



**INDIAN
ATHLETICS**



ATHLETICS FEDERATION OF INDIA

6th INDIAN OPEN 400M COMPETITION 2025

Organized by

Kerala Athletics Association

 **24th Mar 2025**

 **LNCPE, Trivandrum, Kerala**



Final Results



HSBC



Indian Oil Corporation Limited

6th Indian Open 400m Competition 2025

24th Mar2025 Trivandrum.

24-03-2025

3/24/25 - 3/24/25

LNCPE, Trivandrum (Kerala)

Event # 1 MENS 400m Run

NR*:Muhammed Anas Yahiya Kladno 45.21 13/07/2019

RESULTS OF FINALS RACE A

1	MANU T S .	140	17/10/01	KERALA	46.51
2	JAY KUMAR .	109	10/06/06	DELHI	46.93
3	TUSHAR KANTI MANNA	105	03/10/01	DELHI	47.00
4	SANTHOSH KUMAR .	180	01/01/98	TAMIL NADU	47.12
5	RINCE JOSEPH .	142	31/08/02	KERALA	47.33
	47.325				
6	DHARMVEER CHOUDHAR	173	05/02/01	RAJASTHAN	47.37
7	VISHAL TK .	183	17/12/03	TAMIL NADU	49.07
8	SAJIN V .	143	28/01/91	KERALA	50.06

RESULTS OF FINALS RACE B

1	MOHIT KUMAR .	121	01/09/97	HARYANA	47.29
2	JABIR MADARI .	139	08/06/96	KERALA	47.33
	47.329				
3	SUBHAS DAS .	219	23/01/02	WEST BENGAL	47.43
4	SURAJ A .	181	20/12/03	TAMIL NADU	47.72
5	NOWAJIS SHAIKH .	218	20/12/98	WEST BENGAL	47.82
6	RIHAN C H .	131	21/12/05	KARNATAKA	48.29
7	NATARAJAN KALAI .	179	06/11/04	TAMIL NADU	48.44
8	ROHAN GAUTHAM K .	163	15/02/02	MAHARASHTRA	48.67

RESULTS OF PRELIMS Heat 1

1	TUSHAR KANTI MANNA	105	03/10/01	DELHI	46.89
2	JABIR MADARI PA .	139	08/06/96	KERALA	47.65
3	RIHAN C H .	131	21/12/05	KARNATAKA	47.96
4	HIMANSHU .	205	02/02/00	UTTAR PRADESH	48.02
5	ANANTHAN S .	138	06/10/04	KERALA	48.89
6	PARAMESHWAR PRA .	141	04/02/05	KERALA	49.83
7	SONU SINGH NIRB .	174	13/06/04	RAJASTHAN	54.97
	SARTHAK BHAMBRI .	207	14/08/98	UTTAR PRADESH	DNF

RESULTS OF PRELIMS Heat 2

1	VISHAL TK .	183	17/12/03	TAMIL NADU	47.49
2	SURAJ A .	181	20/12/03	TAMIL NADU	48.16
3	THEERTHESH P SH .	132	31/03/02	KARNATAKA	48.22
4	DEEPAK KAUSHIK .	118	23/12/02	HARYANA	48.54
5	YASHPAL SINGH .	208	05/06/01	UTTAR PRADESH	48.68
6	RAKSHITH RAVIND .	130	29/08/04	KARNATAKA	48.76
7	MOHD SHABE ALAM .	206	10/09/00	UTTAR PRADESH	50.35
8	ARYAN PRAJWAL K .	126	03/03/04	KARNATAKA	50.69

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LNCPE, Trivandrum (Kerala)**RESULTS OF PRELIMS Heat 3**

1	JAY KUMAR .	109	10/06/06	DELHI	46.82
2	RINCE JOSEPH .	142	31/08/02	KERALA	47.24
3	NOWAJIS SHAIKH .	218	20/12/98	WEST BENGAL	47.94
4	ANUJ RAMESH YAD .	158	05/09/01	MAHARASHTRA	48.50
5	BALAKRISHNA .	127	29/01/03	KARNATAKA	48.60
6	ANKUL .	176	19/11/05	RAJASTHAN	48.61
7	PRIYANSHU KUMAR .	112	12/08/05	DELHI	50.59
8	TIRUMALA RAO BO .	202	05/06/99	TELANGANA	59.41

RESULTS OF PRELIMS Heat 4

1	MANU T S .	140	17/10/01	KERALA	46.56
2	DHARMVEER CHOUDHAR	173	05/02/01	RAJASTHAN	47.55
3	ABHISHEK . .	116	03/10/03	HARYANA	48.47
4	ANIKET PANWAR .	203	18/07/02	UTTAR PRADESH	48.49
5	PIYUSH SONAR .	160	16/03/02	MAHARASHTRA	48.83
6	ANIKET CHOUDHAR .	201	25/10/03	TELANGANA	48.87
7	MANJEET KUMAR .	120	01/03/02	HARYANA	51.98
8	VELPRIYAN CHIRT .	182	04/09/04	TAMIL NADU	58.49

RESULTS OF PRELIMS Heat 5

1	SANTHOSH KUMAR .	180	01/01/98	TAMIL NADU	46.93
2	SAJIN V .	143	28/01/91	KERALA	47.57
3	SUBHAS DAS .	219	23/01/02	WEST BENGAL	47.74
4	MOHIT KUMAR .	121	01/09/97	HARYANA	47.92
5	MAHANTESH SIDDA .	128	03/04/02	KARNATAKA	48.36
6	DHAVAL MAHESH U .	114	06/10/00	GUJARAT	49.44
7	BRAHAM DEV .	103	21/02/99	DELHI	50.67
	JAGDISH RAMJIBH .	115	15/01/94	GUJARAT	DNF

RESULTS OF PRELIMS Heat 6

1	NATARAJAN KALAI .	179	06/11/04	TAMIL NADU	48.54
2	ROHAN GAUTHAM K .	163	15/02/02	MAHARASHTRA	48.71
3	SHARON ABRAHAM .	104	27/08/03	DELHI	48.78
4	BALJEET BURA .	117	05/01/98	HARYANA	49.17
5	CHAHAT PAWAR .	204	26/10/04	UTTAR PRADESH	55.52
	KAPIL . .	119	10/11/03	HARYANA	DQ
	NIHAL JOEL W .	129	13/07/00	KARNATAKA	DNF

Event # 2 MENS UNDER 20 400m Run

NR*:Amoj Jacob Patiala 46.26 04/06/2017

RESULTS OF FINALS

1	SHARAN M .	189	03/01/06	TAMIL NADU	47.39
2	JEROME SANJAY .	188	21/02/06	TAMIL NADU	47.49
3	SETU MISHRA .	102	12/06/05	BIHAR	47.74
4	KRRSIH SHANKAR .	168	12/06/06	MAHARASHTRA	49.17
5	EDVIN MATHEW .	147	12/05/06	KERALA	49.35
6	UMESH SAHANI .	213	01/12/06	UTTAR PRADESH	50.31
7	ANIKET MANTOSH .	166	26/04/06	MAHARASHTRA	50.65
8	DEEPAK RAMCHAND .	167	04/04/05	MAHARASHTRA	51.25

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LNCPE, Trivandrum (Kerala)**RESULTS OF PRELIMS Heat 1**

1	SHARAN M .	189	03/01/06	TAMIL NADU	48.11
2	EDVIN MATHEW .	147	12/05/06	KERALA	49.24
3	ANIKET MANTOSH .	166	26/04/06	MAHARASHTRA	50.24
4	DEEPAK RAMCHAND .	167	04/04/05	MAHARASHTRA	50.97
5	MONU . .	111	10/06/06	DELHI	52.02
6	LAKSHYA TEOTIA .	110	05/07/06	DELHI	53.54
	VIGNESH V .	190	05/12/06	TAMIL NADU	DNS

RESULTS OF PRELIMS Heat 2

1	JEROME SANJAY N .	188	21/02/06	TAMIL NADU	47.88
2	SETU MISHRA .	102	12/06/05	BIHAR	48.79
3	KRRSIH SHANKAR .	168	12/06/06	MAHARASHTRA	49.21
4	UMESH SAHANI .	213	01/12/06	UTTAR PRADESH	50.00
5	SAHIL CHOUDHARY .	177	13/02/07	RAJASTHAN	51.26
	AKSHTRA ACHWAN .	108	28/05/05	DELHI	DQ
	SAHIL MALIK .	217	19/04/06	UTTARKHAND	DNS

Event # 3 MENS UNDER 18 400m Run

NR*:Chandan Bauri Apia 46.99 08/09/2015

RESULTS OF FINALS

1	MOHAMMED ASHFAQ .	145	26/06/07	KERALA	47.49
2	YUGANK CHOUDHAR .	212	10/08/07	UTTAR PRADESH	48.31
3	NITHIN GOWDA M .	134	31/05/07	KARNATAKA	48.44
4	NAKUL PRABHU .	184	31/01/08	TAMIL NADU	48.69
5	THANISH VIJAY G .	164	02/10/08	MAHARASHTRA	49.60
6	AROMAL UNNI A .	144	12/09/08	KERALA	50.40
7	SAHIL RAJ .	211	07/10/08	UTTAR PRADESH	51.59
	MAYANK CHI .	209	25/05/07	UTTAR PRADESH	DNS

RESULTS OF PRELIMS Heat 1

1	MOHAMMED ASHFAQ .	145	26/06/07	KERALA	48.22
2	YUGANK CHOUDHAR .	212	10/08/07	UTTAR PRADESH	48.55
3	MAYANK CHI .	209	25/05/07	UTTAR PRADESH	48.69
4	RAVI GUPTA .	106	15/09/07	DELHI	51.93
5	HUSSAIN GANDHI .	133	01/07/08	KARNATAKA	54.57
6	PRATIK PARAS .	157	09/07/08	MADHYA PRADESH	59.28

RESULTS OF PRELIMS Heat 2

1	NITHIN GOWDA M .	134	31/05/07	KARNATAKA	49.34
2	THANISH VIJAY G .	164	02/10/08	MAHARASHTRA	49.78
	49.771				
3	AROMAL UNNI A .	144	12/09/08	KERALA	49.78
	49.773				
4	VIJAYKUMAR KELA .	135	26/11/07	KARNATAKA	50.43
5	SOURAV DAHIYA .	123	02/12/07	HARYANA	50.65
6	MOHAMMED MOOSA .	146	07/01/08	KERALA	50.85

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LNCPE, Trivandrum (Kerala)**RESULTS OF PRELIMS Heat 3**

1	NAKUL PRABHU .	184	31/01/08	TAMIL NADU	50.31
2	SAHIL RAJ .	211	07/10/08	UTTAR PRADESH	50.74
3	VELANKUMAR J . .	185	12/07/07	TAMIL NADU	50.92
4	PARAS KUMAR .	122	29/09/07	HARYANA	53.55
5	RANJEET SHARMA .	210	03/08/08	UTTAR PRADESH	54.02

Event # 4 WOMENS 400m Run

NR*:Hima Das Jakarta 50.79 26/08/2018

RESULTS OF FINALS

1	RUPAL .	216	23/12/04	UTTAR PRADESH	52.41
2	R VITHYA RAMRAJ .	199	20/09/98	TAMIL NADU	53.62
3	SNEHA K .	156	19/05/99	KERALA	54.09
4	PRACHI .	215	20/12/96	UTTAR PRADESH	54.45
5	RASHDEEP KAUR .	172	01/02/02	PUNJAB	54.56
6	ANSA BABU .	151	09/04/98	KERALA	54.62
7	ANANKHA B A .	150	29/03/01	KERALA	54.69
8	JISNA MATHEW .	154	07/01/99	KERALA	54.87

RESULTS OF PRELIMS Heat 1

1	RUPAL .	216	23/12/04	UTTAR PRADESH	53.34
2	SNEHA K .	156	19/05/99	KERALA	54.70
3	RASHDEEP KAUR .	172	01/02/02	PUNJAB	55.14
4	JISNA MATHEW .	154	07/01/99	KERALA	55.19
5	GOWRINANDANA .	153	26/03/02	KERALA	55.63
6	NATHALIEA EVANG .	198	17/08/02	TAMIL NADU	56.16
7	ANU R .	152	20/04/93	KERALA	56.40
8	KUMARI NAGAR .	113	22/12/04	DELHI	58.45

RESULTS OF PRELIMS Heat 2

1	R VITHYA RAMRAJ .	199	20/09/98	TAMIL NADU	54.02
2	PRACHI .	215	20/12/96	UTTAR PRADESH	54.86
3	ANANKHA B A .	150	29/03/01	KERALA	54.96
4	ANSA BABU .	151	09/04/98	KERALA	55.25
5	KUNJA RAJITHA .	101	01/01/03	ANDHRA PRADESH	56.67
6	AKSHYA SHREE BA .	197	20/11/02	TAMIL NADU	56.79
	RIYA NITIN PATI .	171	25/04/04	MAHARASHTRA	DNS

Event # 5 WOMENS UNDER 20 400m Run

NR*:Hima Das Jakarta 50.79 26/08/2018

RESULTS OF FINALS

1	DHESIKHA V .	191	20/06/06	TAMIL NADU	54.54
2	SANDRA MOL SABU .	149	08/07/05	KERALA	54.61
3	ISHA RAJESH JAD .	170	29/09/06	MAHARASHTRA	55.44
4	PAVITHRA P .	194	19/07/05	TAMIL NADU	55.59
5	KARUNA .	125	06/07/05	HARYANA	58.12
6	PUNITHA DURAIRA .	195	12/09/05	TAMIL NADU	58.76
7	KANISTA TEENA M .	192	01/12/05	TAMIL NADU	58.95
	DISHA ALIGE .	136	02/06/05	KARNATAKA	DNS

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LNCPE, Trivandrum (Kerala)**RESULTS OF PRELIMS Heat 1**

1	PAVITHRA P .	194	19/07/05	TAMIL NADU	55.74
2	KARUNA .	125	06/07/05	HARYANA	56.78
3	KANISTA TEENA M .	192	01/12/05	TAMIL NADU	57.44
4	PUNITHA DURAIRA .	195	12/09/05	TAMIL NADU	57.94
	VALLIYAMMA M .	196	11/10/06	TAMIL NADU	DQ
				R.NO. 17.2.3	
	ABHIRAMI P V .	148	05/12/06	KERALA	DQ
				R.NO. 17.2.3	

RESULTS OF PRELIMS Heat 2

1	SANDRA MOL SABU .	149	08/07/05	KERALA	55.20
2	DHESIKHA V .	191	20/06/06	TAMIL NADU	55.38
3	ISHA RAJESH JAD .	170	29/09/06	MAHARASHTRA	57.06
4	DISHA ALIGE .	136	02/06/05	KARNATAKA	57.90
5	ROSHANI YADAV .	214	08/08/06	UTTAR PRADESH	59.51
6	MARI SELVI M .	193	24/10/05	TAMIL NADU	1:00.51
	ANUSHKA KUMBHAR .	169	04/05/05	MAHARASHTRA	DNS

Event # 6 WOMENS UNDER 18 400m Run

NR*:Neeru Pathak Bilaspur 52.85 16/06/2024

1	KASHISH BHAGAT .	165	14/04/08	MAHARASHTRA	56.92
2	GUNASHYA V .	187	11/04/07	TAMIL NADU	57.62
3	PRACHI SHARMA .	124	09/10/07	HARYANA	58.52
4	BHAVANA M . .	186	05/05/07	TAMIL NADU	1:01.32
5	KAJAL SIHAG .	107	07/10/08	DELHI	1:02.08

