



**ATHLETICS FEDERATION OF INDIA**

# **64<sup>th</sup> NATIONAL INTER STATE SENIOR ATHLETICS CHAMPIONSHIPS - 2025**

Organized by

**Tamilnadu Athletic Association**

 **20<sup>th</sup> - 24<sup>th</sup>  
August 2025**

 **JN Stadium Chennai,  
Tamilnadu**



## **Detailed Results**



**HSBC**



**Indian Oil Corporation Limited**

**64th National Inter State Senior Athletics Championship**

JN Stadium Chennai, Tamil Nadu

24-08-2025

8/20/24 - 8/24/24

20-24 August 2025

**Event # 1 MENS 100m Run**

&amp; WC. Q MARK: 10.00

# NR:ANIMESH KUJUR VARI 10.18 05/07/2025

% MR:GURINDERVIR SINGH PATIALA 10.27 2021

**RESULTS OF FINALS**

1	TAMIL ARASU S	614	20/05/02	TAMIL NADU	+0.2m/s w	<b>10.22 %</b>
2	MANIKANTA H H	303	29/11/01	KARNATAKA	+0.2m/s w	<b>10.35</b>
3	RAGUL KUMAR G	594	22/03/00	TAMIL NADU	+0.2m/s w	<b>10.40</b>
4	HARSH RAUT	409	17/04/05	MAHARASHTRA	+0.2m/s w	<b>10.42</b>
5	AMLAN BORGOHAIN	118	25/04/98	ASSAM	+0.2m/s w	<b>10.46</b>
6	DONDAPATI MRUTY JAYA	436	12/01/05	ODISHA	+0.2m/s w	<b>10.52</b>
7	SARUN PAYASINGH	444	09/07/00	ODISHA	+0.2m/s w	<b>10.56</b>
8	ROHIT .	210	08/03/00	HARYANA	+0.2m/s w	<b>10.58</b>

**RESULTS OF SEMIS Heat 1**

1	TAMIL ARASU S	614	20/05/02	TAMIL NADU	0.1m/s ne	<b>10.33</b>
2	ROHIT .	210	08/03/00	HARYANA	0.1m/s ne	<b>10.58</b>
3	HARJIT SINGH	496	28/08/97	PUNJAB	0.1m/s ne	<b>10.64</b>
4	ABHINASH SAHU	448	23/03/00	ODISHA	0.1m/s ne	<b>10.72</b>
5	NIKHIL PATIL	406	21/06/02	MAHARASHTRA	0.1m/s ne	<b>10.72</b>
6	VIBHASKAR KUMAR	125	15/02/04	BIHAR	0.1m/s ne	<b>10.74</b>
7	MANEESH M	339	06/02/93	KERALA	0.1m/s ne	<b>10.82</b>
	10.815					
8	ARYAN .	274	28/11/03	KARNATAKA	0.1m/s ne	<b>11.12</b>

**RESULTS OF SEMIS Heat 2**

1	MANIKANTA H H	303	29/11/01	KARNATAKA	0.4m/s nw	<b>10.32</b>
2	RAGUL KUMAR G	594	22/03/00	TAMIL NADU	0.4m/s nw	<b>10.41</b>
3	AMLAN BORGOHAIN	118	25/04/98	ASSAM	0.4m/s nw	<b>10.46</b>
4	AMIYA MALLICK	441	14/11/92	ODISHA	0.4m/s nw	<b>10.62</b>
	10.615					
5	DHARMBIR .	204	10/12/90	HARYANA	0.4m/s nw	<b>10.62</b>
	10.616					
6	AJIN R	343	30/04/03	KERALA	0.4m/s nw	<b>10.76</b>
7	PAL SINGH	116	10/11/00	ANDHRA PRADESH	0.4m/s nw	<b>10.82</b>
	10.820					
8	PRATIK MAHARANA	447	08/06/07	ODISHA	0.4m/s nw	<b>10.84</b>

**RESULTS OF SEMIS Heat 3**

1	HARSH RAUT	409	17/04/05	MAHARASHTRA	0.6m/s sw	<b>10.49</b>
2	SARUN PAYASINGH	444	09/07/00	ODISHA	0.6m/s sw	<b>10.54</b>
3	DONDAPATI MRUTY JAYA	436	12/01/05	ODISHA	0.6m/s sw	<b>10.56</b>
4	SANDEEP SINGH	247	30/10/97	HIMACHAL PRADESH	0.6m/s sw	<b>10.63</b>
5	VARUN MANOHAR	600	27/08/05	TAMIL NADU	0.6m/s sw	<b>10.70</b>
6	MANEESH KUMAR	111	08/02/99	ANDHRA PRADESH	0.6m/s sw	<b>10.73</b>
7	ANMOL CHAUDHARY	150	12/06/00	DELHI	0.6m/s sw	<b>10.86</b>
8	SHAINKY .	212	10/11/02	HARYANA	0.6m/s sw	<b>10.87</b>

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<b>RESULTS OF PRELIMS Heat 1</b>						
1	MANIKANTA H H	303	29/11/01	KARNATAKA	0.5m/s ne	<b>10.62</b>
2	ROHIT .	210	08/03/00	HARYANA	0.5m/s ne	<b>10.68</b>
3	ABHINASH SAHU	448	23/03/00	ODISHA	0.5m/s ne	<b>10.75</b>
4	VARUN MANOHAR	600	27/08/05	TAMIL NADU	0.5m/s ne	<b>10.83</b>
	10.830					
5	PRANAV KS	338	05/06/97	KERALA	0.5m/s ne	<b>10.90</b>
	10.900					
6	KAIF AHMAD KHAN MOH	633	10/11/06	TELANGANA	0.5m/s ne	<b>10.96</b>
	10.953					
7	LOVE PREET SINGH	487	27/11/99	PUNJAB	0.5m/s ne	<b>11.05</b>
	11.041					
8	NISARG SHUKLA	173	12/09/02	GUJARAT	0.5m/s ne	<b>11.29</b>
<b>RESULTS OF PRELIMS Heat 2</b>						
1	AMLAN BORGOHAIN	118	25/04/98	ASSAM	+0.9m/s n	<b>10.60</b>
	10.594					
2	AMIYA MALLICK	441	14/11/92	ODISHA	+0.9m/s n	<b>10.66</b>
	10.657					
3	DHARMBIR .	204	10/12/90	HARYANA	+0.9m/s n	<b>10.79</b>
4	MANEESH KUMAR	111	08/02/99	ANDHRA PRADESH	+0.9m/s n	<b>10.83</b>
	10.823					
5	MANEESH M	339	06/02/93	KERALA	+0.9m/s n	<b>10.84</b>
	10.832					
6	ADITYA SINGH DODIYA	364	15/03/00	MADHYA PRADESH	+0.9m/s n	<b>11.00</b>
7	SHAHBAZ ..	149	05/05/01	DELHI	+0.9m/s n	<b>11.07</b>
	11.063					
8	KUDUMULA ANDREW SUH629		31/07/05	TELANGANA	+0.9m/s n	<b>11.16</b>
	11.157					
<b>RESULTS OF PRELIMS Heat 3</b>						
1	HARJIT SINGH	496	28/08/97	PUNJAB	0.2m/s ne	<b>10.66</b>
	10.660					
2	NIKHIL PATIL	406	21/06/02	MAHARASHTRA	0.2m/s ne	<b>10.70</b>
3	SHAINKY .	212	10/11/02	HARYANA	0.2m/s ne	<b>10.85</b>
4	PRATIK MAHARANA	447	08/06/07	ODISHA	0.2m/s ne	<b>10.88</b>
	10.876					
5	ANMOL CHAUDHARY	150	12/06/00	DELHI	0.2m/s ne	<b>10.88</b>
	10.880					
6	RAVI RAI	683	07/08/04	UTTAR PRADESH	0.2m/s ne	<b>10.90</b>
	10.896					
7	PRAJWAL .	279	14/07/03	KARNATAKA	0.2m/s ne	<b>11.16</b>
	11.156					
8	SURIYAKUMAR M	454	17/06/01	PUDUCHERRY	0.2m/s ne	<b>11.90</b>

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**RESULTS OF PRELIMS Heat 4**

1	TAMIL ARASU S	614	20/05/02	TAMIL NADU	0.5m/s ne	<b>10.53</b>
2	SARUN PAYASINGH	444	09/07/00	ODISHA	0.5m/s ne	<b>10.61</b>
3	SANDEEP SINGH	247	30/10/97	HIMACHAL PRADESH	0.5m/s ne	<b>10.74</b>
4	PAL SINGH	116	10/11/00	ANDHRA PRADESH	0.5m/s ne	<b>10.81</b>
5	ARYAN .	274	28/11/03	KARNATAKA	0.5m/s ne	<b>10.84</b>
	10.840					
6	MOSES MASCARENHAS	162	27/04/02	GOA	0.5m/s ne	<b>10.91</b>
7	GOWTHAM ALLURI	628	28/12/05	TELANGANA	0.5m/s ne	<b>10.96</b>
	10.957					
8	SAURABH NAITAM	405	23/03/01	MAHARASHTRA	0.5m/s ne	<b>11.07</b>
	11.062					

**RESULTS OF PRELIMS Heat 5**

1	HARSH RAUT	409	17/04/05	MAHARASHTRA	+0.1m/s e	<b>10.44</b>
2	DONDAPATI MRUTY JAYA	436	12/01/05	ODISHA	+0.1m/s e	<b>10.59</b>
3	RAGUL KUMAR G	594	22/03/00	TAMIL NADU	+0.1m/s e	<b>10.60</b>
	10.598					
4	VIBHASKAR KUMAR	125	15/02/04	BIHAR	+0.1m/s e	<b>10.78</b>
5	AJIN R	343	30/04/03	KERALA	+0.1m/s e	<b>10.87</b>
6	SHIVAM VASHNAV	240	10/12/03	HARYANA	nwi	<b>11.05</b>
	11.047					
7	HEMACHANDRAN E	453	17/07/04	PUDUCHERRY	+0.1m/s e	<b>11.55</b>
	RAHUL GHOSH	423	29/03/97	MANIPUR		<b>DNF</b>

**Event # 2 MENS 200m Run**

&amp; WC. Q MARK: 20.16

# NR:ANIMESH KUJUR GUMI 20.32 31/05/2025

% MR:ANIMESH KUJUR PANCHKULA 20.65 2024

**RESULTS OF FINALS**

1	ANIMESH KUJUR	437	02/06/03	ODISHA	-0.4m/s se	<b>20.63 %</b>
2	RAGUL KUMAR G	594	22/03/00	TAMIL NADU	-0.4m/s se	<b>20.92</b>
3	AMLAN BORGOHAIN	118	25/04/98	ASSAM	-0.4m/s se	<b>21.19</b>
4	SHUBHAM .	213	29/08/01	HARYANA	-0.4m/s se	<b>21.29</b>
5	ANKIT KUMAR KASWAN	524	05/06/05	RAJASTHAN	-0.4m/s se	<b>21.30</b>
6	DONDAPATI MRUTY JAYA	436	12/01/05	ODISHA	-0.4m/s se	<b>21.41</b>
7	RAJA BABU	217	01/11/04	HARYANA	-0.4m/s se	<b>21.75</b>
	SANDEEP SINGH	247	30/10/97	HIMACHAL PRADESH		<b>DNS</b>

**RESULTS OF PRELIMS Heat 1**

1	ANIMESH KUJUR	437	02/06/03	ODISHA	0.4m/s ne	<b>21.06</b>
2	ANKIT KUMAR KASWAN	524	05/06/05	RAJASTHAN	0.4m/s ne	<b>21.14</b>
3	JISHNU PRASAD P K	341	18/10/98	KERALA	0.4m/s ne	<b>21.56</b>
4	VARUN MANOHAR	600	27/08/05	TAMIL NADU	0.4m/s ne	<b>21.93</b>
	21.923					
5	YATEESH CHAUHAN	363	10/07/03	MADHYA PRADESH	0.4m/s ne	<b>22.16</b>
6	DHARMBIR .	204	10/12/90	HARYANA	0.4m/s ne	<b>22.21</b>
	NAYAN SHAH	412	27/04/05	MAHARASHTRA		<b>DNF</b>

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**RESULTS OF PRELIMS Heat 2**

1	AMLAN BORGOHAIN	118	25/04/98	ASSAM	0.6m/s ne	<b>21.15</b>
2	SHUBHAM .	213	29/08/01	HARYANA	0.6m/s ne	<b>21.20</b>
3	DONDAPATI MRUTY JAYA	436	12/01/05	ODISHA	0.6m/s ne	<b>21.44</b>
	21.431					
4	MUKUL ANANT BHOIR	393	28/02/99	MAHARASHTRA	0.6m/s ne	<b>21.44</b>
	21.438					
5	BRAJESH SINGH	375	04/07/04	MADHYA PRADESH	0.6m/s ne	<b>21.61</b>
6	GURMEET SINGH	688	12/01/99	UTTAR PRADESH	0.6m/s ne	<b>21.93</b>
	21.925					
7	HARMANPREET SINGH	483	19/01/97	PUNJAB	0.6m/s ne	<b>21.94</b>
8	NAVEEN KUMAR VEERAP	620	03/09/03	TAMIL NADU	0.6m/s ne	<b>22.25</b>
	22.245					

**RESULTS OF PRELIMS Heat 3**

1	RAGUL KUMAR G	594	22/03/00	TAMIL NADU	0.4m/s nw	<b>20.91</b>
2	SANDEEP SINGH	247	30/10/97	HIMACHAL PRADESH	0.4m/s nw	<b>21.10</b>
3	RAJA BABU	217	01/11/04	HARYANA	0.4m/s nw	<b>21.31</b>
4	PRATIK MAHARANA	447	08/06/07	ODISHA	0.4m/s nw	<b>21.50</b>
5	ANKUR ..	236	05/09/99	HARYANA	0.4m/s nw	<b>21.51</b>
6	SHEKHER TOMER	132	04/10/98	CHHATTISGARH	0.4m/s nw	<b>21.72</b>
7	HARPREET GILL	478	19/12/97	PUNJAB	0.4m/s nw	<b>22.25</b>
	22.250					
8	JONATHAN SAMUEL GEOR	287	06/04/00	KARNATAKA	0.4m/s nw	<b>23.33</b>

**Event # 3 MENS 400m Run**

&amp; WC. Q MARK: 44.85

# NR:MUHAMMED ANAS KLADNO 45.21 13/07/2019

% MR:V.MUHAMMED AJMAL BHUBANESWAR 45.51 2023

**RESULTS OF FINALS**

1	VISHAL TK	618	17-12-03	TAMIL NADU		<b>45.12 #%</b>
2	RAJESH RAMESH	610	28/03/99	TAMIL NADU		<b>46.04</b>
3	VIKRANT PANCHAL	228	30/01/00	HARYANA		<b>46.17</b>
4	SANTHOSH T	616	01/01/98	TAMIL NADU		<b>46.19</b>
5	SURAJ A	589	20/12/03	TAMIL NADU		<b>47.00</b>
6	DHARMVEER CHOUDHAR	719	05/02/01	RAJASTHAN		<b>47.53</b>
7	ASTIK PRADHAN	445	23/04/06	ODISHA		<b>48.88</b>
	AMOJ JACOB	151	02/05/98	DELHI		<b>DNF</b>

**RESULTS OF PRELIMS Heat 1**

1	VISHAL TK	618	17-12-03	TAMIL NADU		<b>45.78</b>
2	SANTHOSH T	616	01/01/98	TAMIL NADU		<b>46.19</b>
3	HARSH KUMAR	223	25/12/97	HARYANA		<b>47.39</b>
4	PRAKHAR SHARMA	707	01/09/99	UTTARAKHAND		<b>47.70</b>
5	BALAKRISHNA .	275	29/01/03	KARNATAKA		<b>47.90</b>
6	ASHISH PHOGAT	239	15/10/02	HARYANA		<b>48.03</b>
7	SUMIRAN CHETTRI	542	02/10/01	SIKKIM		<b>48.99</b>

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**RESULTS OF PRELIMS Heat 2**

1	RAJESH RAMESH	610	28/03/99	TAMIL NADU	46.59
2	VIKRANT PANCHAL	228	30/01/00	HARYANA	46.65
3	DHARMVEER CHOUDHAR	719	05/02/01	RAJASTHAN	47.27
4	NIHAL JOEL W	300	13/07/00	KARNATAKA	47.30
5	MANISH KUMAR	252	30/06/06	JHARKHAND	47.94
	BRAJESH SINGH	375	04/07/04	MADHYA PRADESH	DQ

T.R. 17.2.3

**RESULTS OF PRELIMS Heat 3**

1	AMOJ JACOB	151	02/05/98	DELHI	46.11
2	ASTIK PRADHAN	445	23/04/06	ODISHA	47.08
	47.071				
3	SURAJ A	589	20/12/03	TAMIL NADU	47.08
	47.077				
4	LOKESH SINGH GURJAR	522	02/02/02	RAJASTHAN	47.51
5	RIHAN H	289	21/12/05	KARNATAKA	47.59
6	SHUBHAM DATTATRAY DE	394	29/07/96	MAHARASHTRA	48.14
	TARANDEEP SINGH	492	13/07/05	PUNJAB	DNF

**Event # 4 MENS 800m Run**

&amp; WC. Q MARK: 1:44.50

# NR:MOHAMMED AFSAL P POZNAN 1:44.93 05/07/2025

% MR:JINSON JOHNSON GUWAHATI 1:45.65 2018

**RESULTS OF FINALS**

1	KRISHAN KUMAR	224	12/10/97	HARYANA	1:48.41
2	TUSHAR BHEKANE	284	25/08/03	KARNATAKA	1:48.82
3	PRAKASH GADADE	395	31/07/02	MAHARASHTRA	1:48.86
4	VINOD KUMAR BANOTH	630	16/12/05	TELANGANA	1:48.91
5	BASANT CHAUHAN	127	31/08/01	CHANDIGARH	1:49.89
6	KAMALAKANNAN SUNDA	298	25/11/02	KARNATAKA	1:50.16
7	ASHU .	144	08/04/01	DELHI	1:50.57
8	AMAN KUMAR	221	06/06/01	HARYANA	1:53.56

**RESULTS OF PRELIMS Heat 1**

1	KRISHAN KUMAR	224	12/10/97	HARYANA	1:50.77
2	PRAKASH GADADE	395	31/07/02	MAHARASHTRA	1:50.80
3	SALMAN FAROOKH	334	16/04/02	KERALA	1:51.06
4	AKASHDEEP SINGH	480	02/02/04	PUNJAB	1:51.23
5	DAYANIDHI MUNDA	442	02/06/04	ODISHA	1:52.12
6	DEBRAJ MALLICK	715	13/09/02	WEST BENGAL	1:52.21
7	SAHIL KHAN	525	07/11/05	RAJASTHAN	1:52.51
8	AJEET .	517	10/06/03	RAJASTHAN	1:53.14
	VINAYAK ANGADI	283	28/11/02	KARNATAKA	DNF

**RESULTS OF PRELIMS Heat 2**

1	KAMALAKANNAN SUNDA	298	25/11/02	KARNATAKA	1:52.07
2	BASANT CHAUHAN	127	31/08/01	CHANDIGARH	1:52.43
3	GURMAN SINGH	482	27/08/97	PUNJAB	1:52.62
4	NAKUL GODSE	398	17/07/05	MAHARASHTRA	1:53.22
5	HARSHDEEP SINGH.	708	28/12/02	UTTARAKHAND	1:53.92
6	PREMNATH SUBRAMANIA	615	19/01/06	TAMIL NADU	1:54.55
7	JATIN ..	238	30/07/02	HARYANA	1:54.98
	SATYAM CHAUHAN	668	10/08/99	UTTAR PRADESH	DNF
	MUHAMMAD AFSAL P	331	03/02/96	KERALA	DNS

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**RESULTS OF PRELIMS Heat 3**

1	TUSHAR BHEKANE	284	25/08/03	KARNATAKA	1:49.43
2	VINOD KUMAR BANOTH	630	16/12/05	TELANGANA	1:49.45
3	AMAN KUMAR	221	06/06/01	HARYANA	1:49.47
4	ASHU .	144	08/04/01	DELHI	1:50.22
5	SUKHJINDER SING .	474	18/03/02	PUNJAB	1:50.67
6	SANKET SANKET	231	18/09/05	HARYANA	1:50.73
7	TUSHAR SURYAWANSHI	414	29/01/00	MAHARASHTRA	1:51.19
8	SHAHRUKH .	660	31/12/01	UTTAR PRADESH	1:52.19
9	AJAY VISWANATH	346	01/04/03	KERALA	1:52.24
10	SUDHIN KUMAR V	619	03/05/00	TAMIL NADU	1:52.38

**Event # 5 MENS 1500m Run**

&amp; WC. Q MARK: 3:33.00

# NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019

% MR:BAHADUR PRASAD CHENNAI 3:40.10 1995

1	YOONUS SHAH	697	10/05/01	UTTAR PRADESH	3:41.22
2	AJAY SAROJ	696	01/05/97	UTTAR PRADESH	3:41.55
3	ARJUN WASKALE	378	03/07/03	MADHYA PRADESH	3:42.86
4	RAHUL BALODA	519	05/06/99	RAJASTHAN	3:43.21
5	PRAKASH GADADE	395	31/07/02	MAHARASHTRA	3:43.63
6	SHAILABH .	147	11/09/05	DELHI	3:43.68
7	RAHUL .	146	01/12/96	DELHI	3:44.27
8	AMIT KUMAR	222	22/05/04	HARYANA	3:45.11
9	KARTIK KARKERA	401	17/03/97	MAHARASHTRA	3:45.52
10	AKASH BHATI	665	14/10/03	UTTAR PRADESH	3:48.65
11	CHANDERPAL MAIYA	530	14/03/03	RAJASTHAN	3:48.85
12	RAMIKESH RAMIKESH	230	24/12/04	HARYANA	3:49.43
13	NARENDER SINGH	234	07/10/97	HARYANA	3:49.74
14	HARSHDEEP SINGH	484	28/09/01	PUNJAB	3:50.48
15	DAYANIDHI MUNDA	442	02/06/04	ODISHA	3:50.93
16	PRAKASH KUMAR	154	12/01/01	DELHI	3:51.49
17	DANISH SAIFI	684	05/01/00	UTTAR PRADESH	3:53.78
18	VAIBHAV PATIL	295	27/02/02	KARNATAKA	3:54.17
19	MANPREET SANDHU	706	04/02/99	UTTARAKHAND	3:54.97
20	PRAGATHEESHWARA G	593	15/06/01	TAMIL NADU	3:59.92
	PUSHPENDRA SING RATH	533	18/06/97	RAJASTHAN	DNF

**Event # 6 MENS 5000m Run**

&amp; WC. Q MARK: 13:01.00

# NR:GULVEER SINGH NIIGATA 13:11.82 28/09/2024

% MR:GULVEER SINGH PANCHKULA 13:34.67 2024

1	ABHISHEK ..	695	15/07/97	UTTAR PRADESH	15:00.83
2	KIRAN MATRE	417	05/08/01	MAHARASHTRA	15:01.88
3	RAHUL ..	216	10/09/02	HARYANA	15:07.71
4	V.MONISH .	585	07/10/99	TAMIL NADU	15:22.66
	SHADAB PATHAN	418	23/10/01	MAHARASHTRA	DNS

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**Event # 7 MENS 10000m Run**

&amp; WC. Q MARK: 27:00.00

#NR:G.SINGH SAN JUAN CAPISTRANO 27:00.22 29/03/2025

% MR:KARTIK KUMAR BHUBANESWAR 29:01.84 2023

1	ABHISHEK ..	695	15/07/97	UTTAR PRADESH		<b>30:56.64</b>
2	SHIVAJI PARASHU MADAP	290	02/05/04	KARNATAKA		<b>30:57.69</b>
3	SHIVAM .	661	09/07/03	UTTAR PRADESH		<b>30:59.14</b>
4	KANARAM JAT	523	23/12/01	RAJASTHAN		<b>30:59.47</b>
5	PANKAJ KUMAR	676	24/07/03	UTTAR PRADESH		<b>31:01.55</b>
6	SANDEEP SINGH.	163	07/03/99	GOA		<b>31:02.39</b>
7	CHAITANYA RUPNAR	410	23/04/03	MAHARASHTRA		<b>31:03.03</b>
8	MOHAMMED YASIN AYSH	350	25/09/93	LAKSHADWEEP		<b>42:26.35</b>
	MRUNAL SARODE	411	18/11/03	MAHARASHTRA		<b>DNS</b>

**Event # 8 MENS 110m Hurdles**

&amp; WC. Q MARK: 13.27

# NR:TEJAS ASHOK SHIRSE JYVASKYLA 13.41 22/05/2024

% MR:TEJAS ASHOK SHIRSE PANCHKULA 13.54 2024

**RESULTS OF FINALS**

1	TEJAS SHIRSE	420	04/06/02	MAHARASHTRA	+0.1m/s w	<b>13.60</b>
2	MANAV R	603	07/06/00	TAMIL NADU	+0.1m/s w	<b>14.03</b>
3	MUHAMMED LAZAN	328	01/06/02	KERALA	+0.1m/s w	<b>14.08</b>
4	KRISHIK. M.	276	16/10/03	KARNATAKA	+0.1m/s w	<b>14.11</b>
5	RATHISH PANDIDURAI	602	11/06/04	TAMIL NADU	+0.1m/s w	<b>14.22</b>
6	SHINTOMON C B	333	28/05/02	KERALA	+0.1m/s w	<b>14.25</b>
7	MOHAMMED FAIS C .	327	06/04/99	KERALA	+0.1m/s w	<b>14.42</b>
	HARMANJEET SINGH	158	20/04/02	DELHI		<b>DNF</b>

**RESULTS OF PRELIMS Heat 1**

1	TEJAS SHIRSE	420	04/06/02	MAHARASHTRA	0.5m/s sw	<b>13.72</b>
2	RATHISH PANDIDURAI	602	11/06/04	TAMIL NADU	0.5m/s sw	<b>14.27</b>
3	MOHAMMED FAIS C .	327	06/04/99	KERALA	0.5m/s sw	<b>14.56</b>
4	HARMANJEET SINGH	158	20/04/02	DELHI	0.5m/s sw	<b>14.67</b>
5	YASHWANTH LAVETI	112	28/08/01	ANDHRA PRADESH	0.5m/s sw	<b>14.73</b>
	AMAN PATEL	369	17/05/04	MADHYA PRADESH		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	KRISHIK. M.	276	16/10/03	KARNATAKA	+0.0m/s w	<b>14.05</b>
2	MANAV R	603	07/06/00	TAMIL NADU	+0.0m/s w	<b>14.23</b>
3	SHINTOMON C B	333	28/05/02	KERALA	+0.0m/s w	<b>14.34</b>
4	MUHAMMED LAZAN	328	01/06/02	KERALA	+0.0m/s w	<b>14.38</b>
5	TARUNDEEP BHATIA	476	06/09/94	PUNJAB	+0.0m/s w	<b>14.68</b>
6	RITHIK .	582	20/05/05	TAMIL NADU	+0.0m/s w	<b>15.07</b>
7	VIKASH KUMAR PATHAK	371	05/07/97	MADHYA PRADESH	+0.0m/s w	<b>15.41</b>

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**Event # 9 MENS 400m Hurdles**

&amp; WC. Q MARK: 48.50

# NR:A DHARUN PATIALA 48.80 16/03/2019

% MR:YASHAS PALAKSHA BHUBANESWAR 49.37 2023

**RESULTS OF FINALS**

1	RUCHIT MORI	170	24/08/01	GUJARAT	49.76
2	SUBHAS DAS	714	23/01/02	WEST BENGAL	50.61
3	HARDEEP .	473	27/06/03	PUNJAB	51.03
4	KARTHIK YARRAVARAPU	117	01/04/04	ANDHRA PRADESH	51.43
5	TEJPARTAP SINGH	493	07/06/00	PUNJAB	51.67
6	SHAKTI SINGH SHAKTI SI	535	11/01/00	RAJASTHAN	51.99
7	SATHISH K	597	01/09/94	TAMIL NADU	52.40
8	ASWIN .L	587	09/10/01	TAMIL NADU	54.43

**RESULTS OF PRELIMS Heat 1**

1	KARTHIK YARRAVARAPU	117	01/04/04	ANDHRA PRADESH	51.47
2	SATHISH K	597	01/09/94	TAMIL NADU	51.86
3	NIKUNJ ZALA	175	18/01/04	GUJARAT	52.05
4	AFTAB ALAM	664	03/03/97	UTTAR PRADESH	52.86
5	AKASH DUBEY	365	13/12/00	MADHYA PRADESH	55.61
6	NIKHIL BHARDWAJ	475	24/05/96	PUNJAB	59.20
	KUNAL KUMAR	153	24/12/04	DELHI	DNS

**RESULTS OF PRELIMS Heat 2**

1	RUCHIT MORI	170	24/08/01	GUJARAT	51.42
2	SHAKTI SINGH SHAKTI SI	535	11/01/00	RAJASTHAN	51.67
3	TEJPARTAP SINGH	493	07/06/00	PUNJAB	51.71
4	KARNA BAG	713	10/07/04	WEST BENGAL	52.76
5	KESHAV TANWAR	160	24/05/02	DELHI	53.56
6	ROHAN KAMBLE	400	15/02/02	MAHARASHTRA	53.69
7	A KARTHIK RAJA	607	16/02/05	TAMIL NADU	53.96

**RESULTS OF PRELIMS Heat 3**

1	ASWIN .L	587	09/10/01	TAMIL NADU	51.11
2	SUBHAS DAS	714	23/01/02	WEST BENGAL	51.55
3	HARDEEP .	473	27/06/03	PUNJAB	51.87
4	MANOOP M .	326	22/08/01	KERALA	52.12
5	RAKSHITH NAIK	291	29/08/04	KARNATAKA	52.94
	MURAD SIRMAN	174	10/09/05	GUJARAT	DNS

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**Event # 10 MENS 3000m Steeplechase**

&amp; WC. Q MARK: 8:15.00

# NR:AVINASH SABLE PARIS 8:09.91 07/07/2024

% MR:AVINASH SABLE LUCKNOW 8:33.19 2019

1	BALKISHAN ..	214	09/11/98	HARYANA	8:51.17
2	SHUBHAM BHANDARE	392	17/06/00	MAHARASHTRA	8:51.77
3	SHARUK KHAN	672	25/07/06	UTTAR PRADESH	8:52.29
4	ATUL POONIA	532	01/10/00	RAJASTHAN	8:55.13
5	ANUPAM ..	663	02/04/05	UTTAR PRADESH	8:57.03
6	JUJHAR SINGH	537	18/09/04	RAJASTHAN	9:00.02
7	RITESH KUMAR	226	18/08/04	HARYANA	9:00.41
8	DHARMENDER .	237	14/08/03	HARYANA	9:00.80
9	DHULADEV GHAGARE	397	22/02/03	MAHARASHTRA	9:04.04
10	BENJAMIN BABU	332	31/01/01	KERALA	9:04.28
11	MAYKAL DAMOR	169	15/12/01	GUJARAT	9:16.19
12	ASHISH PAL	679	28/01/04	UTTAR PRADESH	9:42.37
	PUKESHWAR LAL	131	25/03/97	CHHATTISGARH	DNF
	KASHYAP SANGHANI	172	09/01/01	GUJARAT	DNF
	VIKRAM SINGH	376	03/07/96	MADHYA PRADESH	DNS

**Event # 11 MENS High Jump****HEIGHTS: 1.95, 2.00, 2.05, 2.10, 2.14, 2.18, 2.21, 2.24, 2.28, 2.45, 2.50, 2.55, 2.60, 2.65, 2.70, 2.75, 2.80, 2.85  
2.90, 2.95, 3.00**

&amp; WC. Q MARK: 2.33

# NR:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

% MR:B CHETHAN GUWAHATI 2.25 2018

1	SARVESH KUSHARE	402	17/06/95	MAHARASHTRA	2.24m
	---	---	---	XO O O O XXX	
2	AADARSH RAM	609	27/09/97	TAMIL NADU	2.21m
	---	O--	O O O XO XO XXX		
3	SWADHIN KUMAR MAJHI	439	10/04/00	ODISHA	2.18m
	---	---	O XO O XXO XXX		
4	AROMAL .	324	13/09/98	KERALA	2.14m
	---	O O XO XO XXX			
5	ABHAY GURAV	399	03/05/00	MAHARASHTRA	2.10m
	O O O O XXX				
6	DHAIRYSHIL GAYAKWAD	396	10/02/03	MAHARASHTRA	2.10m
	O O XO XO XXX				
7	ABHIRAJ NAIR	126	31/01/05	BIHAR	2.05m
	O O XO XXX				
8	ABINESH A	588	15/05/02	TAMIL NADU	2.05m
	XO O O XXX				
9	KAUSTUBHA JAISWAL	368	28/01/00	MADHYA PRADESH	2.05m
	O O XXO XXX				
10	SHYAM SUNDER	540	01/05/05	RAJASTHAN	2.05m
	XXO O XXO XXX				
11	SHAIK MOHIDDIN	113	27/08/98	ANDHRA PRADESH	2.00m
	O O XXX				
12	MOHAMED FAZIL S	612	26/06/04	TAMIL NADU	2.00m
	---	XO XXX			
	SUDEEP ..	282	29/04/04	KARNATAKA	DNS
	r				
	AADITYA RAGHUVANSHI	372	28/04/06	MADHYA PRADESH	DNS
	r				

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**Event # 12 MENS Pole Vault****HEIGHTS: 4.30, 4.50, 4.70, 4.80, 4.90, 5.00, 5.10, 5.15, 5.20, 5.25, 5.30**

&amp; WC. Q MARK: 5.82

# NR:DEV KUMAR MEENA KOCHI 5.35 22/04/2025

% MR:S. SIVA . BHUBANESWAR 5.11 2023

1	REEGAN G	595	08/08/01	TAMIL NADU	5.20m %
					--- --- --- --- --- XO O --- O --- XXX
1	M.GOWTHAM .	580	25/09/02	TAMIL NADU	5.20m %
					--- --- --- --- O O XO O O XXX
3	KAMAL LOGANATHAN	599	02/03/03	TAMIL NADU	5.00m
					--- --- --- O O XO XXX
4	AVNEESH KUMAR	674	01/07/01	UTTAR PRADESH	4.90m
					--- XO XO O XO XXX
5	KAVINRAJA S	611	26/06/06	TAMIL NADU	4.80m
					--- --- --- XXO --- XXX
6	ANSHU PATEL	370	03/05/05	MADHYA PRADESH	4.70m
					--- --- XO XXX
7	NITIN .	209	25/08/01	HARYANA	4.70m
					--- XO XXO XXX
8	JESSAN .	325	03/01/98	KERALA	4.50m
					--- O XXX
8	BINEESH JACOB	336	17/03/86	KERALA	4.50m
					O O XXX
10	AKSHAY ..	329	22/05/03	KERALA	4.50m
					--- XO XXX
	P. SUBASH CHANDRAN	285	06/03/03	KARNATAKA	NM
					--- XXX
	NARENDRA SINGH	538	29/07/03	RAJASTHAN	NM
					--- XXX
	GOURAV .	206	20/02/02	HARYANA	DNS
					DNS

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**Event # 13 MENS Long Jump**

&amp; WC. Q MARK: 8.27

# NR:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR:SREESHANKAR M BHUBANESWAR 8.41 2023

1	SREESHANKAR M	340	27/03/99	KERALA	+0.0m/s	<b>8.06m</b>
		7.85, 7.96, 8.06, 7.80, 7.96, 7.86				
2	S LOKESH .	280	21/12/99	KARNATAKA	+0.0m/s	<b>7.71m</b>
		F, 7.45, 7.71, F, F, 5.34				
3	SWAMINATHAN R	605	07/04/96	TAMIL NADU	+0.0m/s	<b>7.70m</b>
		F, 7.36, 7.36, F, 7.70, F				
4	SUNNY .	124	13/07/01	BIHAR	+0.0m/s	<b>7.63m</b>
		7.29, 7.30, 7.40, 7.63, F, F				
5	SARAN .	583	26/12/00	TAMIL NADU	+0.0m/s	<b>7.57m</b>
		7.02, 7.57, F, 5.19, F, F				
6	SARUN PAYASINGH	444	09/07/00	ODISHA	+0.0m/s	<b>7.54m</b>
		7.41, 7.31, 6.65, 7.38, 7.54, 7.52				
7	VINOTH YUVARAJ	348	26/09/94	KERALA	+0.0m/s	<b>7.36m</b>
		7.08, 7.24, 7.09, 7.36, F, 7.32				
8	LAKHVEER SINGH	486	13/01/03	PUNJAB	+0.0m/s	<b>7.35m</b>
		7.22, 7.16, 7.27, 7.35, 7.09, 7.26				
9	AMAN SINGH	246	18/05/03	HIMACHAL PRADESH	+0.0m/s	<b>7.23m</b>
		7.08, 7.10, 7.23				
10	SIDDHARTH NAIK	292	08/09/95	KARNATAKA	+0.0m/s	<b>7.09m</b>
		7.09, 7.03, 6.65				
11	ANUSH T R	299	17/02/98	KARNATAKA	+0.0m/s	<b>7.05m</b>
		F, F, 7.05				
12	SANAPUREDDY REDDY	115	08/06/00	ANDHRA PRADESH	+0.0m/s	<b>6.69m</b>
		6.69, 6.29, 5.15				
	DAVID P	601	17/03/02	TAMIL NADU		<b>DNS</b>
		DNS				

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**Event # 14 MENS Triple Jump**

&amp; WC. Q MARK: 17.22

# NR:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023

% MR:PRAVEEN CHITHRAVEL CHENNAI 17.18 2022

1	KARTHIK U	345	03/06/93	KERALA	+0.0m/s	<b>16.44m</b>
		16.04, 15.65, 16.10, 16.04, 16.39, 16.44				
2	ABDULLA ABOOBACKER	330	17/01/96	KERALA	+0.0m/s	<b>16.37m</b>
		F, 15.87, F, 16.18, 16.37, F				
3	PRAVEEN CHITHRAVEL	591	05/06/01	TAMIL NADU	+0.0m/s	<b>16.35m</b>
		16.35, 16.30, 16.18, 15.89, -, 16.26				
4	DINESH.V .	579	03/05/97	TAMIL NADU	+0.0m/s	<b>16.07m</b>
		15.70, 13.22, -, 16.06, 16.07, 16.01				
5	GAILEY VENISTER	621	31/01/00	TAMIL NADU	+0.0m/s	<b>16.05m</b>
		F, 15.75, 15.47, 15.78, 16.05, 14.95				
6	JAY SHAH	419	11/10/97	MAHARASHTRA	+0.0m/s	<b>15.83m</b>
		15.45, 14.88, 15.74, 15.77, 15.02, 15.83				
7	SEBASTIAN V S	718	04/10/03	KERALA	+0.0m/s	<b>15.82m</b>
		14.96, 15.37, 15.43, 14.99, 15.77, 15.82				
8	VIMAL THAMIZHCHELVA	344	25/03/96	KERALA	+0.0m/s	<b>15.72m</b>
		15.18, 15.72, 15.69, 15.53, F, 15.41				
9	VISHAL BAHADUR	251	09-05-03	JHARKHAND	+0.0m/s	<b>15.28m</b>
		15.28, F, 15.16				
10	PRADEEP KUMAR	677	20/01/04	UTTAR PRADESH	-0.3m/s	<b>15.25m</b>
		15.23, 15.17, 15.25				
11	OMKAR SHIDRUK	413	26/09/03	MAHARASHTRA	+0.0m/s	<b>15.23m</b>
		14.77, 15.05, 15.23				
12	JESSE SANDESH	296	22/10/95	KARNATAKA	+0.0m/s	<b>15.15m</b>
		15.15, 15.00, 14.78				
13	HARPAL SINGH MA MANN	479	21/06/02	PUNJAB	+0.0m/s	<b>14.91m</b>
		14.63, 14.58, 14.91				
14	DABLU ROY	717	12/09/04	WEST BENGAL	-1.0m/s	<b>14.89m</b>
		F, 14.89, 14.74				
15	SACHIN GUJAR	659	21/01/01	UTTAR PRADESH	+0.0m/s	<b>14.73m</b>
		14.25, 14.73, 14.44				
16	AJEET ..	662	04/07/02	UTTAR PRADESH	-0.6m/s	<b>14.70m</b>
		14.39, 14.70, F				
17	ASHOK KUMAR	526	30/01/01	RAJASTHAN	+0.0m/s	<b>14.45m</b>
		14.23, 14.45, F				

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**Event # 15 MENS Shot Put****& WC. Q MARK: 21.50****#NR:T.SINGH TOOR BHUBANESHWAR 21.77 19/06/2023****% MR:TAJINDERPAL SINGH TOOR BHUBANESHWAR 21.77 2023**

1	SAMARDEEP GILL	366	03/01/01	MADHYA PRADESH	<b>19.82m</b>
	19.21, 19.82, F, F, F, F				
2	TAJINDERPAL TOOR	495	13/11/94	PUNJAB	<b>19.41m</b>
	18.77, 19.09, 18.84, 19.41, F, 19.29				
3	ANIKET .	705	05/11/01	UTTARAKHAND	<b>18.09m</b>
	17.86, F, 17.15, 17.38, 17.74, 18.09				
4	PRABHKIRPAL SINGH	490	12/07/97	PUNJAB	<b>17.37m</b>
	16.87, 17.27, 17.13, F, 17.37, F				
5	SHIVAM CHOUDHARY	670	25/08/97	UTTAR PRADESH	<b>17.32m</b>
	16.35, 17.32, F, F, 16.71, 16.98				
6	AKASH GREHWAL	671	01/09/01	UTTAR PRADESH	<b>17.19m</b>
	17.07, F, 17.19, 17.12, F, F				
7	BALAJI ..	586	26/09/00	TAMIL NADU	<b>17.17m</b>
	17.15, 16.90, F, 17.06, 17.17, 16.46				
8	SIDDHARTH CHOUDHARY	520	24/09/05	RAJASTHAN	<b>16.73m</b>
	16.73, F, F, F, F, -				
9	SAHIB SINGH.	159	05/11/00	DELHI	<b>16.72m</b>
	16.20, 16.28, 16.72				
10	VIKASH .	148	12/02/03	DELHI	<b>16.67m</b>
	16.67, F, F				
11	S.SRI KUMARAN	598	23/08/03	TAMIL NADU	<b>16.35m</b>
	F, 16.35, 16.31				
12	ATUL .	202	17/01/05	HARYANA	<b>16.11m</b>
	F, 16.02, 16.11				
13	PRAJWAL SHETTY	297	24/03/01	KARNATAKA	<b>14.71m</b>
	14.71, F, F				
	KARANVEER SINGH	485	24/07/97	PUNJAB	<b>DNS</b>
	DNS				

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**Event # 16 MENS Discus Throw**

&amp; WC. Q MARK: 67.50

# NR:VIKAS GOWDA NORMAN 66.28 12/04/2012

% MR:KIRPAL SINGH CHENNAI 60.31 2022

1	KIRPAL SINGH	129	19/05/92	CHANDIGARH	55.00m
		55.00, 54.75, 54.61, 54.28, F, 53.93			
2	NIRBHAY SINGH	235	20/11/96	HARYANA	53.62m
		F, 51.91, 53.62, F, F, 52.72			
3	UJJAWAL CHOUDHARY	218	24/03/06	HARYANA	53.23m
		52.08, 53.23, 51.15, 51.59, F, 50.98			
4	BHARTPREET SINGH .	471	02/07/04	PUNJAB	53.02m
		52.71, 52.49, 48.94, 52.58, 51.68, 53.02			
5	MOHAMMED SAQLAI .	277	30/03/00	KARNATAKA	52.96m
		52.06, 52.96, 51.82, F, 50.42, 50.77			
6	BHANU SHARMA	536	19/10/96	RAJASTHAN	52.59m
		52.59, 52.03, F, F, F, F			
7	SHUBHKARMAN GHOTRA	477	05/10/03	PUNJAB	52.23m
		52.23, F, 48.49, F, 51.32, F			
8	P. SURYA PRAKAS .	581	25/09/02	TAMIL NADU	51.99m
		51.99, 51.30, 49.87, 50.17, 50.56, 44.98			
9	DEEPAK YADAV	693	12/02/01	UTTAR PRADESH	51.28m
		50.11, 49.87, 51.28			
10	OINAM SINGH	424	22/01/02	MANIPUR	51.25m
		49.14, 49.74, 51.25			
11	ROHIT KUMAR	528	29/09/00	RAJASTHAN	50.25m
		48.32, F, 50.25			
12	ANURAG PATEL	681	29/11/03	UTTAR PRADESH	49.97m
		49.97, F, 48.34			
13	AMIT KUMAR.	156	17/04/98	DELHI	48.37m
		48.26, F, 48.37			

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**Event # 17 MENS Hammer Throw**

&amp; WC. Q MARK: 78.20

# NR:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

% MR:NIRAJ KUMAR HYDERABAD 70.73 2016

1	DAMNEET SINGH	481	10/03/00	PUNJAB	<b>69.25m</b>
		69.25, F, 66.25, 66.00, F, F			
2	PRAVEEN KUMAR	527	14/12/00	RAJASTHAN	<b>64.08m</b>
		63.69, 64.08, 60.01, 63.41, 62.69, F			
3	GAURAV .	205	12/02/96	HARYANA	<b>63.86m</b>
		F, 63.86, F, 58.60, F, 63.19			
4	ASHISH JAKHAR	220	05/01/99	HARYANA	<b>61.23m</b>
		61.23, F, F, 59.35, 60.87, F			
5	DEVANG .	145	20/12/03	DELHI	<b>60.99m</b>
		F, 60.99, F, F, 59.20, F			
6	NITIN MALIK	227	01/01/00	HARYANA	<b>60.28m</b>
		57.37, 60.28, 59.99, F, F, 57.74			
7	SACHIN ..	281	03/06/03	KARNATAKA	<b>58.24m</b>
		58.24, F, F, F, F, 56.70			
8	CHAND HOODA	128	04/12/99	CHANDIGARH	<b>58.22m</b>
		58.22, 57.46, F, 57.00, 57.64, F			
9	GURDEV .	472	14/08/01	PUNJAB	<b>57.80m</b>
		57.80, F, F			
10	SHAMSUL IRFAN	367	10/09/03	MADHYA PRADESH	<b>56.93m</b>
		56.93, 55.56, F			
11	SHANTANU UCHALE	415	31/01/99	MAHARASHTRA	<b>56.91m</b>
		56.38, 56.91, 55.35			
12	JATIN CHOUDHARY	669	24/12/03	UTTAR PRADESH	<b>55.59m</b>
		55.19, 55.59, F			
13	MUTTAPPA .	278	13/07/02	KARNATAKA	<b>54.06m</b>
		54.03, 54.06, 53.51			
	NIRMAL S	373	05/05/96	MADHYA PRADESH	<b>NM</b>
		F, F, F			
	VIKRANT RAINAK	408	08/03/98	MAHARASHTRA	<b>DNS</b>

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**Event # 18 MENS Javelin Throw**

&amp; WC. Q MARK: 85.50

# NR:NEERAJ CHOPRA DOHA 90.23 16/05/2025

% MR:MANU DP CHENNAI 84.35 2022

1	ROHIT YADAV	694	06/06/01	UTTAR PRADESH	83.65m
				77.31, 79.67, 83.65, 82.84, 79.78, 78.13	
2	SACHIN YADAV	698	25/10/99	UTTAR PRADESH	83.20m
				78.13, F, 77.90, 78.66, 82.30, 83.20	
3	SHIVAM LOHAKARE	403	14/09/04	MAHARASHTRA	80.20m
				78.07, F, 80.20, 78.62, 80.12, 77.10	
4	YASHVIR SINGH	539	22/10/01	RAJASTHAN	76.22m
				71.40, 73.46, 76.22, 74.59, 73.97, 75.27	
5	UTTAM PATIL	407	01/11/98	MAHARASHTRA	75.19m
				73.17, 75.19, F, 72.79, F, 70.69	
6	VIKRANT MALIK	440	02/01/96	ODISHA	75.11m
				69.15, 75.11, 72.71, F, F, 74.70	
7	SAHIL SILWAL	232	17/12/00	HARYANA	74.93m
				73.80, 73.76, 74.93, F, 73.80, F	
8	SHASHANK PATIL	294	10/10/04	KARNATAKA	74.04m
				71.36, 71.21, 73.26, 73.81, 72.10, 74.04	
9	MANJINDER SINGH	489	09/12/98	PUNJAB	67.19m
				F, 67.19, F	
10	MATHES RAJA	608	19/02/00	TAMIL NADU	66.00m
				65.88, F, 66.00	
	ANAND SINGH	687	03/03/04	UTTAR PRADESH	DNS
				NM, NM, NM	

**Event # 19 MENS 20000m Race Walk**

&amp; WC. Q MARK: 1:19:20.00

# NR:AKSHDEEP SINGH CHANDIGARH 1:19.38 30/01/2024

% MR:BABUBHAI PANUCHA BHOPAL 1:25:09.36 2007

1	BILIN GEORGE ANTO	335	09/11/04	KERALA	1:29:35.12
2	MUKESH NITHARWAL	531	04/06/00	RAJASTHAN	1:30:35.63
3	KHANGEMBAM .	422	28/02/02	MANIPUR	1:30:39.24
4	VISHVENDRA SINGH	377	10/07/02	MADHYA PRADESH	1:31:29.70
5	MOHIT .	207	22/08/01	HARYANA	1:46:19.55
	RAJANPREET SINGH	720	11/02/98	PUNJAB	DQ
					T.R. 54.7.5
	PRAVEEN K P	337	24/06/03	KERALA	DNF
	SARVJEET PATEL	682	08/06/02	UTTAR PRADESH	DNF
	SERVIN .	584	26/11/99	TAMIL NADU	DNS

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**Event # 20 MENS 4x100m Relay**

# NR:NATIONAL TEAM CHANDIGARH 38.69 30/04/2025

% MR:TAMIL NADU TEAM CHENNAI 39.88 2022

1	ODISHA F			ODISHA			<b>39.52 %</b>
	444 SARUN PAYASINGH	09-07-2000		437 ANIMESH KUJUR	02-06-2003		
	435 LALU PRASAD BHOI	21-09-2003		441 AMIYA MALLICK	14-11-1992		
2	TAMIL NADU I			TAMIL NADU			<b>39.80 %</b>
	590 ARUN C	08-09-2001		594 RAGUL KUMAR G	22-03-2000		
	600 VARUN MANOHAR	27-08-2005		614 TAMIL ARASU S	20-05-2002		
3	KERALA C			KERALA			<b>40.55</b>
	343 AJIN R	30-04-2003		341 JISHNU PRASAD P K	18-10-1998		
	338 PRANAV KS	05-06-1997		339 MANEESH M	06-02-1993		
4	MAHARASHTRA E			MAHARASHTRA			<b>40.59</b>
	393 MUKUL ANANT BHOIR	28-02-1999		406 NIKHIL PATIL	21-06-2002		
	412 NAYAN SHAH	27-04-2005		409 HARSH RAUT	17-04-2005		
5	PUNJAB H			PUNJAB			<b>40.72</b>
	491 RAMANDEEP SINGH	01-07-1998		483 HARMANPREET SINGH	19-01-1997		
	487 LOVE PREET SINGH	27-11-1999		496 HARJIT SINGH	28-08-1997		
6	TELANGANA J			TELANGANA			<b>42.19</b>
	629 K ANDREW SUHAAS	31-07-2005		632 A GARIPALLY	22-08-2003		
	633 K MOHAMMED	10-11-2006		628 GOWTHAM ALLURI	28-12-2005		
7	PUDUCHERRY G			PUDUCHERRY			<b>44.48</b>
	454 SURIYAKUMAR M	17-06-2001		451 JOHNSON .	11-09-2005		
	452 VISHNU .	30-06-2000		455 VIJAY R	29-01-2007		
	HARYANA A			HARYANA			<b>DQ</b>
					T.R. 17.2.3		
	210 ROHIT .	08-03-2000		240 SHIVAM VASHNAV	10-12-2003		
	204 DHARMBIR .	10-12-1990		212 SHAINKY .	10-11-2002		

**Event # 21 MENS 4x400m Relay**

# NR:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023

% MR:TAMIL NADU TEAM BHUBANESWAR 3:06.75 2023

1	TAMIL NADU E			TAMIL NADU			<b>3:07.53</b>
	616 SANTHOSH T	01-01-1998		610 RAJESH RAMESH	28-03-1999		
	617 YOKESH T	05-01-2000		618 VISHAL TK	17-12-2003		
2	HARYANA A			HARYANA			<b>3:07.69</b>
	239 ASHISH PHOGAT	15-10-2002		224 KRISHAN KUMAR	12-10-1997		
	229 KAPIL RAIKA	13-09-2004		228 VIKRANT PANCHAL	30-01-2000		
3	KARNATAKA B			KARNATAKA			<b>3:08.87</b>
	275 BALAKRISHNA .	29-01-2003		284 TUSHAR BHEKANE	25-08-2003		
	300 NIHAL JOEL W	13-07-2000		289 RIHAN H	21-12-2005		
4	ODISHA C			ODISHA			<b>3:12.56</b>
	445 ASTIK PRADHAN	23-04-2006		446 BHIMA SARDAR	27-12-2003		
	443 H PANIGRAHI	03-03-2002		434 MALAYA BARIK	01-04-2006		
5	UTTAR PRADESH G			UTTAR PRADESH			<b>3:13.39</b>
	675 NITIN KUMAR	12-05-2001		667 ROHIT CHAUDHARY	01-07-2006		
	685 BEENU SHARMA	02-01-2002		664 AFTAB ALAM	03-03-1997		
6	TELANGANA F			TELANGANA			<b>3:24.96</b>
	626 BOKKALI SRIDHAR .	12-08-2007		634 MANTIPALLI RAMESH	10-03-2006		
	631 NITHIN ESLAVATH	03-03-2003		627 SHEELAM ..	06-01-2006		
	PUNJAB D			PUNJAB			<b>DQ</b>
					T.R. 17.2.3		
	492 TARANDEEP SINGH	13-07-2005		473 HARDEEP .	27-06-2003		
	493 TEJPARTAP SINGH	07-06-2000		478 HARPREET GILL	19-12-1997		

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**Event # 22 WOMENS 100m Run**

&amp; WC. Q MARK: 11.07

# NR:DUTEE CHAND PATIALA 11.17 21/06/2021

% MR:DUTEE CHAND GUWAHATI 11.29 2018

**RESULTS OF FINALS**

1	DHANA LAKSHMI	557	05/06/98	TAMIL NADU	+0.1m/s w	<b>11.36</b>
2	ABINAYA RAJARAJAN	568	21/11/06	TAMIL NADU	+0.1m/s w	<b>11.58</b>
3	SNEHA S.S	271	27/03/98	KARNATAKA	+0.1m/s w	<b>11.61</b>
	11.602					
4	NITHYA GANDHE	623	10/11/99	TELANGANA	+0.1m/s w	<b>11.61</b>
	11.605					
5	SAKSHI CHAVAN	164	18/01/05	GUJARAT	+0.1m/s w	<b>11.70</b>
6	SUDESHNA SHIVANKAR	390	09/09/03	MAHARASHTRA	+0.1m/s w	<b>11.75</b>
7	JILNA M V	318	28/12/97	KERALA	+0.1m/s w	<b>11.80</b>
8	SRABANI NANDA	429	07/05/91	ODISHA	+0.1m/s w	<b>11.84</b>

**RESULTS OF PRELIMS Heat 1**

1	NITHYA GANDHE	623	10/11/99	TELANGANA	+0.0m/s e	<b>11.69</b>
2	SRABANI NANDA	429	07/05/91	ODISHA	+0.0m/s e	<b>11.82</b>
	11.813					
3	DANESHWARI T	273	14/08/00	KARNATAKA	+0.0m/s e	<b>11.96</b>
4	SHATAKSHI RAI	123	30/05/02	BIHAR	+0.0m/s e	<b>12.07</b>
5	PAVITHRA R	567	22/03/02	TAMIL NADU	+0.0m/s e	<b>12.14</b>
	12.138					
6	AVANTIKA NARALE	384	11/07/03	MAHARASHTRA	+0.0m/s e	<b>12.14</b>
	12.139					
7	SHILBI P	320	16/05/96	KERALA	+0.0m/s e	<b>12.23</b>
8	CHARU SHOUKEEN	140	30/11/98	DELHI	+0.0m/s e	<b>12.27</b>

**RESULTS OF PRELIMS Heat 2**

1	ABINAYA RAJARAJAN	568	21/11/06	TAMIL NADU	+0.1m/s e	<b>11.67</b>
2	JILNA M V	318	28/12/97	KERALA	+0.1m/s e	<b>11.83</b>
3	SUDESHNA SHIVANKAR	390	09/09/03	MAHARASHTRA	+0.1m/s e	<b>11.94</b>
4	BINATI BEHERA	425	05/05/99	ODISHA	+0.1m/s e	<b>12.12</b>
5	SIMRAN KAUR	467	01/08/98	PUNJAB	+0.1m/s e	<b>12.18</b>
6	SUKHVEER KAUR	468	01/10/03	PUNJAB	+0.1m/s e	<b>12.29</b>
7	NAMEIRA SHAIKH	389	15/02/00	MAHARASHTRA	+0.1m/s e	<b>12.55</b>
8	DHARSHINI V	450	28/06/06	PUDUCHERRY	+0.1m/s e	<b>13.23</b>

**RESULTS OF PRELIMS Heat 3**

1	DHANA LAKSHMI	557	05/06/98	TAMIL NADU	1.0m/s sw	<b>11.73</b>
2	SNEHA S.S	271	27/03/98	KARNATAKA	1.0m/s sw	<b>11.79</b>
3	SAKSHI CHAVAN	164	18/01/05	GUJARAT	1.0m/s sw	<b>11.82</b>
	11.820					
4	SHIVANI SAINI	651	17/01/04	UTTAR PRADESH	1.0m/s sw	<b>12.05</b>
5	V SUDHEEKSHA .	258	28/04/05	KARNATAKA	1.0m/s sw	<b>12.11</b>
6	ARATHY A	308	31/07/98	KERALA	1.0m/s sw	<b>12.22</b>
7	SIMRAN BEDI	136	07/01/93	DELHI	1.0m/s sw	<b>12.45</b>
8	MOUSUMI ROY UTTAM RO433		30/01/01	ODISHA	1.0m/s sw	<b>12.48</b>

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**Event # 23 WOMENS 200m Run**

&amp; WC. Q MARK: 22.57

# NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

% MR:HIMA DAS GUWAHATI 23.10 2018

**RESULTS OF FINALS**

1	DHANA LAKSHMI	557	05/06/98	TAMIL NADU	-0.6m/s s	23.53
2	SHIVANI SAINI	651	17/01/04	UTTAR PRADESH	-0.6m/s s	24.04
3	SAKSHI CHAVAN	164	18/01/05	GUJARAT	-0.6m/s s	24.05
4	SIMRAN KAUR	467	01/08/98	PUNJAB	-0.6m/s s	24.29
5	ANGEL SILVIA M	558	12/08/02	TAMIL NADU	-0.6m/s s	24.34
6	DHESIKHA V	577	20/06/06	TAMIL NADU	-0.6m/s s	24.68
7	V SUDHEEKSHA .	258	28/04/05	KARNATAKA	-0.6m/s s	24.79
8	AKSHAYA S	572	17/11/04	TAMIL NADU	-0.6m/s s	24.85

**RESULTS OF PRELIMS Heat 1**

1	SAKSHI CHAVAN	164	18/01/05	GUJARAT	+0.6m/s n	24.09
2	DHESIKHA V	577	20/06/06	TAMIL NADU	+0.6m/s n	24.29
3	V SUDHEEKSHA .	258	28/04/05	KARNATAKA	+0.6m/s n	24.40
4	AKSHAYA S	572	17/11/04	TAMIL NADU	+0.6m/s n	24.52
5	SHIVKANYA MUKATI	357	01/03/04	MADHYA PRADESH	+0.6m/s n	24.86
	NITHYA GANDHE	623	10/11/99	TELANGANA		DNS
	SRABANI NANDA	429	07/05/91	ODISHA		DNS

**RESULTS OF PRELIMS Heat 2**

1	DHANA LAKSHMI	557	05/06/98	TAMIL NADU	-1.3m/s se	24.03
2	SHIVANI SAINI	651	17/01/04	UTTAR PRADESH	-1.3m/s se	24.27
3	ANGEL SILVIA M	558	12/08/02	TAMIL NADU	-1.3m/s se	24.35
4	SIMRAN KAUR	467	01/08/98	PUNJAB	-1.3m/s se	24.54
5	PRAKRUTHI ROOPA RAO B270		19/11/02	KARNATAKA	-1.3m/s se	24.84
6	SWATHI RONGALI	108	07/08/00	ANDHRA PRADESH	-1.3m/s se	24.95
7	DISHA ALIGE	260	02/06/05	KARNATAKA	-1.3m/s se	25.95
8	KESAR BISEN	119	21/04/04	BIHAR	-1.3m/s se	26.86

**Event # 24 WOMENS 400m Run**

&amp; WC. Q MARK: 50.15

# NR:HIMA DAS JAKARTA 50.79 26/08/2018

% MR:KIRAN PAHAL PANCHKULA 50.92 2024

**RESULTS OF FINALS**

1	DEVYANIBA ZALA	168	15/03/02	GUJARAT		53.37
2	ANANKHA B A .	305	29/03/01	KERALA		53.84
3	PRACHI .	637	20/12/96	UTTAR PRADESH		53.96
4	SONIA BAISHYA	709	31/12/95	WEST BENGAL		53.99
5	GOWRINANDANA .	307	26/03/02	KERALA		54.04
6	POOVAMMA RAJU	269	05/05/90	KARNATAKA		54.72
7	MANISHA KUMARI	242	21/11/00	HIMACHAL PRADESH		55.20
8	KUNJA RAJITHA	106	01/01/03	ANDHRA PRADESH		55.66

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**20-24 August 2025****RESULTS OF SEMIS Heat 1**

1	DEVYANIBA ZALA	168	15/03/02	GUJARAT	53.26
2	ANANKHA B A .	305	29/03/01	KERALA	53.79
3	SONIA BAISHYA	709	31/12/95	WEST BENGAL	54.25
4	PRACHI .	637	20/12/96	UTTAR PRADESH	54.37
5	KUNJA RAJITHA	106	01/01/03	ANDHRA PRADESH	54.96
6	PRIYA MOHAN	266	15/03/03	KARNATAKA	54.98
7	NATHALIEA EVANG MARI	561	17/08/02	TAMIL NADU	55.27
8	R VITHYA RAMRAJ	571	20/09/98	TAMIL NADU	55.40

**RESULTS OF SEMIS Heat 2**

1	GOWRINANDANA .	307	26/03/02	KERALA	54.40
2	POOVAMMA RAJU	269	05/05/90	KARNATAKA	54.52
3	MANISHA KUMARI	242	21/11/00	HIMACHAL PRADESH	54.63
4	DHESIKHA V	577	20/06/06	TAMIL NADU	55.11
5	MEENU SAHU	650	04/11/98	UTTAR PRADESH	55.49
6	ANSA BABU	309	09/04/98	KERALA	55.65
7	SWATHI RONGALI	108	07/08/00	ANDHRA PRADESH	55.91

**RESULTS OF PRELIMS Heat 1**

1	GOWRINANDANA .	307	26/03/02	KERALA	54.49
	54.486				
2	R VITHYA RAMRAJ	571	20/09/98	TAMIL NADU	54.50
3	PRACHI .	637	20/12/96	UTTAR PRADESH	54.99
4	SHIVKANYA MUKATI	357	01/03/04	MADHYA PRADESH	55.70
5	TAMANNA .	189	15/05/06	HARYANA	55.77
6	RIYA PATIL	386	25/04/04	MAHARASHTRA	56.01
7	NITISHA .	505	08/08/02	RAJASTHAN	56.51

**RESULTS OF PRELIMS Heat 2**

1	DEVYANIBA ZALA	168	15/03/02	GUJARAT	54.12
2	POOVAMMA RAJU	269	05/05/90	KARNATAKA	54.48
3	ANSA BABU	309	09/04/98	KERALA	55.16
4	RASHDEEP KAUR	464	01/02/02	PUNJAB	55.56
5	NOFISA KHATUN	710	17/06/05	WEST BENGAL	55.83
6	KESAR BISEN	119	21/04/04	BIHAR	58.53
7	GEETA .	500	02/01/02	RAJASTHAN	59.24

**RESULTS OF PRELIMS Heat 3**

1	SONIA BAISHYA	709	31/12/95	WEST BENGAL	54.25
2	MANISHA KUMARI	242	21/11/00	HIMACHAL PRADESH	54.80
3	PRIYA MOHAN	266	15/03/03	KARNATAKA	54.96
4	NATHALIEA EVANG MARI	561	17/08/02	TAMIL NADU	55.08
5	KUNJA RAJITHA	106	01/01/03	ANDHRA PRADESH	55.11
6	AKSHI MALIK	469	01/06/04	PUNJAB	57.79
7	LAXMIPRIYA KISAN	426	10/04/05	ODISHA	59.78

**RESULTS OF PRELIMS Heat 4**

1	VIJAYAKUMARI GK	264	05/08/96	KARNATAKA	54.21
2	ANANKHA B A .	305	29/03/01	KERALA	54.49
	54.489				
3	DHESIKHA V	577	20/06/06	TAMIL NADU	54.86
4	SWATHI RONGALI	108	07/08/00	ANDHRA PRADESH	55.10
5	MEENU SAHU	650	04/11/98	UTTAR PRADESH	55.38
6	VEERPAL .	457	07/09/97	PUNJAB	55.55
7	SONALI .	449	04/05/05	PUDUCHERRY	1:01.16

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**Event # 25 WOMENS 800m Run**

&amp; WC. Q MARK: 1:59.00

# NR:TINTU LUKA SPLIT 1:59.17 04/09/2010

% MR:K.C. ROSA KUTTY BANGALORE 2:00.49 1997

1	POOJA .	181	17/06/02	HARYANA	2:02.27
2	HUIDROM DEVI	421	01/02/04	MANIPUR	2:04.44
3	THOTA SANKEERTANA	130	17/07/03	CHHATTISGARH	2:04.56
4	AMANDEEP KAUR	460	09/07/03	PUNJAB	2:04.80
5	LAXMIPRIYA KISAN	426	10/04/05	ODISHA	2:09.37

**Event # 26 WOMENS 1500m Run**

&amp; WC. Q MARK: 4:01.50

# NR:DEEKSHA . LOS ANGELES 4:04.78 11/05/2024

% MR:DEEKSHA . BHUBANESWAR 4:06.07 2023

1	POOJA .	181	17/06/02	HARYANA	4:10.68
2	LILI DAS	703	18/03/98	UTTARAKHAND	4:12.47
3	AMANDEEP KAUR	460	09/07/03	PUNJAB	4:21.37
4	HUIDROM DEVI	421	01/02/04	MANIPUR	4:25.79
5	NIKITA SHARMA	243	04/07/01	HIMACHAL PRADESH	4:28.10
6	PRIYANKA C	262	02/01/04	KARNATAKA	4:32.16
7	VINEETA GURJAR	643	27/09/05	UTTAR PRADESH	4:38.53
8	NITU KUMARI	121	20/06/05	BIHAR	4:48.08
	THOTA SANKEERTANA	130	17/07/03	CHHATTISGARH	DNF

**Event # 27 WOMENS 5000m Run**

&amp; WC. Q MARK: 14:50.00

# NR:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR:L SURIYA GUNTUR 15:46.92 2017

1	SEEMA .	241	10/01/01	HIMACHAL PRADESH	15:42.64 %
2	RAVINA GAYAKWAD	381	10/10/04	MAHARASHTRA	16:53.24
3	SANGHAMITRA MAHATA	249	25/12/04	JHARKHAND	18:04.36

**Event # 28 WOMENS 10000m Run**

&amp; WC. Q MARK: 30:20.00

# NR:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010

% MR:PREEJA SREEDHARAN PATIALA 32:36.53 2010

1	RAVINA GAYAKWAD	381	10/10/04	MAHARASHTRA	35:09.57
2	REEBA GEORGE	314	07/08/96	KERALA	36:00.63
3	D.LATHA D	553	20/06/02	TAMIL NADU	36:19.07
4	SONIYA ..	702	25/07/00	UTTARAKHAND	36:32.35
5	YASHI SACHAN	649	15/10/02	UTTAR PRADESH	37:05.04
6	SUSHILA PRAJAPAT	514	06/04/05	RAJASTHAN	37:06.71
7	PRACHI PADIYAR	358	18/12/03	MADHYA PRADESH	37:27.60
8	THEJASWI NL .	257	31/05/96	KARNATAKA	38:09.49
9	ANJU MURUKAN	319	04/03/99	KERALA	38:23.28
10	KAVITA .	178	16/12/98	HARYANA	38:34.18
	SRUSHTI REDEKAR	388	28/07/04	MAHARASHTRA	DNF
	SEEMA .	241	10/01/01	HIMACHAL PRADESH	DNF
	SANGHAMITRA MAHATA	249	25/12/04	JHARKHAND	DNF
	RAMNI PATEL	359	14/02/02	MADHYA PRADESH	DNS

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**Event # 29 WOMENS 100m Hurdles**

&amp; WC. Q MARK: 12.73

# NR:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

% MR:JYOTHI YARRAJI BHUBANESWAR 12.92 2023

**RESULTS OF FINALS**

1	MOUMITA MONDAL	712	09/12/01	WEST BENGAL	+1.0m/s n	<b>13.22</b>
2	NANDHINI K	556	13/07/99	TAMIL NADU	+1.0m/s n	<b>13.45</b>
3	ANJALI C	311	27/07/00	KERALA	+1.0m/s n	<b>13.68</b>
4	PRANJALI PATIL	385	23/01/03	MAHARASHTRA	+1.0m/s n	<b>13.74</b>
5	PRAGYAN PRASANT SAHU430		19/12/99	ODISHA	+1.0m/s n	<b>13.75</b>
6	S. SRIRESHMA .	546	04/05/01	TAMIL NADU	+1.0m/s n	<b>13.90</b>
7	RITWIK SINGH	653	11/12/98	UTTAR PRADESH	+1.0m/s n	<b>14.04</b>
8	AKSCHIDA .S	547	02/10/04	TAMIL NADU	+1.0m/s n	<b>14.39</b>

**RESULTS OF PRELIMS Heat 1**

1	MOUMITA MONDAL	712	09/12/01	WEST BENGAL	+0.5m/s w	<b>13.49</b>
2	PRANJALI PATIL	385	23/01/03	MAHARASHTRA	+0.5m/s w	<b>13.84</b>
3	ANJALI C	311	27/07/00	KERALA	+0.5m/s w	<b>13.97</b>
4	AKSCHIDA .S	547	02/10/04	TAMIL NADU	+0.5m/s w	<b>14.42</b>
5	AERROLLA PRANATHI	625	17/11/06	TELANGANA	+0.5m/s w	<b>15.18</b>

**RESULTS OF PRELIMS Heat 2**

1	PRAGYAN PRASANT SAHU430		19/12/99	ODISHA	0.6m/s nw	<b>13.62</b>
2	NANDHINI K	556	13/07/99	TAMIL NADU	0.6m/s nw	<b>13.71</b>
3	S. SRIRESHMA .	546	04/05/01	TAMIL NADU	0.6m/s nw	<b>13.95</b>
4	RITWIK SINGH	653	11/12/98	UTTAR PRADESH	0.6m/s nw	<b>14.14</b>

**Event # 30 WOMENS 400m Hurdles**

&amp; WC. Q MARK: 54.65

# NR:P.T USHA LOS ANGELES 55.42 08/08/1984

% MR:VITHYA RAMRAJ BHUBANESWAR 56.01 2023

1	RAMANDEEP KAUR	463	20/12/03	PUNJAB		<b>58.90</b>
2	OLIMBA STEFFI .	545	15/02/02	TAMIL NADU		<b>59.21</b>
3	DEEKSHITA RAMAK GOW	265	28/04/03	KARNATAKA		<b>1:00.09</b>
	MEGHA MUNAVALLIMATH267		19/05/01	KARNATAKA		<b>DQ</b>
	R VITHYA RAMRAJ	571	20/09/98	TAMIL NADU	T.R. 17.2.3	<b>DNS</b>
	ANU R	321	20/04/93	KERALA		<b>DNS</b>

**Event # 31 WOMENS 3000m Steeplechase**

&amp; WC. Q MARK: 9:18.00

# NR:PARUL CHAUDHARY GUMI 9:12.46 30/05/2025

% MR:PARUL CHAUDHARY BHUBANESWAR 9:24.23 2023

1	ANKITA .	700	05/02/02	UTTARAKHAND		<b>9:44.83</b>
2	ANKITA ..	191	27/05/04	HARYANA		<b>10:20.89</b>
3	ANUPRIYA M	559	10/05/97	TAMIL NADU		<b>10:36.81</b>
4	SHAHEEN DHARWAD	263	01/06/99	KARNATAKA		<b>10:57.57</b>
5	NIKITA .	504	11/11/04	RAJASTHAN		<b>11:23.80</b>
6	ANJALI .	699	10/03/99	UTTARAKHAND		<b>12:10.83</b>
	VANDANA MORI	166	31/08/02	GUJARAT		<b>DNS</b>
	PRACHI DEVKAR	379	30/06/05	MAHARASHTRA		<b>DNS</b>
	BHAGYASHREE NAVALE	167	20/12/01	GUJARAT		<b>DNS</b>

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**Event # 32 WOMENS High Jump**

**HEIGHTS: 1.55, 1.60, 1.65, 1.69, 1.73, 1.76, 1.80, 1.83, 1.95, 2.00, 2.05, 2.10, 2.15, 2.20, 2.25, 2.30, 2.35, 2.40  
2.45, 2.50, 2.55, 2.60, 2.65, 2.70, 2.75, 2.80, 2.85, 2.90, 2.95, 3.00**

&amp; WC. Q MARK: 1.97

# NR:SAHANA KUMARI HYDERABAD 1.92 23/06/2012

% MR:SAHANA KUMARI HYDERABAD 1.92 2012

1	GOBIKA K .	543	06/08/02	TAMIL NADU	<b>1.80m</b>
		---			---
		O O O			XXO XXX
2	PALLAVI PATIL	268	12/09/02	KARNATAKA	<b>1.73m</b>
		---			---
		XO O			XXX
3	JONIKA PAHAL	199	21/01/04	HARYANA	<b>1.73m</b>
		---			---
		O O O			XO XXX
4	RUBINA YADAV	200	14/01/01	HARYANA	<b>1.73m</b>
		O O O			XO XXO XXX
4	PAYAL JAMOD	165	21/12/03	GUJARAT	<b>1.73m</b>
		---			---
		XO O O			XXO XXX
6	KEVINAA ANNAVI	550	23/03/02	TAMIL NADU	<b>1.69m</b>
		---			---
		O O O			XXX
7	SUPRIYA B	261	11/03/01	KARNATAKA	<b>1.69m</b>
		---			---
		O XO			XXX
8	GIJI STEPHEN	575	30/12/00	TAMIL NADU	<b>1.69m</b>
		O O O			XXO XXX
9	PRACHI ..	194	02/04/07	HARYANA	<b>1.65m</b>
		O O O			XXX
10	SUSMITA MALLICK	711	06/06/97	WEST BENGAL	<b>1.60m</b>
		O O			XXX
	JASSIKA .	134	06/10/01	DELHI	<b>DNS</b>

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**Event # 33 WOMENS Pole Vault****HEIGHTS: 2.80, 3.00, 3.20, 3.40, 3.60, 3.70, 3.80, 3.90, 4.00, 4.05, 4.10, 4.15, 4.20, 4.40, 4.60, 4.80**

&amp; WC. Q MARK: 4.73

# NR: ROSY MEENA PAULRAJ BENGALURU 4.21 15/10/2022

% MR: PAVITHRA VENKATESH BHUBANESWAR 4.10 2023

1	BARANICA ELANGO VAN	554	03/02/97	TAMIL NADU	4.10m %
					---
					O O O XO O XXO XXX
2	MARIYA JAISON	315	23/09/97	KERALA	4.05m
					---
					O O XO O XO O XXX
3	SATHYA TAMILARASAN	576	05/02/01	TAMIL NADU	4.00m
					---
					O -- O XO XO X-- XX
4	KRISHNA RACHAN	105	24/05/94	ANDHRA PRADESH	3.90m
					---
					XO O O XXX
5	KARTHIKA V	578	21/11/05	TAMIL NADU	3.80m
					---
					XO O O XO O XXX
6	NISHA BANU ABDULLA	259	24/01/97	KARNATAKA	3.70m
					---
					O XO XXX
7	BLESSY .	306	21/10/01	KERALA	3.60m
					---
					XXO O O XXX
8	RAJNI .	185	12/03/04	HARYANA	3.40m
					---
					O O XXX
9	JYOTI ..	193	02/09/04	HARYANA	3.40m
					---
					O O XO XXX
10	BHAVYA JAIN	354	23/03/05	MADHYA PRADESH	3.20m
					---
					O --- O XXX
11	SHABNAM .	187	03/12/03	HARYANA	3.00m
					---
					O XXX
	CHUKI BIRDA	507	07/06/07	RAJASTHAN	NM
					---
					XXX

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**Event # 34 WOMENS Long Jump**

&amp; WC. Q MARK: 6.86

# NR:ANJU B.GEORGE ATHENS 6.83 27/08/2004

% MR:MAYOOKHA JOHNY BANGALORE 6.63 2011

1	MOUMITA MONDAL	712	09/12/01	WEST BENGAL	+1.1m/s	<b>6.27m</b>
		6.12, 5.92, 6.09, 6.27, 6.12, 5.95				
2	SHAILI SINGH	654	07/01/04	UTTAR PRADESH	+0.0m/s	<b>6.18m</b>
		6.05, -, F, -, 6.18, -				
3	SHERIN A	549	24/02/00	TAMIL NADU	+0.0m/s	<b>6.16m</b>
		5.83, 5.98, 5.99, F, 6.16, 6.10				
4	MUBASSINA MOHAMMED	349	22/02/06	LAKSHADWEEP	+0.4m/s	<b>6.14m</b>
		5.06, 6.14, 5.83, 6.04, F, 5.63				
5	KUSUMA RAVADA	107	15/09/01	ANDHRA PRADESH	+1.2m/s	<b>6.07m</b>
		5.86, 5.69, 5.76, 6.07, 5.87, 6.00				
6	BHAVANI YADAV BHAGAV	552	19/12/98	TAMIL NADU	+0.0m/s	<b>6.01m</b>
		6.01, F, F, F, F, 5.72				
7	DEEPANSHI SINGH	652	03/04/01	UTTAR PRADESH	+0.0m/s	<b>6.00m</b>
		5.93, 5.80, F, 6.00, F, 5.75				
8	ABINAYA SRI A	548	30/10/04	TAMIL NADU	+0.9m/s	<b>5.74m</b>
		5.60, 5.60, 5.74, 5.69, 5.64, F				
9	ABHIRAMI M	317	27/03/03	KERALA	+0.0m/s	<b>5.71m</b>
		5.34, 5.71, 5.64				
10	SHEEBA D	312	05/10/05	KERALA	+0.0m/s	<b>5.62m</b>
		5.39, 5.49, 5.62				
11	MANISHA MEREL	428	05/07/01	ODISHA	+0.0m/s	<b>5.60m</b>
		5.59, 5.44, 5.60				
	SANDRA BABU	310	03/07/01	KERALA		<b>DNS</b>
	DNS					

**Event # 35 WOMENS Triple Jump**

&amp; WC. Q MARK: 14.55

# NR:MAYOOKHA JOHNY KOBE 14.11 09/07/2011

% MR:MAYOOKHA JOHNY LUCKNOW 13.72 2014

1	SANDRA BABU	310	03/07/01	KERALA	+0.3m/s	<b>13.20m</b>
		13.16, 13.20, F, -, F, F				
2	ALEENA SAJI	323	12/03/02	KERALA	+0.0m/s	<b>13.15m</b>
		12.59, 13.15, 12.89, 12.88, 13.07, 12.92				
3	NIHARIKA VASHISHT	470	17/10/95	PUNJAB	+0.0m/s	<b>13.09m</b>
		12.87, 13.08, F, 12.95, F, 13.09				
4	MALLALA ANUSHA	102	10/07/02	ANDHRA PRADESH	+0.0m/s	<b>13.06m</b>
		F, 13.06, 12.96, F, 12.64, 12.78				
5	NIMISHA DAYMA	353	15/05/03	MADHYA PRADESH	+0.0m/s	<b>12.98m</b>
		12.60, 12.55, F, 12.61, 12.98, 12.68				
6	POORVA SAWANT	416	23/01/03	MAHARASHTRA	+0.0m/s	<b>12.94m</b>
		12.88, 12.78, 12.87, 12.94, 12.74, 12.61				
7	LASHA ILANGO	555	18/06/99	TAMIL NADU	+0.0m/s	<b>12.62m</b>
		12.40, F, 12.14, 12.61, 12.62, 12.50				
8	PAVEENA RAJESH	569	02/07/06	TAMIL NADU	+0.0m/s	<b>12.34m</b>
		12.30, F, 12.25, 11.83, 12.34, F				
9	MARTINA LAKRA	356	20/08/01	MADHYA PRADESH	+0.0m/s	<b>12.02m</b>
		11.83, 11.93, 12.02				
	BABISHA P	564	26/12/01	TAMIL NADU		<b>DNS</b>
	DNS					

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**Event # 36 WOMENS Shot Put**

&amp; WC. Q MARK: 18.80

# NR:ABHAKHATUA BHUBANESWAR 18.41 13/05/2024

% MR:MANPREET KAUR CHENNAI 18.06 2022

1	KACHNAR CHAUDHARY	508	17/05/99	RAJASTHAN	15.75m
		14.82, 15.41, 15.40, 15.75, F, 15.29			
2	VIDHI ..	640	27/12/04	UTTAR PRADESH	15.30m
		14.50, 15.30, 15.15, F, 14.89, 15.06			
3	SHIKSHA .	188	12/12/02	HARYANA	15.18m
		15.18, 15.09, F, F, F, 14.68			
4	SRISHTI VIG	141	15/07/95	DELHI	15.05m
		14.70, 15.05, F, F, 14.81, 14.62			
5	REKHA ..	195	02/02/01	HARYANA	14.97m
		14.97, 13.81, 13.76, 14.08, 14.26, 13.36			
6	VANSHIKA SHEKHAWAT	516	20/10/04	RAJASTHAN	14.43m
		13.80, 14.23, 13.99, F, 14.43, F			
7	SUMAN SHARMA	541	18/11/00	RAJASTHAN	13.88m
		F, 13.88, 13.80, F, 13.37, 13.78			
8	VAISHNAVI B	551	21/05/01	TAMIL NADU	13.16m
		11.55, F, 12.96, 12.97, 13.16, F			
9	MADHUMITHA V .	544	27/12/06	TAMIL NADU	12.62m
		12.62, F, 12.46			
10	SONU KUMARI.	513	03/04/04	RAJASTHAN	12.58m
		12.09, 12.58, 10.18			
	SIMRANJEET KAUR	139	26/01/03	DELHI	DNS
		DNS			
	ANJALI ..	190	08/02/03	HARYANA	DNS
		DNS			
	AMBIKA .	256	13/04/00	KARNATAKA	DNS
		DNS			

**Event # 37 WOMENS Discus Throw**

&amp; WC. Q MARK: 64.50

# NR:KAMALPREET KAUR PATIALA 66.59 21/06/2021

% MR:SEEMA PUNIA PATIALA 63.72 2021

1	SEEMA ..	196	25/02/99	HARYANA	57.18m
		F, 52.69, 55.33, 57.18, 56.96, F			
2	BHAVANA YADAV	143	09/04/99	DELHI	51.61m
		43.57, 48.42, 51.37, 50.34, F, 51.61			
3	PRIYA .	184	20/06/04	HARYANA	48.96m
		48.96, 47.16, 47.34, F, 47.46, 48.04			
4	ANUSHA YADAV	142	15/04/03	DELHI	45.96m
		F, 45.78, F, 45.96, F, F			
5	BHAKTI GAWADE	380	23/05/06	MAHARASHTRA	45.67m
		43.86, 41.72, 44.13, 45.67, 44.34, 44.50			
6	AMERA SHAH	361	21/02/02	MADHYA PRADESH	44.18m
		41.73, 41.41, 41.93, F, F, 44.18			
7	K M MADHU VERMA .	351	01/05/95	MADHYA PRADESH	43.43m
		41.37, 43.43, 41.64, F, F, F			
8	RAJBALA SAINI	515	23/07/97	RAJASTHAN	43.41m
		41.44, 43.16, 43.41, F, 41.00, F			
9	MUKESH KUMARI	512	01/01/97	RAJASTHAN	39.03m
		37.59, 39.03, F			
	JASMEET JAGDEO	459	15/09/03	PUNJAB	DNS
		NM, NM, NM			

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**Event # 38 WOMENS Hammer Throw****& WC. Q MARK: 74.00****# NR:SARITA SINGH PATIALA 65.25 01/06/2017****% MR:RACHNA . BHUBANESWAR 65.03 2023**

1	TANYA CHAUDHARY	641	21/09/03	UTTAR PRADESH	<b>63.91m</b>
				52.67, 57.68, 61.01, 63.03, 63.91, 63.26	
2	DIVYA SHANDILYA	431	05/07/98	ODISHA	<b>59.58m</b>
				F, 56.81, F, F, 56.00, 59.58	
3	MAYA .	502	20/02/01	RAJASTHAN	<b>57.57m</b>
				56.85, 56.93, 56.06, F, 57.57, F	
4	MANPREET KAUR	462	19/08/98	PUNJAB	<b>56.08m</b>
				F, 53.44, F, F, 56.08, F	
5	SHRUTI SINGH	655	21/01/00	UTTAR PRADESH	<b>53.77m</b>
				53.77, F, F, F, 53.17, 52.70	
6	RANJU DEVI	458	23/02/94	PUNJAB	<b>53.60m</b>
				53.60, 52.11, 51.25, 52.91, 53.06, F	
7	VARSHA KANPURE	382	22/09/98	MAHARASHTRA	<b>49.88m</b>
				48.36, 49.88, 48.78, 44.39, 46.51, 47.97	
8	PRATIBHA .	352	21/05/03	MADHYA PRADESH	<b>47.64m</b>
				44.79, 46.60, 46.57, F, F, 47.64	
9	NIDHI YADAV	657	01/07/01	UTTAR PRADESH	<b>44.80m</b>
				44.80, F, F	

**Event # 39 WOMENS Javelin Throw****& WC. Q MARK: 64.00****# NR:ANNU RANI JAMSHEDPUR 63.82 08/05/2022****% MR:ANNU RANI PATIALA 62.83 2021**

1	ANNU RANI	648	29/08/92	UTTAR PRADESH	<b>61.05m</b>
				61.05, 57.22, 60.61, 59.48, F, 60.14	
2	DEEPIKA ..	192	21/11/05	HARYANA	<b>57.19m</b>
				54.91, 55.74, 56.42, 54.89, 57.19, 54.98	
3	KARISHMA SANIL	272	04/06/00	KARNATAKA	<b>51.30m</b>
				48.82, 48.05, 49.10, 51.29, 51.30, -	
4	RASHMI K	103	24/11/93	ANDHRA PRADESH	<b>50.29m</b>
				50.06, F, 50.29, 49.44, 48.58, F	
5	NEELAM CHOUDHARY	510	10/01/00	RAJASTHAN	<b>47.11m</b>
				45.29, 44.52, 43.81, 47.11, 44.58, 46.64	
6	ANJANI KUMARI	120	01/01/00	BIHAR	<b>44.88m</b>
				F, 42.94, 44.88, 44.15, 44.32, F	
7	LALITA CHOUDHARY	509	19/05/98	RAJASTHAN	<b>44.70m</b>
				40.80, 44.70, 39.40, 44.66, 42.66, F	
8	HEMAMALINI NEELAKAN	563	12/04/00	TAMIL NADU	<b>42.43m</b>
				41.50, 41.19, 40.74, 40.91, 42.43, 40.74	
9	SRISHTI SINGH	391	02/01/05	MAHARASHTRA	<b>41.07m</b>
				35.61, 38.30, 41.07	

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24-08-2025

8/20/24 - 8/24/24

20-24 August 2025

**Event # 40 WOMENS 20000m Race Walk**

&amp; WC. Q MARK: 1:29:00.00

# NR:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR:BHAWNA JAT BHUBANESWAR 1:37:03.00 2023

1	RAVINA .	186	21/05/97	HARYANA	1:35:13.49 %
2	PAYAL .	701	05/05/99	UTTARAKHAND	1:40:29.94
3	MOKAVI MUTHURATHINA	562	07/09/02	TAMIL NADU	1:41:34.72
4	PREETI .	183	08/02/02	HARYANA	1:44:54.88
5	KOMAL .	179	14/10/99	HARYANA	1:46:26.69
6	KAMLA .	501	15/08/99	RAJASTHAN	1:48:00.36
	MANJU .	456	22/03/99	PUNJAB	DQ
					T.R. 54.7.5
	BANDANA PATEL	122	16/08/98	BIHAR	DNF
	AKSHAYA K	316	17/03/01	KERALA	DNF

**Event # 41 WOMENS 4x100m Relay**

# NR:NATIONAL TEAM PATIALA 43.37 21/06/2021

% MR:TAMIL NADU STATE TEAM PANCHKULA 45.40 2024

**RESULTS OF FINALS**

1	TAMIL NADU G			TAMIL NADU	44.73 %
	567 PAVITHRA R	22-03-2002		558 ANGEL SILVIA M	12-08-2002
	568 ABINAYA RAJARAJAN	21-11-2006		557 DHANA LAKSHMI	05-06-1998
2	KARNATAKA B			KARNATAKA	45.34 %
	270 P RAO B	19-11-2002		273 DANESHWARI T	14-08-2000
	258 V SUDHEEKSHA .	28-04-2005		271 SNEHA S.S	27-03-1998
3	KERALA C			KERALA	46.54
	320 SHILBI P	16-05-1996		311 ANJALI C	27-07-2000
	308 ARATHY A	31-07-1998		318 JILNA M V	28-12-1997
4	UTTAR PRADESH I			UTTAR PRADESH	47.09
	651 SHIVANI SAINI	17-01-2004		650 MEENU SAHU	04-11-1998
	644 KUMARI NAGAR	22-12-2004		645 JOSIKA PAL	31-08-2001
5	DELHI A			DELHI	47.25
	137 DEVAKI DHAR	29-06-2005		135 SANJANA .	25-03-2006
	140 CHARU SHOUKEEN	30-11-1998		136 SIMRAN BEDI	07-01-1993
6	MAHARASHTRA D			MAHARASHTRA	53.04
	384 AVANTIKA NARALE	11-07-2003		389 NAMEIRA SHAIKH	15-02-2000
	387 CHAARVI POOJARI	18-11-2002		390 SUDESHNA SHIVANKA	09-09-2003
	PUNJAB F			PUNJAB	DNF
	468 SUKHVEER KAUR	01-10-2003		466 SARBJEET KAUR	21-02-1987
	465 SANDEEP KAUR	20-11-2005		467 SIMRAN KAUR	01-08-1998
	ODISHA E			ODISHA	DNF
	433 M UTTAM ROY	30-01-2001		427 BONITA LAKRA	11-09-1994
	425 BINATI BEHERA	05-05-1999		429 SRABANI NANDA	07-05-1991

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**RESULTS OF PRELIMS Heat 1**

1	KARNATAKA B			KARNATAKA		<b>45.63</b>
	270 P RAO B	19-11-2002		273 DANESHWARI T	14-08-2000	
	258 V SUDHEEKSHA .	28-04-2005		271 SNEHA S.S	27-03-1998	
2	KERALA C			KERALA		<b>46.48</b>
	320 SHILBI P	16-05-1996		311 ANJALI C	27-07-2000	
	308 ARATHY A	31-07-1998		318 JILNA M V	28-12-1997	
3	MAHARASHTRA D			MAHARASHTRA		<b>46.81</b>
	384 AVANTIKA NARALE	11-07-2003		389 NAMEIRA SHAIKH	15-02-2000	
	387 CHAARVI POOJARI	18-11-2002		390 SUDESHNA SHIVANKA	09-09-2003	
4	ODISHA E			ODISHA		<b>46.83</b>
	429 SRABANI NANDA	07-05-1991		433 M UTTAM ROY	30-01-2001	
	427 BONITA LAKRA	11-09-1994		425 BINATI BEHERA	05-05-1999	
5	DELHI A			DELHI		<b>47.12</b>
	137 DEVAKI DHAR	29-06-2005		135 SANJANA .	25-03-2006	
	140 CHARU SHOUKEEN	30-11-1998		136 SIMRAN BEDI	07-01-1993	

**RESULTS OF PRELIMS Heat 2**

1	TAMIL NADU G			TAMIL NADU		<b>46.26</b>
	567 PAVITHRA R	22-03-2002		558 ANGEL SILVIA M	12-08-2002	
	568 ABINAYA RAJARAJAN	21-11-2006		557 DHANA LAKSHMI	05-06-1998	
2	PUNJAB F			PUNJAB		<b>46.78</b>
	468 SUKHVEER KAUR	01-10-2003		466 SARBJEET KAUR	21-02-1987	
	465 SANDEEP KAUR	20-11-2005		467 SIMRAN KAUR	01-08-1998	
3	UTTAR PRADESH I			UTTAR PRADESH		<b>47.28</b>
	651 SHIVANI SAINI	17-01-2004		646 RINKI PAL	11-12-2004	
	644 KUMARI NAGAR	22-12-2004		645 JOSIKA PAL	31-08-2001	
4	TELANGANA H			TELANGANA		<b>48.03</b>
	622 M AKUMADUPULA	07-02-2004		625 AERROLLA PRANATHI	17-11-2006	
	624 P NARIMALLA	21-08-2005		623 NITHYA GANDHE	10-11-1999	

**Event # 42 WOMENS 4x400m Relay**

# NR:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

% MR:KARNATAKA STATE TEAM GUWAHATI 3:35.32 2018

1	KARNATAKA B			KARNATAKA		<b>3:38.29</b>
	265 D GOWDA	28-04-2003		266 PRIYA MOHAN	15-03-2003	
	260 DISHA ALIGE	02-06-2005		269 POOVAMMA RAJU	05-05-1990	
2	PUNJAB D			PUNJAB		<b>3:38.49</b>
	461 KIRANPAL KAUR	02-05-1992		457 VEERPAL .	07-09-1997	
	463 RAMANDEEP KAUR	20-12-2003		464 RASHDEEP KAUR	01-02-2002	
3	TAMIL NADU F			TAMIL NADU		<b>3:38.54</b>
	545 OLIMBA STEFFI .	15-02-2002		561 N MARIEA	17-08-2002	
	577 DHESIKHA V	20-06-2006		571 R VITHYA RAMRAJ	20-09-1998	
4	KERALA C			KERALA		<b>3:39.40</b>
	307 GOWRINANDANA .	26-03-2002		313 RESHMA G	09-05-2001	
	309 ANSA BABU	09-04-1998		305 ANANKHA B A .	29-03-2001	
5	RAJASTHAN E			RAJASTHAN		<b>3:43.85</b>
	499 ANTAKSHRI .	20-01-2000		505 NITISHA .	08-08-2002	
	500 GEETA .	02-01-2002		511 AYESHA KHANAM	21-12-2004	
	UTTAR PRADESH G			UTTAR PRADESH		<b>DQ</b>
	650 MEENU SAHU	04-11-1998			T.R. 24.7	
	658 SUSHMA YADAV	05-06-2001		644 KUMARI NAGAR	22-12-2004	
				637 PRACHI .	20-12-1996	

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## Event # 43 WOMENS Heptathlon

NR: J.SHOBHA NEW 6211 17/03/2004  
MR: SOMA BISWAS CHENNAI 6186 2000

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
1	ANAMIKA K A. (304) KERALA	7pt 5466	14.39 924	1.76 928	10.88 587	25.62 831	3270	5.64 741	36.64 603	2:17.95 852	2196
2	DEEPIKA S (573) TAMIL NADU	5pt 5134	14.24 945	1.58 712	10.36 553	25.72 822	3032	5.76 777	31.83 511	2:20.72 814	2102
3	SONU KUMARI (197) HARYANA	4pt 5053	14.75 875	1.58 712	11.81 649	26.35 767	3003	5.36 660	35.93 589	2:21.63 801	2050
4	ISHANEKI (704) UTTARAKHAND	3pt 4995	14.83 864	1.55 678	10.76 579	25.36 854	2975	5.26 631	34.02 553	2:19.08 836	2020
5	MAGUDEESHWARI SIVAK TAMIL NADU	2pt 4516	14.50 909	1.46 577	9.52 498	26.32 769	2753	5.13 595	28.15 442	2:27.36 726	1763
6	MAHADEVI M (560) TAMIL NADU	1pt 4308	15.69 753	1.55 678	9.68 509	27.24 692	2632	4.98 554	29.43 466	2:32.99 656	1676
	AKSHATHA . (255) KARNATAKA	0	15.62 762	1.55 678	8.82 452	26.24 776		5.44 683	32.00 515	DNS 0	1198
	KAJAL . (177) HARYANA	0	15.40 790	1.52 644	10.30 549	26.53 751		5.16 603	31.51 505	DNS 0	1108
	NEETA KUMARI . (503) RAJASTHAN	0	15.33 799	1.58 712	9.71 510	26.77 731		5.05 573	35.45 580	DNS 0	1153



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Event # 51 MENS Decathlon

NR: T.SHANKAR HANG 7666 03/10/2023

MR: BHARTINDER SINGH 7658 2011

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	STALIN JOES S (61) TAMIL NADU	7052	11.17 823	6.52 702	11.89 600	1.90 714	50.94 772	3611	15.90 744	37.58 616	4.40 731	59.81 735	4:50.54 615	3441
2	KUSHAL MOHITE MAHARASHTRA	6976	11.18 821	6.55 709	11.50 576	1.87 687	49.65 831	3624	14.43 920	36.62 596	3.40 457	60.07 739	4:46.47 640	3352
3	KAMAL DHANKH HARYANA	6820	11.74 703	6.51 700	13.20 679	1.90 714	51.96 726	3522	15.62 776	37.07 605	4.00 617	58.13 710	4:54.85 590	3298
4	AMOLAK . (362) MADHYA PRADE	6647	11.55 742	6.58 716	11.13 554	1.93 740	53.58 657	3409	15.66 772	36.26 589	4.10 645	53.74 644	4:55.21 588	3238
5	MOHIT .. (215) HARYANA	6598	11.57 738	6.52 702	10.54 518	1.78 610	51.70 738	3306	15.48 792	34.30 550	4.10 645	56.50 685	4:49.83 620	3292
6	JOHN PAUL J (596) TAMIL NADU	6579	11.09 841	6.87 783	10.76 531	1.87 687	49.84 822	3664	15.97 736	37.06 605	3.80 562	41.52 464	5:02.10 548	2915
7	JAYESHBHAI RAT GUJARAT	5851	11.51 750	5.80 544	9.33 445	1.78 610	51.15 762	3111	15.98 735	30.33 471	3.50 482	40.08 443	4:51.60 609	2740
8	RITIK SALATHIA ( J&K	5744	11.70 711	6.17 624	9.75 471	1.78 610	51.93 728	3144	16.85 640	30.19 468	2.90 333	46.23 533	4:48.85 626	2600
9	SURAJ . (250) JHARKHAND	5348	11.86 679	5.71 525	9.58 460	1.84 661	53.74 650	2975	14.98 852	24.20 352	3.10 381	27.25 261	5:05.78 527	2373
	MANJEET SINGH ( HARYANA	0	11.07 845	6.32 657	11.85 597	1.72 560	DNF 0		16.18 713	34.51 554	3.20 406	32.01 328	DNS 0	2001

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## Event # 51 MENS Decathlon

NR: T.SHANKAR HANG 7666 03/10/2023  
MR: BHARTINDER SINGH 7658 2011

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	<b>SUBHASH . (518)</b> RAJASTHAN	<b>0</b>	12.05 641	6.31 655	10.18 496	1.75 585	56.07 557		20.60 303	35.51 574	NM 0	45.40 521	DNS 0	1398
	<b>MANOJKUMAR R</b> TAMIL NADU	<b>0</b>	11.12 834	6.96 804	11.28 563	1.87 687	49.61 833		16.04 728	33.26 529	2.90 333	DNS 0	No Result 0	
	<b>NEERAJ YADAV (1)</b> DELHI	<b>0</b>	11.94 663	6.52 702	11.11 553	1.96 767	56.16 553		16.37 692	38.24 629	NM 0	DNS 0	No Result 0	



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**Event # 62 MIXED 4x400m Relay**

# NR:NATIONAL TEAM BANGKOK 3:14.12 20/05/2024

% MR:TAMIL NADU STATE TEAM PANCHKULA 3:18.49 2024

**RESULTS OF FINALS**

1	KARNATAKA D			KARNATAKA			<b>3:21.49</b>
	300 NIHAL JOEL W	13-07-2000		266 PRIYA MOHAN	15-03-2003		
	289 RIHAN H	21-12-2005		269 POOVAMMA RAJU	05-05-1990		
2	PUNJAB H			PUNJAB			<b>3:22.95</b>
	492 TARANDEEP SINGH	13-07-2005		457 VEERPAL .	07-09-1997		
	473 HARDEEP .	27-06-2003		464 RASHDEEP KAUR	01-02-2002		
3	TAMIL NADU I			TAMIL NADU			<b>3:23.73</b>
	589 SURAJ A	20-12-2003		577 DHESIKHA V	20-06-2006		
	587 ASWIN .L	09-10-2001		561 N MARIEA	17-08-2002		
4	HARYANA C			HARYANA			<b>3:25.01</b>
	239 ASHISH PHOGAT	15-10-2002		180 MANISHA .	24-05-2002		
	228 VIKRANT PANCHAL	30-01-2000		189 TAMANNA .	15-05-2006		
5	UTTAR PRADESH J			UTTAR PRADESH			<b>3:34.86</b>
	675 NITIN KUMAR	12-05-2001		638 ROOPA .	01-12-2001		
	667 ROHIT CHAUDHARY	01-07-2006		645 JOSIKA PAL	31-08-2001		
	KERALA E			KERALA			<b>DNS</b>
	GUJARAT B			GUJARAT			<b>DNS</b>
	ANDHRA PRADESH A			ANDHRA PRADESH			<b>DNF</b>
	114 RAJESH NAKKA	15-08-2000		108 SWATHI RONGALI	07-08-2000		
	109 DHANUSH GANDI	15-07-2002		106 KUNJA RAJITHA	01-01-2003		



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**Event # 62 MIXED 4x400m Relay**

# NR:NATIONAL TEAM BANGKOK 3:14.12 20/05/2024

% MR:TAMIL NADU STATE TEAM PANCHKULA 3:18.49 2024

**RESULTS OF PRELIMS Heat 1**

1	KARNATAKA D			KARNATAKA			<b>3:23.76</b>
	300 NIHAL JOEL W	13-07-2000		266 PRIYA MOHAN	15-03-2003		
	289 RIHAN H	21-12-2005		269 POOVAMMA RAJU	05-05-1990		
2	PUNJAB H			PUNJAB			<b>3:23.88</b>
	492 TARANDEEP SINGH	13-07-2005		457 VEERPAL .	07-09-1997		
	473 HARDEEP .	27-06-2003		464 RASHDEEP KAUR	01-02-2002		
3	GUJARAT B			GUJARAT			<b>3:27.40</b>
	174 MURAD SIRMAN	10-09-2005		164 SAKSHI CHAVAN	18-01-2005		
	170 RUCHIT MORI	24-08-2001		168 DEVYANIBA ZALA	15-03-2002		
4	KERALA E			KERALA			<b>3:29.16</b>
	326 MANOOP M .	22-08-2001		313 RESHMA G	09-05-2001		
	346 AJAY VISWANATH	01-04-2003		307 GOWRINANDANA .	26-03-2002		
	ODISHA G			ODISHA			<b>DQ</b>
					T.R. 24.22		
	434 MALAYA BARIK	01-04-2006		427 BONITA LAKRA	11-09-1994		
	443 H PANIGRAHI	03-03-2002		426 LAXMIPRIYA KISAN	10-04-2005		

**RESULTS OF PRELIMS Heat 2**

1	TAMIL NADU I			TAMIL NADU			<b>3:26.67</b>
	617 YOKESH T	05-01-2000		566 HARSHITHA R	21-06-2005		
	587 ASWIN .L	09-10-2001		561 N MARIEA	17-08-2002		
2	HARYANA C			HARYANA			<b>3:27.53</b>
	229 KAPIL RAIKA	13-09-2004		180 MANISHA .	24-05-2002		
	239 ASHISH PHOGAT	15-10-2002		189 TAMANNA .	15-05-2006		
3	UTTAR PRADESH J			UTTAR PRADESH			<b>3:28.10</b>
	667 ROHIT CHAUDHARY	01-07-2006		637 PRACHI .	20-12-1996		
	675 NITIN KUMAR	12-05-2001		638 ROOPA .	01-12-2001		
4	ANDHRA PRADESH A			ANDHRA PRADESH			<b>3:40.23</b>
	114 RAJESH NAKKA	15-08-2000		108 SWATHI RONGALI	07-08-2000		
	109 DHANUSH GANDI	15-07-2002		106 KUNJA RAJITHA	01-01-2003		



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