

**38th National Games 2025 Uttarakhand****8th to 12th February 2025**

12-02-2025

2/8/25 - 2/12/25

**Athletics****Event # 1 MENS 100m Run**

&amp; NATIONAL RECORD: M. HOBLIDHAR SERVICES 10.23 2023

% GAMES RECORD: AMLAN BORGOHAIN ASSAM 10.28 2022

**RESULTS OF FINALS Heat 1**

1	ANIMESH KUJUR	427	02/06/03	ODISHA	0.5m/s ne	<b>10.28 %</b>
2	PRANAV GURAV	402	03/07/01	MAHARASHTRA	0.5m/s ne	<b>10.32</b>
3	AMLAN BORGOHAIN	119	25/04/98	ASSAM	0.5m/s ne	<b>10.43</b>
4	RAGUL KUMAR G	617	22/03/00	TAMIL NADU	0.5m/s ne	<b>10.45</b>
5	MANIKANTA HOBLIDHAR	554	11/29/01	SSCB	0.5m/s ne	<b>10.46</b>
6	DONDAPATI MRUTY JAYR	433	12/01/05	ODISHA	0.5m/s ne	<b>10.54</b>
7	HARJIT SINGH	547	28/08/97	SSCB	0.5m/s ne	<b>10.64</b>
8	TAMILARASU S	622	20/05/02	TAMIL NADU	0.5m/s ne	<b>10.67</b>

**RESULTS OF PRELIMS Heat 1**

1	ANIMESH KUJUR	427	02/06/03	ODISHA	-1.6m/s s	<b>10.62</b>
2	HARJIT SINGH	547	28/08/97	SSCB	-1.6m/s s	<b>10.67</b>
3	LAUKIK MELGE	400	10/04/05	MAHARASHTRA	-1.6m/s s	<b>10.69</b>
4	SIVA KUMAR B	620	13/10/94	TAMIL NADU	-1.6m/s s	<b>10.91</b>
5	LETJAKAI LENTHANG	414	04/03/99	MIZORAM	-1.6m/s s	<b>11.33</b>
6	GHULAM ALI	340	10/12/01	LADAKH	-1.6m/s s	<b>14.04</b>

**RESULTS OF PRELIMS Heat 2**

1	DONDAPATI MRUTY JAYR	433	12/01/05	ODISHA	-0.8m/s s	<b>10.83</b>
2	TAMILARASU S	622	20/05/02	TAMIL NADU	-0.8m/s s	<b>10.92</b>
3	GURINDERVIR SINGH	545	24/12/00	SSCB	-0.8m/s s	<b>10.96</b>
4	GAGAN L GOWDA	280	29/06/02	KARNATAKA	-0.8m/s s	<b>11.13</b>
5	MOSES WOLFANGO MASC	155	27/04/02	GOA	-0.8m/s s	<b>11.19</b>
6	M DHEEPAK	102	07/07/06	ANDAMAN & NICOBAR	-0.8m/s s	<b>12.05</b>

**RESULTS OF PRELIMS Heat 3**

1	PRANAV GURAV	402	03/07/01	MAHARASHTRA	-1.0m/s s	<b>10.52</b>
2	MANIKANTA HOBLIDHAR	554	11/29/01	SSCB	-1.0m/s s	<b>10.54</b>
3	RAGUL KUMAR G	617	22/03/00	TAMIL NADU	-1.0m/s s	<b>10.58</b>
4	AMLAN BORGOHAIN	119	25/04/98	ASSAM	-1.0m/s s	<b>10.58</b>
5	LALU PRASAD BHOI	437	21/09/03	ODISHA	-1.0m/s s	<b>10.67</b>
6	GOVIND KUMAR	126	03/07/02	CHANDIGARH	-1.0m/s s	<b>10.75</b>
	ADITYA RAJ SINGH	712	20/02/03	UTTARAKHAND		<b>DQ</b>

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Athletics

**Event # 2 MENS 200m Run**

&amp; NATIONAL RECORD: AMLAN BORGHAIN ASSAM 20.52 2022

% GAMES RECORD: AMLAN BORGHAIN ASSAM 20.55 2022

**RESULTS OF FINALS Heat 1**

1	ANIMESH KUJUR	427	02/06/03	ODISHA	+1.2m/s n	<b>20.58</b>
2	RAGUL KUMAR G	617	22/03/00	TAMIL NADU	+1.2m/s n	<b>21.06</b>
3	NITHIN B	615	12/04/99	TAMIL NADU	+1.2m/s n	<b>21.07</b>
4	LOVEPREET SINGH	552	27/11/99	SSCB	+1.2m/s n	<b>21.48</b>
5	JAY SHAH PRADEEP	397	11/10/97	MAHARASHTRA	+1.2m/s n	<b>21.56</b>
6	PRATIK MAHARANA	439	08/06/07	ODISHA	+1.2m/s n	<b>21.89</b>
7	PRAKHAR SHRAMA	719	01/09/99	UTTARAKHAND	+1.2m/s n	<b>22.25</b>
	DONDAPATI MRUTY JAYR	433	12/01/05	ODISHA		<b>DQ</b>

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**RESULTS OF PRELIMS Heat 1**

1	ANIMESH KUJUR	427	02/06/03	ODISHA	0.4m/s sw	<b>20.70</b>
2	RAGUL KUMAR G	617	22/03/00	TAMIL NADU	0.4m/s sw	<b>21.15</b>
3	LOVEPREET SINGH	552	27/11/99	SSCB	0.4m/s sw	<b>21.40</b>
4	PRATIK MAHARANA	439	08/06/07	ODISHA	0.4m/s sw	<b>21.69</b>
5	ABHIN B DEVADIGA	277	15/08/01	KARNATAKA	0.4m/s sw	<b>21.71</b>
6	YASH JOSHI	409	09/04/04	MAHARASHTRA	0.4m/s sw	<b>21.71</b>
7	SHUBHAM SUSHIL	241	08/29/01	HARYANA	0.4m/s sw	<b>21.94</b>
	LAKSHAY .	674	18/12/04	UTTAR PRADESH		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	NITHIN B	615	12/04/99	TAMIL NADU	-0.8m/s se	<b>21.37</b>
2	DONDAPATI MRUTY JAYR	433	12/01/05	ODISHA	-0.8m/s se	<b>21.47</b>
3	PRAKHAR SHRAMA	719	01/09/99	UTTARAKHAND	-0.8m/s se	<b>21.69</b>
4	JAY SHAH PRADEEP	397	11/10/97	MAHARASHTRA	-0.8m/s se	<b>21.70</b>
5	TAMILARASU S	622	20/05/02	TAMIL NADU	-0.8m/s se	<b>21.84</b>
6	ANKIT KUMAR KASWAN	507	05/06/05	RAJASTHAN	-0.8m/s se	<b>22.77</b>
	SANDEEP SINGH	571	30/10/97	SSCB		<b>DNF</b>
	SHANMUGA SRINIVAS N	115	10/09/02	ANDHRA PRADESH		<b>DNS</b>

**Event # 3 MENS 400m Run**

&amp; NATIONAL RECORD: MANA YAHYA KERALA 45.21 2019

% GAMES RECORD: V.AJMAL SERVICES 46.29 2022

**RESULTS OF FINALS Heat 1**

1	BAPI HANSDA	430	26/07/06	ODISHA		<b>46.82</b>
2	VIKRANT PANCHAL	245	30/01/00	HARYANA		<b>46.92</b>
3	MANU T S	314	17/10/01	KERALA		<b>47.08</b>
4	ASTIK PRADHAN	429	23/04/06	ODISHA		<b>47.28</b>
5	RINCE JOSEPH	569	31/08/02	SSCB		<b>47.66</b>
6	RASHID .	359	08/01/01	MADHYA PRADESH		<b>47.91</b>
7	SAHIL MALIK	727	19/04/06	UTTARAKHAND		<b>48.86</b>
	ATUL .	210	07/24/03	HARYANA		<b>DNS</b>

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**Athletics****RESULTS OF PRELIMS Heat 1**

1	VIKRANT PANCHAL	245	30/01/00	HARYANA	<b>46.92</b>
2	ASTIK PRADHAN	429	23/04/06	ODISHA	<b>47.68</b>
3	RASHID .	359	08/01/01	MADHYA PRADESH	<b>47.96</b>
4	SAHIL MALIK	727	19/04/06	UTTARAKHAND	<b>48.93</b>
5	KYRSHANLANG SHYLLA	412	26/01/04	MEGHALAYA	<b>50.38</b>
	VISHAL T K	623	12/17/03	TAMIL NADU	<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	MANU T S	314	17/10/01	KERALA	<b>47.65</b>
2	BAPI HANSDA	430	26/07/06	ODISHA	<b>47.79</b>
3	RINCE JOSEPH	569	31/08/02	SSCB	<b>48.17</b>
4	ATUL .	210	07/24/03	HARYANA	<b>50.24</b>
	SURAJ A	607	12/20/03	TAMIL NADU	<b>DNS</b>

**Event # 4 MENS 800m Run****& NATIONAL RECORD: J. JOHNSON KERALA 1:45.65 2018****% GAMES RECORD: M. AFSAL P SERVICES 1:46.30 2022****RESULTS OF FINALS Heat 1**

1	MOHAMMED AFSAL P	556	03/02/96	SSCB	<b>1:49.13</b>
2	ANU KUMAR	715	02/11/02	UTTARAKHAND	<b>1:49.19</b>
3	PRAKASH GADADE	564	31/07/02	SSCB	<b>1:49.58</b>
4	SHYAM MILAN BIND	369	05/08/04	MADHYA PRADESH	<b>1:49.98</b>
5	BEJOY J	324	23/03/06	KERALA	<b>1:50.01</b>
6	RIJOY J	334	21/12/03	KERALA	<b>1:50.85</b>
7	MANJEET RAMESHWAR	230	07/07/02	HARYANA	<b>1:50.93</b>
8	GURMAN SINGH	546	27/08/97	SSCB	<b>1:52.55</b>

**RESULTS OF PRELIMS Heat 1**

1	ANU KUMAR	715	02/11/02	UTTARAKHAND	<b>1:52.30</b>
2	MOHAMMED AFSAL P	556	03/02/96	SSCB	<b>1:52.87</b>
3	RIJOY J	334	21/12/03	KERALA	<b>1:53.09</b>
4	TUSHAR BEKANE	284	08/25/03	KARNATAKA	<b>1:53.77</b>
5	VINOD KUMAR BANOTH	640	16/12/05	TELANGANA	<b>1:54.00</b>
6	ANANT GAUTAM	143	31/08/02	DELHI	<b>2:02.97</b>
	SOMNATH CHAUHAN	242	02/02/04	HARYANA	<b>DNF</b>

**RESULTS OF PRELIMS Heat 2**

1	PRAKASH GADADE	564	31/07/02	SSCB	<b>1:49.80</b>
2	BEJOY J	324	23/03/06	KERALA	<b>1:49.83</b>
3	SHYAM MILAN BIND	369	05/08/04	MADHYA PRADESH	<b>1:50.38</b>
4	MANJEET RAMESHWAR	230	07/07/02	HARYANA	<b>1:50.83</b>
5	GURMAN SINGH	546	27/08/97	SSCB	<b>1:51.17</b>
6	SAHIL KHAN	522	07/11/05	RAJASTHAN	<b>1:54.79</b>
7	SATYAJEET PUJARI	404	07/07/03	MAHARASHTRA	<b>2:02.63</b>

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**Athletics****Event # 5 MENS 1500m Run****& NATIONAL RECORD: J. JOHNSON KERALA 3:35.24 2019****% GAMES RECORD: PARVEJ KHAN SERVICES 3:40.89 2022**

1	YOONUS SHAH	583	10/05/01	SSCB	<b>3:46.48</b>
2	RITESH OHRE	366	31/12/03	MADHYA PRADESH	<b>3:46.64</b>
3	RAM SINGH	725	10/06/02	UTTARAKHAND	<b>3:50.24</b>
4	KARTIK KARKERA	398	17/03/97	MAHARASHTRA	<b>3:51.34</b>
5	ABHISHEK SINGH THAKU	360	04/07/00	MADHYA PRADESH	<b>3:52.57</b>
6	SAKIR .	238	05/10/05	HARYANA	<b>3:59.20</b>
7	ASHOK DANDASENA	428	05/07/94	ODISHA	<b>4:05.08</b>
	PRINCE KUMAR	678	02/25/00	UTTAR PRADESH	<b>DNS</b>
	AHSAN .	668	15/03/03	UTTAR PRADESH	<b>DNF</b>
	RAHUL BALODA	568	05/06/99	SSCB	<b>DNF</b>
	MEHEDI HASSAN	555	01/01/04	SSCB	<b>DNF</b>
	HARSHDEEP SINGH	473	28/09/01	PUNJAB	<b>DNF</b>
	VIKASH .	244	01/01/04	HARYANA	<b>DNF</b>
	RITIK DEOL	152	10/02/05	DELHI	<b>DNS</b>

**Event # 6 MENS 5000m Run****& NATIONAL RECORD: GULVEER SINGH UP 13:11.82 2024****% GAMES RECORD: G. LAKSHMANAN SERVICES 13:50.05 2015**

1	SAWAN BARWAL	250	02/18/98	HIMACHAL PRADESH	<b>13:45.93 %</b>
2	GAGAN SINGH	224	21/12/03	HARYANA	<b>14:00.04</b>
3	SUNIL DAWAR	370	02/08/01	MADHYA PRADESH	<b>14:01.33</b>
4	HARMANJOT SINGH	363	10/10/95	MADHYA PRADESH	<b>14:03.00</b>
5	PUNEET YADAV	234	19/12/02	HARYANA	<b>14:21.95</b>
6	VINOD SINGH	371	20/07/05	MADHYA PRADESH	<b>14:45.49</b>
7	WEDE T. MERO	416	05/01/97	NAGALAND	<b>15:31.59</b>
8	RAHUL PAL	723	08/11/05	UTTARAKHAND	<b>15:45.75</b>
	LOVEPREET SINGH.	553	13/01/99	SSCB	<b>DNF</b>
	NARESH CHOPRA	514	05/12/04	RAJASTHAN	<b>DNF</b>
	KIRAN MATRE	399	05/08/01	MAHARASHTRA	<b>DNF</b>
	TINKU KUMAR ARYAN	122	11/02/03	BIHAR	<b>DNF</b>

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Athletics

**Event # 7 MENS 10000m Run**

&amp; NATIONAL RECORD:GULVEER SINGH UP 27:14.88 2024

%GAMES RECORD:G.SINGH SERVICES 28:54.29 2022

1	SAWAN BARWAL	250	02/18/98	HIMACHAL PRADESH		<b>28:49.93</b>	%
2	KIRAN MATRE	399	05/08/01	MAHARASHTRA		<b>29:04.76</b>	
3	VINOD SINGH	371	20/07/05	MADHYA PRADESH		<b>29:43.60</b>	
4	ARUN .	222	07/01/06	HARYANA		<b>29:57.38</b>	
5	ROHIT ..	237	05/03/98	HARYANA		<b>30:14.47</b>	
6	GAURAV BHOSALE	396	16/09/05	MAHARASHTRA		<b>30:19.29</b>	
7	SUNIL KUMAR	577	10/03/97	SSCB		<b>30:37.84</b>	
8	MOHIT CHOUDHARY	639	01/04/06	TELANGANA		<b>30:52.97</b>	
9	ARUN RATHOD	393	27/03/00	MAHARASHTRA		<b>33:02.13</b>	
10	RAJAT PAL	724	10/07/05	UTTARAKHAND		<b>34:31.77</b>	
	DIVBYANSHU KUMAR	671	12/19/04	UTTAR PRADESH		<b>DNF</b>	
	DHARMENDER .	510	07/20/99	RAJASTHAN		<b>DNF</b>	
	VIVEK KUMAR YADAV	169	07/05/06	GUJARAT		<b>DNF</b>	
	VIVEK CHAND	168	03/09/05	GUJARAT		<b>DNF</b>	

**Event # 8 MENS 110m Hurdles**

&amp; NATIONAL RECORD:T.ASHOK SHIRSE MAHARASHTRA 13.41 2024

%GAMES RECORD:T.ASHOK S MAHARASHTRA 13.71 2023

**RESULTS OF FINALS Heat 1**

1	TEJAS ASHOK SHIRSE	408	04/06/02	MAHARASHTRA	0.5m/s ne	<b>13.65</b>	%
2	MANAV RAJANARAYANAN613		07/06/00	TAMIL NADU	0.5m/s ne	<b>14.03</b>	
3	MUHAMMED LAZAN VK	332	01/06/02	KERALA	0.5m/s ne	<b>14.23</b>	
4	HARMANJEET SINGH	148	20/04/02	DELHI	0.5m/s ne	<b>14.29</b>	
5	RAHIL SAKEER V P	315	23/11/04	KERALA	0.5m/s ne	<b>14.63</b>	
6	TARUNDEEP SINGH BHATI	579	06/09/94	SSCB	0.5m/s ne	<b>14.72</b>	
	SIDDHANTH THINGALAYA407		03/01/91	MAHARASHTRA		<b>DNF</b>	
	RONALD BABU	367	09/04/98	MADHYA PRADESH		<b>DQ</b>	

**RESULTS OF PRELIMS Heat 1**

1	TEJAS ASHOK SHIRSE	408	04/06/02	MAHARASHTRA	+1.0m/s	<b>13.82</b>	
2	RONALD BABU	367	09/04/98	MADHYA PRADESH	+1.0m/s	<b>14.62</b>	
3	HARMANJEET SINGH	148	20/04/02	DELHI	+1.0m/s	<b>14.66</b>	
4	RAHIL SAKEER V P	315	23/11/04	KERALA	+1.0m/s	<b>14.74</b>	
5	DHANUSH ADITHAN G	610	30/09/01	TAMIL NADU	+1.0m/s	<b>14.79</b>	
	KUSHAL KUMAR MOHITE	551	02/04/03	SSCB		<b>DNF</b>	
	RATHISH PANDIDURAI	605	06/11/04	TAMIL NADU		<b>DNS</b>	

**RESULTS OF PRELIMS Heat 2**

1	SIDDHANTH THINGALAYA407		03/01/91	MAHARASHTRA	+1.1m/s	<b>13.98</b>	
2	MANAV RAJANARAYANAN613		07/06/00	TAMIL NADU	+1.1m/s	<b>14.10</b>	
3	MUHAMMED LAZAN VK	332	01/06/02	KERALA	+1.1m/s	<b>14.42</b>	
4	TARUNDEEP SINGH BHATI	579	06/09/94	SSCB	+1.1m/s	<b>14.78</b>	
5	SAHIL JAGDISH GEDAM	387	24/11/01	MAHARASHTRA	+1.1m/s	<b>14.90</b>	
6	SHUBAM SINGH RAWAT	153	24/08/04	DELHI	+1.1m/s	<b>15.31</b>	

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**Athletics****Event # 9 MENS 400m Hurdles****& NATIONAL RECORD:A. DHARUN TAMILNADU 48.80 2019****%GAMES RECORD:S.KUMAR T SERVICES 49.49 2022****RESULTS OF FINALS Heat 1**

1	RUCHIT MORI	167	24/08/01	GUJARAT	<b>50.97</b>
2	HARDEEP .	470	27/06/03	PUNJAB	<b>51.02</b>
3	ROHAN KAMBLE	403	15/02/02	MAHARASHTRA	<b>51.77</b>
4	DHAVAL UTEKAR	541	06/10/00	SSCB	<b>51.83</b>
5	KARNA BAG	740	10/07/04	WEST BENGAL	<b>53.94</b>
6	MANOOP M	329	22/08/01	KERALA	<b>54.32</b>
	NIKHIL BHARDWAJ	558	24/05/96	SSCB	<b>DQ</b>
					TR 22.6.1
	NARENDER AMAN	231	28/11/99	HARYANA	<b>DQ</b>

**RESULTS OF PRELIMS Heat 1**

1	NIKHIL BHARDWAJ	558	24/05/96	SSCB	<b>51.49</b>
2	ROHAN KAMBLE	403	15/02/02	MAHARASHTRA	<b>51.77</b>
3	MANOOP M	329	22/08/01	KERALA	<b>52.62</b>
4	KARNA BAG	740	10/07/04	WEST BENGAL	<b>54.89</b>
	BHUPENDER RAJESH	125	02/07/99	CHANDIGARH	<b>DNF</b>
	SATHISH K	619	01/09/94	TAMIL NADU	<b>DNS</b>
	VIJAY SINGH MALIK	218	10/01/93	HARYANA	<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	HARDEEP .	470	27/06/03	PUNJAB	<b>51.39</b>
2	DHAVAL UTEKAR	541	06/10/00	SSCB	<b>51.42</b>
3	RUCHIT MORI	167	24/08/01	GUJARAT	<b>51.97</b>
4	NARENDER AMAN	231	28/11/99	HARYANA	<b>53.56</b>
5	NIKUNJ ZALA	165	18/01/04	GUJARAT	<b>55.97</b>
6	VISHNU. V	442	30/06/00	PONDICHERRY	<b>58.30</b>
	ARJUN PRADEEP	322	22/06/06	KERALA	<b>DNS</b>

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Athletics

**Event # 10 MENS 3000m Steeplechase**

&amp; NATIONAL RECORD: A.SABLE MAHARASHTRA 8:09.01 2024

%GAMES RECORD: S.JOLIYA JB GUJARAT 8:37.15 2023

1	SUMIT KUMAR	576	07/04/00	SSCB	8:46.26
2	ROHIT VERMA	570	20/10/98	SSCB	8:49.01
3	SHANKAR LAL SWAMI	240	05/07/96	HARYANA	8:49.39
4	SHARUK KHAN	684	25/07/06	UTTAR PRADESH	8:49.44
5	SIDDHANT PUJARI	406	22/12/01	MAHARASHTRA	9:03.54
6	DHULADEV BABAN	394	22/02/03	MAHARASHTRA	9:13.56
7	GAURAV YADAV	741	04/08/04	MADHYA PRADESH	9:14.28
8	RANVIR KUMAR SINGH	166	04/07/05	GUJARAT	9:15.34
9	ANKIT PRASAD	146	27/12/04	DELHI	9:36.53
10	ANKIT RAJESH	221	10/10/97	HARYANA	9:36.85
11	VIKAS KUMAR	528	08/12/04	RAJASTHAN	9:37.50
12	PURAN RAI	532	28/02/95	SIKKIM	9:50.40
	SURAJ PAL	687	20/05/02	UTTAR PRADESH	DNF
	SOURABH ANTIL	574	29/12/01	SSCB	DNF
	SUMIT RATHEE	243	22/09/06	HARYANA	DNF

**Event # 11 MENS High Jump****HEIGHTS: 1.90, 1.95, 2.00, 2.05, 2.08, 2.11, 2.14, 2.18, 2.20, 2.22, 2.24, 2.26, 2.28**

&amp; NATIONAL RECORD: TEJASWIN SHANKAR DELHI 2.29 2018

%GAMES RECORD: S.SANIL KUSHARE SERVICES 2.27 2022

1	AADARSH RAM J	609	27/09/97	TAMIL NADU	2.14m
	--- --- --- --- O XO XO XXX				
2	SWADHIN KUMAR MAJHI	440	10/04/00	ODISHA	2.11m
	--- O O O XO XXO XXX				
3	SUDEEP .	283	29/04/04	KARNATAKA	2.08m
	--- XO O XO O XXX				
4	JESSE SANDESH	281	22/10/95	KARNATAKA	2.08m
	--- O O O XO XXX				
5	JOMON JOY	327	19/10/03	KERALA	2.08m
	--- O O O XXO XXX				
6	BHARTHI VISWANATHAN	538	20/05/94	SSCB	2.05m
	--- --- O O XXX				
7	ABHAY GURAV	534	03/05/00	SSCB	2.05m
	O XXO O XXO XXX				
8	ROHIT .	236	08/03/00	HARYANA	2.00m
	O XO XO XXX				
9	GURJEET SINGH	225	05/01/00	HARYANA	1.95m
	--- O --- XXX				
10	KAUSTABHA JAISWAL	364	28/01/00	MADHYA PRADESH	1.95m
	XXO XO XXX				
11	PRIYANSHU MANDAL	722	25/06/04	UTTARAKHAND	1.95m
	O XXO XXX				



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**Athletics****Event # 13 MENS Long Jump****& NATIONAL RECORD: J. ALDRIN TAMILNADU 8.42 2023****% GAMES RECORD: JESWIN ALDRIN TAMILNADU 8.26 2022**

1	SHAHNAVAZ KHAN	683	02/02/08	UTTAR PRADESH	+0.8m/s	<b>7.70m</b>
		7.54, 7.52, 7.65, 7.70, 7.66, 7.70				
2	SRIRAM V	621	13/10/01	TAMIL NADU	-0.3m/s	<b>7.59m</b>
		F, 7.04, 6.88, 6.71, 7.59, 7.45				
3	ANURAG C V	321	23/01/04	KERALA	+0.4m/s	<b>7.56m</b>
		6.07, 7.29, 7.46, 7.17, 7.56, 7.46				
4	JITHIN ARJUNAN R C	604	11/12/07	TAMIL NADU	+0.1m/s	<b>7.53m</b>
		7.23, 7.45, 7.31, 7.28, 7.06, 7.53				
5	ARYAS	278	31/12/01	KARNATAKA	+0.7m/s	<b>7.38m</b>
		7.16, 7.24, 7.29, 7.13, 7.28, 7.38				
6	AMAN SINGH	249	18/05/03	HIMACHAL PRADESH	+0.3m/s	<b>7.34m</b>
		7.05, 7.26, 7.07, 2.35, 7.34, 7.17				
7	AMITRA GHOSH	739	05/08/03	WEST BENGAL	+0.4m/s	<b>7.25m</b>
		7.08, 7.16, 7.16, F, 7.21, 7.25				
8	KRISHNA SHARMA	365	02/08/99	MADHYA PRADESH	+0.0m/s	<b>7.20m</b>
		6.78, 6.86, 6.85, 7.01, 6.96, 7.20				
9	PRANAV CHAUDHARY	720	17/05/08	UTTARAKHAND	-0.2m/s	<b>6.44m</b>
		6.44, F, 3.74				
10	ABDUL FATHAH	341	13/02/99	LAKSHADWEEP	+0.2m/s	<b>6.34m</b>
		6.34, 6.21, 6.14				
11	JAGROOP SINGH	475	18/08/98	PUNJAB	-1.0m/s	<b>4.21m</b>
		F, 4.21, -				
	ADITYA KUMAR SINGH	667	12/26/02	UTTAR PRADESH		<b>DNS</b>
	SWAMINATHAN R	608	07/04/96	TAMIL NADU		<b>DNS</b>

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**Athletics****Event # 14 MENS Triple Jump****&NATIONAL RECORD:P.CHITHRAVEL TAMILNADU 17.37 2023****% GAMES RECORD:AB ARUN SERVICES 16.79 2023**

1	PRAVEEN CHITHRAVEL	616	05/06/01	TAMIL NADU	+0.9m/s	<b>16.50m</b>
	16.04, 16.07, 16.25, 16.50, 16.37, 15.95					
2	MOHAMMED SALAHUDDI	614	24/03/94	TAMIL NADU	+0.7m/s	<b>16.01m</b>
	F, 15.32, 16.01, F, 15.67, F					
3	MOHAMMED MUHASSIN	331	06/08/05	KERALA	-2.5m/s	<b>15.57m</b>
	15.41, F, 15.57, F, F, F					
4	SEBASTIAN V S	336	04/10/03	KERALA	-1.5m/s	<b>15.48m</b>
	15.24, F, F, 15.48, F, 15.13					
5	VIMAL MUKESH T	582	25/03/96	SSCB	-2.1m/s	<b>15.38m</b>
	14.66, 15.37, F, 15.38, F, 15.05					
6	VIVEK GUPTA	392	23/04/05	MAHARASHTRA	-0.4m/s	<b>15.15m</b>
	15.15, F, 15.12, 14.75, 14.60, 15.15					
7	KARTHIK UNNIKRISHNAN	549	03/06/93	SSCB	+0.7m/s	<b>15.12m</b>
	14.63, 15.12, F, 13.61, 14.94, F					
8	RAHUL .	483	31/10/98	PUNJAB	-0.2m/s	<b>14.61m</b>
	13.85, F, 14.61, F, F, F					
9	PUNEET KUMAR	566	02/02/94	SSCB	-0.3m/s	<b>14.26m</b>
	F, 14.26, F					
10	BHUPINDRA BISHT	716	13/10/05	UTTARAKHAND	+0.2m/s	<b>14.00m</b>
	14.00, 13.94, F					
	SELVA PRABHU T	606	28/12/04	TAMIL NADU		<b>DNS</b>
	DNS					
	NARPINDER SINGH	480	06/11/02	PUNJAB		<b>DNS</b>
	-, -, -					

**Event # 15 MENS Shot Put****&NATIONAL RECORD:T.S TOOR PUNJAB 21.77 2023****%GAMES RECORD:T.S TOOR SERVICES 20.75 2022**

1	TAJINDERPAL SINGH TOO	488	13/11/94	PUNJAB		<b>19.74m</b>
	19.74, 19.40, 19.58, F, F, 19.63					
2	SAMARDEEP SINGH GILL	368	03/01/01	MADHYA PRADESH		<b>19.38m</b>
	19.38, F, F, 19.04, F, F					
3	PRABHKIRPAL SINGH	482	12/07/97	PUNJAB		<b>19.04m</b>
	18.69, 19.04, 18.15, F, F, F					
4	ANIKET .	714	05/11/01	UTTARAKHAND		<b>17.94m</b>
	17.24, 17.64, 17.44, 17.48, 17.88, 17.94					
5	SANYAM SANJAY	239	05/10/03	HARYANA		<b>17.83m</b>
	17.09, F, F, 17.83, 17.62, F					
6	ARYAN TYAGI	669	14/08/01	UTTAR PRADESH		<b>17.74m</b>
	16.75, 17.74, F, 17.34, 17.51, F					
7	DHANVIR SINGH	539	28/12/02	SSCB		<b>17.66m</b>
	17.66, F, F, F, F, F					
8	AMANDEEP SINGH DHALI	464	16/05/02	PUNJAB		<b>17.12m</b>
	17.12, F, F, 16.85, 16.71, F					
	VANAM SHARMA	527	13/04/98	RAJASTHAN		<b>DNS</b>
	DNS					
	ASISH BHALOTHIA	223	11/11/99	HARYANA		<b>DNS</b>
	DNS					

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**Athletics****Event # 16 MENS Discus Throw****& NATIONAL RECORD:VIKAS GOWDA KARNATAKA 66.28 2012****%GAMES RECORD:K.BATTH PUNJAB 59.32 2022**

1	GAGANDEEP SINGH	542	20/05/95	SSCB	<b>55.01m</b>
	F, 54.20, F, 53.32, 54.19, 55.01				
2	NIRBHAY SINGH	233	20/11/96	HARYANA	<b>54.07m</b>
	54.01, 53.62, 54.07, 53.06, F, 52.24				
3	ALEX P THANKACHAN	319	21/03/00	KERALA	<b>52.79m</b>
	50.50, F, 51.95, F, 52.79, 51.29				
4	ABHIMANYU .	220	18-12-01	HARYANA	<b>51.54m</b>
	51.00, 50.36, 51.54, 50.62, 50.82, F				
5	SHUBHKARMAN SINGH	487	05/10/03	PUNJAB	<b>51.46m</b>
	F, 51.33, 51.46, F, 50.60, 49.81				
6	PRAVEEN KUMAR NEHRA	516	09/11/98	RAJASTHAN	<b>51.19m</b>
	50.91, F, 51.19, F, F, 49.15				
7	BHANU SHARMA	509	19/10/96	RAJASTHAN	<b>51.18m</b>
	51.18, F, F, F, 50.28, 48.97				
8	OINAM ALSON SINGH	410	22/01/02	MANIPUR	<b>51.10m</b>
	50.43, F, 50.86, 49.59, 48.98, 51.10				
9	NAGENDRA ANNAPPA NAI	282	18/11/02	KARNATAKA	<b>49.91m</b>
	49.80, 49.91, F				
10	PRAVEEN KUMAR-2	565	02/02/96	SSCB	<b>48.91m</b>
	48.52, 48.91, F				
11	AMIT KUMAR	144	17/04/98	DELHI	<b>48.31m</b>
	47.76, 47.37, 48.31				
12	SATYAM SINGH	728	27/12/00	UTTARAKHAND	<b>46.69m</b>
	45.88, 46.69, 46.17				

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**Athletics****Event # 17 MENS Hammer Throw****& NATIONAL RECORD: N.KUMAR RAJASTHAN 70.73 2016****% GAMES RECORD: DAMNEET SINGH PUNJAB 67.62 2022**

1	TARANVEER SINGH BAINS	578	01/10/96	SSCB	<b>66.64m</b>
	62.25, 63.28, 65.56, 65.98, 66.64, 66.30				
2	DAMNEET SINGH	467	10/03/00	PUNJAB	<b>64.71m</b>
	F, 64.71, 64.30, 63.73, 62.65, F				
3	PRAVEEN KUMAR	515	14/12/00	RAJASTHAN	<b>64.42m</b>
	62.46, 64.42, 63.21, F, 63.89, 63.22				
4	MOHAMMAD SHAHBAN	676	16/04/04	UTTAR PRADESH	<b>64.16m</b>
	58.06, 61.42, 61.84, 64.16, 63.24, F				
5	GURDEV SINGH	468	14/08/01	PUNJAB	<b>62.71m</b>
	54.59, 56.61, 60.62, F, F, 62.71				
6	NIRAJ KUMAR	560	17/09/90	SSCB	<b>62.56m</b>
	61.16, F, 62.56, 62.08, F, 59.76				
7	MUKUL .	677	13/11/01	UTTAR PRADESH	<b>59.65m</b>
	F, F, 56.88, 57.18, 58.73, 59.65				
8	BAJINDER SINGH	466	10/01/90	PUNJAB	<b>58.10m</b>
	F, 56.81, F, F, 58.10, F				
9	SHIV KUMAR	729	02/07/86	UTTARAKHAND	<b>55.99m</b>
	55.31, 55.99, F				
	MD NADEEM	675	20/04/04	UTTAR PRADESH	<b>DNS</b>
	DNS				
	ASHISH JAKHAR	537	05/01/99	SSCB	<b>DNS</b>
	DNS				
	DEVANG .	147	20/12/03	DELHI	<b>DNS</b>
	DNS				

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**Athletics****Event # 18 MENS Javelin Throw****& NATIONAL RECORD:NEERAJ CHOPRA HARYANA 89.94 2022****% GAMES RECORD:RAJENDER SINGH D HARYANA 82.23 2015**

1	SACHIN YADAV	682	25/10/99	UTTAR PRADESH	<b>84.39m %</b>
		65.96, 76.43, 78.72, 81.26, 84.39, 77.99			
2	ROHIT YADAV	681	06/06/01	UTTAR PRADESH	<b>80.47m</b>
		F, 79.20, 79.04, 80.47, 80.40, 77.33			
3	VIKASH SHARMA	732	23/04/03	UTTARAKHAND	<b>79.33m</b>
		65.55, 74.63, 75.49, 73.80, F, 79.33			
4	SHIVPAL SINGH	686	07/06/95	UTTAR PRADESH	<b>76.56m</b>
		F, 69.73, 72.44, 76.56, 71.96, 71.22			
5	SHIVAM LOHAKARE	535	14/09/04	SSCB	<b>76.45m</b>
		68.89, F, 75.01, 75.23, 76.45, 74.85			
6	BIBIN ANTONY	325	04/05/94	KERALA	<b>74.70m</b>
		74.70, 72.38, 71.86, 72.93, 72.65, 73.01			
7	PARMOD .	563	03/12/99	SSCB	<b>73.71m</b>
		70.29, F, 72.36, 71.55, 73.71, 69.44			
8	UTTAM PATIL	581	01/11/94	SSCB	<b>71.88m</b>
		71.88, F, 70.50, 71.56, 71.29, F			
9	SAGAR SAGAR	216	01/06/02	HARYANA	<b>68.80m</b>
		F, 58.33, 68.80			
	ANUJ KALERA	508	28/11/01	RAJASTHAN	<b>DNS</b>
	DNS				
	SARBJEET SINGH	486	03/09/94	PUNJAB	<b>DNS</b>
	DNS				

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**Athletics****Event # 19 MENS 20Km Race Walk****FINALS****& NATIONAL RECORD: A.SINGH PUNJAB 1:19:38.00 2024****% GAMES RECORD: G.SINGH JHARKHAND 1:23:26.00 2011****RESULTS OF FINALS**

1	SERVIN SEBASTIAN	573	11/26/99	SSCB	<b>1:21:23.00</b>	%
2	SURAJ PANWAR	731	02/04/01	UTTARAKHAND	<b>1:21:34.00</b>	%
3	AMANJOT SINGH	465	19/03/99	PUNJAB	<b>1:21:42.00</b>	%
4	PARAMJEET SINGH BI	562	03/03/02	SSCB	<b>1:22:02.00</b>	%
5	RAM BABOO	679	20/03/99	UTTAR PRADESH	<b>1:22:26.00</b>	%
6	MUKESH NITHARWAL	513	04/06/00	RAJASTHAN	<b>1:22:52.00</b>	%
7	SACHIN SINGH BOHR	726	22/03/03	UTTARAKHAND	<b>1:24:51.00</b>	
8	HARDEEP .	226	22/09/98	HARYANA	<b>1:26:23.00</b>	
9	SAHIL .	485	09/04/02	PUNJAB	<b>1:26:24.00</b>	
10	RAHUL .	235	07/01/00	HARYANA	<b>1:29:09.00</b>	
	SANJAY KUMAR	523	20/02/01	RAJASTHAN		<b>DNS</b>
	AMIT KUAMR	128	12/07/06	CHHATTISGARH		<b>DNF</b>
	ARSHPREET SINGH	536	22/11/00	SSCB		<b>DNS</b>
	AKSHDEEP SINGH	463	22/11/99	PUNJAB		<b>DNS</b>
	SANABAM DAMEN SI	411	15/10/89	MANIPUR		<b>DQ</b>
					TR 54.7.5	
	EKNATH TURAMBEK	395	08/01/98	MAHARASHTRA		<b>DNS</b>
	DHANANJAY YADAV	670	05/07/98	UTTAR PRADESH		<b>DQ</b>
					TR 54.7.5	

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**Athletics****Event # 20 MENS 4x100m Relay****& NATIONAL RECORD:NATIONAL TEAM T 38.89 2010****% GAMES RECORD:SERVICES TEAM 39.94 2011**

1	ODISHA C			ODISHA			<b>39.47 %</b>
	437	LALU PRASAD BHOI	21-09-2003		ANIMESH KUJUR	02-06-2003	
	433	D MRUTY JAYRAM	12-01-2005		A MALLICK	14-11-1992	
2	TAMIL NADU G			TAMIL NADU			<b>40.08</b>
	622	TAMILARASU S	20-05-2002		RAGUL KUMAR G	22-03-2000	
	620	SIVA KUMAR B	13-10-1994		M RAJANARAYANAN	07-06-2000	
3	KERALA B			KERALA			<b>40.73</b>
	333	MUKUNDAN A D	30-11-2000		AJITH JOHN	16-06-2000	
	318	A POULOSE	05-02-2001		MANEESH M	06-02-1993	
4	RAJASTHAN E			RAJAS			<b>41.83</b>
	506	ANKIT CHOUHAN	24-06-2002		SHARUP KHAN	10-12-2001	
	512	JAYSON CORDEIRO	05-11-2003		VIVEK KACHOTIYA	09-08-2001	
5	PUNJAB D			PUNJAB			<b>41.90</b>
	469	GURPREET SINGH	22-01-2003		HARMANPREET SINGH	19-01-1997	
	479	MOHIT .	02-12-2003		RAMANDEEP SINGH	07-01-1998	
6	JHARKHAND A			JHARKHAND			<b>42.17</b>
	253	CHHOTU KR MANDAL	31-08-2002		SHIV KR SORENG	23-01-2005	
	254	RAM CHANDRA SANGA	12-03-2003		SADANAND KUMAR	05-10-2003	
7	UTTARAKHAND H			UTTARAKHAND			<b>42.24</b>
	711	ABHISHEK SAINI	04-11-2005		713 AHIL ALI	10-12-2007	
	718	PANKAJ .	07-01-2008		712 ADITYA RAJ SINGH	20-02-2003	
				SSCB			<b>DNF</b>
	559	NIKHIL PATIL	21-06-2002		547 HARJIT SINGH	28-08-1997	
	554	M HOBLIDHAR	29-11-2001		545 GURINDERVIR SINGH	24-12-2000	

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**Athletics****Event # 21 MENS 4x400m Relay****& NATIONAL RECORD:NATIONAL TEAM T 2:59.05 2023****% GAMES RECORD:HARYANA STATE TEAM 3:06.58 2022**

1	TAMIL NADU C			TAMIL NADU			<b>3:10.61</b>
	630	04-01-2006		627 AKASH BABU	14-11-1997		
	632	30-01-2004		628 ASWIN KRISHNA	09-10-2001		
2	UTTARAKHANI			UTTARAKHAND			<b>3:10.85</b>
	721 PRAVESH ROSHWAL	01-09-2001		719 PRAKHAR SHRAMA	01-09-1999		
	727 SAHIL MALIK	19-04-2006		715 ANU KUMAR	02-11-2002		
3	SSCB F			SSCB			<b>3:10.90</b>
	540 NOWAJIS SHAIKH	20-12-1998		580 THOMAS MATHEW	17-12-1998		
	557 SHUBHAM DESHMUKH	29-07-1996		569 RINCE JOSEPH	31-08-2002		
4	PUNJAB D			PUNJAB			<b>3:10.93</b>
	474 JAGMEET SINGH	28-12-1996		470 HARDEEP .	27-06-2003		
	477 LOVEPREET SINGH	28-07-2003		476 JASHANPREET SINGH	04-07-2000		
5	HARYANA A			HARYANA			<b>3:11.44</b>
	212 DEEPAK ..	23-12-2002		211 DEEPAK .	10-01-2000		
	214 GAURAV .	18-12-2006		245 VIKRANT PANCHAL	30-01-2000		
6	KERALA B			KERALA			<b>3:13.58</b>
	316 ADIL N	09-09-2005		334 RIJOY J	21-12-2003		
	330 MOHAMMED BASIL P	04-02-2004		322 ARJUN PRADEEP	22-06-2006		
7	RAJASTHAN E			RAJASTHAN			<b>3:18.73</b>
	517 RAHUL .	08-07-2003		525 SOURABH TAK	13-05-2005		
	518 RAHUL GITHALA	31-10-2003		511 GAJENDRA SINGH	24-03-2007		
	ODISHA C			ODISHA			<b>DNF</b>
	429 ASTIK PRADHAN	23-04-2006		431 BHIMA SARDAR	27-12-2003		
	432 DEBASIS PATRNAIK	27-10-1997		430 BAPI HANSDA	26-07-2006		

**Event # 22 WOMENS 100m Run****& NATIONAL RECORD:DUTEE CHAND ODISHA 11.17 2021****%GAMES RECORD:A.SUSEENDRAN TAMILNADU 11.41 2022****RESULTS OF FINALS Heat 1**

1	SUDESHNA SHIVANKAR	390	09/09/03	MAHARASHTRA	-0.9m/s s	<b>11.76</b>
2	NITHYA GANDHE	637	10/11/99	TELANGANA	-0.9m/s s	<b>11.79</b>
3	GIRIDHARANI R	591	07/07/01	TAMIL NADU	-0.9m/s s	<b>11.88</b>
4	TAMANNA .	204	29/09/04	HARYANA	-0.9m/s s	<b>11.99</b>
5	NEOLE ANNA CORNELIO	266	02/02/05	KARNATAKA	-0.9m/s s	<b>12.19</b>
6	SRABANI NANDA	424	07/05/91	ODISHA	-0.9m/s s	<b>12.27</b>
7	TEENA PAREEK	504	04/04/02	RAJASTHAN	-0.9m/s s	<b>12.68</b>
	SAKSHI CHAVAN	161	01/18/05	GUJARAT		<b>DNS</b>

**RESULTS OF PRELIMS Heat 1**

1	SUDESHNA SHIVANKAR	390	09/09/03	MAHARASHTRA	-1.4m/s	<b>12.09</b>
2	GIRIDHARANI R	591	07/07/01	TAMIL NADU	-1.4m/s	<b>12.10</b>
3	SAKSHI CHAVAN	161	01/18/05	GUJARAT	-1.4m/s	<b>12.28</b>
4	NEOLE ANNA CORNELIO	266	02/02/05	KARNATAKA	-1.4m/s	<b>12.41</b>
5	B APURVA NATH NATH	101	18/06/04	ANDAMAN & NICOBAR	-1.4m/s	<b>13.37</b>
6	V. DHARSHINI	441	28/06/06	PONDICHERRY	-1.4m/s	<b>13.69</b>
7	NANCY .	186	12/12/07	HARYANA	-1.4m/s	<b>14.01</b>
8	VANLALTLEIPUII CHHANG413		29/10/02	MIZORAM	-1.4m/s	<b>14.78</b>

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**Athletics****RESULTS OF PRELIMS Heat 2**

1	NITHYA GANDHE	637	10/11/99	TELANGANA	-1.7m/s	<b>11.94</b>
2	TAMANNA .	204	29/09/04	HARYANA	-1.7m/s	<b>12.08</b>
3	SRABANI NANDA	424	07/05/91	ODISHA	-1.7m/s	<b>12.42</b>
4	TEENA PAREEK	504	04/04/02	RAJASTHAN	-1.7m/s	<b>12.45</b>
5	KEERTHANA S	265	24/09/02	KARNATAKA	-1.7m/s	<b>12.59</b>
6	KANISHKA MANCHANDA	698	23/10/05	UTTARAKHAND	-1.7m/s	<b>12.92</b>
7	GULNAZ FATIMA	339	28/02/04	LADAKH	-1.7m/s	<b>19.66</b>
	ANGEL SILVIA M	586	08/12/02	TAMIL NADU		<b>DNS</b>

**Event # 23 WOMENS 200m Run**

&amp; NATIONAL RECORD:SARASWATI SAHA WB 22.82 2002

%GAMES RECORD:A.SUSEENDRAN TAMILNADU 23.06 2022

**RESULTS OF FINALS Heat 1**

1	JYOTHI YARRAJI	106	08/28/99	ANDHRA PRADESH	1.0m/s nw	<b>23.35</b>
2	UNNATHI AIYAPPA	274	06/05/05	KARNATAKA	1.0m/s nw	<b>23.70</b>
3	NITHYA GANDHE	637	10/11/99	TELANGANA	1.0m/s nw	<b>23.76</b>
4	MADHUMITA DEB	350	04/01/02	MADHYA PRADESH	1.0m/s nw	<b>23.79</b>
5	SUDESHNA SHIVANKAR	390	09/09/03	MAHARASHTRA	1.0m/s nw	<b>24.48</b>
6	SRABANI NANDA	424	07/05/91	ODISHA	1.0m/s nw	<b>25.00</b>
7	KANISHKA MANCHANDA	698	23/10/05	UTTARAKHAND	1.0m/s nw	<b>25.46</b>
	SAMRITI JAMWAL	248	04/12/03	HIMACHAL PRADESH		<b>DQ</b>

**RESULTS OF PRELIMS Heat 1**

1	NITHYA GANDHE	637	10/11/99	TELANGANA	-1.2m/s s	<b>24.09</b>
2	UNNATHI AIYAPPA	274	06/05/05	KARNATAKA	-1.2m/s s	<b>24.18</b>
3	SUDESHNA SHIVANKAR	390	09/09/03	MAHARASHTRA	-1.2m/s s	<b>24.42</b>
4	SAMRITI JAMWAL	248	04/12/03	HIMACHAL PRADESH	-1.2m/s s	<b>25.05</b>
	NANCY .	186	12/12/07	HARYANA		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	JYOTHI YARRAJI	106	08/28/99	ANDHRA PRADESH	-1.0m/s s	<b>23.85</b>
2	MADHUMITA DEB	350	04/01/02	MADHYA PRADESH	-1.0m/s s	<b>24.48</b>
3	SRABANI NANDA	424	07/05/91	ODISHA	-1.0m/s s	<b>25.13</b>
4	KANISHKA MANCHANDA	698	23/10/05	UTTARAKHAND	-1.0m/s s	<b>25.93</b>
	DEVYANIBA ZALA	157	15/03/02	GUJARAT		<b>DNF</b>

**Event # 24 WOMENS 400m Run**

&amp; NATIONAL RECORD:HIMA DAS ASSAM 50.79 2018

%GAMES RECORD:A.MISHRA MAHARASHTRA 52.50 2022

1	AISHWARYA MISHRA	372	16/08/97	MAHARASHTRA		<b>51.12 %</b>
2	VITHYA RAMRAJ	602	20/09/98	TAMIL NADU		<b>54.43</b>
3	DEVYANIBA ZALA	157	15/03/02	GUJARAT		<b>54.44</b>
4	SNEHA K	311	19/05/99	KERALA		<b>56.32</b>
5	PRACHI .	653	20/12/96	UTTAR PRADESH		<b>56.49</b>
6	PRIYA THAKUR	247	11/09/00	HIMACHAL PRADESH		<b>58.07</b>

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**Athletics****Event # 25 WOMENS 800m Run****& NATIONAL RECORD:TINTU LUKA KERALA 1:59.17 2010****% GAMES RECORD:CHANDA KM DELHI 2:01.58 2022****RESULTS OF FINALS Heat 1**

1	CHANDA KM	132	16/08/01	DELHI	<b>2:00.82</b> %
2	TWINKLE CHAUDHARY	461	17/10/95	PUNJAB	<b>2:03.46</b>
3	AMANDEEP KAUR	444	09/07/03	PUNJAB	<b>2:04.76</b>
4	POOJA .	189	17/06/02	HARYANA	<b>2:07.56</b>
5	DEEKSHA KM	347	01/01/99	MADHYA PRADESH	<b>2:11.02</b>
6	PRISCILLA DANIEL	303	01/07/02	KERALA	<b>2:13.81</b>
7	LAXMIPRIYA KISAN	420	10/04/05	ODISHA	<b>2:16.23</b>
8	ARPITHA E B	260	22/07/01	KARNATAKA	<b>2:22.96</b>

**RESULTS OF PRELIMS Heat 1**

1	CHANDA KM	132	16/08/01	DELHI	<b>2:10.00</b>
2	ARPITHA E B	260	22/07/01	KARNATAKA	<b>2:10.26</b>
3	PRISCILLA DANIEL	303	01/07/02	KERALA	<b>2:10.76</b>
4	GUG KAUR	446	23/08/98	PUNJAB	<b>2:12.80</b>
5	ANISHA .	688	04/08/04	UTTARAKHAND	<b>2:16.47</b>
	RAKHI .	655	25/07/01	UTTAR PRADESH	<b>DNS</b>
	KAVITHA V	594	15/06/98	TAMIL NADU	<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	TWINKLE CHAUDHARY	461	17/10/95	PUNJAB	<b>2:07.78</b>
2	POOJA .	189	17/06/02	HARYANA	<b>2:07.96</b>
3	AMANDEEP KAUR	444	09/07/03	PUNJAB	<b>2:08.21</b>
4	DEEKSHA KM	347	01/01/99	MADHYA PRADESH	<b>2:08.95</b>
5	LAXMIPRIYA KISAN	420	10/04/05	ODISHA	<b>2:11.13</b>
6	ASTHA MALLICK	130	21/07/05	DELHI	<b>2:13.01</b>
7	DEEPASHREE .	263	25/10/03	KARNATAKA	<b>2:13.44</b>

**Event # 26 WOMENS 1500m Run****& NATIONAL RECORD:KM DEEKSHA MP 4:04.78 2024****% GAMES RECORD:KC ROSAKUTTY KARNATAKA 4:14.46 1997**

1	CHANDA KM	132	16/08/01	DELHI	<b>4:17.74</b>
2	DEEKSHA KM	347	01/01/99	MADHYA PRADESH	<b>4:21.92</b>
3	AMANDEEP KAUR	444	09/07/03	PUNJAB	<b>4:22.75</b>
4	THOTA SANKEERTHANA	127	17/07/03	CHHATTISGARH	<b>4:23.94</b>
5	MUSKAN .	185	10/06/08	HARYANA	<b>4:29.89</b>
6	KAJAL RANGANATH KA	158	26/01/01	GUJARAT	<b>4:35.14</b>
7	NEHA PANWAR	651	01/07/03	UTTAR PRADESH	<b>4:35.69</b>
8	MANJU CHOUDHARI	495	13/12/05	RAJASTHAN	<b>4:39.20</b>
9	CHANCHAL JAKHAD	173	26/10/05	HARYANA	<b>4:40.37</b>
10	SAPNA PATEL	154	10/03/99	GOA	<b>5:04.68</b>
11	ANJALI .	689	10/03/99	UTTARAKHAND	<b>5:13.41</b>
	VINEETA GURJAR	665	09/27/05	UTTAR PRADESH	<b>DNS</b>
	AKSHANA .	343	01/06/03	MADHYA PRADESH	<b>DNS</b>

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**Athletics****Event # 27 WOMENS 5000m Run****& NATIONAL RECORD: PARUL CHAUDHARY UP 15:10.35 2023****% GAMES RECORD: OP JAISHA KERALA 15:31.37 2015**

1	ANKITA .	691	05/02/02	UTTARAKHAND	<b>15:56.03</b>
2	SANJIVANI JADHAV	388	12/07/96	MAHARASHTRA	<b>15:59.12</b>
3	POONAM SONUNE	382	04/04/00	MAHARASHTRA	<b>16:53.52</b>
4	RINKEE PAWARA	385	01/09/02	MAHARASHTRA	<b>16:56.41</b>
5	BUSHRA KHAN GAURI	346	26/07/04	MADHYA PRADESH	<b>17:20.47</b>
6	CHANDRA KALA SHARMA	531	28/12/05	SIKKIM	<b>17:25.94</b>
7	SONAM PARMAR	355	20/08/06	MADHYA PRADESH	<b>18:18.30</b>
8	TSUCHOI T	415	28/09/99	NAGALAND	<b>18:37.06</b>
	LILI DAS	736	03/18/98	WEST BENGAL	<b>DNS</b>
	SUNITA DEVI	662	12/04/05	UTTAR PRADESH	<b>DNF</b>
	KIRAN .	181	04/01/01	HARYANA	<b>DNS</b>
	SHRADDHA KATHIRIYA	162	20/12/01	GUJARAT	<b>DNF</b>
	SONAM .	140	18/12/04	DELHI	<b>DNF</b>

**Event # 28 WOMENS 10000m Run****& NATIONAL RECORD: P.SREEDHARAN KERALA 31:50.47 2010****% GAMES RECORD: OP JAISHA KERALA 33:08.55 2015**

1	SANJIVANI JADHAV	388	12/07/96	MAHARASHTRA	<b>33:33.47</b>
2	ANKITA .	691	05/02/02	UTTARAKHAND	<b>34:31.03</b>
3	SONIYA .	708	25/07/00	UTTARAKHAND	<b>35:45.19</b>
4	KAVITA YADAV	645	08/11/98	UTTAR PRADESH	<b>35:53.65</b>
5	JYOTI .	177	09/02/03	HARYANA	<b>36:01.87</b>
6	REEBA ANNA GEORGE	304	07/08/96	KERALA	<b>37:34.73</b>
7	SVATI PAL	124	16/07/04	CHANDIGARH	<b>38:22.89</b>
8	SUCHIKA .	502	02/02/02	RAJASTHAN	<b>38:28.66</b>
	AMRITA PATEL	641	03/08/01	UTTAR PRADESH	<b>DNS</b>
	LATIKA TALWAR	494	01/12/04	RAJASTHAN	<b>DNS</b>
	SONIKA .	202	06/12/99	HARYANA	<b>DNS</b>

**Event # 29 WOMENS 100m Hurdles****& NATIONAL RECORD: JYOTHI YARRAJI AP 12.78 2023****% GAMES RECORD: JYOTHI YARRAJI AP 13.22 2023****RESULTS OF FINALS Heat 1**

1	JYOTHI YARRAJI	106	08/28/99	ANDHRA PRADESH	+0.5m/s n	<b>13.10 %</b>
2	MOUMITA MONDAL	737	12/09/01	WEST BENGAL	+0.5m/s n	<b>13.36</b>
3	NITHYA RAMRAJ	597	20/09/98	TAMIL NADU	+0.5m/s n	<b>13.60</b>
4	PRAGYAN PRASANT SAHU	422	12/19/99	ODISHA	+0.5m/s n	<b>13.63</b>
5	NANDHINI KONGAN	596	13/07/99	TAMIL NADU	+0.5m/s n	<b>14.20</b>
6	SABITA TOPPO	423	06/04/05	ODISHA	+0.5m/s n	<b>14.31</b>
7	ALIZA AFTAB MULLA	373	28/02/06	MAHARASHTRA	+0.5m/s n	<b>14.37</b>
8	KANIMOZHI C	593	08/11/97	TAMIL NADU	+0.5m/s n	<b>14.52</b>

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**Athletics****RESULTS OF PRELIMS Heat 1**

1	JYOTHI YARRAJI	106	08/28/99	ANDHRA PRADESH	+0.4m/s	<b>13.20</b> %
2	PRAGYAN PRASANT SAHU	422	12/19/99	ODISHA	+0.4m/s	<b>13.72</b>
3	NANDHINI KONGAN	596	13/07/99	TAMIL NADU	+0.4m/s	<b>14.32</b>
4	CRYSTAL VADAKEL	375	22/05/05	MAHARASHTRA	+0.4m/s	<b>14.78</b>
5	ANN ROSE TOMY	290	25/05/02	KERALA	+0.4m/s	<b>15.23</b>

**RESULTS OF PRELIMS Heat 2**

1	MOUMITA MONDAL	737	12/09/01	WEST BENGAL	+0.5m/s	<b>13.46</b>
2	NITHYA RAMRAJ	597	20/09/98	TAMIL NADU	+0.5m/s	<b>13.54</b>
3	ALIZA AFTAB MULLA	373	28/02/06	MAHARASHTRA	+0.5m/s	<b>14.04</b>
4	KANIMOZHI C	593	08/11/97	TAMIL NADU	+0.5m/s	<b>14.39</b>
5	SABITA TOPPO	423	06/04/05	ODISHA	+0.5m/s	<b>14.51</b>
6	PRATHEEKA .	286	04/08/00	KARNATAKA	+0.5m/s	<b>16.31</b>

**Event # 30 WOMENS 400m Hurdles****& NATIONAL RECORD: V RAMRAJ TAMILNADU 55.42 2023****% GAMES RECORD: VITHYA RAMRAJ TAMILNADU 56.57 2022****RESULTS OF FINALS Heat 1**

1	VITHYA RAMRAJ	602	20/09/98	TAMIL NADU		<b>58.11</b>
2	SHREEVARTHANI S K	601	18/04/05	TAMIL NADU		<b>59.86</b>
3	NEHA DHABALE	381	06/08/03	MAHARASHTRA		<b>1:00.52</b>
4	PRAJNA K	269	25/07/01	KARNATAKA		<b>1:00.61</b>
5	DEEKSHITA RAMAK GOW	262	04/28/03	KARNATAKA		<b>1:00.86</b>
6	ANU RAGHAVAN	292	20/04/93	KERALA		<b>1:00.90</b>
7	DELNA PHILIP	295	17/05/01	KERALA		<b>1:03.91</b>
8	ANUSHKA DATTATRAY	374	04/05/05	MAHARASHTRA		<b>1:04.99</b>

**RESULTS OF PRELIMS Heat 1**

1	VITHYA RAMRAJ	602	20/09/98	TAMIL NADU		<b>58.63</b>
2	ANUSHKA DATTATRAY	374	04/05/05	MAHARASHTRA		<b>1:02.06</b>
3	DELNA PHILIP	295	17/05/01	KERALA		<b>1:02.42</b>
4	ASHA .	172	13/10/05	HARYANA		<b>1:03.25</b>
5	DHIVYA J	590	31/01/98	TAMIL NADU		<b>1:04.05</b>
	VEERPAL KAUR	462	24/03/94	PUNJAB		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	SHREEVARTHANI S K	601	18/04/05	TAMIL NADU		<b>1:00.23</b>
2	ANU RAGHAVAN	292	20/04/93	KERALA		<b>1:00.73</b>
3	PRAJNA K	269	25/07/01	KARNATAKA		<b>1:00.88</b>
4	DEEKSHITA RAMAK GOW	262	04/28/03	KARNATAKA		<b>1:01.53</b>
5	NEHA DHABALE	381	06/08/03	MAHARASHTRA		<b>1:01.98</b>
6	VANDANA SHARMA	357	08/09/98	MADHYA PRADESH		<b>1:05.87</b>

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**Athletics****Event # 31 WOMENS 3000m Steeplechase****& NATIONAL RECORD:PARUL CHAUDHARY UP 9:15.31 2023****%GAMES RECORD:L.BABAR MAHARASHTRA 9:42.63 2015**

1	ANKITA .	691	05/02/02	UTTARAKHAND	<b>9:53.63</b>
2	MANJU YADAV	352	20/12/02	MADHYA PRADESH	<b>10:15.70</b>
3	REBI PAL	656	12/12/01	UTTAR PRADESH	<b>10:37.15</b>
4	KOMAL JAGADALE	379	26/01/99	MAHARASHTRA	<b>10:47.35</b>
5	RIYA DOHATARE	386	11/12/01	MAHARASHTRA	<b>10:49.40</b>
6	VANDANA MORI	163	31/08/02	GUJARAT	<b>10:59.30</b>
7	MANJU CHOUDHARI	495	13/12/05	RAJASTHAN	<b>11:20.69</b>
8	MANEESHA .	351	04/12/01	MADHYA PRADESH	<b>11:29.57</b>
9	EKTA DEY	348	09/21/05	MADHYA PRADESH	<b>11:57.22</b>
	PARUL CHAUDHARY	652	04/15/95	UTTAR PRADESH	<b>DNS</b>
	BABLI VERMA	643	25/09/02	UTTAR PRADESH	<b>DNS</b>
	BHAGWATI DEORA	490	17/06/03	RAJASTHAN	<b>DNS</b>
	SUSMITA TIGGA	425	25/12/03	ODISHA	<b>DNF</b>
	PRITI LAMBA	195	18/12/95	HARYANA	<b>DNS</b>
	SONAM .	140	18/12/04	DELHI	<b>DNF</b>

**Event # 32 WOMENS High Jump****HEIGHTS: 1.55, 1.60, 1.65, 1.68, 1.71, 1.74, 1.77, 1.79, 1.81, 1.84, 1.87, 1.91****& NATIONAL RECORD:S.KUMARI KARNATAKA 1.92 2012****% GAMES RECORD:SWAPNA BARMAN WB 1.83 2022**

1	POOJA ...	191	21/02/07	HARYANA	<b>1.84m %</b>
	---	---	O	---	XO O O O O O XXX
2	GOBIKA K	592	06/08/02	TAMIL NADU	<b>1.79m</b>
	---	---	---	XO XO XO O XXX	
3	ABHINAYA S SHETTY	258	16/06/99	KARNATAKA	<b>1.77m</b>
	---	---	O O O O O XXX		
3	REKHA .	197	24/01/99	HARYANA	<b>1.77m</b>
	---	---	O O O O XXX		
5	KHYATI MATHUR	646	02/09/03	UTTAR PRADESH	<b>1.77m</b>
	---	---	XO O O O O XXX		
6	ATHIRA SOMARAJ	293	26/10/98	KERALA	<b>1.77m</b>
	O O O O XO O XXO XXX				
7	PRACHI .	193	02/04/07	HARYANA	<b>1.74m</b>
	O O O O O O XXX				
8	MANSHI .	647	03/09/02	UTTAR PRADESH	<b>1.71m</b>
	---	---	O O O XXX		
9	PAYAL JAMOD	160	21/12/03	GUJARAT	<b>1.71m</b>
	O O O XO O XXX				
10	PALLAVI S PATIL	267	12/09/02	KARNATAKA	<b>1.71m</b>
	---	O O XXO O XXX			
11	POOJA RAWAT	704	01/01/03	UTTARAKHAND	<b>1.60m</b>
	XO O XXX				
	ANGEL P DEVASIA	289	06/02/94	KERALA	<b>DNS</b>
	DNS				

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**Athletics****Event # 33 WOMENS Pole Vault****HEIGHTS: 2.90, 3.10, 3.30, 3.40, 3.50, 3.60, 3.70, 3.75, 3.80, 3.85, 3.90, 3.95, 4.00, 4.05, 4.10, 4.15, 4.20, 4.25****& NATIONAL RECORD: ROSY MEENA P TAMILNADU 4.21 2022****% GAMES RECORD: R. PAULRAJ TAMILNADU 4.20 2022**

1	PAVITHRA VENKATESH	598	08/12/01	TAMIL NADU	<b>3.95m</b>
				---	---
2	BARANICA ELANGO VAN	588	03/02/97	TAMIL NADU	<b>3.90m</b>
				---	---
3	MARIYA JAISON	300	23/09/97	KERALA	<b>3.90m</b>
				---	---
4	VANSHIKA GHANGHAS	209	08/10/05	HARYANA	<b>3.80m</b>
				---	---
5	KRISHNA RACHAN	298	24/05/94	KERALA	<b>3.80m</b>
				---	---
6	SINDHUSHREE G	273	23/10/00	KARNATAKA	<b>3.70m</b>
				---	---
7	BABITA PATEL	344	12/08/00	MADHYA PRADESH	<b>3.50m</b>
				---	---
8	NITIKA AKARE	354	31/12/05	MADHYA PRADESH	<b>3.40m</b>
				---	---
9	BHAVYA JAIN	345	23/03/05	MADHYA PRADESH	<b>3.40m</b>
				---	---
10	ROSY MEENA PAULRAJ	600	28/10/97	TAMIL NADU	<b>3.10m</b>
				---	---
	NIDHI .	187	20/02/04	HARYANA	<b>NM</b>
				---	---

**Event # 34 WOMENS Long Jump****& NATIONAL RECORD: ANJU B GEORGE KERALA 6.83 2004****% GAMES RECORD: ANJU B GEORGE TAMILNADU 6.61 2001**

1	MOUMITA MONDAL	737	12/09/01	WEST BENGAL	+0.2m/s	<b>6.21m</b>
2	SANDRA BABU	307	03/07/01	KERALA	+1.4m/s	<b>6.12m</b>
3	DEEPANSHI SINGH	644	03/04/01	UTTAR PRADESH	+2.1m/s	<b>6.11m</b>
4	AMBRIKA NARZARY	117	14/01/02	ASSAM	+0.5m/s	<b>6.03m</b>
5	SINCHANA M S	272	28/02/03	KARNATAKA	+1.3m/s	<b>5.96m</b>
6	PUNITHA R	599	13/04/00	TAMIL NADU	+1.3m/s	<b>5.83m</b>
7	BHAGWATI BISHT	692	02/12/03	UTTARAKHAND	+1.8m/s	<b>5.26m</b>
	BABISHA P	587	12/26/01	TAMIL NADU		<b>DNS</b>
	ANCY SOJANE	533	03/01/01	SSCB		<b>DNS</b>

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**Athletics****Event # 35 WOMENS Triple Jump****& NATIONAL RECORD:MAYOOKHA JOHNY KERALA 14.11 2011****% GAMES RECORD:ANJU B GEORGE TAMILNADU 13.67 2002**

1	NIHARIKA VASHISHT	454	17/10/95	PUNJAB	+0.4m/s	<b>13.37m</b>
		13.06, 13.17, F, 13.37, F, 12.87				
2	SHEENA N V	308	22/11/92	KERALA	+1.2m/s	<b>13.19m</b>
		13.03, 12.97, 12.73, F, 13.18, 13.19				
3	SANDRA BABU	307	03/07/01	KERALA	+0.7m/s	<b>13.12m</b>
		12.84, F, F, 13.12, 12.32, -				
4	POORVA SAWANT	383	23/01/03	MAHARASHTRA	+0.9m/s	<b>13.06m</b>
		12.99, F, F, 13.06, 12.69, F				
5	MALLALA ANUSHA	110	07/10/02	ANDHRA PRADESH	+3.1m/s	<b>12.99m</b>
		12.52, 12.99, 12.71, 12.39, 12.50, 12.66				
6	PAVITHRA G	268	10/03/00	KARNATAKA	+0.4m/s	<b>12.86m</b>
		12.70, 12.86, 12.62, 12.76, 12.59, 12.47				
7	MERYMUKTA SORENG	421	01/11/04	ODISHA	+1.0m/s	<b>11.59m</b>
		F, 11.59, -, -, -, -				
	SONAM KM	661	15/05/98	UTTAR PRADESH		<b>DNS</b>
		DNS				
	AISHWARYA R	585	03/01/00	TAMIL NADU		<b>DNS</b>
		DNS				
	GAYATHRY SIVAKUMAR	296	26/02/01	KERALA		<b>DNS</b>
		-, -, -, -, -, -				

**Event # 36 WOMENS Shot Put****& NATIONAL RECORD:A.KHATUA MAHARASHTRA 18.41 2024****% GAMES RECORD:KIRAN BALIYAN UP 17.14 2022**

1	JASMINE KAUR	449	15/09/03	PUNJAB		<b>15.97m</b>
		15.23, 15.17, 15.76, 15.78, 15.63, 15.97				
2	VIDHI .	664	27/12/04	UTTAR PRADESH		<b>15.46m</b>
		15.01, 15.05, 14.82, 15.46, 15.43, 15.27				
3	SRISHTI VIG	141	15/07/95	DELHI		<b>15.46m</b>
		14.50, 14.80, 15.46, 14.47, 15.05, F				
4	KACHNAR CHAUDHARY	491	17/05/99	RAJASTHAN		<b>15.43m</b>
		F, 14.98, F, 15.43, F, F				
5	SHIKSHA .	201	12/12/02	HARYANA		<b>15.22m</b>
		14.49, 14.71, 14.76, 14.71, 14.85, 15.22				
6	AMBIKA V	259	13/04/00	KARNATAKA		<b>14.86m</b>
		14.86, F, 14.68, 14.65, F, F				
7	SIMRANJEET KAUR	139	26/01/03	DELHI		<b>14.53m</b>
		13.76, 14.53, 14.37, F, 14.15, 14.18				
8	KAVITA KUMARI	492	10/01/02	RAJASTHAN		<b>13.40m</b>
		12.13, 13.09, 13.00, 12.86, 12.89, 13.40				
9	ANJALI .	170	08/02/03	HARYANA		<b>12.82m</b>
		12.82, 12.74, F				
10	VARADHI SACHDEVA	710	03/01/05	UTTARAKHAND		<b>11.00m</b>
		10.56, 11.00, 10.93				

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**Athletics****Event # 37 WOMENS Discus Throw****& NATIONAL RECORD: K.KAUR PUNJAB 66.59 2021****% GAMES RECORD: HARWANT KAUR PUNJAB 55.45 2001**

1	SEEMA .	200	25/02/99	HARYANA	<b>52.70m</b>
	52.58, F, F, 52.70, 51.14, 52.62				
2	BHAVANA YADAV	131	09/04/99	DELHI	<b>51.82m</b>
	48.65, 46.85, 47.78, 51.82, F, F				
3	AMANAT KAMBOJ	443	18/11/07	PUNJAB	<b>49.94m</b>
	45.74, F, 49.41, 49.94, F, F				
4	MUKESH KUMARI	497	01/01/97	RAJASTHAN	<b>49.60m</b>
	48.49, 49.60, 48.55, F, 47.79, F				
5	SANYA YADAV	199	09/08/03	HARYANA	<b>49.49m</b>
	48.72, 47.14, F, F, 49.49, 49.02				
6	NEETIKA VERMA	650	03/04/01	UTTAR PRADESH	<b>48.28m</b>
	F, 47.64, 46.47, F, 48.28, 45.24				
7	NIDHI RANI	188	03/01/97	HARYANA	<b>48.15m</b>
	45.35, 47.56, 48.15, 46.38, 47.97, 46.70				
8	NIKITA KUMARI	500	26/07/06	RAJASTHAN	<b>46.32m</b>
	44.34, F, F, F, F, 46.32				
	NEETU KUMARI	499	01/02/04	RAJASTHAN	<b>DNS</b>
	GURVEER KAUR	447	19/10/95	PUNJAB	<b>NM</b>
	F, F, F				

**Event # 38 WOMENS Hammer Throw****& NATIONAL RECORD: SARITA SINGH UP 65.25 2017****% GAMES RECORD: TANYA CHAUDHARY UP 62.47 2023**

1	ANUSHKA YADAV	642	04/05/08	UTTAR PRADESH	<b>62.89m %</b>
	F, 57.23, 59.73, F, 57.85, 62.89				
2	TANYA CHAUDHARY	663	21/09/03	UTTAR PRADESH	<b>59.74m</b>
	F, 50.96, 53.22, 58.43, 57.58, 59.74				
3	NANDNI .	649	02/05/08	UTTAR PRADESH	<b>58.89m</b>
	56.81, 54.09, 56.39, 56.86, 58.89, 58.58				
4	KULVINDER KAUR	493	15/02/98	RAJASTHAN	<b>57.05m</b>
	F, 51.69, 55.27, 55.15, F, 57.05				
5	DIVYA SHANDILYA	419	05/07/98	ODISHA	<b>57.03m</b>
	F, 55.49, 55.97, 57.03, 56.13, 53.98				
6	ANMOL KAUR	445	04/01/92	PUNJAB	<b>55.43m</b>
	F, 52.16, 53.22, F, 55.14, 55.43				
7	MANPREET KAUR	453	19/08/98	PUNJAB	<b>55.23m</b>
	52.16, F, 53.99, 53.98, 55.23, F				
8	VARSHA .	142	07/02/99	DELHI	<b>53.32m</b>
	52.02, 50.10, F, 50.77, 53.32, 47.90				
9	MAYA .	496	20/02/01	RAJASTHAN	<b>50.32m</b>
	F, 50.32, F				
10	SARABJIT KAUR	460	12/04/84	PUNJAB	<b>49.51m</b>
	48.05, F, 49.51				
11	REKHA ARYA	705	30/12/97	UTTARAKHAND	<b>41.58m</b>
	41.58, F, 41.13				

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**Athletics****Event # 39 WOMENS Javelin Throw****& NATIONAL RECORD: ANNU RANI UP 63.82 2022****% GAMES RECORD: SUMAN DEVI UP 56.53 2015**

1	JYOTI RAKESH	180	01/04/02	HARYANA	<b>55.55m</b>
		49.71, 55.55, F, 53.52, 55.43, 53.38			
2	KARISHMA S SANIL	264	04/06/00	KARNATAKA	<b>55.55m</b>
		55.55, 54.80, 51.78, 51.40, 52.38, 49.24			
3	RAMYASHREE JAIN	270	18/11/04	KARNATAKA	<b>54.85m</b>
		47.13, 54.83, 54.85, F, 47.29, 52.25			
4	DEEPIKA .	174	21/11/05	HARYANA	<b>48.87m</b>
		F, 47.70, 48.87, 43.04, 47.08, 46.02			
5	UMA CHOUDHARY	505	04/10/99	RAJASTHAN	<b>48.58m</b>
		45.32, 48.58, F, 44.73, 47.56, 46.41			
6	ANJANI KUMARI	120	01/01/00	BIHAR	<b>48.55m</b>
		47.21, 43.23, 47.99, 46.65, 45.09, 48.55			
7	RASHMI K	111	24/11/93	ANDHRA PRADESH	<b>46.19m</b>
		46.19, F, -, -, -, -			
8	SALONI .	659	11/12/98	UTTAR PRADESH	<b>45.29m</b>
		F, 42.55, 44.58, 45.29, 44.74, 43.42			
9	POONAM .	192	22/04/07	HARYANA	<b>43.50m</b>
		39.05, 43.50, 39.11			
	SHAKSHI SHARMA	660	02/09/02	UTTAR PRADESH	<b>DNS</b>

**Event # 40 WOMENS 10Km Race Walk****& NATIONAL RECORD: P.GOSWAMI UP 43:38.83 2022****% GAMES RECORD: Y BALA DEVI MANIPUR 51:56.00 1999**

1	RAVINA .	196	21/05/97	HARYANA	<b>45:52.00 %</b>
2	SHALINI .	707	08/10/02	UTTARAKHAND	<b>46:12.00 %</b>
3	MUNITA PRAJAPATI	648	15/01/02	UTTAR PRADESH	<b>46:23.00 %</b>
4	MOKAVI MUTHURATHINA	595	07/09/02	TAMIL NADU	<b>47:12.00 %</b>
5	PAYAL .	703	05/05/99	UTTARAKHAND	<b>47:36.00 %</b>
6	RESHMA PATEL	657	15/09/04	UTTAR PRADESH	<b>48:16.00 %</b>
7	MANSI NEGI	701	03/05/03	UTTARAKHAND	<b>48:32.00 %</b>
8	SEJAL SINGH	389	12/08/03	MAHARASHTRA	<b>49:33.00 %</b>
9	MONIKA .	184	17/01/02	HARYANA	<b>51:45.00 %</b>
	PRIYANKA GOSWAMI	654	10/03/96	UTTAR PRADESH	<b>DNS</b>
	POOJA KUMAWAT	501	02/12/99	RAJASTHAN	<b>DNF</b>
	MUFEEDA MM	342	04/10/06	LAKSHADWEEP	<b>DNF</b>

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Athletics

**Event # 41 WOMENS 4x100m Relay**

&amp; NATIONAL RECORD:NATIONAL TEAM T 43.37 2021

% GAMES RECORD:KERALA TEAM 45.26 2015

1	KARNATAKA A			KARNATAKA			<b>45.99</b>
	265 KEERTHANA S	24-09-2002		266 N CORNELIO	02-02-2005		
	285 JYOTHIKA .	29-09-2002		274 UNNATHI AIYAPPA	06-05-2005		
2	KERALA B			KERALA			<b>47.04</b>
	312 SREENA NARAYANAN	17-02-2005		294 BHAVIKA V S	12-08-2002		
	299 MAHITHAMOL AL	29-03-2001		301 MEGHA S	05-05-2005		
3	TELANGANA G			TELANGANA			<b>47.58</b>
	637 NITHYA GANDHE	10-11-1999		634 M AKUMADUPULA	07-02-2004		
	635 MALOTH SINDHU	19-02-2006		633 AGASARA NANDINI	08-07-2003		
4	MADHYA PRADESH C			MADHYA PRADESH			<b>47.61</b>
	350 MADHUMITA DEB	04-01-2002		356 TWINKLE PUNDIR	10-12-1992		
	349 INDU PRASAD	07-05-1992		358 VIJAYA KUMARI	15-04-1999		
	UTTARAKHAND H			UTTARAKHAND			<b>DQ</b>
					TR 24.19		
	696 JASKIRAN .	29-06-2007		700 KSHITI KUMAR	06-01-2006		
	706 SANJEEVNI RAWAT	07-11-2009		698 KANISHKA MANCHAN	23-10-2005		
	TAMIL NADU F			TAMIL NADU			<b>DQ</b>
					TR 24.19		
	597 NITHYA RAMRAJ	20-09-1998		626 KIRUTHIKA .	27-02-2004		
	596 NANDHINI KONGAN	13-07-1999		591 GIRIDHARANI R	07-07-2001		
	ODISHA E			ODISHA			<b>DQ</b>
					TR 24.7		
	424 SRABANI NANDA	07-05-1991		418 BONITA LAKRA	11-09-1994		
	417 BINATI BEHERA	05-05-1999		422 P SAHU	19-12-1999		
	MAHARASHTRA D			MAHARASHTRA			<b>DNF</b>
	377 GAURAVI NAIK	16-02-2006		391 TRISHA NAIR	10-01-2005		
	378 ISHA RAMTEKE	17-03-2006		390 SUDESHNA SHIVANKA	09-09-2003		

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**Athletics****Event # 42 WOMENS 4x400m Relay****& NATIONAL RECORD:NATIONAL TEAM T 3:26.89 2004****% GAMES RECORD:TAMILNADU TEAM 3:35.32 2022**

1	PUNJAB F			PUNJAB			<b>3:41.77</b>
	457	RAMNDEEP KAUR	24-06-1989	461	TWINKLE CHAUDHAR	17-10-1995	
	451	KIRANPAL KAUR	02-05-1992	458	RASHDEEP KAUR	01-02-2002	
2	KARNATAKA D			KARNATAKA			<b>3:43.89</b>
	262	D GOWDA	28-04-2003	260	ARPITHA E B	22-07-2001	
	285	JYOTHIKA .	29-09-2002	269	PRAJNA K	25-07-2001	
3	HARYANA C			HARYANA			<b>3:45.83</b>
	206	TAMANNA ...	15-05-2006	172	ASHA .	13-10-2005	
	175	DRISHTI .	15-07-2006	183	MANISHA .	24-05-2002	
4	KERALA E			KERALA			<b>3:48.57</b>
	288	ANASWARA K	23-02-2000	305	RESHMA G	09-05-2001	
	302	NIVEDYA J S	24-05-2006	287	ABHIRAMI P V	12-05-2006	
5	DELHI B			DELHI			<b>4:00.84</b>
	134	HARSHITA GOSWAMI	08-06-2006	140	SONAM .	18-12-2004	
	133	HARSHIKA .	22-11-2005	130	ASTHA MALLICK	21-07-2005	
6	UTTARAKHAND H			UTTARAKH			<b>4:12.03</b>
	709	TANISHA BHATT	22-12-2006	693		25-03-2006	
	699	KOMAL BISHT	27-06-2008	690		01-04-2002	
	TAMIL NADU G			TAMIL NAD			<b>DQ</b>
	590	DHIVYA J	31-01-1998	624		TR 17.2.3 20-06-2006	
	601	SHREEVARTHANI S K	18-04-2005	602		20-09-1998	
	ANDHRA PRADESH A			ANDHRA PF			<b>DQ</b>
	113	SWATHI RONGALI	07-08-2000	110		TR 24.20 07-10-2002	
	112	SIREESHA M	06-05-2003	106		28-08-1999	

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## Athletics

## Event # 43 WOMENS Heptathlon

GAMES RECORD: JJ SHOBHA AP 5888 2002

NATIONAL RECORD: JJ SHOBHA AP 6211 2004

Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	Day One	Long Jump	Javelin Throw	800m Run	Day Two
1 <b>Agasara Nandini (633)</b> TELANGANA	5601	13.76	1.60	13.12	24.61	3407	6.06	32.79	2:22.05	2194
2 <b>Pooja .. (190)</b> HARYANA	4999	15.29	1.63	11.35	26.66	2933	5.41	41.83	2:30.21	2066
3 <b>Deepika S (589)</b> TAMIL NADU	4939	15.06	1.60	10.57	25.81	2951	5.73	30.81	2:27.25	1988
4 <b>Tanushree . (503)</b> RAJASTHAN	4748	15.29	1.66	9.49	26.85	2830	5.24	36.66	2:30.30	1918
5 <b>NEETA KUMARI (742)</b> RAJASTHAN	4623	15.40	1.60	9.83	26.66	2784	5.02	33.42	2:26.88	1839
6 <b>Bidisha Kundu (735)</b> WEST BENGAL	4455	15.00	1.63	8.59	25.40	2901	5.03	24.56	2:36.55	1554
7 <b>JASKIRAN . (696)</b> UTTARAKHAND	3714	15.74	1.33	8.08	27.17	2288	4.68	21.98	2:35.49	1426
8 <b>Nishi Kumari (121)</b> BIHAR	3600	15.45	1.54	10.20	DQ	1992	5.43	29.09	2:49.50	1608
<b>Sonu Kumari (203)</b> HARYANA		DNF	1.30	DNS	DNS	409	DNS	DNS	DNS	
		0	409	0	0		0	0	0	

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## Athletics

**Event # 43 WOMENS Heptathlon**

GAMES RECORD: JJ SHOBHA AP 5888 2002

NATIONAL RECORD: JJ SHOBHA AP 6211 2004

Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	Day One	Long Jump	Javelin Throw	800m Run	Day Two
<b>Tanu . (207)</b> HARYANA		DNF	1.30	DNS	DNS	409	DNS	DNS	DNS	
		0	409	0	0		0	0	0	

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Athletics

Event # 51 MENS Decathlon

GAMES RECORD: T.SHANKAR DELH 7199 2023

NATIONAL RECORD: T.SHANKAR DELH 7666 2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	<b>Thowfeeq N</b> KERALA	#	11.37	7.09	11.44	1.87	49.90		15.20	35.52	4.20	53.90	5:10.04	
	1 <b>338</b> <b>6915</b>		780	835	572	687	819	3693	825	574	673	647	503	3222
2	<b>Yaman Deep Sharma</b> RAJASTHAN	#	11.46	6.53	11.54	1.93	51.71		15.61	36.93	4.50	55.36	5:10.06	
	2 <b>530</b> <b>6831</b>		761	704	579	740	737	3521	777	602	760	668	503	3310
3	<b>Rohit Roman</b> Andhra Pradesh	#	11.60	6.65	11.83	1.84	51.25		15.61	35.88	4.20	56.89	5:01.30	
	3 <b>114</b> <b>6753</b>		732	732	596	661	758	3479	777	581	673	691	552	3274
4	<b>Gokul K R</b> SSCB	#	11.45	6.60	11.43	1.81	52.66		16.45	35.21	4.20	41.34	5:14.00	
	4 <b>543</b> <b>6255</b>		763	720	572	636	696	3387	683	568	673	462	482	2868
5	<b>Kamal Dhankhar</b> HARYANA	#	12.11	6.01	12.00	1.87	52.22		16.42	36.43	3.80	54.67	5:10.95	
	5 <b>227</b> <b>6222</b>		629	589	606	687	715	3226	686	592	562	658	498	2996
6	<b>Kamal Singh</b> UTTAR PRADESH	#	12.05	6.39	11.76	1.81	53.75		16.81	36.73	4.00	53.13	5:21.78	
	6 <b>672</b> <b>6127</b>		641	673	592	636	650	3192	644	598	617	635	441	2935
7	<b>Jashbir Nayak</b> ODISHA	#	11.56	6.61	11.40	1.87	DQ		15.81	37.89	4.10	59.55	4:57.73	
	7 <b>436</b> <b>6045</b>		740	723	570	687	0	2720	754	622	645	731	573	3325
	<b>Kushal Kumar Mohite</b> SSCB	#	11.22	6.45	11.41	1.87	49.46		14.49	33.08	3.30	58.12	DNS	
	999 <b>551</b> <b>0</b>		812	686	571	687	840	3596	912	525	431	710	0	2578
	<b>Navjor Singh</b> PUNJAB	#	12.38	5.41	10.20	DNS	DNS		DNS	DNS	DNS	DNS	DNS	
	999 <b>481</b> <b>0</b>		578	463	498	0	0	1539	0	0	0	0	0	
	<b>Stalin Joes S</b> SSCB	#	DNF	DNS	NM	DNS	DNS		DNS	DNS	DNS	DNS	DNS	
	999 <b>575</b> <b>0</b>		0	0	0	0	0		0	0	0	0	0	

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## Athletics

## Event # 51 MENS Decathlon

GAMES RECORD: T.SHANKAR DELH 7199 2023

NATIONAL RECORD: T.SHANKAR DELH 7666 2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	<b>Logesh Kumar A S</b> #		12.02	4.35	12.37	DNS	DNS		DNS	DNS	DNS	DNS	DNS	
	TAMIL NADU							1540						
999	<b>612</b>	<b>0</b>	647	264	629	0	0		0	0	0	0	0	

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Athletics

**Event # 62 MIXED 4x400m Mix Gender Rel RELAY**

NATIONAL RECORD:NATIONAL TEAM 3:12.87 2024

% GAMES RECORD:HARYANA TEAM 3:19.29 2022

1	KERALA B			KERALA			<b>3:25.35</b>
	314 MANU T S	17-10-2001		311 SNEHA K	19-05-1999		
	324 BEJOY J	23-03-2006		291 ANSA BABU	09-04-1998		
2	MAHARASHTRA C			MAHARASHTRA			<b>3:25.66</b>
	405 SHYAMRAO	09-09-1992		380 MANSI BHAREKAR	28-01-2008		
	401 NIKHIL DHAKE	04-11-2005		372 AISHWARYA MISHRA	16-08-1997		
3	PUNJAB D			PUNJAB			<b>3:26.35</b>
	477 LOVEPREET SINGH	28-07-2003		461 TWINKLE CHAUDHARY	17-10-1995		
	474 JAGMEET SINGH	28-12-1996		451 KIRANPAL KAUR	02-05-1992		
4	HARYANA A			HARYANA			<b>3:30.26</b>
	212 DEEPAK ..	23-12-2002		175 DRISHTI .	15-07-2006		
	245 VIKRANT PANCHAL	30-01-2000		183 MANISHA .	24-05-2002		
	UTTARAKHAND H			UTTARAKHAND			<b>DQ</b>
					TR-24.20		
	733 VISHU .	02-02-2006		709 TANISHA BHATT	22-12-2006		
	730 SUNNY YADAV	06-07-2004		694 GOURI KOTIYAL	01-07-2001		
	UTTAR PRADESH G			UTTAR PRADESH			<b>DNS</b>
	TAMIL NADU F			TAMIL NADU	TR-24.20		<b>DQ</b>
	631 RAGUL BALAJI	25-01-2003		624 DHESIKA .	20-06-2006		
	628 ASWIN KRISHNA	09-10-2001		602 VITHYA RAMRAJ	20-09-1998		
	RAJASTHAN E			RAJASTHAN			<b>DQ</b>
					TR-24.20		
	518 RAHUL GITHALA	31-10-2003		526 USHA .	25-09-2004		
	511 GAJENDRA SINGH	24-03-2007		519 RAMA TANWAR	08-07-2003		