16/06/03	UTTAR PRADESH	-0.5m/s	<b>5.17m</b>
	5.17, F, F					
	MOUMITA MONDAL	576	09/12/01	RAILWAY SPORTS		<b>DNS</b>
	DNS					
	KUSUMA RAVADA	144	15/09/01	ANDHRA PRADESH		<b>DNS</b>
	DNS					
	VARSHITHA C	331	11/01/06	KARNATAKA		<b>DNS</b>
	DNS					

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**27-30 September 2025****Event # 35 WOMENS Triple Jump**

# NR:MAYOOKHA JOHNY KOBE 14.11 09/07/2011

% MR:MAYOOKHA JOHNY Kolkata

1	BHAIRABI ROY	597	02/02/95	RAILWAY SPORTS	+0.9m/s	<b>13.10m</b>
		12.80, F, 12.90, 12.82, 13.10, 12.82				
2	POORVA SAWANT	436	23/01/03	MAHARASHTRA	-0.1m/s	<b>13.05m</b>
		12.66, 12.89, 13.05, 12.79, F, F				
3	NIMISHA DAYMA	395	15/05/03	MADHYA PRADESH	-0.3m/s	<b>12.96m</b>
		12.57, 12.59, 12.67, 12.49, 12.96, 12.83				
4	NIHARIKA VASHISHT	516	17/10/95	PUNJAB	+0.9m/s	<b>12.90m</b>
		12.82, 12.82, F, 12.88, F, 12.90				
5	ALEENA SAJI	380	12/03/02	KERALA	-0.3m/s	<b>12.84m</b>
		12.43, 12.62, 12.49, 12.75, 12.84, 12.41				
6	MALLALA ANUSHA	539	10/07/02	RAILWAY SPORTS	-0.1m/s	<b>12.77m</b>
		12.42, F, 12.77, F, 12.65, 12.68				
7	KM. SONAM .	102	15/05/98	ALL INDIA POLICE	+0.8m/s	<b>12.47m</b>
		12.47, 12.24, 11.83, F, F, 12.15				
8	PAVITHRA G	558	10/03/00	RAILWAY SPORTS	-1.0m/s	<b>12.33m</b>
		12.31, F, F, F, 12.33, 11.93				
9	ARSHDEEP KAUR	491	02/11/99	PUNJAB	-1.5m/s	<b>12.25m</b>
		12.07, 11.97, 12.25				
10	MANALI CHAUHAN	264	21/01/03	HARYANA	-0.2m/s	<b>12.11m</b>
		F, 11.82, 12.11				
11	PAVEENA RAJESH	757	02/07/06	TAMIL NADU	-0.8m/s	<b>12.04m</b>
		11.47, 12.04, 11.75				
12	MARTINA LAKRA	404	20/08/01	MADHYA PRADESH	-1.1m/s	<b>12.03m</b>
		11.94, 12.03, 11.94				
13	LALITA JANGIR	871	03/08/02	RAJASTHAN	-1.6m/s	<b>11.77m</b>
		11.64, 11.70, 11.77				
14	KHUSHABU VERMA	834	01/07/00	UTTAR PRADESH	-1.9m/s	<b>11.68m</b>
		11.64, 11.49, 11.68				
	VARSHITHA C	331	11/01/06	KARNATAKA		<b>DNS</b>
	LASHA ILANGO	741	18/06/99	TAMIL NADU		<b>DNS</b>
	ANKITA CHAUDHARY	176	12/11/02	DELHI		<b>DNS</b>

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**27-30 September 2025****Event # 36 WOMENS Shot Put**

# NR:ABHA KHATUA BHUBANESWAR 18.41 13/05/2024

% MR:MANPREET KAUR Kolkata

1	YOGITA .	528	01/11/00	RAILWAY SPORTS	<b>16.52m</b>
	16.04, 16.52, F, F, F, 16.16				
2	SHIKSHA .	227	12/12/02	HARYANA	<b>15.92m</b>
	15.36, 15.87, 15.92, 15.24, F, F				
3	VIDHI .	527	27/12/04	RAILWAY SPORTS	<b>15.18m</b>
	14.69, 15.00, F, 14.82, 15.18, F				
4	SRISHTI VIG	187	15/07/95	DELHI	<b>15.05m</b>
	14.65, 15.05, F, 14.51, F, 14.99				
5	KACHNAR CHAUDHARY	112	17/05/99	ALL INDIA POLICE	<b>14.96m</b>
	F, 14.75, 14.90, F, 14.96, 12.75				
6	REKHA .	224	02/02/01	HARYANA	<b>14.76m</b>
	13.47, 14.53, 14.76, F, 14.35, F				
7	ANJALI .	203	08/02/03	HARYANA	<b>14.20m</b>
	13.37, 13.76, F, 13.41, 13.82, 14.20				
8	SONU KUMARI.	637	03/04/04	RAJASTHAN	<b>13.93m</b>
	13.85, 11.91, 12.81, 12.89, 13.93, 13.24				
9	SUMAN SHARMA	646	18/11/00	RAJASTHAN	<b>13.33m</b>
	F, F, 13.33				
10	SHIKHA PAWAR	813	08/07/01	UTTAR PRADESH	<b>12.59m</b>
	12.01, 11.86, 12.59				
	JHALAK CHAHAL	786	13/07/05	UTTAR PRADESH	<b>DNS</b>
	VAISHNAVI B	732	21/05/01	TAMIL NADU	<b>DNS</b>
	MADHUMITHA V .	716	27/12/06	TAMIL NADU	<b>DNS</b>
	MANPREET KAUR.	570	06/07/90	RAILWAY SPORTS	<b>DNS</b>

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**Event # 37 WOMENS Discus Throw**

# NR:KAMALPREET KAUR PATIALA 66.59 21/06/2021

% MR:Neelam J. Singh Bengaluru

1	SEEMA ..	259	25/02/99	HARYANA	55.26m
		55.03, 52.71, 54.47, 55.26, F, 53.40			
2	NIDHI ..	534	03/01/97	RAILWAY SPORTS	53.71m
		53.51, 53.40, 53.71, 51.61, F, F			
3	SANYA YADAV	286	09/08/03	HARYANA	52.05m
		50.71, 52.05, 50.69, F, -, -			
4	NEETIKA VERMA	139	04/03/01	ALL INDIA POLICE	48.88m
		46.09, F, 44.97, 46.13, 48.88, 45.04			
5	BHAVANA YADAV	189	09/04/99	DELHI	47.67m
		45.57, F, 47.67, F, 46.89, F			
6	NIKITA KUMARI	874	26/07/06	RAJASTHAN	45.57m
		45.57, 44.27, F, 43.42, F, F			
7	SANDEEP KUMARI	574	10/12/92	RAILWAY SPORTS	45.26m
		F, 44.34, 44.88, F, 44.41, 45.26			
8	AMERA SHAH	414	21/02/02	MADHYA PRADESH	44.85m
		F, F, 44.85, F, 42.63, 43.21			
9	SHIVANI .	525	08/10/99	RAILWAY SPORTS	43.64m
		42.25, F, 43.64			
10	SURAVI BISWAS	850	13/10/97	WEST BENGAL	43.58m
		41.44, 43.58, 41.61			
11	K M MADHU VERMA .	386	01/05/95	MADHYA PRADESH	42.44m
		42.44, F, F			
	PRIYA .	223	20/06/04	HARYANA	DNS
	ANUSHA YADAV	188	15/04/03	DELHI	DNS

**Event # 38 WOMENS Hammer Throw**

# NR:SARITA SINGH PATIALA 65.25 01/06/2017

% MR:Manju

1	TANYA CHAUDHARY	787	21/09/03	UTTAR PRADESH	60.83m
		46.47, 53.57, 55.01, 51.44, 58.99, 60.83			
2	DIVYA SHANDILYA	467	05/07/98	ODISHA	57.92m
		55.89, 56.96, 56.19, 57.92, F, 57.33			
3	MANPREET KAUR	494	19/08/98	PUNJAB	56.52m
		49.45, F, 56.52, 54.23, 55.95, F			
4	AAISHA PATEL	808	01/07/99	UTTAR PRADESH	56.29m
		F, 53.08, F, 56.29, F, F			
5	SHRUTI SINGH	825	21/01/00	UTTAR PRADESH	55.27m
		53.51, 54.90, 55.12, 55.27, 55.21, 54.88			
6	KULVINDER .	518	15/02/98	RAILWAY SPORTS	55.12m
		55.12, 54.82, 53.62, 53.74, 52.09, 53.63			
7	ANISHA DAHIYA	552	03/12/00	RAILWAY SPORTS	53.69m
		F, 52.07, 53.69, 52.84, F, F			
8	VARSHA KANPURE	427	22/09/98	MAHARASHTRA	50.56m
		47.55, 50.56, 49.21, 45.68, 43.93, 47.55			
9	NEHA SWAMI	880	02/10/03	RAJASTHAN	47.33m
		46.93, 46.62, 47.33			
	GRIMA .	873	09/11/02	RAJASTHAN	DNS
	DNS				
	HAQIKAT GREWAL	489	28/09/05	PUNJAB	DNS
	DNS				
	PRATIBHA .	388	21/05/03	MADHYA PRADESH	DNS
	DNS				

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**27-30 September 2025****Event # 39 WOMENS Javelin Throw**

# NR:ANNU RANI JAMSHEDPUR 63.82 08/05/2022

% MR:ANNU RANI Lucknow

1	DEEPIKA .	207	21/11/05	HARYANA	<b>54.86m</b>
		49.85, 50.21, 49.88, 49.49, 54.55, 54.86			
2	KARISHMA SANIL	602	04/06/00	RAILWAY SPORTS	<b>53.85m</b>
		53.85, 50.05, 52.48, 51.01, 51.90, -			
3	RASHMI K	568	24/11/93	RAILWAY SPORTS	<b>52.34m</b>
		49.04, 51.33, 49.90, F, 48.92, 52.34			
4	SHAKSHI SHARMA	604	09/02/02	RAILWAY SPORTS	<b>50.94m</b>
		46.85, 46.92, F, F, 42.39, 50.94			
5	MONIKA ..	393	20/03/98	MADHYA PRADESH	<b>50.54m</b>
		46.19, 46.01, 45.94, 49.45, 44.74, 50.54			
6	SEEMA .	225	27/12/04	HARYANA	<b>49.26m</b>
		47.13, 47.98, 39.46, F, 49.26, F			
7	UMA CHOUDHARY	113	04/10/99	ALL INDIA POLICE	<b>48.70m</b>
		44.19, 46.91, 45.06, 48.70, 44.76, 45.10			
8	KHUSHEE YADAV	877	31/12/03	RAJASTHAN	<b>46.24m</b>
		45.95, F, 44.67, 45.37, 44.57, 46.24			
9	JYOTI .	210	01/04/02	HARYANA	<b>45.41m</b>
		F, 45.41, 45.10			
10	SANJANA CHOUDHARY	870	09/07/99	RAJASTHAN	<b>45.27m</b>
		43.83, 44.81, 45.27			
11	ANJANI KUMARI	152	01/01/00	BIHAR	<b>45.06m</b>
		42.32, 45.06, 43.97			
12	SHRAVYA .	316	01/11/02	KARNATAKA	<b>44.78m</b>
		44.46, 44.78, 43.95			
13	LALITA CHOUDHARY	628	19/05/98	RAJASTHAN	<b>42.26m</b>
		41.69, 41.71, 42.26			
14	SRISHTI SINGH	443	02/01/05	MAHARASHTRA	<b>41.65m</b>
		41.35, 39.03, 41.65			
15	ISHIKA SINGH	823	08/09/05	UTTAR PRADESH	<b>40.68m</b>
		F, 40.68, 38.78			
	HEMAMALINI NEELAKAN	751	12/04/00	TAMIL NADU	<b>DNS</b>
	RAMYASHREE JAIN .	315	18/11/04	KARNATAKA	<b>DNS</b>

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**Event # 40 WOMENS 20Km Race Walk**

# NR:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR:Ravina

1	MUNITA PRAJAPATI	589	15/01/02	RAILWAY SPORTS	<b>1:36:14.34</b>
2	KAMLA .	878	15/08/99	RAJASTHAN	<b>1:37:42.12</b>
3	SEJAL ANIL SINGH	442	12/08/03	MAHARASHTRA	<b>1:38:32.88</b>
4	BANDANA PATEL	158	16/08/98	BIHAR	<b>1:39:48.91</b>
5	KOMAL .	214	14/10/99	HARYANA	<b>1:40:24.54</b>
6	NIKITA LAMBA	876	01/07/02	RAJASTHAN	<b>1:41:11.13</b>
7	PREETI .	222	08/02/02	HARYANA	<b>1:42:47.10</b>
8	MOKAVI MUTHURATHINA	893	07/09/02	TAMIL NADU	<b>1:43:21.79</b>
9	RESHMA PATEL	127	15/09/04	ALL INDIA POLICE	<b>1:44:44.58</b>
10	AKSHAYA K	371	17/03/01	KERALA	<b>1:46:24.80</b>
11	JASPAL KAUR	269	08/02/98	HARYANA	<b>1:47:11.39</b>
12	BALJEET BAJWA	483	28/01/02	PUNJAB	<b>1:51:51.69</b>
13	NEHA SAINI	846	16/10/01	UTTRAKHAND	<b>1:59:40.84</b>
	PAYAL .	522	05/05/99	RAILWAY SPORTS	<b>DNF</b>
	BHAWNA JAT	566	01/03/96	RAILWAY SPORTS	<b>DNF</b>
	SHIVANI ..	839	09/05/97	UTTRAKHAND	<b>DNF</b>
	MARY MARGARET K	184	18/01/96	DELHI	<b>DNF</b>
	RAMANDEEP KAUR	495	30/04/99	PUNJAB	<b>DNF</b>

**Event # 41 WOMENS 4x100m Relay**

# NR:NATIONAL TEAM PATIALA 43.37 21/06/2021

% MR:Railways Team Bengaluru

1	RAILWAY SPORTS F			RAILWAY SPORTS	<b>45.09</b>
	612 DANESHWARI T	14-08-2000	596 G RAVIKUMAR	07-07-2001	
	578 AVANTIKA NARALE	11-07-2003	560 NITHYA GANDHE	10-11-1999	
2	KARNATAKA D		KARNATAKA		<b>45.66</b>
	350 P RAO B	19-11-2002	354 V SUDHEEKSHA	28-04-2005	
	313 JYOTHIKA .	29-09-2002	352 SNEHA S.S	27-03-1998	
3	TAMIL NADU G		TAMIL NADU		<b>45.76</b>
	753 PAVITHRA R	22-03-2002	747 ANGEL SILVIA M	12-08-2002	
	758 AKSHAYA S	17-11-2004	743 NANDHINI K	13-07-1999	
4	HARYANA B		HARYANA		<b>47.97</b>
	229 TAMANNA .	29-09-2004	206 ANSHU .	06-06-2001	
	231 USHA .	16-06-1997	228 SONIA .	05-01-2001	
5	ALL INDIA POLICE A		ALL INDIA POLICE		<b>48.20</b>
	126 RINKI PAL	11-12-2004	140 ROSHNI YADAV	12-01-2001	
	101 KM TEENA .	20-07-1999	134 PRIYANKA SIKARWAR	01-08-2003	
6	JHARKHAND C		JHARKHAND		<b>48.79</b>
	305 ARTI MEHTA	24-07-2006	303 AKANKSHA KUMARI	05-12-2005	
	307 PREETI PRAMANIK	23-09-2005	308 VIDHI RAWAL	08-05-2001	
	PUNJAB E		PUNJAB		<b>DNF</b>

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**27-30 September 2025****Event # 42 WOMENS 4x400m Relay**

# NR:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

% MR:Railways Team Bengaluru

1	RAILWAY SPORTS D			RAILWAY SPORTS			<b>3:39.28</b>
	543 SONIA BAISHYA	31-12-1995		521 OLIMBA STEFFI .	15-02-2002		
	524 PRACHI .	20-12-1996		526 SINCHAL .	05-02-2001		
2	PUNJAB C			PUNJAB			<b>3:41.03</b>
	493 KIRANPAL KAUR	02-05-1992		478 VEERPAL .	07-09-1997		
	490 AMANDEEP KAUR	09-07-2003		496 RASHDEEP KAUR	01-02-2002		
3	KARNATAKA B			KARNATAKA			<b>3:43.43</b>
	338 D GOWDA	28-04-2003		314 PRAJNA .	25-07-2001		
	330 DISHA ALIGE	02-06-2005		342 PRIYA MOHAN	15-03-2003		
4	HARYANA A			HARYANA			<b>3:44.74</b>
	208 DRISHTI .	15-07-2006		221 PAYAL .	16-11-2005		
	216 MANISHA .	24-05-2002		209 GARIMA .	13-10-2005		
5	TAMIL NADU E			TAMIL NADU			<b>3:53.07</b>
	758 AKSHAYA S	17-11-2004		742 GOWTHAMI JAYARAM.	22-05-1999		
	752 HARSHITHA R	21-06-2005		767 DHESIKHA V	20-06-2006		

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## Event # 43 WOMENS Heptathlon

NR: J.SHOBHA NEW 6211 17/03/2004

MR: S.Barman Beng 5798 2022

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
1	ANAMIKA K A . (358) KERALA	7pt <b>5629</b>	14.44 917	1.75 916	11.23 610	25.23 866	<b>3309</b>	5.90 819	38.88 646	2:17.67 855	<b>2320</b>
2	POOJA .. (535) RAILWAY SPORTS	5pt <b>5358</b>	14.61 894	1.69 842	11.72 643	26.31 770	<b>3149</b>	5.46 688	41.96 705	2:20.58 816	<b>2209</b>
3	SWAPNA BARMAN (544) RAILWAY SPORTS	4pt <b>5260</b>	14.69 883	1.69 842	11.72 643	26.94 717	<b>3085</b>	5.60 729	40.83 683	2:24.51 763	<b>2175</b>
4	DEEPIKA S (759) TAMIL NADU	3pt <b>5078</b>	14.25 943	1.51 632	10.76 579	25.57 835	<b>2989</b>	5.84 801	30.99 495	2:22.23 793	<b>2089</b>
5	KHUSHI . (213) HARYANA	2pt <b>4828</b>	15.40 790	1.69 842	10.30 549	25.98 799	<b>2980</b>	5.47 691	32.55 525	2:34.94 632	<b>1848</b>
6	KAJAL . (211) HARYANA	1pt <b>4675</b>	15.53 773	1.54 666	10.62 570	26.27 774	<b>2783</b>	5.12 592	33.74 548	2:25.39 752	<b>1892</b>
7	MADHU . (215) HARYANA	<b>4496</b>	15.23 811	1.60 736	8.59 438	27.10 704	<b>2689</b>	5.13 595	32.85 531	2:30.96 681	<b>1807</b>
8	AKSHATHA . (312) KARNATAKA	<b>3900</b>	14.73 878	1.57 701	8.82 452	25.79 816	<b>2847</b>	5.14 598	28.86 455	DNF 0	<b>1053</b>
	MAREENA GEORGE (117) ALL INDIA POLICE	<b>0</b>	15.73 748	1.57 701	DNS 0						

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**Event # 43 WOMENS Heptathlon**

NR: J.SHOBHA NEW 6211 17/03/2004  
MR: S.Barman Beng 5798 2022

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
	SONU KUMARI (575) RAILWAY SPORTS	0	DNF	DNS	DNS						
	MAGUDEESHWARI SIVAK TAMIL NADU	0	DNS	DNS	DNS						



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## Event # 51 MENS Decathlon

NR: T.SHANKAR Nakl 7826 27/07/2025

MR: K.Singh Hyde 7257 2005

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	USAID . (666) SSCB	<b>7212</b>	10.96 870	6.41 677	12.21 619	1.82 644	48.84 869	3679	14.70 886	37.77 619	4.60 790	51.55 612	4:48.82 626	3533
2	KUSHAL MOHITE MAHARASHTRA	<b>7102</b>	11.38 778	6.76 757	11.13 554	1.91 723	49.90 819	3631	14.53 907	34.38 551	3.70 535	60.91 752	4:32.85 726	3471
3	STALIN JOES S (69) SSCB	<b>7090</b>	11.20 817	6.80 767	12.05 609	1.91 723	51.07 766	3682	16.27 703	36.87 601	4.30 702	59.00 723	4:40.14 679	3408
4	ROHIT ROMAN (69) SSCB	<b>7087</b>	11.20 817	6.44 684	11.88 599	1.82 644	50.04 813	3557	15.02 847	37.14 607	4.30 702	53.13 635	4:30.80 739	3530
5	THOWFEEQ N (577) RAILWAY SPORTS	<b>7016</b>	11.01 858	6.69 741	11.21 559	1.82 644	49.07 858	3660	14.83 870	34.10 546	4.00 617	59.04 723	4:53.16 600	3356
6	GOKUL S (377) KERALA	<b>6745</b>	11.31 793	6.63 727	12.15 616	1.70 544	50.49 792	3472	15.64 774	37.61 616	4.30 702	48.69 569	4:51.04 612	3273
7	KAMAL SINGH (82) UTTAR PRADESH	<b>6628</b>	12.17 618	6.33 659	12.18 617	1.82 644	51.63 741	3279	16.10 722	37.57 615	4.40 731	58.22 711	4:58.16 570	3349
8	AMOLAK . (389) MADHYA PRADE	<b>6530</b>	11.78 695	6.61 723	11.63 584	1.91 723	53.16 675	3400	15.75 761	34.86 561	4.00 617	52.48 625	4:58.89 566	3130
9	HARISH S (760) TAMIL NADU	<b>6147</b>	11.12 834	6.45 686	10.64 524	1.70 544	51.74 736	3324	16.07 725	32.74 519	3.80 562	49.82 586	5:23.73 431	2823

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## Event # 51 MENS Decathlon

NR: T.SHANKAR Nakl 7826 27/07/2025

MR: K.Singh Hyde 7257 2005

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
10	YOGESH . (392) MADHYA PRADE	5932	11.48 757	6.17 624	11.27 562	1.67 520	51.31 755	3218	16.44 684	31.47 493	3.70 535	47.78 556	5:20.87 446	2714
	MOHIT . (247) HARYANA	0	11.74 703	6.35 664	10.52 517	1.82 644	52.14 719		15.75 761	34.88 561	4.30 702	57.10 694	DNS 0	2718
	MOHIT TOMAR (8) UTTAR PRADESH	0	DNF 0	NM 0	DNS 0	DNS 0	No Result 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	
	UMESH LAMBA (1) ALL INDIA POLIC	0	12.61 536	3.73 164	11.95 603	DNS 0	DNS 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	
	DHAVAL SOLANKI GUJARAT	0	DNS 0	NM 0	DNS 0	DNS 0	No Result 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	
	KAMAL DHANKH HARYANA	0	11.81 689	5.96 578	13.12 675	1.79 619	DNS 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	
	CHAMANJOT SING HARYANA	0	11.62 728	6.37 668	12.01 607	1.85 670	51.23 759		DNS 0	DNS 0	DNS 0	DNS 0	No Result 0	
	AJAY KUMAR (635) RAJASTHAN	0	12.34 586	5.36 453	10.02 487	NM 0	56.92 524		DNS 0	35.10 566	DNS 0	DNS 0	No Result 0	



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**Event # 62 MIXED 4x400m Relay**

# NR:NATIONAL TEAM Panchkula 3:12.87 30/06/2024

% MR:KARNATAKA STATE TEAM BENGALURU 3:21.53 2022

1	UTTAR PRADESH G			UTTAR PRADESH			<b>3:23.62</b>
	820 S SATISH KUMAR	25-04-2004		818 MEENU SAHU	04-11-1998		
	801 NITIN KUMAR	12-05-2001		805 NEERU PAHTAK	27-01-2007		
2	PUNJAB C			PUNJAB			<b>3:24.78</b>
	481 LOVEPREET .	28-07-2003		478 VEERPAL .	07-09-1997		
	488 HARPREET GILL	19-12-1997		496 RASHDEEP KAUR	01-02-2002		
3	TAMIL NADU F			TAMIL NADU			<b>3:25.46</b>
	765 YOKESH T	05-01-2000		752 HARSHITHA R	21-06-2005		
	729 SURAJ A	20-12-2003		767 DHESIKHA V	20-06-2006		
4	RAJASTHAN E			RAJASTHAN			<b>3:27.98</b>
	623 ANKUL .	19-11-2005		618 GEETA .	02-01-2002		
	626 ANKIT BHADU	12-07-2001		872 ANTAKSHRI .	20-01-2000		
5	KARNATAKA B			KARNATAKA			<b>3:29.21</b>
	339 RIHAN H	21-12-2005		330 DISHA ALIGE	02-06-2005		
	357 NIHAL JOEL W	13-07-2000		342 PRIYA MOHAN	15-03-2003		
6	ALL INDIA POLICE A			ALL INDIA POLICE			<b>3:47.71</b>
	135 JAGMEET SINGH	28-12-1996		103 RAJNI .	07-11-1990		
	108 PANKAJ .	15-10-2002		137 SUSMITA TIGGA	25-12-2003		
	RAILWAY SPORTS D			RAILWAY SPORTS			<b>DQ</b>
					T.R. 24.22		
	530 K.AVINASH .	03-12-2000		526 SINCHAL .	05-02-2001		
	599 KAVEN S.K	20-11-2001		543 SONIA BAISHYA	31-12-1995		



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